

Plads Navn Klasse

Tid

D10

1	Selma Gammelmark	17	22:24											
02:27=	03:55=	04:48=	06:13=	08:38=	10:14=	12:04=	13:25=	14:25=	15:49=	16:36=	17:19=	19:37=	21:35=	22:24=
02:27=	01:28=	00:53=	01:25=	02:25=	01:36=	01:50=	01:21=	01:00=	01:24=	00:47=	00:43=	02:18=	01:58=	00:49=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Liv Gammelmark	17	32:57											
03:03+	05:14+	06:58+	09:06+	12:31+	14:49+	17:24+	19:46+	21:24+	23:11+	24:33+	25:51+	28:55+	31:54+	32:57+
03:03+	02:11+	01:44+	02:08+	03:25+	02:18+	02:35+	02:22+	01:38+	01:47+	01:22+	01:18+	03:04+	02:59+	01:03+
00:36#	00:43&	00:51&	00:43&	01:00&	00:42&	00:45&	01:01&	00:38&	00:23&	00:35&	00:35&	00:46&	01:01&	00:14&

Beste stræktid for klassen

02:27	01:28	00:53	01:25	02:25	01:36	01:50	01:21	01:00	01:24	00:47	00:43	02:18	01:58	00:49
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D12

1	Gry Gammelmark	17	49:57														
01:55=	02:56=	03:44=	05:03=	07:19=	10:12=	13:02=	16:17=	19:00=	32:13=	34:40=	39:34=	42:46=	44:19=	45:22=	47:31=	49:15=	49:57=
01:55=	01:01=	00:48=	01:19=	02:16=	02:53=	02:50=	03:15=	02:43=	13:13=	02:27=	04:54=	03:12=	01:33=	01:03=	02:09=	01:44=	00:42=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

01:55	01:01	00:48	01:19	02:16	02:53	02:50	03:15	02:43	13:13	02:27	04:54	03:12	01:33	01:03	02:09	01:44	00:42
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D14

1	Andrea Ebert Svenningsen	17	28:02																		
01:47=	03:09=	04:35=	05:40=	06:44=	08:42=	10:28=	11:44=	13:13=	14:13=	15:52=	17:23=	19:11=	20:29=	21:43=	22:59=	23:38=	25:02=	25:51=	26:58=	27:24=	28:02=
01:47=	01:22=	01:26=	01:05=	01:04=	01:58=	01:46=	01:16=	01:29=	01:00=	01:39=	01:31=	01:48=	01:18=	01:14=	01:16=	00:39=	01:24=	00:49=	01:07=	00:26=	00:38=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

01:47	01:22	01:26	01:05	01:04	01:58	01:46	01:16	01:29	01:00	01:39	01:31	01:48	01:18	01:14	01:16	00:39	01:24	00:49	01:07	00:26	00:38
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D14B

1	Sofie Tornby Stender	17	53:34														
03:47=	05:09=	06:31=	08:04=	10:44=	13:32=	16:18=	19:44=	21:56=	34:09=	37:44=	41:56=	45:10=	46:52=	47:54=	50:15=	52:45=	53:34=
03:47=	01:22=	01:22=	01:33=	02:40=	02:48=	02:46=	03:26=	02:12=	12:13=	03:35=	04:12=	03:14=	01:42=	01:02=	02:21=	02:30=	00:49=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

03:47	01:22	01:22	01:33	02:40	02:48	02:46	03:26	02:12	12:13	03:35	04:12	03:14	01:42	01:02	02:21	02:30	00:49
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D21

1	Helle Bobach	22	1:00:24																			
03:31=	06:47=	15:17=	15:56=	17:02=	19:33=	22:41=	28:09=	30:51=	34:33=	37:41=	39:00=	42:59=	44:12=	48:41=	51:08=	52:06=	53:59=	55:33=	57:29=	59:00=	59:59=	60:24=
03:31=	03:16=	08:30=	00:39=	01:06=	02:31=	03:08=	05:28=	02:42=	03:42=	03:08=	01:19=	03:59=	01:13=	04:29=	02:27=	00:58=	01:53=	01:34=	01:56=	01:31=	00:59=	00:25=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

D21

2 Hanne Fogh

03:46+	07:33+	18:58+	19:31+	20:36+	23:07+	26:55+	32:57+	36:17+	40:42+	44:02+	45:38+	49:35+	50:50+	56:00+	59:01+	60:04+	62:31+	64:45+	67:29+	69:28+	70:37+	71:10+
03:46+	03:47+	11:25+	00:33-	01:05-	02:31=	03:48+	06:02+	03:20+	04:25+	03:20+	01:36+	03:57-	01:15+	05:10+	03:01+	01:03+	02:27+	02:14+	02:44+	01:59+	01:09+	00:33+
00:15+	00:31#	02:55&	00:06-	00:01-	00:00=	00:40#	00:34#	00:38#	00:43#	00:12+	00:17#	00:02-	00:02+	00:41#	00:34#	00:05+	00:34&	00:40&	00:48&	00:28&	00:10#	00:08&

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D21B

1 Rikke Gade

02:49=	04:50=	06:31=	07:57=	09:31=	12:11=	15:47=	18:00=	19:50=	22:21=	24:19=	25:51=	28:23=	30:02=	32:19=	33:52=	34:40=	36:34=	37:36=	39:21=	39:57=	40:59=
02:49=	02:01=	01:41=	01:26=	01:34=	02:40=	03:36=	02:13=	01:50=	02:31=	01:58=	01:32=	02:32=	01:39=	02:17=	01:33=	00:48=	01:54=	01:02=	01:45=	00:36=	01:02=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2 Johanne Winther

02:35-	04:40-	06:45+	08:00+	09:49+	13:11+	16:03+	18:03+	20:16+	22:11-	24:44+	26:20+	29:34+	32:21+	34:21+	36:13+	37:09+	39:11+	40:28+	42:02+	42:45+	43:49+
02:35-	02:05+	02:05+	01:15-	01:49+	03:22+	02:52-	02:00-	02:13+	01:55-	02:33+	01:36+	03:14+	02:47+	02:00-	01:52+	00:56+	02:02+	01:17+	01:34-	00:43+	01:04+
00:14-	00:04+	00:24#	00:11-	00:15#	00:42&	00:44-	00:13-	00:23#	00:36-	00:35&	00:04+	00:42&	01:08&	00:17-	00:19#	00:08#	00:08+	00:15#	00:11-	00:07#	00:02+

3 Tine Gade Hansen

02:09-	03:54-	05:32-	06:56-	08:06-	12:25+	15:41-	17:32-	19:03-	20:27-	22:17-	23:38-	26:17-	34:15+	35:36+	38:06+	38:47+	40:43+	41:44+	43:01+	43:33+	44:18+
02:09-	01:45-	01:38-	01:24-	01:10-	04:19+	03:16-	01:51-	01:31-	01:24-	01:50-	01:21-	02:39+	07:58+	01:21-	02:30+	00:41-	01:56+	01:01-	01:17-	00:32-	00:45-
00:40-	00:16-	00:03-	00:02-	00:24-	01:39&	00:20-	00:22-	00:19-	01:07-	00:08-	00:11-	00:07+	06:19@	00:56-	00:57&	00:07-	00:02+	00:01-	00:28-	00:04-	00:17-

Beste stræktid for klassen

02:09	01:45	01:38	01:15	01:10	02:40	02:52	01:51	01:31	01:24	01:50	01:21	02:32	01:39	01:21	01:33	00:41	01:54	01:01	01:17	00:32	00:45
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D40

1 Irene K. Mikkelsen

02:57=	06:41=	18:30=	19:37=	21:20=	24:07=	27:06=	31:03=	33:12=	34:25=	38:25=	39:42=	43:39=	49:14=	51:26=	53:47=	55:09=	57:05=	58:45=	61:08=	62:39=	63:08=
02:57=	03:44=	11:49=	01:07=	01:43=	02:47=	02:59=	03:57=	02:09=	01:13=	04:00=	01:17=	03:57=	05:35=	02:12=	02:21=	01:22=	01:56=	01:40=	02:23=	01:31=	00:29=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2 Trine Møller Esmark

01:41-	05:14-	14:30-	16:39-	19:01-	22:27-	27:48+	31:52+	35:42+	37:38+	41:17+	43:05+	48:01+	53:23+	55:28+	58:06+	60:56+	62:54+	65:23+	68:33+	69:42+	70:07+
01:41-	03:33-	09:16-	02:09+	02:22+	03:26+	05:21+	04:04+	03:50+	01:56+	03:39-	01:48+	04:56+	05:22-	02:05-	02:38+	02:50+	01:58+	02:29+	03:10+	01:09-	00:25-
01:16-	00:11-	02:33-	01:02&	00:39&	00:39#	02:22&	00:07+	01:41&	00:43&	00:21-	00:31&	00:59#	00:13-	00:07-	00:17#	01:28@	00:02+	00:49&	00:47&	00:22-	00:04-

3 Dorthe Munktvad

02:29-	06:45+	15:58-	18:19-	20:28-	24:10+	26:47-	31:03=	41:07+	42:30+	45:50+	47:12+	52:46+	60:34+	62:51+	66:06+	67:49+	69:44+	71:26+	73:30+	75:00+	75:29+
02:29-	04:16+	09:13-	02:21+	02:09+	03:42+	02:37-	04:16+	10:04+	01:23+	03:20-	01:22+	05:34+	07:48+	02:17+	03:15+	01:43+	01:55-	01:42+	02:04-	01:30-	00:29=
00:28-	00:32#	02:36-	01:14@	00:26&	00:55&	00:22-	00:19+	07:55@	00:10#	00:40-	00:05+	01:37&	02:13&	00:05+	00:54&	00:21&	00:01-	00:02+	00:19-	00:01-	00:00=

Beste stræktid for klassen

01:41	03:33	09:13	01:07	01:43	02:47	02:37	03:57	02:09	01:13	03:20	01:17	03:57	05:22	02:05	02:21	01:22	01:55	01:40	02:04	01:09	00:25
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D45B

1 Dorte Bruun

02:44=	06:32=	10:18=	12:20=	15:35=	18:57=	23:12=	25:27=	27:40=	30:02=	32:30=	34:57=	39:16=	42:14=	44:13=	45:56=	46:49=	48:41=	50:00=	51:37=	52:13=	53:02=
02:44=	03:48=	03:46=	02:02=	03:15=	03:22=	04:15=	02:15=	02:13=	02:22=	02:28=	02:27=	04:19=	02:58=	01:59=	01:43=	00:53=	01:52=	01:19=	01:37=	00:36=	00:49=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2 Katrine Lyhne Kristiansen

03:17+	06:00-	09:39-	11:47-	13:30-	18:45-	22:52-	26:52+	29:49+	32:23+	36:01+	38:47+	44:12+	53:29+	56:43+	61:12+	62:28+	67:18+	69:12+	80:33+	81:28+	82:28+
03:17+	02:43-	03:39-	02:08+	01:43-	05:15+	04:07-	04:00+	02:57+	02:34+	03:38+	02:46+	05:25+	09:17+	03:14+	04:29+	01:16+	04:50+	01:54+	11:21+	00:55+	01:00+
00:33#	01:05-	00:07-	00:06+	01:32-	01:53&	00:08-	01:45&	00:44&	00:12+	01:10&	00:19#	01:06&	06:19@	01:15&	02:46@	00:23&	02:58@	00:35&	09:44@	00:19&	00:11#

D45B

Beste stræktid for klassen

02:44 02:43 03:39 02:02 01:43 03:22 04:07 02:15 02:13 02:22 02:28 02:27 04:19 02:58 01:59 01:43 00:53 01:52 01:19 01:37 00:36 00:49

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D50

1	Bettina Gjedde	7	1:07:18														
04:59=	07:32=	13:45=	22:19=	25:59=	27:12=	29:05=	31:27=	34:15=	39:04=	48:04=	52:25=	54:36=	55:47=	59:03=	65:11=	66:42=	67:18=
04:59=	02:33=	06:13=	08:34=	03:40=	01:13=	01:53=	02:22=	02:48=	04:49=	09:00=	04:21=	02:11=	01:11=	03:16=	06:08=	01:31=	00:36=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Minna Hald Andersen	17	1:09:22														
03:19-	05:58-	12:34-	20:32-	23:56-	25:36-	27:55-	31:16-	34:21+	41:31+	49:59+	55:01+	57:42+	59:07+	63:25+	67:09+	68:43+	69:22+
03:19-	02:39+	06:36+	07:58-	03:24-	01:40+	02:19+	03:21+	03:05+	07:10+	08:28-	05:02+	02:41+	01:25+	04:18+	03:44-	01:34+	00:39+
01:40-	00:06+	00:23+	00:36-	00:16-	00:27&	00:26#	00:59&	00:17#	02:21&	00:32-	00:41#	00:30#	00:14#	01:02&	02:24-	00:03+	00:03+
3	Dorte Jenny Bak	22	1:29:50														
03:00-	08:52+	15:40+	27:18+	35:24+	36:42+	41:59+	44:49+	48:18+	52:44+	67:16+	71:17+	75:09+	76:32+	80:53+	85:42+	89:11+	89:50+
03:00-	05:52+	06:48+	11:38+	08:06+	01:18+	05:17+	02:50+	03:29+	04:26-	14:32+	04:01-	03:52+	01:23+	04:21+	04:49-	03:29+	00:39+
01:59-	03:19@	00:35+	03:04&	04:26@	00:05+	03:24@	00:28#	00:41#	00:23-	05:32&	00:20-	01:41&	00:12#	01:05&	01:19-	01:58@	00:03+
4	Solveig Topp	16	1:39:39														
11:59+	15:55+	25:14+	34:49+	39:21+	41:32+	44:38+	48:18+	52:16+	58:40+	71:15+	78:52+	82:58+	84:58+	89:36+	96:11+	98:35+	99:39+
11:59+	03:56+	09:19+	09:35+	04:32+	02:11+	03:06+	03:40+	03:58+	06:24+	12:35+	07:37+	04:06+	02:00+	04:38+	06:35+	02:24+	01:04+
07:00@	01:23&	03:06&	01:01#	00:52#	00:58&	01:13&	01:18&	01:10&	01:35&	03:35&	03:16&	01:55&	00:49&	01:22&	00:27+	00:53&	00:28&

Beste stræktid for klassen

03:00 02:33 06:13 07:58 03:24 01:13 01:53 02:22 02:48 04:26 08:28 04:01 02:11 01:11 03:16 03:44 01:31 00:36

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D60

1	Tove Straarup	6	1:02:46																		
02:49=	05:15=	08:20=	09:49=	11:55=	15:56=	23:28=	25:29=	26:56=	30:43=	32:35=	35:19=	37:28=	41:31=	42:28=	48:06=	52:16=	54:04=	56:59=	59:41=	62:05=	62:46=
02:49=	02:26=	03:05=	01:29=	02:06=	04:01=	07:32=	02:01=	01:27=	03:47=	01:52=	02:44=	02:09=	04:03=	00:57=	05:38=	04:10=	01:48=	02:55=	02:42=	02:24=	00:41=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Hanne Møller Andersen	OK Pan	1:03:49																		
02:03-	04:31-	07:27-	08:48-	10:48-	13:59-	21:37-	23:37-	25:03-	33:07+	34:31+	37:35+	39:23+	43:29+	44:28+	48:33+	52:53+	55:08+	58:51+	61:47+	63:08+	63:49+
02:03-	02:28+	02:56-	01:21-	02:00-	03:11-	07:38+	02:00-	01:26-	08:04+	01:24-	03:04+	01:48-	04:06+	00:59+	04:05-	04:20+	02:15+	03:43+	02:56+	01:21-	00:41=
00:46-	00:02+	00:09-	00:08-	00:06-	00:50-	00:06+	00:01-	00:01-	04:17@	00:28-	00:20#	00:21-	00:03+	00:02+	01:33-	00:10+	00:27#	00:48&	00:14+	01:03-	00:00=
3	Kirsten Bobach	22	1:07:56																		
02:14-	05:02-	08:48+	10:39+	12:29+	18:10+	26:40+	28:43+	30:21+	34:22+	36:16+	39:18+	41:41+	45:47+	46:55+	52:01+	57:06+	59:25+	62:20+	65:00+	67:17+	67:56+
02:14-	02:48+	03:46+	01:51+	01:50-	05:41+	08:30+	02:03+	01:38+	04:01+	01:54+	03:02+	02:23+	04:06+	01:08+	05:06-	05:05+	02:19+	02:55=	02:40-	02:17-	00:39-
00:35-	00:22#	00:41#	00:22#	00:16-	01:40&	00:58#	00:02+	00:11#	00:14+	00:02+	00:18#	00:14#	00:03+	00:11#	00:32-	00:55#	00:31&	00:00=	00:02-	00:07-	00:02-
4	Annette Færing	20	1:20:10																		
02:37-	06:59+	10:51+	12:43+	14:44+	18:33+	27:38+	29:14+	30:48+	42:52+	44:45+	47:40+	50:09+	55:00+	56:12+	62:01+	67:22+	70:12+	72:46+	76:30+	79:20+	80:10+
02:37-	04:22+	03:52+	01:52+	02:01-	03:49-	09:05+	01:36-	01:34+	12:04+	01:53+	02:55+	02:29+	04:51+	01:12+	05:49+	05:21+	02:50+	02:34-	03:44+	02:50+	00:50+
00:12-	01:56&	00:47&	00:23&	00:05-	00:12-	01:33#	00:25-	00:07+	08:17@	00:01+	00:11+	00:20#	00:48#	00:15&	00:11+	01:11&	01:02&	00:21-	01:02&	00:26#	00:09#

Beste stræktid for klassen

02:03 02:26 02:56 01:21 01:50 03:11 07:32 01:36 01:26 03:47 01:24 02:44 01:48 04:03 00:57 04:05 04:10 01:48 02:34 02:40 01:21 00:39

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D70

1	Else Hass	OK Pan	39:07												
02:28=	05:33=	06:47=	08:26=	10:10=	12:58=	15:48=	18:04=	20:34=	24:54=	27:32=	30:02=	32:50=	36:30=	38:28=	39:07=
02:28=	03:05=	01:14=	01:39=	01:44=	02:48=	02:50=	02:16=	02:30=	04:20=	02:38=	02:30=	02:48=	03:40=	01:58=	00:39=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

D70

2	Elizabeth Borchorst	17	39:07												
02:37+	05:39+	06:48+	08:23-	10:14+	13:28+	16:25+	18:09+	22:49+	25:12+	28:00+	30:29+	33:36+	36:39+	38:26-	39:07=
02:37+	03:02-	01:09-	01:35-	01:51+	03:14+	02:57+	01:44-	04:40+	02:23-	02:48+	02:29-	03:07+	03:03-	01:47-	00:41+
00:09+	00:03-	00:05-	00:04-	00:07+	00:26#	00:07+	00:32-	02:10#	01:57-	00:10+	00:01-	00:19#	00:37-	00:11-	00:02+
3	Rigmor Schou	7	40:16												
03:37+	06:24+	07:43+	09:20+	10:51+	13:45+	16:11+	17:08+	22:24+	26:23+	29:33+	32:10+	34:46+	37:40+	39:41+	40:16+
03:37+	02:47+	01:19+	01:37+	01:31+	02:54+	02:26+	00:57+	05:16+	03:59+	03:10+	02:37+	02:36+	02:54+	02:01+	00:35+
03:37+	02:47+	01:19+	01:37+	01:31+	02:54+	02:26+	00:57+	05:16+	03:59+	03:10+	02:37+	02:36+	02:54+	02:01+	00:35+
4	Lisbet Nielsen	15	42:19												
02:55+	06:02+	08:02+	09:35+	11:24+	13:58+	16:37+	17:41+	20:14+	22:46+	25:21+	31:14+	35:56+	39:16+	41:52+	42:19+
02:55+	03:07+	02:00+	01:33+	01:49+	02:34+	02:39+	01:04+	02:33+	02:32+	02:35+	05:53+	04:42+	03:20+	02:36+	00:27+
02:55+	03:07+	02:00+	01:33+	01:49+	02:34+	02:39+	01:04+	02:33+	02:32+	02:35+	05:53+	04:42+	03:20+	02:36+	00:27+
5	Ann Dorrit Hansen	10	48:31												
03:52+	10:19+	11:33+	13:13+	15:03+	18:48+	21:56+	23:21+	27:55+	32:40+	36:14+	38:52+	43:14+	45:41+	47:53+	48:31+
03:52+	06:27+	01:14+	01:40+	01:50+	03:45+	03:08+	01:25+	04:34+	04:45+	03:34+	02:38+	04:22+	02:27+	02:12+	00:38+
03:52+	06:27+	01:14+	01:40+	01:50+	03:45+	03:08+	01:25+	04:34+	04:45+	03:34+	02:38+	04:22+	02:27+	02:12+	00:38+
6	Edith Sørensen	22	51:33												
03:41+	07:25+	09:03+	11:18+	13:39+	18:34+	22:07+	23:32+	27:49+	31:58+	35:24+	38:44+	44:00+	47:52+	50:40+	51:33+
03:41+	03:44+	01:38+	02:15+	02:21+	04:55+	03:33+	01:25+	04:17+	04:09+	03:26+	03:20+	05:16+	03:52+	02:48+	00:53+
03:41+	03:44+	01:38+	02:15+	02:21+	04:55+	03:33+	01:25+	04:17+	04:09+	03:26+	03:20+	05:16+	03:52+	02:48+	00:53+
7	Birthe Helms	18	54:00												
03:45+	13:38+	15:07+	17:08+	19:09+	23:31+	26:53+	28:18+	33:57+	37:46+	41:10+	44:09+	48:13+	51:17+	53:31+	54:00+
03:45+	09:53+	01:29+	02:01+	02:01+	04:22+	03:22+	01:25+	05:39+	03:49+	03:24+	02:59+	04:04+	03:04+	02:14+	00:29+
03:45+	09:53+	01:29+	02:01+	02:01+	04:22+	03:22+	01:25+	05:39+	03:49+	03:24+	02:59+	04:04+	03:04+	02:14+	00:29+
8	Ellen Thomsen	15	57:03												
02:43+	08:42+	10:28+	12:40+	15:04+	18:56+	22:52+	24:51+	32:04+	35:59+	39:36+	44:10+	49:30+	52:42+	56:07+	57:03+
02:43+	05:59+	01:46+	02:12+	02:24+	03:52+	03:56+	01:59+	07:13+	03:55+	03:37+	04:34+	05:20+	03:12+	03:25+	00:56+
02:43+	05:59+	01:46+	02:12+	02:24+	03:52+	03:56+	01:59+	07:13+	03:55+	03:37+	04:34+	05:20+	03:12+	03:25+	00:56+
9	Vivi Arildsen	15	1:04:02												
12:22+	16:35+	18:02+	20:01+	22:55+	29:59+	35:16+	37:07+	41:48+	45:21+	49:08+	53:36+	57:54+	61:17+	63:17+	64:02+
12:22+	04:13+	01:27+	01:59+	02:54+	07:04+	05:17+	01:51+	04:41+	03:33+	03:47+	04:28+	04:18+	03:23+	02:00+	00:45+
12:22+	04:13+	01:27+	01:59+	02:54+	07:04+	05:17+	01:51+	04:41+	03:33+	03:47+	04:28+	04:18+	03:23+	02:00+	00:45+
10	Anette Hansen	11	1:05:23												
04:28+	09:26+	12:11+	15:23+	17:22+	22:22+	27:21+	29:19+	36:14+	41:06+	45:19+	49:33+	54:52+	59:33+	64:19+	65:23+
04:28+	04:58+	02:45+	03:12+	01:59+	05:00+	04:59+	01:58+	06:55+	04:52+	04:13+	04:14+	05:19+	04:41+	04:46+	01:04+
04:28+	04:58+	02:45+	03:12+	01:59+	05:00+	04:59+	01:58+	06:55+	04:52+	04:13+	04:14+	05:19+	04:41+	04:46+	01:04+
11	Else Roesgaard	8	1:10:37												
04:11+	08:54+	11:03+	14:32+	21:01+	25:49+	32:10+	34:42+	41:39+	46:15+	50:37+	54:52+	60:08+	64:49+	69:26+	70:37+
04:11+	04:43+	02:09+	03:29+	06:29+	04:48+	06:21+	02:32+	06:57+	04:36+	04:22+	04:15+	05:16+	04:41+	04:37+	01:11+
04:11+	04:43+	02:09+	03:29+	06:29+	04:48+	06:21+	02:32+	06:57+	04:36+	04:22+	04:15+	05:16+	04:41+	04:37+	01:11+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D-Let

1	Pernille Bang Kristensen	19	46:30														
03:08=	04:34=	05:30=	06:59=	09:23=	11:24=	13:59=	17:11=	18:55=	26:02=	29:53=	34:49=	37:29=	39:30=	40:49=	42:55=	45:09=	46:30=
03:08=	01:26=	00:56=	01:29=	02:24=	02:01=	02:35=	03:12=	01:44=	07:07=	03:51=	04:56=	02:40=	02:01=	01:19=	02:06=	02:14=	01:21=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

03:08 01:26 00:56 01:29 02:24 02:01 02:35 03:12 01:44 07:07 03:51 04:56 02:40 02:01 01:19 02:06 02:14 01:21

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H10

H10

1	Jonas Klærke Mikkelsen	6	43:57											
05:15=	07:23=	09:32=	12:48=	17:47=	21:06=	27:39=	29:20=	31:44=	34:08=	35:11=	36:33=	39:38=	42:49=	43:57=
05:15=	02:08=	02:09=	03:16=	04:59=	03:19=	06:33=	01:41=	02:24=	02:24=	01:03=	01:22=	03:05=	03:11=	01:08=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Mikkel Popp Bobach	22	52:33											
03:29+	05:24+	06:57+	09:40+	14:36+	18:43+	26:47+	29:28+	33:15+	36:14+	38:43+	41:13+	45:50+	51:18+	52:33+
03:29+	01:55+	01:33+	02:43+	04:56+	04:07+	08:04+	02:41+	03:47+	02:59+	02:29+	02:30+	04:37+	05:28+	01:15+
03:29+	01:55+	01:33+	02:43+	04:56+	04:07+	08:04+	02:41+	03:47+	02:59+	02:29+	02:30+	04:37+	05:28+	01:15+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H12

1	Mattias Klostergaard Rokkjær	18	29:04														
01:41=	02:30=	03:08=	03:59=	05:24=	06:56=	08:24=	10:09=	11:21=	17:04=	18:40=	21:40=	23:34=	24:27=	25:15=	26:55=	28:20=	29:04=
01:41=	00:49=	00:38=	00:51=	01:25=	01:32=	01:28=	01:45=	01:12=	05:43=	01:36=	03:00=	01:54=	00:53=	00:48=	01:40=	01:25=	00:44=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

01:41 00:49 00:38 00:51 01:25 01:32 01:28 01:45 01:12 05:43 01:36 03:00 01:54 00:53 00:48 01:40 01:25 00:44

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H14

1	Christoffer Vang Bobach	22	39:39																	
01:53=	03:43=	05:37=	08:09=	12:12=	14:21=	19:34=	20:41=	21:52=	23:14=	24:58=	26:10=	27:32=	28:52=	31:06=	32:22=	35:03=	37:06=	38:25=	38:53=	39:39=
01:53=	01:50=	01:54=	02:32=	04:03=	02:09=	05:13=	01:07=	01:11=	01:22=	01:44=	01:12=	01:22=	01:20=	02:14=	01:16=	02:41=	02:03=	01:19=	00:28=	00:46=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Valdemar Hyttel Agerholm	17	1:12:52																	
02:02+	05:38+	08:16+	12:48+	16:36+	22:58+	33:41+	35:44+	38:35+	40:39+	43:43+	46:39+	49:10+	55:23+	58:55+	61:37+	65:40+	69:27+	71:37+	72:06+	72:52+
02:02+	03:36+	02:38+	04:32+	03:48+	06:22+	10:43+	02:03+	02:51+	02:04+	03:04+	02:56+	02:31+	06:13+	03:32+	02:42+	04:03+	03:47+	02:10+	00:29+	00:46+
00:09+	01:46&	00:44&	02:00&	00:15-	04:13@	05:30@	00:56&	01:40@	00:42&	01:20&	01:44@	01:09&	04:53@	01:18&	01:26@	01:22&	01:44&	00:51&	00:01+	00:00=

Beste stræktid for klassen

01:53 01:50 01:54 02:32 03:48 02:09 05:13 01:07 01:11 01:22 01:44 01:12 01:22 01:20 02:14 01:16 02:41 02:03 01:19 00:28 00:46

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H16B

1	Mikkel Møller Esmark	17	27:36														
01:44=	02:47=	03:19=	04:15=	05:42=	07:25=	09:02=	11:11=	12:32=	17:15=	18:55=	20:52=	22:17=	23:24=	24:04=	25:30=	26:52=	27:36=
01:44=	01:03=	00:32=	00:56=	01:27=	01:43=	01:37=	02:09=	01:21=	04:43=	01:40=	01:57=	01:25=	01:07=	00:40=	01:26=	01:22=	00:44=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

01:44 01:03 00:32 00:56 01:27 01:43 01:37 02:09 01:21 04:43 01:40 01:57 01:25 01:07 00:40 01:26 01:22 00:44

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H21

H21

1	Rico Hejlskov Mogensen	18	58:49																						
02:19=	04:02=	11:25=	12:11=	12:58=	13:45=	17:29=	17:56=	19:48=	20:59=	24:57=	27:36=	30:51=	31:40=	33:44=	34:38=	39:19=	44:15=	46:05=	47:35=	49:41=	52:24=	54:18=	55:07=	56:09=	57:32=
02:19=	01:43=	07:23=	00:46=	00:47=	00:47=	03:44=	00:27=	01:52=	01:11=	03:58=	02:39=	03:15=	00:49=	02:04=	00:54=	04:41=	04:56=	01:50=	01:30=	02:06=	02:43=	01:54=	00:49=	01:02=	01:23=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
58:26=	58:49=																								
00:54=	00:23=																								
00:00=	00:00=																								

2	Mikkel Overgaard	22	1:23:19																						
02:08+	04:38+	14:57+	17:02+	18:44+	19:45+	24:37+	25:11+	28:12+	30:16+	34:52+	39:32+	44:24+	45:39+	48:52+	50:07+	56:24+	62:31+	65:38+	68:04+	70:10+	73:07+	75:32+	76:53+	78:13+	81:38+
02:08+	02:30+	10:19+	02:05+	01:42+	01:01+	04:52+	00:34+	03:01+	02:04+	04:36+	04:40+	04:52+	01:15+	03:13+	01:15+	06:17+	06:07+	03:07+	02:26+	02:06+	02:57+	02:25+	01:21+	01:20+	03:25+
02:08+	02:30+	10:19+	02:05+	01:42+	01:01+	04:52+	00:34+	03:01+	02:04+	04:36+	04:40+	04:52+	01:15+	03:13+	01:15+	06:17+	06:07+	03:07+	02:26+	02:06+	02:57+	02:25+	01:21+	01:20+	03:25+
82:54+	83:19+																								
01:16+	00:25+																								
01:16+	00:25+																								

3	Per Storm Hansen	20	1:26:17																						
02:27+	05:29+	15:21+	16:45+	18:18+	19:41+	24:35+	25:08+	28:21+	30:21+	35:30+	42:34+	47:49+	48:58+	52:31+	53:43+	59:06+	66:06+	69:03+	71:01+	72:16+	76:11+	78:20+	81:58+	83:17+	84:41+
02:27+	03:02+	09:52+	01:24+	01:33+	01:23+	04:54+	00:33+	03:13+	02:00+	05:09+	07:04+	05:15+	01:09+	03:33+	01:12+	05:23+	07:00+	02:57+	01:58+	01:15+	03:55+	02:09+	03:38+	01:19+	01:24+
02:27+	03:02+	09:52+	01:24+	01:33+	01:23+	04:54+	00:33+	03:13+	02:00+	05:09+	07:04+	05:15+	01:09+	03:33+	01:12+	05:23+	07:00+	02:57+	01:58+	01:15+	03:55+	02:09+	03:38+	01:19+	01:24+
85:52+	86:17+																								
01:11+	00:25+																								
01:11+	00:25+																								

4	Andreas Popp	22	1:38:31																						
02:15+	05:09+	17:30+	18:48+	21:05+	22:23+	28:53+	29:31+	32:38+	36:37+	42:16+	45:45+	51:08+	52:30+	56:05+	57:28+	64:45+	76:50+	80:56+	82:55+	84:25+	88:17+	90:37+	92:15+	93:21+	96:58+
02:15+	02:54+	12:21+	01:18+	02:17+	01:18+	06:30+	00:38+	03:07+	03:59+	05:39+	03:29+	05:23+	01:22+	03:35+	01:23+	07:17+	12:05+	04:06+	01:59+	01:30+	03:52+	02:20+	01:38+	01:06+	03:37+
02:15+	02:54+	12:21+	01:18+	02:17+	01:18+	06:30+	00:38+	03:07+	03:59+	05:39+	03:29+	05:23+	01:22+	03:35+	01:23+	07:17+	12:05+	04:06+	01:59+	01:30+	03:52+	02:20+	01:38+	01:06+	03:37+
98:03+	98:31+																								
01:05+	00:28+																								
01:05+	00:28+																								

5	Niels Agerholm	AKIF	1:39:23																						
04:25+	07:23+	18:17+	23:14+	24:38+	26:10+	32:09+	33:54+	36:34+	39:45+	46:06+	50:22+	55:19+	56:42+	60:49+	62:20+	69:13+	77:28+	80:31+	82:27+	85:47+	89:33+	92:42+	94:04+	95:38+	97:33+
04:25+	02:58+	10:54+	04:57+	01:24+	01:32+	05:59+	01:45+	02:40+	03:11+	06:21+	04:16+	04:57+	01:23+	04:07+	01:31+	06:53+	08:15+	03:03+	01:56+	03:20+	03:46+	03:09+	01:22+	01:34+	01:55+
04:25+	02:58+	10:54+	04:57+	01:24+	01:32+	05:59+	01:45+	02:40+	03:11+	06:21+	04:16+	04:57+	01:23+	04:07+	01:31+	06:53+	08:15+	03:03+	01:56+	03:20+	03:46+	03:09+	01:22+	01:34+	01:55+
98:52+	99:23+																								
01:19+	00:31+																								
01:19+	00:31+																								

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H21B

1	Troels Stausbo	22	1:08:36																						
02:22=	04:05=	06:59=	10:12=	24:03=	27:53=	33:31=	36:10=	37:36=	39:16=	41:10=	49:27=	54:38=	56:22=	59:11=	60:24=	63:17=	65:57=	67:16=	67:49=	68:36=					
02:22=	01:43=	02:54=	03:13=	13:51=	03:50=	05:38=	02:39=	01:26=	01:40=	01:54=	08:17=	05:11=	01:44=	02:49=	01:13=	02:53=	02:40=	01:19=	00:33=	00:47=					
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
02:22	01:43	02:54	03:13	13:51	03:50	05:38	02:39	01:26	01:40	01:54	08:17	05:11	01:44	02:49	01:13	02:53	02:40	01:19	00:33	00:47					

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H40

1	Laust Sørensen	23	55:09																					
03:14=	05:49=	13:38=	14:08=	15:06=	17:40=	20:17=	23:42=	26:10=	29:32=	32:02=	33:21=	37:17=	38:16=	42:17=	44:42=	45:31=	47:44=	50:34=	52:11=	53:43=	54:46=	55:09=		
03:14=	02:35=	07:49=	00:30=	00:58=	02:34=	02:37=	03:25=	02:28=	03:22=	02:30=	01:19=	03:56=	00:59=	04:01=	02:25=	00:49=	02:13=	02:50=	01:37=	01:32=	01:03=	00:23=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse	Tid
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H40

2	Claus Bobach	22	56:27																			
03:07-	06:13+	14:30+	15:08+	16:06+	18:00+	20:26+	25:17+	28:07+	32:03+	34:57+	36:13+	39:43+	40:51+	45:06+	47:16+	48:07+	49:55+	51:32+	53:12+	54:52+	56:01+	56:27+
03:07-	03:06+	08:17+	00:38+	00:58=	01:54-	02:26-	04:51+	02:50+	03:56+	02:54+	01:16-	03:30-	01:08+	04:15+	02:10-	00:51+	01:48-	01:37-	01:40+	01:40+	01:09+	00:26+
00:07-	00:31#	00:28+	00:00=	00:40-	00:11-	01:26&	00:22#	00:34#	00:24#	00:03-	00:26-	00:09#	00:14+	00:15-	00:02+	00:25-	01:13-	00:03+	00:08+	00:06+	00:03#	
3	Niels-Peter Vest Nielsen	2	58:16																			
04:08+	07:30+	14:52+	15:38+	16:55+	18:49+	22:05+	25:42+	30:22+	33:25+	35:58+	37:07+	41:48+	42:48+	47:07+	49:15+	50:09+	52:04+	53:37+	55:17+	56:34+	57:54+	58:16+
04:08+	03:22+	07:22+	00:46+	01:17+	01:54+	03:16+	03:37+	04:40+	03:03+	02:33+	01:09+	04:41+	01:00+	04:19+	02:08+	00:54+	01:55+	01:33+	01:40+	01:17+	01:20+	00:22+
04:08+	03:22+	07:22+	00:46+	01:17+	01:54+	03:16+	03:37+	04:40+	03:03+	02:33+	01:09+	04:41+	01:00+	04:19+	02:08+	00:54+	01:55+	01:33+	01:40+	01:17+	01:20+	00:22+
4	Mads Mikkelsen	6	1:13:01																			
03:01+	06:02+	14:45+	15:34+	16:35+	20:30+	22:58+	26:51+	29:21+	41:38+	49:00+	50:14+	55:11+	56:17+	60:58+	63:03+	64:01+	66:28+	68:32+	70:09+	71:29+	72:37+	73:01+
03:01+	03:01+	08:43+	00:49+	01:01+	03:55+	02:28+	03:53+	02:30+	12:17+	07:22+	01:14+	04:57+	01:06+	04:41+	02:05+	00:58+	02:27+	02:04+	01:37+	01:20+	01:08+	00:24+
03:01+	03:01+	08:43+	00:49+	01:01+	03:55+	02:28+	03:53+	02:30+	12:17+	07:22+	01:14+	04:57+	01:06+	04:41+	02:05+	00:58+	02:27+	02:04+	01:37+	01:20+	01:08+	00:24+
5	Jens Lyhne Kristiansen	15	1:20:52																			
04:08+	07:49+	18:33+	19:27+	20:45+	23:49+	27:27+	31:59+	36:06+	48:25+	51:57+	53:16+	59:24+	61:11+	65:45+	69:26+	70:39+	72:49+	74:59+	77:20+	79:05+	80:22+	80:52+
04:08+	03:41+	10:44+	00:54+	01:18+	03:04+	03:38+	04:32+	04:07+	12:19+	03:32+	01:19+	06:08+	01:47+	04:34+	03:41+	01:13+	02:10+	02:10+	02:21+	01:45+	01:17+	00:30+
04:08+	03:41+	10:44+	00:54+	01:18+	03:04+	03:38+	04:32+	04:07+	12:19+	03:32+	01:19+	06:08+	01:47+	04:34+	03:41+	01:13+	02:10+	02:10+	02:21+	01:45+	01:17+	00:30+
6	Carl Henrik Pedersen	7	1:42:33																			
09:38+	15:23+	30:31+	31:33+	32:43+	40:22+	44:27+	49:33+	53:21+	58:26+	65:00+	67:14+	73:48+	75:32+	81:27+	85:44+	87:01+	89:49+	92:08+	94:59+	97:31+	102:02+	102:33+
09:38+	05:45+	15:08+	01:02+	01:10+	07:39+	04:05+	05:06+	03:48+	05:05+	06:34+	02:14+	06:34+	01:44+	05:55+	04:17+	01:17+	02:48+	02:19+	02:51+	02:32+	04:31+	00:31+
09:38+	05:45+	15:08+	01:02+	01:10+	07:39+	04:05+	05:06+	03:48+	05:05+	06:34+	02:14+	06:34+	01:44+	05:55+	04:17+	01:17+	02:48+	02:19+	02:51+	02:32+	04:31+	00:31+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H45

1	René Rokkjær	OK Pan	45:45																			
02:27=	04:45=	11:02=	11:26=	12:08=	14:21=	18:42=	21:39=	23:26=	26:39=	28:30=	29:26=	32:22=	33:11=	36:52=	38:37=	39:17=	40:40=	41:51=	43:08=	44:28=	45:20=	45:45=
02:27=	02:18=	06:17=	00:24=	00:42=	02:13=	04:21=	02:57=	01:47=	03:13=	01:51=	00:56=	02:56=	00:49=	03:41=	01:45=	00:40=	01:23=	01:11=	01:17=	01:20=	00:52=	00:25=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Jesper Thy	17	51:18																			
02:38+	05:18+	12:16+	12:44+	13:45+	15:33+	17:50-	22:39+	25:17+	30:07+	32:33+	33:39+	36:29+	37:28+	41:27+	43:24+	44:12+	45:54+	47:21+	48:53+	50:12+	50:57+	51:18+
02:38+	02:40+	06:58+	00:28+	01:01+	01:48-	02:17-	04:49+	02:38+	04:50+	02:26+	01:06+	02:50-	00:59+	03:59+	01:57+	00:48+	01:42+	01:27+	01:32+	01:19-	00:45-	00:21-
00:11+	00:22#	00:41#	00:04#	00:19&	00:25-	02:04-	01:52&	00:51&	01:37&	00:35&	00:10#	00:06-	00:10#	00:18+	00:12#	00:08#	00:19#	00:16#	00:15#	00:01-	00:07-	00:04-

Beste stræktid for klassen

02:27 02:18 06:17 00:24 00:42 01:48 02:17 02:57 01:47 03:13 01:51 00:56 02:50 00:49 03:41 01:45 00:40 01:23 01:11 01:17 01:19 00:45 00:21

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H45B

1	Bjarne Torben Madsen	19	1:06:22																	
03:04=	04:56=	08:53=	12:19=	15:32=	18:44=	26:08=	28:59=	31:09=	33:33=	38:09=	40:04=	46:00=	48:33=	51:00=	53:58=	57:03=	60:49=	63:25=	64:02=	66:22=
03:04=	01:52=	03:57=	03:26=	03:13=	03:12=	07:24=	02:51=	02:10=	02:24=	04:36=	01:55=	05:56=	02:33=	02:27=	02:58=	03:05=	03:46=	02:36=	00:37=	02:20=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

03:04 01:52 03:57 03:26 03:13 03:12 07:24 02:51 02:10 02:24 04:36 01:55 05:56 02:33 02:27 02:58 03:05 03:46 02:36 00:37 02:20

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H50

1	Kent Lodberg	OK Pan	54:45																		
01:36=	04:56=	13:52=	14:57=	16:41=	19:42=	22:03=	26:05=	27:59=	29:06=	32:24=	33:42=	37:55=	42:56=	44:47=	47:03=	48:10=	49:48=	51:17=	53:23=	54:24=	54:45=
01:36=	03:20=	08:56=	01:05=	01:44=	03:01=	02:21=	04:02=	01:54=	01:07=	03:18=	01:18=	04:13=	05:01=	01:51=	02:16=	01:07=	01:38=	01:29=	02:06=	01:01=	00:21=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

H50

2	Jan Thomsen	OK Pan	58:15
01:30-	04:33-	12:52-	13:56-
01:30-	03:03-	08:19-	01:04-
00:06-	00:17-	00:37-	00:01-
01:52+	05:06+	14:16+	15:31+
01:52+	03:14+	09:10+	01:15+
01:52+	03:14+	09:10+	01:15+
3	Søren Flytkjær	22	1:00:31
01:52+	05:06+	14:16+	15:31+
01:52+	03:14+	09:10+	01:15+
01:52+	03:14+	09:10+	01:15+
4	Jens Ozol	18	1:09:56
02:24+	05:57+	15:04+	16:17+
02:24+	03:33+	09:07+	01:13+
02:24+	03:33+	09:07+	01:13+
6	Thomas Lindschouw	22	1:13:48
02:12+	06:34+	17:40+	18:54+
02:12+	04:22+	11:06+	01:14+
02:12+	04:22+	11:06+	01:14+
7	Jan Hauerslev	OK Pan	1:21:34
01:42+	05:20+	19:54+	21:15+
01:42+	03:38+	14:34+	01:21+
01:42+	03:38+	14:34+	01:21+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H60

1	Ole Jensen	7	47:51
02:26=	04:10=	09:25=	16:59=
02:26=	01:44=	05:15=	07:34=
00:00=	00:00=	00:00=	00:00=
2	Søren Bak	22	56:22
02:06-	04:25+	09:53+	16:17-
02:06-	02:19+	05:28+	06:24-
00:20-	00:35&	00:13+	01:10-
3	Kim Folander	3	1:02:39
03:04+	05:31+	12:29+	19:38+
03:04+	02:27+	06:58+	07:09-
00:38&	00:43&	01:43&	00:25-
4	Erling Trankjær	5	1:09:09
04:03+	06:27+	12:20+	21:44+
04:03+	02:24+	05:53+	09:24+
01:37&	00:40&	00:38#	01:50#
5	Kjell Walter Sørensen	15	1:10:31
02:41+	04:54+	10:53+	18:28+
02:41+	02:13+	05:59+	07:35+
00:15#	00:29&	00:44#	00:01+
6	Jens Christensen	7	1:14:58
04:53+	07:42+	15:43+	24:10+
04:53+	02:49+	08:01+	08:27+
02:27@	01:05&	02:46&	00:53#
7	Kim Topp	16	1:18:01
03:01+	06:00+	15:24+	23:24+
03:01+	02:59+	09:24+	08:00+
00:35#	01:15&	04:09&	00:26+
8	Ole Nielsen	22	1:26:08
04:30+	07:15+	15:00+	23:16+
04:30+	02:45+	07:45+	08:16+
02:04&	01:01&	02:30&	00:42+

H60

9	Poul Grøn															OK Pan	1:38:31
05:02+	07:55+	16:15+	28:59+	33:53+	35:09+	37:31+	40:23+	44:20+	49:30+	69:09+	79:16+	85:48+	87:34+	92:18+	96:15+	97:49+	98:31+
05:02+	02:53+	08:20+	12:44+	04:54+	01:16+	02:22+	02:52+	03:57+	05:10+	19:39+	10:07+	06:32+	01:46+	04:44+	03:57+	01:34+	00:42+
02:36@	01:09&	03:05&	05:10&	02:25&	00:29&	01:04&	00:08+	01:37&	01:49&	13:22@	07:26@	04:55@	00:58@	02:08&	01:28&	00:34&	00:17&
10	Helge Søgaard															17	1:40:48
04:17+	07:56+	19:54+	31:27+	36:35+	38:06+	40:52+	45:18+	50:15+	58:19+	73:20+	79:45+	83:22+	85:16+	90:46+	97:09+	99:44+	100:48+
04:17+	03:39+	11:58+	11:33+	05:08+	01:31+	02:46+	04:26+	04:57+	08:04+	15:01+	06:25+	03:37+	01:54+	05:30+	06:23+	02:35+	01:04+
04:17+	03:39+	11:58+	11:33+	05:08+	01:31+	02:46+	04:26+	04:57+	08:04+	15:01+	06:25+	03:37+	01:54+	05:30+	06:23+	02:35+	01:04+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H70

1	Jørgen Münster-Swendsen															18	43:21				
01:50=	04:06=	06:16=	07:18=	08:34=	10:25=	16:03=	17:16=	18:16=	20:39=	22:00=	24:13=	25:44=	28:52=	29:36=	32:39=	36:43=	38:33=	39:52=	41:44=	42:52=	43:21=
01:50=	02:16=	02:10=	01:02=	01:16=	01:51=	05:38=	01:13=	01:00=	02:23=	01:21=	02:13=	01:31=	03:08=	00:44=	03:03=	04:04=	01:50=	01:19=	01:52=	01:08=	00:29=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Max Hansen															10	46:42				
02:06+	04:07+	06:24+	07:31+	08:49+	10:45+	17:42+	18:59+	20:23+	23:04+	24:20+	26:25+	28:20+	31:49+	32:34+	35:47+	40:14+	42:09+	43:25+	45:09+	46:13+	46:42+
02:06+	02:01-	02:17+	01:07+	01:18+	01:56+	06:57+	01:17+	01:24+	02:41+	01:16-	02:05-	01:55+	03:29+	00:45+	03:13+	04:27+	01:55+	01:16-	01:44-	01:04-	00:29=
00:16#	00:15-	00:22#	00:16&	00:05+	00:02+	00:05+	00:04+	00:24&	00:18#	00:05-	00:08-	00:24&	00:21#	00:01+	00:10+	00:23+	00:05+	00:03-	00:08-	00:04-	00:00=
3	Poul Bobach															22	49:47				
01:58+	03:49-	06:21+	07:39+	08:59+	12:41+	19:28+	20:52+	22:09+	25:19+	26:38+	28:57+	30:39+	34:05+	35:04+	38:36+	42:21+	44:02+	45:47+	47:57+	49:14+	49:47+
01:58+	01:51-	02:32+	01:18+	01:20+	03:42+	06:47+	01:24+	01:17+	03:10+	01:19-	02:19+	01:42+	03:26+	00:59+	03:32+	03:45-	01:41-	01:45+	02:10+	01:17+	00:33+
00:08+	00:25-	00:22#	00:16&	00:04+	01:51&	01:09#	00:11#	00:17&	00:47&	00:02-	00:06+	00:11#	00:18+	00:15&	00:29#	00:19-	00:09-	00:26&	00:18#	00:09#	00:04#
4	Finn Jørgensen Aaris															12	51:59				
02:01+	04:56+	07:05+	08:35+	09:52+	11:42+	18:54+	20:01+	22:26+	25:23+	26:28+	30:27+	31:52+	35:08+	35:53+	39:22+	42:31+	44:30+	47:31+	50:01+	51:30+	51:59+
02:01+	02:55+	02:09-	01:30+	01:17+	01:50-	07:12+	01:07-	02:25+	02:57+	01:05-	03:59+	01:25-	03:16+	00:45+	03:29+	03:09-	01:59+	03:01+	02:30+	01:29+	00:29=
00:11#	00:39&	00:01-	00:28&	00:01+	00:01-	01:34&	00:06-	01:25@	00:34#	00:16-	01:46&	00:06-	00:08+	00:01+	00:26#	00:55-	00:09+	01:42@	00:38&	00:21&	00:00=
5	Carl Malling															16	54:03				
02:45+	04:40+	06:51+	08:21+	09:33+	13:21+	18:52+	20:22+	21:25+	24:53+	26:10+	29:29+	31:21+	34:07+	34:55+	38:41+	43:35+	45:38+	48:57+	52:00+	53:30+	54:03+
02:45+	01:55-	02:11+	01:30+	01:12-	03:48+	05:31-	01:30+	01:03+	03:28+	01:17-	03:19+	01:52+	02:46-	00:48+	03:46+	04:54+	02:03+	03:19+	03:03+	01:30+	00:33+
00:55&	00:21-	00:01+	00:28&	00:04-	01:57@	00:07-	00:17#	00:03+	01:05&	00:04-	01:06&	00:21#	00:22-	00:04+	00:43#	00:50#	00:13#	02:00@	01:11&	00:22&	00:04#
6	Steen Frandsen															21	55:04				
02:38+	05:03+	07:46+	09:07+	10:29+	13:24+	20:31+	21:58+	23:24+	26:37+	27:47+	30:34+	32:29+	35:44+	36:39+	41:33+	46:46+	48:31+	50:18+	52:28+	54:23+	55:04+
02:38+	02:25+	02:43+	01:21+	01:22+	02:55+	07:07+	01:27+	01:26+	03:13+	01:10-	02:47+	01:55+	03:15+	00:55+	04:54+	05:13+	01:45-	01:47+	02:10+	01:55+	00:41+
00:48&	00:09+	00:33&	00:19&	00:06+	01:04&	01:29&	00:14#	00:26&	00:50&	00:11-	00:34&	00:24&	00:07+	00:11#	01:51&	01:09&	00:05-	00:28&	00:18#	00:47&	00:12&
7	Clive Allen															18	56:59				
02:47+	04:48+	08:27+	09:47+	11:18+	13:53+	21:56+	23:50+	25:15+	28:25+	29:56+	33:02+	34:57+	38:54+	40:01+	44:25+	48:40+	50:36+	52:23+	54:33+	56:24+	56:59+
02:47+	02:01-	03:39+	01:20+	01:31+	02:35+	08:03+	01:54+	01:25+	03:10+	01:31+	03:06+	01:55+	03:57+	01:07+	04:24+	04:15+	01:56+	01:47+	02:10+	01:51+	00:35+
00:57&	00:15-	01:29&	00:18&	00:15#	00:44&	02:25&	00:41&	00:25&	00:47&	00:10#	00:53&	00:24&	00:49&	00:23&	01:21&	00:11+	00:06+	00:28&	00:18#	00:43&	00:06#
8	Ole F. Thomsen															15	57:10				
02:25+	05:32+	08:30+	09:52+	11:25+	14:25+	22:40+	24:13+	25:50+	29:53+	31:33+	33:55+	35:54+	39:26+	40:17+	43:43+	47:53+	50:31+	52:42+	54:57+	56:37+	57:10+
02:25+	03:07+	02:58+	01:22+	01:33+	03:00+	08:15+	01:33+	01:37+	04:03+	01:40+	02:22+	01:59+	03:32+	00:51+	03:26+	04:10+	02:38+	02:11+	02:15+	01:40+	00:33+
00:35&	00:51&	00:48&	00:20&	00:17#	01:09&	02:37&	00:20&	00:37&	01:40&	00:19#	00:09+	00:28&	00:24#	00:07#	00:23#	00:06+	00:48&	00:52&	00:23#	00:32&	00:04#
9	Finn Hørup Nielsen															15	57:14				
02:15+	04:26+	07:29+	09:01+	10:24+	13:03+	19:56+	21:32+	23:51+	26:59+	28:37+	31:22+	34:02+	37:08+	38:11+	41:35+	45:06+	50:06+	52:53+	55:18+	56:43+	57:14+
02:15+	02:11-	03:03+	01:32+	01:23+	02:39+	06:53+	01:36+	02:19+	03:08+	01:38+	02:45+	02:40+	03:06-	01:03+	03:24+	03:31-	05:00+	02:47+	02:25+	01:25+	00:31+
00:25#	00:05-	00:53&	00:30&	00:07+	00:48&	01:15#	00:23&	01:19@	00:45&	00:17#	00:32#	01:09&	00:02-	00:19&	00:21#	00:33-	03:10@	01:28@	00:33&	00:17#	00:02+
10	Per Jessen-Klixbüll															OK Pan	1:07:03				
04:25+	07:18+	10:34+	12:03+	13:59+	16:44+	27:39+	29:08+	31:36+	35:55+	37:36+	40:37+	42:30+	46:35+	47:38+	51:51+	56:44+	58:21+	61:20+	64:33+	66:20+	67:03+
04:25+	02:53+	03:16+	01:29+	01:56+	02:45+	10:55+	01:29+	02:28+	04:19+	01:41+	03:01+	01:53+	04:05+	01:03+	04:13+	04:53+	01:37-	02:59+	03:13+	01:47+	00:43+
02:35@	00:37&	01:06&	00:27&	00:40&	00:54&	05:17&	00:16#	01:28@	01:56&	00:20#	00:48&	00:22#	00:57&	00:19&	01:10&	00:49#	00:13-	01:40@	01:21&	00:39&	00:14&
11	Villy Møller Hansen															11	1:09:54				
04:00+	06:50+	10:41+	12:22+	14:11+	19:27+	28:40+	30:12+	32:04+	37:44+	39:35+	42:28+	44:26+	50:06+	51:12+	55:13+	60:09+	62:34+	64:31+	66:53+	69:18+	69:54+
04:00+	02:50+	03:51+	01:41+	01:49+	05:16+	09:13+	01:32+	01:52+	05:40+	01:51+	02:53+	01:58+	05:40+	01:06+	04:01+	04:56+	02:25+	01:57+	02:22+	02:25+	00:36+
02:10@	00:34#	01:41&	00:39&	00:33&	03:25@	03:35&	00:19&	00:52&	03:17@	00:30&	00:40&	00:27&	02:32&	00:22&	00:58&	00:52#	00:35&	00:38&	00:30&	01:17@	00:07#

Class	Navn	Klasse	Tid
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H70

12	Palle Møller Nielsen	9	1:19:55																		
02:56+	06:03+	09:38+	11:26+	13:23+	17:01+	26:05+	27:53+	29:40+	35:22+	39:26+	43:17+	46:52+	52:40+	54:11+	61:50+	67:31+	70:17+	73:09+	76:38+	79:12+	79:55+
02:56+	03:07+	03:35+	01:48+	01:57+	03:38+	09:04+	01:48+	01:47+	05:42+	04:04+	03:51+	03:35+	05:48+	01:31+	07:39+	05:41+	02:46+	02:52+	03:29+	02:34+	00:43+
01:06&	00:51&	01:25&	00:46&	00:41&	01:47&	03:26&	00:35&	00:47&	03:19@	02:43@	01:38&	02:04@	02:40&	00:47@	04:36@	01:37&	00:56&	01:33@	01:37&	01:26@	00:14&
13	Henrik Houmøller	17	1:30:56																		
03:35+	06:54+	13:13+	15:21+	20:12+	24:00+	35:12+	37:10+	39:59+	47:22+	49:38+	53:22+	56:17+	62:07+	63:38+	71:10+	78:32+	81:27+	84:13+	87:28+	90:05+	90:56+
03:35+	03:19+	06:19+	02:08+	04:51+	03:48+	11:12+	01:58+	02:49+	07:23+	02:16+	03:44+	02:55+	05:50+	01:31+	07:32+	07:22+	02:55+	02:46+	03:15+	02:37+	00:51+
03:35+	03:19+	06:19+	02:08+	04:51+	03:48+	11:12+	01:58+	02:49+	07:23+	02:16+	03:44+	02:55+	05:50+	01:31+	07:32+	07:22+	02:55+	02:46+	03:15+	02:37+	00:51+
14	Jens Roesgaard	8	1:38:08																		
04:26+	08:12+	13:20+	15:41+	22:13+	26:37+	38:44+	41:11+	43:14+	49:09+	52:39+	56:35+	61:53+	70:10+	71:48+	78:13+	84:07+	88:16+	91:07+	94:24+	97:14+	98:08+
04:26+	03:46+	05:08+	02:21+	06:32+	04:24+	12:07+	02:27+	02:03+	05:55+	03:30+	03:56+	05:18+	08:17+	01:38+	06:25+	05:54+	04:09+	02:51+	03:17+	02:50+	00:54+
04:26+	03:46+	05:08+	02:21+	06:32+	04:24+	12:07+	02:27+	02:03+	05:55+	03:30+	03:56+	05:18+	08:17+	01:38+	06:25+	05:54+	04:09+	02:51+	03:17+	02:50+	00:54+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H80

1	Ole Jensen	17	43:48												
03:26=	06:48=	08:28=	10:29=	12:38=	16:13=	19:37=	20:50=	24:05=	27:25=	30:47=	33:53=	37:28=	40:28=	42:55=	43:48=
03:26=	03:22=	01:40=	02:01=	02:09=	03:35=	03:24=	01:13=	03:15=	03:20=	03:22=	03:06=	03:35=	03:00=	02:27=	00:53=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Preben Eriksen	21	51:06												
03:33+	07:40+	09:30+	11:40+	13:52+	17:11+	22:47+	25:12+	29:20+	32:41+	37:05+	41:02+	44:28+	47:37+	50:12+	51:06+
03:33+	04:07+	01:50+	02:10+	02:12+	03:19-	05:36+	02:25+	04:08+	03:21+	04:24+	03:57+	03:26-	03:09+	02:35+	00:54+
00:07+	00:45#	00:10#	00:09+	00:03+	00:16-	02:12&	01:12&	00:53&	00:01+	01:02&	00:51&	00:09-	00:09+	00:08+	00:01+
3	Kai Ø. Laursen	22	56:05												
02:39-	16:28+	17:53+	19:24+	20:50+	23:10+	27:24+	30:23+	33:33+	36:55+	39:29+	42:20+	49:06+	52:40+	55:29+	56:05+
02:39-	13:49+	01:25-	01:31-	01:26-	02:20-	04:14+	02:59+	03:10-	03:22+	02:34-	02:51-	06:46+	03:34+	02:49+	00:36-
00:47-	10:27@	00:15-	00:30-	00:43-	01:15-	00:50#	01:46@	00:05-	00:02+	00:48-	00:15-	03:11&	00:34#	00:22#	00:17-

Beste stræktid for klassen

02:39 03:22 01:25 01:31 01:26 02:20 03:24 01:13 03:10 03:20 02:34 02:51 03:26 03:00 02:27 00:36

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

NOCLAS

2	Forløber Tre Forløber Tre	17	1:07:32					
19:49+	51:42+	58:58+	67:32+					
19:49+	31:53+	07:16+	08:34+					
19:49+	31:53+	07:16+	08:34+					
3	Fem Forløber Fem	17	1:07:35					
05:16+	20:45+	33:53+	43:50+	47:19+	54:03+	57:30+	62:19+	67:35+
05:16+	15:29+	13:08+	09:57+	03:29+	06:44+	03:27+	04:49+	05:16+
05:16+	15:29+	13:08+	09:57+	03:29+	06:44+	03:27+	04:49+	05:16+
4	Et Forløber Et	17	1:21:42					
34:15+	37:12+	46:28+	47:26+	52:26+	56:59+	64:42+	81:42+	
34:15+	02:57+	09:16+	00:58+	05:00+	04:33+	07:43+	17:00+	
34:15+	02:57+	09:16+	00:58+	05:00+	04:33+	07:43+	17:00+	
5	To Forløber To	17	1:27:44					
04:40+	10:31+	54:30+	57:59+	72:20+	73:40+	77:00+	78:21+	87:44+
04:40+	05:51+	43:59+	03:29+	14:21+	01:20+	03:20+	01:21+	09:23+
04:40+	05:51+	43:59+	03:29+	14:21+	01:20+	03:20+	01:21+	09:23+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.