

Plads	Navn	Klasse														Tid
Beg																
1	Helena Søgård Terkelsen	OK Pan														17:41
00:30=	01:41=	03:28=	03:54=	04:39=	05:50=	06:46=	07:11=	09:52=	11:02=	11:49=	14:01=	14:38=	16:59=	17:41=		
00:30=	01:11=	01:47=	00:26=	00:45=	01:11=	00:56=	00:25=	02:41=	01:10=	00:47=	02:12=	00:37=	02:21=	00:42=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Ida Søe Christiansen	19														18:00
00:37+	01:48+	03:30+	03:53-	04:32-	05:48-	06:48+	07:14+	10:40+	11:51+	12:43+	14:18+	14:58+	17:29+	18:00+		
00:37+	01:11=	01:42-	00:23-	00:39-	01:16+	01:00+	00:26+	03:26+	01:11+	00:52+	01:35-	00:40+	02:31+	00:31-		
00:07#	00:00=	00:05-	00:03-	00:06-	00:05+	00:04+	00:01+	00:45&	00:01+	00:05#	00:37-	00:03+	00:10+	00:11-		
3	William Stenhøj Baun McGrail	OK Pan														18:12
00:59+	02:12+	04:04+	04:31+	05:36+	06:52+	08:12+	09:00+	11:31+	12:52+	13:39+	15:13+	15:45+	17:42+	18:12+		
00:59+	01:13+	01:52+	00:27+	01:05+	01:16+	01:20+	00:48+	02:31-	01:21+	00:47=	01:34-	00:32-	01:57-	00:30-		
00:29&	00:02+	00:05+	00:01+	00:20&	00:05+	00:24&	00:23&	00:10-	00:11#	00:00=	00:38-	00:05-	00:24-	00:12-		
4	Rikke Schou-Hansen	OK Pan														18:47
00:49+	01:45+	03:44+	04:13+	04:47+	05:51+	06:42-	07:13+	10:04+	11:22+	12:33+	14:17+	15:10+	17:31+	18:47+		
00:49+	00:56-	01:59+	00:29+	00:34-	01:04-	00:51-	00:31+	02:51+	01:18+	01:11+	01:44-	00:53+	02:21=	01:16+		
00:19&	00:15-	00:12#	00:03#	00:11-	00:07-	00:05-	00:06#	00:10+	00:08#	00:24&	00:28-	00:16&	00:00=	00:34&		
5	Matilde Riis Madsen	19														18:49
00:28-	01:26-	03:15-	03:37-	04:25-	05:59+	07:07+	07:49+	11:11+	12:28+	13:17+	15:11+	15:55+	18:16+	18:49+		
00:28-	00:58-	01:49+	00:22-	00:48+	01:34+	01:08+	00:42+	03:22+	01:17+	00:49+	01:54-	00:44+	02:21=	00:33-		
00:02-	00:13-	00:02+	00:04-	00:03+	00:23&	00:12#	00:17&	00:41&	00:07+	00:02+	00:18-	00:07#	00:00=	00:09-		
6	Jeppe Eduardsen	19														20:54
00:34+	01:46+	03:47+	04:28+	05:33+	07:27+	08:38+	09:05+	12:54+	14:13+	15:24+	17:06+	17:51+	20:17+	20:54+		
00:34+	01:12+	02:01+	00:41+	01:05+	01:54+	01:11+	00:27+	03:49+	01:19+	01:11+	01:42-	00:45+	02:26+	00:37-		
00:04#	00:01+	00:14#	00:15&	00:20&	00:43&	00:15&	00:02+	01:08&	00:09#	00:24&	00:30-	00:08#	00:05+	00:05-		
7	Noah Buhl	2														22:10
00:32+	02:04+	05:05+	05:39+	06:29+	07:57+	08:57+	09:27+	12:40+	14:13+	15:51+	17:36+	19:05+	21:41+	22:10+		
00:32+	01:32+	03:01+	00:34+	00:50+	01:28+	01:00+	00:30+	03:13+	01:33+	01:38+	01:45-	01:29+	02:36+	00:29-		
00:02+	00:21&	01:14&	00:08&	00:05#	00:17#	00:04+	00:05#	00:32#	00:23&	00:51@	00:27-	00:52@	00:15#	00:13-		
8	Kristian Veggerby Jensen	19														22:21
00:28-	01:45+	03:55+	04:49+	05:50+	07:55+	08:58+	09:20+	13:50+	15:44+	16:41+	18:36+	19:18+	21:39+	22:21+		
00:28-	01:17+	02:10+	00:54+	01:01+	02:05+	01:03+	00:22-	04:30+	01:54+	00:57+	01:55-	00:42+	02:21=	00:42=		
00:02-	00:06+	00:23#	00:28@	00:16&	00:54&	00:07#	00:03-	01:49&	00:44&	00:10#	00:17-	00:05#	00:00=	00:00=		
9	Just Nygaard Rahr	4														22:27
01:06+	03:04+	05:08+	05:33+	06:24+	07:58+	09:08+	09:51+	13:47+	15:44+	16:51+	18:14+	19:15+	21:52+	22:27+		
01:06+	01:58+	02:04+	00:25-	00:51+	01:34+	01:10+	00:43+	03:56+	01:57+	01:07+	01:23-	01:01+	02:37+	00:35-		
00:36@	00:47&	00:17#	00:01-	00:06#	00:23&	00:14#	00:18&	01:15&	00:47&	00:20&	00:49-	00:24&	00:16#	00:07-		
10	Inge Schou-Hansen	OK Pan														24:44
00:44+	02:31+	05:01+	05:56+	06:49+	08:21+	09:32+	10:15+	14:44+	16:30+	17:54+	20:02+	21:27+	24:05+	24:44+		
00:44+	01:47+	02:30+	00:55+	00:53+	01:32+	01:11+	00:43+	04:29+	01:46+	01:24+	02:08-	01:25+	02:38+	00:39-		
00:14&	00:36&	00:43&	00:29@	00:08#	00:21&	00:15&	00:18&	01:48&	00:36&	00:37&	00:04-	00:48@	00:17#	00:03-		
11	Simon Odgård Eyermand	4														25:12
00:27-	01:41=	03:23-	03:46-	04:13-	05:10-	05:55-	06:17-	08:35-	19:47+	20:31+	21:51+	22:53+	24:36+	25:12+		
00:27-	01:14+	01:42-	00:23-	00:27-	00:57-	00:45-	00:22-	02:18-	11:12+	00:44-	01:20-	01:02+	01:43-	00:36-		
00:03-	00:03+	00:05-	00:03-	00:18-	00:14-	00:11-	00:03-	00:23-	10:02@	00:03-	00:52-	00:25&	00:38-	00:06-		
12	Lucas Stenhøj Baun McGrail	OK Pan														25:58
00:46+	02:07+	04:42+	05:40+	06:38+	08:16+	09:39+	10:11+	14:00+	16:09+	17:55+	20:36+	22:05+	25:22+	25:58+		
00:46+	01:21+	02:35+	00:58+	00:58+	01:38+	01:23+	00:32+	03:49+	02:09+	01:46+	02:41+	01:29+	03:17+	00:36-		
00:16&	00:10#	00:48&	00:32@	00:13&	00:27&	00:27&	00:07&	01:08&	00:59&	00:59@	00:29#	00:52@	00:56&	00:06-		
13	Josefine Scheel Hansen	OK Pan														27:41
00:36+	01:58+	04:55+	05:33+	06:54+	08:50+	10:34+	10:57+	15:48+	17:56+	19:00+	21:23+	23:09+	26:57+	27:41+		
00:36+	01:22+	02:57+	00:38+	01:21+	01:56+	01:44+	00:23-	04:51+	02:08+	01:04+	02:23+	01:46+	03:48+	00:44+		
00:06#	00:11#	01:10&	00:12&	00:36&	00:45&	00:48&	00:02-	02:10&	00:58&	00:17&	00:11+	01:09@	01:27&	00:02+		
14	Gry Duedal Nielsen	2														31:41
00:56+	02:46+	06:31+	07:24+	08:43+	11:12+	13:09+	13:47+	19:02+	21:17+	23:09+	25:42+	26:54+	30:52+	31:41+		
00:56+	01:50+	03:45+	00:53+	01:19+	02:29+	01:57+	00:38+	05:15+	02:15+	01:52+	02:33+	01:12+	03:58+	00:49+		
00:26&	00:39&	01:58@	00:27@	00:34&	01:18@	01:01@	00:13&	02:34&	01:05&	01:05@	00:21#	00:35&	01:37&	00:07#		

Class	Navn	Klasse												Tid			
15	Tuva Nørgaard Bjørseth	OK Pan												1:00:02			
	00:55+	03:06+	06:28+	08:25+	10:46+	14:16+	17:11+	17:53+	24:50+	28:45+	31:08+	39:49+	45:07+	59:26+	60:02+		
	00:55+	02:11+	03:22+	01:57+	02:21+	03:30+	02:55+	00:42+	06:57+	03:55+	02:23+	08:41+	05:18+	14:19+	00:36-		
	00:25&	01:00&	01:35&	01:31@	01:36@	02:19@	01:59@	00:17&	04:16@	02:45@	01:36@	06:29@	04:41@	11:58@	00:06-		

Beste stræktid for klassen

00:27 00:56 01:42 00:22 00:27 00:57 00:45 00:22 02:18 01:10 00:44 01:20 00:32 01:43 00:29

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D10

1	Astrid Faber Fenger-Grøn	4												17:17			
	00:30=	01:42=	03:40=	04:03=	04:40=	06:08=	07:07=	07:27=	10:24=	12:00=	12:51=	14:12=	14:46=	16:45=	17:17=		
	00:30=	01:12=	01:58=	00:23=	00:37=	01:28=	00:59=	00:20=	02:57=	01:36=	00:51=	01:21=	00:34=	01:59=	00:32=		
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		

2	Andrea Ebert Svenningsen	19												17:25			
	00:24-	01:22-	02:58-	03:17-	03:47-	04:56-	05:41-	06:10-	11:36+	12:38+	13:18+	14:34+	15:03+	16:56+	17:25+		
	00:24-	00:58-	01:36-	00:19-	00:30-	01:09-	00:45-	00:29+	05:26+	01:02-	00:40-	01:16-	00:29-	01:53-	00:29-		
	00:06-	00:14-	00:22-	00:04-	00:07-	00:19-	00:14-	00:09&	02:29&	00:34-	00:11-	00:05-	00:05-	00:06-	00:03-		

3	Freja Duedal Nielsen	2												17:37			
	00:34+	01:47+	03:23-	03:49-	04:47+	06:00-	06:53-	07:11-	10:41+	12:04+	12:56+	14:29+	14:58+	17:05+	17:37+		
	00:34+	01:13+	01:36-	00:26+	00:58+	01:13-	00:53-	00:18-	03:30+	01:23-	00:52+	01:33+	00:29-	02:07+	00:32=		
	00:04#	00:01+	00:22-	00:03#	00:21&	00:15-	00:06-	00:02-	00:33#	00:13-	00:01+	00:12#	00:05-	00:08+	00:00=		

4	Johanna K. Madsen	15												17:59			
	00:34+	01:57+	03:56+	04:31+	05:09+	06:30+	07:24+	07:50+	10:44+	11:50-	12:34-	14:09-	15:11+	17:25+	17:59+		
	00:34+	01:23+	01:59+	00:35+	00:38+	01:21-	00:54-	00:26+	02:54+	01:06-	00:44-	01:35+	01:02+	02:14+	00:34+		
	00:04#	00:11#	00:01+	00:12&	00:01+	00:07-	00:05-	00:06&	00:03-	00:30-	00:07-	00:14#	00:28&	00:15#	00:02+		

5	Signe Møller Skaug	OK Pan												20:02			
	00:35+	01:48+	03:41+	04:14+	04:54+	06:23+	07:32+	08:04+	11:46+	13:22+	14:26+	16:04+	17:07+	19:31+	20:02+		
	00:35+	01:13+	01:53-	00:33+	00:40+	01:29+	01:09+	00:32+	03:42+	01:36=	01:04+	01:38+	01:03+	02:24+	00:31-		
	00:05#	00:01+	00:05-	00:10&	00:03+	00:01+	00:10#	00:12&	00:45&	00:00=	00:13&	00:17#	00:29&	00:25#	00:01-		

6	Mathilde Bobach	19												20:18			
	00:26-	01:35-	04:03+	04:30+	05:38+	07:09+	08:29+	08:58+	12:40+	14:08+	15:04+	16:52+	17:31+	19:48+	20:18+		
	00:26-	01:09-	02:28+	00:27+	01:08+	01:31+	01:20+	00:29+	03:42+	01:28-	00:56+	01:48+	00:39+	02:17+	00:30-		
	00:04-	00:03-	00:30&	00:04#	00:31&	00:03+	00:21&	00:09&	00:45&	00:08-	00:05+	00:27&	00:05#	00:18#	00:02-		

7	Mette Jensen	15												22:03			
	00:29-	02:01+	05:19+	06:05+	07:45+	08:49+	09:43+	13:48+	15:25+	16:31+	18:31+	19:02+	21:29+	22:03+			
	00:29-	01:32+	03:18+	00:46+	01:40+	01:04-	00:54-	04:05+	01:37-	01:06-	02:00+	00:31-	02:27+	00:34-			
	00:01-	00:20&	01:20&	00:23&	01:03@	00:24-	00:05-	03:45@	01:20-	00:30-	01:09@	00:50-	01:53@	01:25-			

8	Kristine Skouboe	2												22:38			
	00:43+	02:06+	04:45+	05:24+	06:16+	07:51+	09:12+	09:46+	13:14+	14:39+	15:46+	17:23+	19:19+	22:01+	22:38+		
	00:43+	01:23+	02:39+	00:39+	00:52+	01:35+	01:21+	00:34+	03:28+	01:25-	01:07+	01:37+	01:56+	02:42+	00:37+		
	00:13&	00:11#	00:41&	00:16&	00:15&	00:07+	00:22&	00:14&	00:31#	00:11-	00:16&	00:16#	01:22@	00:43&	00:05#		

9	Ida Rye Madsen	19												30:02			
	00:30=	01:46+	04:02+	04:32+	05:05+	06:32+	07:45+	08:18+	16:44+	18:03+	19:00+	20:32+	21:16+	29:25+	30:02+		
	00:30=	01:16+	02:16+	00:30+	00:33-	01:27-	01:13+	00:33+	08:26+	01:19-	00:57+	01:32+	00:44+	08:09+	00:37+		
	00:00=	00:04+	00:18#	00:07&	00:04-	00:01-	00:14#	00:13&	05:29@	00:17-	00:06#	00:11#	00:10&	06:10@	00:05#		

Beste stræktid for klassen

00:24 00:58 01:36 00:19 00:30 01:04 00:45 00:18 01:37 01:02 00:40 00:31 00:29 00:34 00:29

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D12

1	Johanne Skouboe	2												23:57			
	01:51=	03:12=	04:49=	06:05=	07:32=	09:22=	10:45=	13:09=	14:09=	15:06=	17:31=	18:09=	18:44=	21:17=	23:31=	23:57=	
	01:51=	01:21=	01:37=	01:16=	01:27=	01:50=	01:23=	02:24=	01:00=	00:57=	02:25=	00:38=	00:35=	02:33=	02:14=	00:26=	
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	

Class	Navn	Klasse	Tid												
2	Ella Klærke Mikkelsen	2	31:14												
02:02+	04:59+	07:42+	09:56+	11:44+	14:27+	15:57+	18:30+	19:42+	20:47+	23:38+	24:16+	24:52+	28:11+	30:42+	31:14+
02:02+	02:57+	02:43+	02:14+	01:48+	02:43+	01:30+	02:33+	01:12+	01:05+	02:51+	00:38+	00:36+	03:19+	02:31+	00:32+
00:11+	01:36@	01:06&	00:58&	00:21#	00:53&	00:07+	00:09+	00:12#	00:08#	00:26#	00:00+	00:01+	00:46&	00:17#	00:06#

3	mette Reilev	NOTEAM	36:12												
02:13+	04:23+	06:31+	10:51+	12:44+	15:03+	19:18+	22:25+	23:34+	24:42+	27:06+	28:52+	29:52+	32:34+	35:30+	36:12+
02:13+	02:10+	02:08+	04:20+	01:53+	02:19+	04:15+	03:07+	01:09+	01:08+	02:24-	01:46+	01:00+	02:42+	02:56+	00:42+
00:22#	00:49&	00:31&	03:04@	00:26&	00:29&	02:52@	00:43&	00:09#	00:11#	00:01-	01:08@	00:25&	00:09+	00:42&	00:16&

4	Emilie Skov Dalgaard	OK Pan	37:07												
02:01+	11:40+	14:00+	15:54+	18:04+	20:16+	21:56+	24:32+	25:40+	26:44+	29:25+	30:12+	30:48+	33:46+	36:31+	37:07+
02:01+	09:39+	02:20+	01:54+	02:10+	02:12+	01:40+	02:36+	01:08+	01:04+	02:41+	00:47+	00:36+	02:58+	02:45+	00:36+
00:10+	08:18@	00:43&	00:38&	00:43&	00:22#	00:17#	00:12+	00:08#	00:07#	00:16#	00:09#	00:01+	00:25#	00:31#	00:10&

5	Iben Nygaard Rahr	4	52:25												
02:37+	07:50+	11:56+	24:18+	26:39+	29:52+	32:11+	35:27+	36:54+	38:09+	41:46+	42:40+	43:55+	48:30+	51:50+	52:25+
02:37+	05:13+	04:06+	12:22+	02:21+	03:13+	02:19+	03:16+	01:27+	01:15+	03:37+	00:54+	01:15+	04:35+	03:20+	00:35+
00:46&	03:52@	02:29@	11:06@	00:54&	01:23&	00:56&	00:52&	00:27&	00:18&	01:12&	00:16&	00:40@	02:02&	01:06&	00:09&

Beste stræktid for klassen															
01:51	01:21	01:37	01:16	01:27	01:50	01:23	02:24	01:00	00:57	02:24	00:38	00:35	02:33	02:14	00:26

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D12B

1	Ronja Flint	4	18:19											
00:45=	02:12=	04:18=	04:51=	05:34=	07:08=	08:12=	08:33=	11:34=	12:36=	13:31=	14:59=	15:46=	17:46=	18:19=
00:45=	01:27=	02:06=	00:33=	00:43=	01:34=	01:04=	00:21=	03:01=	01:02=	00:55=	01:28=	00:47=	02:00=	00:33=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen															
00:45	01:27	02:06	00:33	00:43	01:34	01:04	00:21	03:01	01:02	00:55	01:28	00:47	02:00	00:33	

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D12mel

1	Mette Schou Lund	15	38:10												
04:09=	06:21=	08:23=	12:48=	14:41=	17:00=	21:16=	24:23=	25:31=	26:40=	29:39=	30:50=	31:43=	34:59=	37:28=	38:10=
04:09=	02:12=	02:02=	04:25=	01:53=	02:19=	04:16=	03:07=	01:08=	01:09=	02:59=	01:11=	00:53=	03:16=	02:29=	00:42=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Flora Gogh	15	43:52												
05:54+	11:36+	14:27+	18:07+	20:11+	22:40+	27:53+	30:26+	31:38+	32:41+	35:31+	36:15+	37:14+	40:09+	43:20+	43:52+
05:54+	05:42+	02:51+	03:40-	02:04+	02:29+	05:13+	02:33-	01:12+	01:03-	02:50-	00:44-	00:59+	02:55-	03:11+	00:32-
01:45&	03:30@	00:49&	00:45-	00:11+	00:10+	00:57#	00:34-	00:04+	00:06-	00:09-	00:27-	00:06#	00:21-	00:42&	00:10-

3	Thea Damgaard Borg	15	59:08														
03:15-	04:49-	13:00+	15:36+	18:19+	22:48+	26:08+	29:09+	32:26+	35:52+	37:21+	38:32+	42:26+	43:15+	44:31+	51:56+	58:33+	59:08+
03:15-	01:34-	08:11+	02:36-	02:43+	04:29+	03:20-	03:01-	03:17+	03:26+	01:29-	01:11=	03:54+	00:49-	01:16-	07:25+	06:37+	00:35+
00:54-	00:38-	06:09@	01:49-	00:50&	02:10&	00:56-	00:06-	02:09@	02:17@	01:30-	00:00=	03:01@	02:27-	01:13-	06:43@	06:37+	00:35+

Beste stræktid for klassen																	
03:15	01:34	02:02	02:36	01:53	02:19	03:20	02:33	01:08	01:03	01:29	00:44	00:53	00:49	01:16	00:32		

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D14

1	Theresa Skouboe	2	32:15											
02:16=	03:51=	05:53=	07:46=	09:18=	12:19=	15:52=	18:44=	21:03=	22:12=	23:29=	25:05=	29:50=	31:45=	32:15=
02:16=	01:35=	02:02=	01:53=	01:32=	03:01=	03:33=	02:52=	02:19=	01:09=	01:17=	01:36=	04:45=	01:55=	00:30=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse													Tid
2	Gertrud Riis Madsen	19													34:10
02:14-	03:44-	05:51-	08:27+	10:12+	13:32+	17:20+	20:22+	22:39+	24:06+	25:38+	27:12+	31:52+	33:38+	34:10+	
02:14-	01:30-	02:07+	02:36+	01:45+	03:20+	03:48+	03:02+	02:17-	01:27+	01:32+	01:34-	04:40-	01:46-	00:32+	
00:02-	00:05-	00:05+	00:43&	00:13#	00:19#	00:15+	00:10+	00:02-	00:18&	00:15#	00:02-	00:05-	00:09-	00:02+	
3	Elanor Henriksen	2													36:31
02:26+	03:51=	06:02+	08:48+	12:03+	15:34+	20:11+	23:04+	25:18+	26:37+	27:50+	29:36+	34:16+	36:01+	36:31+	
02:26+	01:25-	02:11+	02:46+	03:15+	03:31+	04:37+	02:53+	02:14-	01:19+	01:13-	01:46+	04:40-	01:45-	00:30=	
00:10+	00:10-	00:09+	00:53&	01:43@	00:30#	01:04&	00:01+	00:05-	00:10#	00:04-	00:10#	00:05-	00:10-	00:00=	
4	Anna Taagehøi Nykjær	OK Pan													37:52
02:21+	04:13+	06:19+	08:33+	10:41+	15:31+	19:38+	22:41+	25:11+	27:04+	28:42+	30:22+	35:31+	37:23+	37:52+	
02:21+	01:52+	02:06+	02:14+	02:08+	04:50+	04:07+	03:03+	02:30+	01:53+	01:38+	01:40+	05:09+	01:52-	00:29-	
00:05+	00:17#	00:04+	00:21#	00:36&	01:49&	00:34#	00:11+	00:11+	00:44&	00:21&	00:04+	00:24+	00:03-	00:01-	
5	Ulrik Borg	NOTEAM													38:00
02:16=	04:06+	07:34+	09:56+	11:59+	14:58+	19:25+	22:11+	24:22+	26:45+	29:21+	30:53+	35:40+	37:33+	38:00+	
02:16=	01:50+	03:28+	02:22+	02:03+	02:59-	04:27+	02:46-	02:11-	02:23+	02:36+	01:32-	04:47+	01:53-	00:27-	
00:00=	00:15#	01:26&	00:29&	00:31&	00:02-	00:54&	00:06-	00:08-	01:14@	01:19@	00:04-	00:02+	00:02-	00:03-	
6	Ella Hedegaard Richardson	OK Pan													42:44
02:52+	04:42+	08:13+	11:58+	14:13+	18:06+	22:19+	25:50+	28:39+	30:09+	32:56+	34:55+	40:03+	42:15+	42:44+	
02:52+	01:50+	03:31+	03:45+	02:15+	03:53+	04:13+	03:31+	02:49+	01:30+	02:47+	01:59+	05:08+	02:12+	00:29-	
00:36&	00:15#	01:29&	01:52&	00:43&	00:52&	00:40#	00:39#	00:30#	00:21&	01:30@	00:23#	00:23+	00:17#	00:01-	
7	Selma Mærkedahl	4													44:58
02:56+	05:24+	08:02+	10:41+	13:16+	17:18+	22:29+	26:30+	29:26+	30:53+	32:54+	35:27+	42:14+	44:28+	44:58+	
02:56+	02:28+	02:38+	02:39+	02:35+	04:02+	05:11+	04:01+	02:56+	01:27+	02:01+	02:33+	06:47+	02:14+	00:30=	
00:40&	00:53&	00:36&	00:46&	01:03&	01:01&	01:38&	01:09&	00:37&	00:18&	00:44&	00:57&	02:02&	00:19#	00:00=	
8	Matilde Andersen-Otte	19													47:24
02:54+	05:33+	12:39+	15:29+	17:57+	21:51+	26:14+	29:32+	32:08+	33:33+	35:05+	39:17+	44:53+	46:56+	47:24+	
02:54+	02:39+	07:06+	02:50+	02:28+	03:54+	04:23+	03:18+	02:36+	01:25+	01:32+	04:12+	05:36+	02:03+	00:28-	
00:38&	01:04&	05:04@	00:57&	00:56&	00:53&	00:50#	00:26#	00:17#	00:16#	00:15#	02:36@	00:51#	00:08+	00:02-	
9	Eline Rahbek Thyssen	2													51:25
02:49+	05:59+	13:50+	20:09+	22:35+	26:11+	30:20+	33:29+	36:00+	37:54+	39:09+	43:23+	48:57+	50:57+	51:25+	
02:49+	03:10+	07:51+	06:19+	02:26+	03:36+	04:09+	03:09+	02:31+	01:54+	01:15-	04:14+	05:34+	02:00+	00:28-	
00:33#	01:35&	05:49@	04:26@	00:54&	00:35#	00:36#	00:17+	00:12+	00:45&	00:02-	02:38@	00:49#	00:05+	00:02-	
Beste stræktid for klassen															
02:14	01:25	02:02	01:53	01:32	02:59	03:33	02:46	02:11	01:09	01:13	01:32	04:40	01:45	00:27	

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D14B

1	Juliane Fuglgaard	2													40:22
02:00=	04:36=	07:40=	14:27=	16:12=	18:58=	22:30=	25:42=	26:59=	28:11=	31:18=	32:20=	33:12=	36:27=	39:48=	40:22=
02:00=	02:36=	03:04=	06:47=	01:45=	02:46=	03:32=	03:12=	01:17=	01:12=	03:07=	01:02=	00:52=	03:15=	03:21=	00:34=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Sara Guldmann	OK Pan													44:15
02:06+	04:40+	07:50+	20:19+	22:35+	25:10+	27:29+	30:06+	31:25+	32:42+	35:44+	36:41+	37:23+	40:53+	43:42+	44:15+
02:06+	02:34-	03:10+	12:29+	02:16+	02:35-	02:19-	02:37-	01:19+	01:17+	03:02-	00:57-	00:42-	03:30+	02:49-	00:33-
00:06+	00:02-	00:06+	05:42&	00:31&	00:11-	01:13-	00:35-	00:02+	00:05+	00:05-	00:05-	00:10-	00:15+	00:32-	00:01-
3	Karla B. Flint	4													53:04
02:32+	13:04+	16:08+	19:23+	21:58+	25:29+	28:57+	33:20+	35:13+	36:35+	40:42+	42:05+	43:24+	48:17+	52:26+	53:04+
02:32+	10:32+	03:04=	03:15-	02:35+	03:31+	03:28-	04:23+	01:53+	01:22+	04:07+	01:23+	01:19+	04:53+	04:09+	00:38+
00:32&	07:56@	00:00=	03:32-	00:50&	00:45&	00:04-	01:11&	00:36&	00:10#	01:00&	00:21&	00:27&	01:38&	00:48#	00:04#
Beste stræktid for klassen															
02:00	02:34	03:04	03:15	01:45	02:35	02:19	02:37	01:17	01:12	03:02	00:57	00:42	03:15	02:49	00:33

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D14mel

Class	Navn	Klasse	Tid
1	Astrid Ammitzbøll Helgeland	15	1:11:06
02:43=	04:28= 16:21= 34:56= 36:59= 40:48=	45:24= 48:36= 54:39= 55:50= 57:30=	63:30= 68:37= 70:39= 71:06=
02:43=	01:45= 11:53= 18:35= 02:03= 03:12=	04:36= 06:03= 01:11= 01:40= 06:00=	05:07= 02:02= 00:27=
00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00=
2	Caroline Skovgaard	15	1:32:08
17:41+	20:42+ 30:32+ 37:41+ 40:23+ 48:44+	56:31+ 61:46+ 69:25+ 71:35+ 74:05+	77:56+ 88:59+ 91:39+ 92:08+
17:41+	03:01+ 09:50- 07:09- 02:42+ 08:21+	07:47+ 05:15+ 07:39+ 02:10+ 02:30+	03:51- 11:03+ 02:40+ 00:29+
14:58@	01:16& 02:03- 11:26- 00:39& 04:32@	03:11& 02:03& 01:36& 00:59& 00:50&	02:09- 05:56@ 00:38& 00:02+
3	Karen Lund Jensen	15	1:34:09
06:18+	08:36+ 20:16+ 39:46+ 42:19+ 50:30+	57:58+ 61:38+ 75:13+ 76:08+ 81:13+	83:58+ 89:53+ 93:39+ 94:09+
06:18+	02:18+ 11:40- 19:30+ 02:33+ 08:11+	07:28+ 03:40+ 13:35+ 00:55- 05:05+	02:45- 05:55+ 03:46+ 00:30+
03:35@	00:33& 00:13- 00:55+ 00:30# 04:22@	02:52& 00:28# 07:32@ 00:16- 03:25@	03:15- 00:48# 01:44& 00:03#
Beste stræktid for klassen			
02:43	01:45	09:50	07:09 02:03 03:49 04:36 03:12 06:03 00:55 01:40 02:45 05:07 02:02 00:27

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D16

1	Nanna Lysemose Poulsen	4	1:00:15
09:20=	15:16= 19:38= 21:59= 24:00= 26:48=	29:57= 32:21= 34:34= 39:20= 42:13=	44:03= 47:31= 50:01= 53:33= 57:38=
09:20=	05:56= 04:22= 02:21= 02:01= 02:48=	03:09= 02:24= 02:13= 04:46= 02:53=	01:50= 03:28= 02:30= 03:32= 04:05=
00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00=
2	Johanne Biering	4	1:00:53
08:34-	14:38- 19:06- 21:49- 24:10+ 27:09+	29:58+ 32:32+ 34:57+ 39:12- 43:31+	45:10+ 47:45+ 49:51- 53:53+ 58:26+
08:34-	06:04+ 04:28+ 02:43+ 02:21+ 02:59+	02:49- 02:34+ 02:55+ 04:15- 04:19+	01:39- 02:35- 02:06- 04:02+ 04:33+
00:46-	00:08+ 00:06+ 00:22# 00:20# 00:11+	00:20- 00:10+ 00:12+ 00:31- 01:26&	00:11- 00:53- 00:24- 00:30# 00:28#
3	Laura Bobach	19	1:04:09
09:51+	16:36+ 21:25+ 23:58+ 26:24+ 29:47+	34:04+ 36:50+ 39:36+ 44:02+ 47:41+	49:26+ 52:46+ 55:25+ 58:22+ 61:55+
09:51+	06:45+ 04:49+ 02:33+ 02:26+ 03:23+	04:17+ 02:46+ 02:46+ 04:26- 03:39+	01:45- 03:20- 02:39+ 02:57- 03:33-
00:31+	00:49# 00:27# 00:12+ 00:25# 00:35#	01:08& 00:22# 00:33# 00:20- 00:46&	00:05- 00:08- 00:09+ 00:35- 00:32-
4	Laura Holm Nielsen	2	1:05:36
06:41-	13:56- 20:21+ 23:38+ 26:22+ 29:23+	32:02+ 34:43+ 37:34+ 42:05+ 47:08+	48:59+ 51:36+ 54:10+ 58:22+ 63:01+
06:41-	07:15+ 06:25+ 03:17+ 02:44+ 03:01+	02:39- 02:41+ 02:51+ 04:31- 05:03+	01:51+ 02:37- 02:34+ 04:12+ 04:39+
02:39-	01:19# 02:03& 00:56& 00:43& 00:13+	00:30- 00:17# 00:38& 00:15- 02:10&	00:01+ 00:51- 00:04+ 00:40# 00:34#
5	Astrid Gylling Hougaard	6	1:18:16
19:12+	26:43+ 32:21+ 35:36+ 38:44+ 42:05+	45:38+ 48:40+ 51:53+ 57:12+ 60:49+	62:57+ 65:54+ 68:14+ 71:32+ 75:33+
19:12+	07:31+ 05:38+ 03:15+ 03:08+ 03:21+	03:33+ 03:02+ 03:13+ 05:19+ 03:37+	02:08+ 02:57- 02:20- 03:18- 04:01-
09:52@	01:35& 01:16& 00:54& 01:07& 00:33#	00:24# 00:38& 01:00& 00:33# 00:44&	00:18# 00:31- 00:10- 00:14- 00:04-
6	Signe Veggerby Jensen	19	1:24:32
13:34+	20:30+ 25:28+ 28:19+ 31:04+ 35:11+	38:22+ 41:15+ 44:41+ 56:10+ 61:05+	63:35+ 69:27+ 72:16+ 75:37+ 81:52+
13:34+	06:56+ 04:58+ 02:51+ 02:45+ 04:07+	03:11+ 02:53+ 03:26+ 11:29+ 04:55+	02:30+ 05:52+ 02:49+ 03:21- 06:15+
04:14&	01:00# 00:36# 00:30# 00:44& 01:19&	00:02+ 00:29# 01:13& 06:43@ 02:02&	00:40& 02:24& 00:19# 00:11- 02:10&
7	Anne Sofie Thyssen Harfot	2	1:30:37
20:54+	28:34+ 42:14+ 45:39+ 49:29+ 52:41+	55:36+ 58:25+ 61:48+ 67:17+ 70:39+	72:55+ 75:52+ 78:12+ 83:23+ 87:51+
20:54+	07:40+ 13:40+ 03:25+ 03:50+ 03:12+	02:55- 02:49+ 03:23+ 05:29+ 03:22+	02:16+ 02:57- 02:20- 05:11+ 04:28+
11:34@	01:44& 09:18@ 01:04& 01:49& 00:24#	00:14- 00:25# 01:10& 00:43# 00:29#	00:26# 00:31- 00:10- 01:39& 00:23+
8	Lea Ellegård Kokholm	2	1:55:27
08:59-	20:03+ 28:44+ 33:22+ 37:42+ 42:01+	49:48+ 54:33+ 58:29+ 68:23+ 83:53+	86:11+ 90:27+ 95:35+ 100:19+ 112:37+
08:59-	11:04+ 08:41+ 04:38+ 04:20+ 04:19+	07:47+ 04:45+ 03:56+ 09:54+ 15:30+	02:18+ 04:16+ 05:08+ 04:44+ 12:18+
00:21-	05:08& 04:19& 02:17& 02:19@ 01:31&	04:38@ 02:21& 01:43& 05:08@ 12:37@	00:28& 00:48# 02:38@ 01:12& 08:13@
Beste stræktid for klassen			
06:41	05:56	04:22	02:21 02:01 02:48 02:39 02:24 02:13 04:15 02:53 01:39 02:35 02:06 02:57 03:33 01:45 00:28

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D16B

Class	Navn	Klasse													Tid
1	Maya Nygaard Rahr	4													51:11
	02:51=	05:21=	09:37=	14:13=	16:55=	21:04=	26:05=	29:49=	34:07=	35:45=	39:14=	41:36=	48:03=	50:32=	51:11=
	02:51=	02:30=	04:16=	04:36=	02:42=	04:09=	05:01=	03:44=	04:18=	01:38=	03:29=	02:22=	06:27=	02:29=	00:39=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

02:51	02:30	04:16	04:36	02:42	04:09	05:01	03:44	04:18	01:38	03:29	02:22	06:27	02:29	00:39
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D16mel

1	Maya Jensen													15	1:27:42		
09:45=	17:50=	24:11=	27:12=	30:00=	34:24=	38:32=	41:57=	45:16=	59:37=	64:05=	67:54=	71:58=	74:51=	78:31=	84:19=	87:05=	87:42=
09:45=	08:05=	06:21=	03:01=	02:48=	04:24=	04:08=	03:25=	03:19=	14:21=	04:28=	03:49=	04:04=	02:53=	03:40=	05:48=	02:46=	00:37=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

09:45	08:05	06:21	03:01	02:48	04:24	04:08	03:25	03:19	14:21	04:28	03:49	04:04	02:53	03:40	05:48	02:46	00:37
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D20

1	Caroline Gjøtterup													24	58:40										
03:17=	04:50=	07:30=	10:02=	11:43=	13:25=	13:59=	16:41=	18:38=	21:08=	23:51=	26:30=	29:10=	32:15=	34:24=	35:20=	38:23=	41:05=	43:48=	46:41=	48:35=	52:12=	54:08=	56:52=	58:16=	58:40=
03:17=	01:33=	02:40=	02:32=	01:41=	01:42=	00:34=	02:42=	01:57=	02:30=	02:43=	02:39=	02:40=	03:05=	02:09=	00:56=	03:03=	02:42=	02:43=	02:53=	01:54=	03:37=	01:56=	02:44=	01:24=	00:24=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Birka Øhlenschläger Nielsen													4	1:15:05										
03:39+	05:17+	08:45+	10:57+	13:12+	15:30+	16:09+	19:20+	21:42+	24:51+	27:46+	30:30+	33:53+	38:23+	40:45+	41:58+	45:38+	48:39+	52:33+	56:06+	58:36+	63:06+	69:11+	72:47+	74:37+	75:05+
03:39+	01:38+	03:28+	02:12-	02:15+	02:18+	00:39+	03:11+	02:22+	03:09+	02:55+	02:44+	03:23+	04:30+	02:22+	01:13+	03:40+	03:01+	03:54+	03:33+	02:30+	04:30+	06:05+	03:36+	01:50+	00:28+
00:22#	00:05+	00:48&	00:20-	00:34&	00:36&	00:05#	00:29#	00:25#	00:39&	00:12+	00:05+	00:43&	01:25&	00:13#	00:17&	00:37#	00:19#	01:11&	00:40#	00:36&	00:53#	04:09@	00:52&	00:26&	00:04#

3	Sofie Secher Thomsen													OK Pan	1:20:09										
03:59+	06:08+	09:33+	12:16+	15:47+	18:06+	18:51+	21:34+	23:46+	26:53+	30:23+	33:20+	37:07+	41:22+	44:08+	45:20+	49:16+	52:27+	59:04+	62:45+	65:22+	70:31+	73:13+	77:30+	79:31+	80:09+
03:59+	02:09+	03:25+	02:43+	03:31+	02:19+	00:45+	02:43+	02:12+	03:07+	03:30+	02:57+	03:47+	04:15+	02:46+	01:12+	03:56+	03:11+	06:37+	03:41+	02:37+	05:09+	02:42+	04:17+	02:01+	00:38+
00:42#	00:36&	00:45&	00:11+	01:50@	00:37&	00:11&	00:01+	00:15#	00:37#	00:47&	00:18#	01:07&	01:10&	00:37&	00:16&	00:53&	00:29#	03:54@	00:48&	00:43&	01:32&	00:46&	01:33&	00:37&	00:14&

4	Caroline Finderup													OK Pan	1:20:23										
03:53+	09:10+	12:35+	18:36+	21:22+	23:22+	24:00+	26:19+	28:37+	31:26+	34:16+	38:17+	42:12+	45:33+	47:39+	48:47+	52:27+	56:05+	61:26+	64:55+	67:07+	71:47+	74:26+	78:02+	79:51+	80:23+
03:53+	05:17+	03:25+	06:01+	02:46+	02:00+	00:38+	02:19-	02:18+	02:49+	02:50+	04:01+	03:55+	03:21+	02:06-	01:08+	03:40+	03:38+	05:21+	03:29+	02:12+	04:40+	02:39+	03:36+	01:49+	00:32+
00:36#	03:44@	00:45&	03:29@	01:05&	00:18#	00:04#	00:23-	00:21#	00:19#	00:07+	01:22&	01:15&	00:16+	00:03-	00:12#	00:37#	00:56&	02:38&	00:36#	00:18#	01:03&	00:43&	00:52&	00:25&	00:08&

5	Clara Bagger Hagner													4	1:23:27										
03:45+	08:16+	11:47+	14:48+	17:22+	20:00+	20:46+	23:41+	27:29+	31:07+	33:47+	37:14+	42:11+	46:52+	49:48+	51:17+	56:09+	59:48+	63:00+	66:36+	69:10+	74:32+	77:07+	80:57+	82:55+	83:27+
03:45+	04:31+	03:31+	03:01+	02:34+	02:38+	00:46+	02:55+	03:48+	03:38+	02:40-	03:27+	04:57+	04:41+	02:56+	01:29+	04:52+	03:39+	03:12+	03:36+	02:34+	05:22+	02:35+	03:50+	01:58+	00:32+
00:28#	02:58@	00:51&	00:29#	00:53&	00:56&	00:12&	00:13+	01:51&	01:08&	00:03-	00:48&	02:17&	01:36&	00:47&	00:33&	01:49&	00:57&	00:29#	00:43#	00:40&	01:45&	00:39&	01:06&	00:34&	00:08&

6	Celine Hinge Krogsgaard													4	1:26:06										
03:54+	06:26+	09:56+	12:06+	14:54+	17:23+	18:10+	21:52+	24:18+	27:53+	31:24+	34:38+	39:12+	44:04+	48:34+	50:01+	53:42+	57:11+	60:57+	64:53+	70:10+	76:08+	78:46+	83:16+	85:33+	86:06+
03:54+	02:32+	03:30+	02:10-	02:48+	02:29+	00:47+	03:42+	02:26+	03:35+	03:31+	03:14+	04:34+	04:52+	04:30+	01:27+	03:41+	03:29+	03:46+	03:56+	05:17+	05:58+	02:38+	04:30+	02:17+	00:33+
00:37#	00:59&	00:50&	00:22-	01:07&	00:47&	00:13&	01:00&	00:29#	01:05&	00:48&	00:35#	01:54&	01:47&	02:21@	00:31&	00:38#	00:47&	01:03&	01:03&	03:23@	02:21&	00:42&	01:46&	00:53&	00:09&

7	Sara Lysemose Poulsen													4	1:35:59										
04:24+	06:56+	11:20+	14:18+	17:36+	20:25+	21:07+	24:03+	29:42+	33:16+	36:18+	39:42+	46:14+	51:42+	54:56+	57:13+	61:27+	66:29+	70:44+	75:41+	78:39+	85:42+	88:55+	93:06+	95:17+	95:59+
04:24+	02:32+	04:24+	02:58+	03:18+	02:49+	00:42+	02:56+	05:39+	03:34+	03:02+	03:24+	06:32+	05:28+	03:14+	02:17+	04:14+	05:02+	04:15+	04:57+	02:58+	07:03+	03:13+	04:11+	02:11+	00:42+
01:07&	00:59&	00:50&	00:26#	01:37&	01:07&	00:08#	00:14+	03:42@	01:04&	00:19#	00:45&	03:52@	02:23&	01:05&	01:21@	01:11&	02:20&	01:32&	02:04&	01:04&	03:26&	01:17&	01:27&	00:47&	00:18&

8	Alberte Loft Thyssen													2	1:42:15										
04:17+	06:48+	10:33+	14:10+	19:15+	21:41+	22:21+	25:25+	29:16+	32:26+	35:17+	40:50+	50:31+	56:05+	59:14+	60:56+	65:56+	70:06+	75:52+	80:49+	84:22+	90:43+	94:51+	100:05+	101:44+	102:15+
04:17+	02:31+	03:45+	03:37+	05:05+	02:26+	00:40+	03:04+	03:51+	03:10+	02:51+	05:33+	09:41+	05:34+	03:09+	01:42+	05:00+	04:10+	05:46+	04:57+	03:33+	06:21+	04:08+	05:14+	01:39+	00:31+
01:00&	00:58&	01:05&	01:05&	03:24@	00:44&	00:06#	00:22#	01:54&	00:40&	00:08+	02:54@	07:01@	02:29&	01:00&	00:46&	01:57&	01:28&	03:03@	02:04&	01:39&	02:44&	02:12@	02:30&	00:15#	00:07&

Beste stræktid for klassen

03:17	01:33	02:40	02:10	01:41	01:42	00:34	02:19	01:57	02:30	02:40	02:39	02:40	03:05	02:06	00:56	03:03	02:42	02:43	02:53	01:54	03:37	01:56	02:44	01:24	00:24
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Class	Navn	Klasse	Tid
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D20B

1	Katinka Kilden	OK Pan	52:42											
04:37=	06:24=	08:54=	19:55=	22:52=	26:39=	30:54=	34:49=	38:45=	40:11=	41:57=	43:52=	49:58=	52:12=	52:42=
04:37=	01:47=	02:30=	11:01=	02:57=	03:47=	04:15=	03:55=	03:56=	01:26=	01:46=	01:55=	06:06=	02:14=	00:30=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Else Pedersen	17	1:36:01											
04:28-	10:10+	24:03+	30:31+	35:05+	42:54+	51:27+	57:05+	65:18+	67:43+	74:41+	78:46+	88:44+	95:12+	96:01+
04:28-	05:42+	13:53+	06:28-	04:34+	07:49+	08:33+	05:38+	08:13+	02:25+	06:58+	04:05+	09:58+	06:28+	00:49+
00:09-	03:55@	11:23@	04:33-	01:37&	04:02@	04:18@	01:43&	04:17@	00:59&	05:12@	02:10@	03:52&	04:14@	00:19&
Beste stræktid for klassen														
04:28	01:47	02:30	06:28	02:57	03:47	04:15	03:55	03:56	01:26	01:46	01:55	06:06	02:14	00:30

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D20C

1	Stine Secher Thomsen	OK Pan	56:25												
02:27=	04:34=	08:23=	22:34=	25:05=	28:22=	34:49=	37:48=	39:18=	40:30=	44:31=	45:31=	46:25=	52:31=	55:52=	56:25=
02:27=	02:07=	03:49=	14:11=	02:31=	03:17=	06:27=	02:59=	01:30=	01:12=	04:01=	01:00=	00:54=	06:06=	03:21=	00:33=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
Beste stræktid for klassen															
02:27	02:07	03:49	14:11	02:31	03:17	06:27	02:59	01:30	01:12	04:01	01:00	00:54	06:06	03:21	00:33

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D21

1	Camilla Bevensee	OK Pan	1:03:02																								
03:32=	05:18=	08:19=	11:05=	13:33=	15:34=	16:10=	18:48=	20:54=	24:12=	26:26=	28:49=	31:49=	35:11=	37:45=	38:41=	41:49=	44:35=	47:15=	50:05=	52:14=	56:35=	58:42=	61:03=	62:35=	63:02=		
03:32=	01:46=	03:01=	02:46=	02:28=	02:01=	00:36=	02:38=	02:06=	03:18=	02:14=	02:23=	03:00=	03:22=	02:34=	00:56=	03:08=	02:46=	02:40=	02:50=	02:09=	04:21=	02:07=	02:21=	01:32=	00:27=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Stine Bagger Hagner	4	1:04:31																								
03:24-	05:04-	07:55-	09:50-	12:34-	14:28-	15:10-	17:36-	19:58-	22:42-	25:06-	27:32-	32:02+	35:25+	37:43-	39:01+	42:05+	45:08+	48:23+	51:25+	53:45+	57:43+	59:49+	62:07+	64:04+	64:31+		
03:24-	01:40-	02:51-	01:55-	02:44+	01:54-	00:42+	02:26-	02:22+	02:44-	02:24+	02:26+	04:30+	03:23+	02:18-	01:18+	03:04-	03:03+	03:15+	03:02+	02:20+	03:58-	02:06-	02:18-	01:57+	00:27=		
00:08-	00:06-	00:10-	00:51-	00:16#	00:07-	00:06#	00:12-	00:16#	00:34-	00:10+	00:03+	01:30&	00:01+	00:16-	00:22&	00:04-	00:17#	00:35#	00:12+	00:11+	00:23-	00:01-	00:03-	00:25&	00:00=		
3	Gréti Péntek	2	1:04:34																								
03:20-	05:15-	08:15-	10:39-	13:12-	15:24-	16:04-	18:44-	20:55+	23:51-	25:54-	28:41-	31:38-	35:09-	37:28-	38:36-	41:55+	44:52+	47:31+	50:43+	53:10+	57:39+	60:00+	62:30+	64:05+	64:34+		
03:20-	01:55+	03:00-	02:24-	02:33+	02:12+	00:40+	02:40+	02:11+	02:56-	02:03-	02:47+	02:57-	03:31+	02:19-	01:08+	03:19+	02:57+	02:39-	03:12+	02:27+	04:29+	02:21+	02:30+	01:35+	00:29+		
00:12-	00:09+	00:01-	00:22-	00:05+	00:11+	00:04#	00:02+	00:05+	00:22-	00:11-	00:24#	00:03-	00:09+	00:15-	00:12#	00:11+	00:11+	00:01-	00:22#	00:18#	00:08+	00:14#	00:09+	00:03+	00:02+		
4	Astrid Ank Jørgensen	2	1:11:12																								
03:12-	06:30+	09:45+	12:12+	15:26+	17:35+	18:15+	21:04+	23:52+	26:44+	29:37+	32:26+	35:59+	39:45+	42:05+	43:13+	46:56+	50:16+	53:06+	56:31+	58:58+	63:34+	65:47+	69:04+	70:45+	71:12+		
03:12-	03:18+	03:15+	02:27-	03:14+	00:20-	00:40+	02:49+	02:48+	02:52-	02:53+	02:49+	03:33+	03:46+	02:20-	01:08+	03:43+	03:20+	02:50+	03:25+	02:27+	04:36+	02:13+	03:17+	01:41+	00:27=		
00:20-	01:32&	00:14+	00:19-	00:46&	00:08+	00:04#	00:11+	00:42&	00:26-	00:39&	00:26#	00:33#	00:24#	00:14-	00:12#	00:35#	00:34#	00:10+	00:35#	00:18#	00:15+	00:06+	00:56&	00:09+	00:00=		
5	Triin Aedmae	OK Pan	1:15:04																								
03:36+	06:02+	09:13+	11:50+	13:58+	16:17+	16:57+	19:38+	22:34+	25:41+	28:11+	31:36+	35:15+	39:17+	41:52+	42:58+	46:52+	50:32+	53:24+	57:02+	59:36+	64:45+	68:16+	72:13+	74:31+	75:04+		
03:36+	02:26+	03:11+	02:37-	02:08-	02:19+	00:40+	02:41+	02:56+	03:07-	02:30+	03:25+	03:39+	04:02+	02:35+	01:06+	03:54+	03:40+	02:52+	03:38+	02:34+	05:09+	03:31+	03:57+	02:18+	00:33+		
00:04+	00:40&	00:10+	00:09-	00:20-	00:18#	00:04#	00:03+	00:50&	00:11-	00:16#	01:02&	00:39#	00:40#	00:01+	00:10#	00:46#	00:54&	00:12+	00:48&	00:25#	00:48#	01:24&	01:36&	00:46&	00:06#		
6	Rebeka Vincze	2	1:18:07																								
04:49+	07:36+	10:35+	13:04+	15:17+	17:24+	18:25+	20:48+	23:32+	26:53+	29:26+	32:18+	37:31+	41:29+	47:26+	48:35+	52:19+	55:21+	59:01+	62:25+	64:55+	69:34+	72:10+	75:51+	77:38+	78:07+		
04:49+	02:47+	02:59-	02:29-	02:13-	02:07+	01:01+	02:23-	02:44+	03:21+	02:33+	02:52+	05:13+	03:58+	05:57+	01:09+	03:44+	03:02+	03:40+	03:24+	02:30+	04:39+	02:36+	03:41+	01:47+	00:29+		
01:17&	01:01&	00:02-	00:17-	00:15-	00:06+	00:25&	00:15-	00:38&	00:03+	00:19#	00:29#	02:13&	00:36#	03:23@	00:13#	00:36#	00:16+	01:00&	00:34#	00:21#	00:18+	00:29#	01:20&	00:15#	00:02+		
Beste stræktid for klassen																											
03:12	01:40	02:51	01:55	02:08	01:54	00:36	02:23	02:06	02:44	02:03	02:23	02:57	03:22	02:18	00:56	03:04	02:46	02:39	02:50	02:09	03:58	02:06	02:18	01:32	00:27		

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D21B

1	Sanne Andersen	1	56:02											
03:51=	06:10=	09:58=	15:53=	18:31=	23:15=	29:37=	33:46=	37:18=	38:43=	41:23=	45:02=	53:00=	55:28=	56:02=
03:51=	02:19=	03:48=	05:55=	02:38=	04:44=	06:22=	04:09=	03:32=	01:25=	02:40=	03:39=	07:58=	02:28=	00:34=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

03:51	02:19	03:48	05:55	02:38	04:44	06:22	04:09	03:32	01:25	02:40	03:39	07:58	02:28	00:34
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D21C

1	Nina Jacobsen	4	33:04												
01:56=	03:38=	05:41=	09:27=	12:11=	14:48=	16:43=	19:11=	20:19=	21:23=	24:39=	25:26=	26:15=	29:45=	32:34=	33:04=
01:56=	01:42=	02:03=	03:46=	02:44=	02:37=	01:55=	02:28=	01:08=	01:04=	03:16=	00:47=	00:49=	03:30=	02:49=	00:30=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Mette Klinge Cornelius	2	38:41												
02:20+	04:43+	07:32+	10:02+	12:25+	15:39+	18:25+	21:34+	22:55+	24:11+	27:51+	28:54+	29:43+	33:49+	37:53+	38:41+
02:20+	02:23+	02:49+	02:30-	02:23-	03:14+	02:46+	03:09+	01:21+	01:16+	03:40+	01:03+	00:49=	04:06+	04:04+	00:48+
00:24#	00:41&	00:46&	01:16-	00:21-	00:37#	00:51&	00:41&	00:13#	00:12#	00:24#	00:16&	00:00=	00:36#	01:15&	00:18&

3	Runa Iversen	2	44:54												
03:27+	05:32+	07:47+	10:48+	13:36+	16:45+	19:44+	24:31+	26:41+	28:35+	32:43+	34:06+	34:57+	39:16+	43:39+	44:54+
03:27+	02:05+	02:15+	03:01-	02:48+	03:09+	02:59+	04:47+	02:10+	01:54+	04:08+	01:23+	00:51+	04:19+	04:23+	01:15+
01:31&	00:23#	00:12+	00:45-	00:04+	00:32#	01:04&	02:19&	01:02&	00:50&	00:52&	00:36&	00:02+	00:49#	01:34&	00:45@

4	Gitte Mønster Jørgensen	2	1:46:55												
04:12+	08:39+	13:48+	23:14+	27:33+	32:52+	64:29+	71:59+	75:16+	78:06+	85:16+	88:04+	89:43+	97:58+	105:09+	106:55+
04:12+	04:27+	05:09+	09:26+	04:19+	05:19+	31:37+	07:30+	03:17+	02:50+	07:10+	02:48+	01:39+	08:15+	07:11+	01:46+
02:16@	02:45@	03:06@	05:40@	01:35&	02:42@	29:42@	05:02@	02:09@	01:46@	03:54@	02:01@	00:50@	04:45@	04:22@	01:16@

Beste stræktid for klassen

01:56	01:42	02:03	02:30	02:23	02:37	01:55	02:28	01:08	01:04	03:16	00:47	00:49	03:30	02:49	00:30
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D21Cmel

1	Ditte Kortegård	15	39:55												
01:51=	07:41=	10:22=	14:04=	16:09=	18:48=	24:05=	26:28=	27:35=	28:43=	31:33=	32:17=	33:11=	36:11=	39:28=	39:55=
01:51=	05:50=	02:41=	03:42=	02:05=	02:39=	05:17=	02:23=	01:07=	01:08=	02:50=	00:44=	00:54=	03:00=	03:17=	00:27=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Ann Fogh	15	49:20												
02:56+	05:43-	08:23-	12:51-	16:11+	19:12+	22:27-	25:57-	27:23-	28:46+	32:28+	33:22+	34:28+	42:19+	48:42+	49:20+
02:56+	02:47-	02:40-	04:28+	03:20+	03:01+	03:15-	03:30+	01:26+	01:23+	03:42+	00:54+	01:06+	07:51+	06:23+	00:38+
01:05&	03:03-	00:01-	00:46#	01:15&	00:22#	02:02-	01:07&	00:19&	00:15#	00:52&	00:10#	00:12#	04:51@	03:06&	00:11&

3	Steinunn Magnusdottir	15	51:38												
02:42+	08:45+	12:57+	18:34+	21:11+	25:07+	29:34+	33:02+	34:28+	36:01+	40:16+	41:31+	42:40+	47:01+	50:45+	51:38+
02:42+	06:03+	04:12+	05:37+	02:37+	03:56+	04:27-	03:28+	01:26+	01:33+	04:15+	01:15+	01:09+	04:21+	03:44+	00:53+
00:51&	00:13+	01:31&	01:55&	00:32&	01:17&	00:50-	01:05&	00:19&	00:25&	01:25&	00:31&	00:15&	01:21&	00:27#	00:26&

Beste stræktid for klassen

01:51	02:47	02:40	03:42	02:05	02:39	03:15	02:23	01:07	01:08	02:50	00:44	00:54	03:00	03:17	00:27
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D35

Class	Navn	Klasse												Tid													
1	Rie Stenhøj Baun McGrail	OK Pan												1:13:57													
	03:16=	06:13=	09:28=	11:50=	14:35=	17:02=	17:39=	20:05=	22:57=	25:48=	28:56=	31:45=	35:57=	39:42=	43:03=	44:16=	47:54=	51:22=	54:47=	58:00=	60:59=	65:46=	68:11=	71:39=	73:28=	73:57=	
	03:16=	02:57=	03:15=	02:22=	02:45=	02:27=	00:37=	02:26=	02:52=	02:51=	03:08=	02:49=	04:12=	03:45=	03:21=	01:13=	03:38=	03:28=	03:25=	03:13=	02:59=	04:47=	02:25=	03:28=	01:49=	00:29=	
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
Beste stræktid for klassen																											
	03:16	02:57	03:15	02:22	02:45	02:27	00:37	02:26	02:52	02:51	03:08	02:49	04:12	03:45	03:21	01:13	03:38	03:28	03:25	03:13	02:59	04:47	02:25	03:28	01:49	00:29	
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																											
D35B																											
1	Andrea Höhnke	2												46:08													
	04:59=	07:02=	10:03=	13:18=	16:11=	19:45=	25:14=	28:27=	31:00=	32:23=	35:29=	37:39=	43:45=	45:39=	46:08=												
	04:59=	02:03=	03:01=	03:15=	02:53=	03:34=	05:29=	03:13=	02:33=	01:23=	03:06=	02:10=	06:06=	01:54=	00:29=												
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=												
2	Anne Birgitte Als	OK Pan												50:33													
	02:50-	05:24-	08:18-	11:41-	14:13-	18:34-	23:02-	26:47-	29:47-	32:03-	34:46-	36:45-	47:42+	49:55+	50:33+												
	02:50-	02:34+	02:54-	03:23+	02:32-	04:21+	04:28-	03:45+	03:00+	02:16+	02:43-	01:59-	10:57+	02:13+	00:38+												
	02:09-	00:31&	00:07-	00:08+	00:21-	00:47#	01:01-	00:32#	00:27#	00:53&	00:23-	00:11-	04:51&	00:19#	00:09&												
3	Anne R. Boye-Møller	2												50:57													
	03:25-	05:28-	09:59-	13:25+	15:50-	21:16+	26:35+	31:36+	34:46+	36:07+	39:14+	41:06+	47:19+	50:03+	50:57+												
	03:25-	02:03=	04:31+	03:26+	02:25-	05:26+	05:19-	05:01+	03:10+	01:21-	03:07+	01:52-	06:13+	02:44+	00:54+												
	01:34-	00:00=	01:30&	00:11+	00:28-	01:52&	00:10-	01:48&	00:37#	00:02-	00:01+	00:18-	00:07+	00:50&	00:25&												
4	Mette Voldum Jørgensen	4												58:46													
	03:35-	08:01+	11:38+	15:51+	18:56+	24:18+	31:00+	35:44+	39:23+	41:25+	44:16+	46:57+	54:48+	58:02+	58:46+												
	03:35-	04:26+	03:37+	04:13+	03:05+	05:22+	06:42+	04:44+	03:39+	02:02+	02:51-	02:41+	07:51+	03:14+	00:44+												
	01:24-	02:23@	00:36#	00:58&	00:12+	01:48&	01:13#	01:31&	01:06&	00:39&	00:15-	00:31#	01:45&	01:20&	00:15&												
5	Tove Hedegaard Jørgensen	OK Pan												1:08:48													
	05:07+	20:02+	24:44+	32:29+	35:14+	40:52+	45:43+	49:56+	52:56+	54:36+	57:14+	59:30+	65:47+	68:10+	68:48+												
	05:07+	14:55+	04:42+	07:45+	02:45-	05:38+	04:51-	04:13+	03:00+	01:40+	02:38-	02:16+	06:17+	02:23+	00:38+												
	00:08+	12:52@	01:41&	04:30@	00:08-	02:04&	00:38-	01:00&	00:27#	00:17#	00:28-	00:06+	00:11+	00:29&	00:09&												
6	Charlotte Wilsky	2												1:09:56													
	02:56-	08:52+	16:18+	22:08+	25:17+	30:51+	36:37+	40:56+	44:01+	47:00+	49:41+	51:44+	67:09+	69:13+	69:56+												
	02:56-	05:56+	07:26+	05:50+	03:09+	05:34+	05:46+	04:19+	03:05+	02:59+	02:41-	02:03-	15:25+	02:04+	00:43+												
	02:03-	03:53@	04:25@	02:35&	00:16+	02:00&	00:17+	01:06&	00:32#	01:36@	00:25-	00:07-	09:19@	00:10+	00:14&												
7	Stine Flint	4												1:12:42													
	04:35-	07:11+	10:27+	14:32+	29:41+	34:58+	41:12+	45:40+	51:09+	53:09+	55:50+	59:08+	68:48+	72:02+	72:42+												
	04:35-	02:36+	03:16+	04:05+	15:09+	05:17+	06:14+	04:28+	05:29+	02:00+	02:41-	03:18+	09:40+	03:14+	00:40+												
	00:24-	00:33&	00:15+	00:50&	12:16@	01:43&	00:45#	01:15&	02:56@	00:37&	00:25-	01:08&	03:34&	01:20&	00:11&												
8	Annett Lassen	13												1:22:37													
	03:43-	07:24+	28:54+	33:58+	37:53+	45:08+	51:53+	56:34+	60:12+	62:17+	65:26+	69:20+	78:43+	81:54+	82:37+												
	03:43-	03:41+	21:30+	05:04+	03:55+	07:15+	06:45+	04:41+	03:38+	02:05+	03:09+	03:54+	09:23+	03:11+	00:43+												
	01:16-	01:38&	18:29@	01:49&	01:02&	03:41@	01:16#	01:28&	01:05&	00:42&	00:03+	01:44&	03:17&	01:17&	00:14&												
9	Lone Secher Andersen	OK Pan												1:24:28													
	03:24-	06:52-	27:32+	33:54+	37:24+	43:18+	49:47+	54:27+	58:40+	61:05+	63:35+	66:27+	80:45+	83:46+	84:28+												
	03:24-	03:28+	20:40+	06:22+	03:30+	05:54+	06:29+	04:40+	04:13+	02:25+	02:30-	02:52+	14:18+	03:01+	00:42+												
	01:35-	01:25&	17:39@	03:07&	00:37#	02:20&	01:00#	01:27&	01:40&	01:02&	00:36-	00:42&	08:12@	01:07&	00:13&												
10	Erna Germann	2												1:27:54													
	08:25+	10:46+	22:36+	26:32+	36:03+	42:33+	49:48+	53:59+	57:59+	59:43+	61:53+	67:15+	76:12+	87:12+	87:54+												
	08:25+	02:21+	11:50+	03:56+	06:30+	09:31+	07:15+	04:11+	04:00+	01:44+	02:10-	05:22+	08:57+	11:00+	00:42+												
	03:26&	00:18#	08:49@	00:41#	06:38@	02:56&	01:46&	00:58&	01:27&	00:21&	00:56-	03:12@	02:51&	09:06@	00:13&												
11	Inge Mogensen	1												1:48:34													
	05:00+	09:06+	18:59+	33:35+	41:37+	51:17+	61:39+	69:08+	74:27+	76:38+	83:28+	86:33+	103:10+	107:08+	108:34+												
	05:00+	04:06+	09:53+	14:36+	08:02+	09:40+	10:22+	07:29+	05:19+	02:11+	06:50+	03:05+	16:37+	03:58+	01:26+												
	00:01+	02:03&	06:52@	11:21@	05:09@	06:06@	04:53&	04:16@	02:46@	00:48&	03:44@	00:55&	10:31@	02:04@	00:57@												
12	Dorte Friis	21												1:50:29													
	17:53+	22:37+	29:09+	39:50+	48:41+	57:12+	67:34+	75:11+	80:35+	82:57+	87:20+	90:46+	104:21+	109:03+	110:29+												
	17:53+	04:44+	06:32+	10:41+	08:51+	08:31+	10:22+	07:37+	05:24+	02:22+	04:23+	03:26+	13:35+	04:42+	01:26+												
	12:54@	02:41@	03:31@	07:26@	05:58@	04:57@	04:53&	04:24@	02:51@	00:59&	01:17&	01:16&	07:29@	02:48@	00:57@												

Class	Navn	Klasse	Tid
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Beste stræktid for klassen

02:50 02:03 02:54 03:15 02:25 03:34 04:28 03:13 02:33 01:21 02:10 01:52 06:06 01:54 00:29

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D35Bmel

1 Henriette Mikkelsen 15 1:39:19

04:55= 08:09= 13:21= 32:07= 43:24= 52:18= 59:16= 64:08= 66:47= 73:05= 77:29= 93:23= 97:57= 99:19=
 04:55= 03:14= 05:12= 18:46= 03:50= 07:27= 08:54= 06:58= 04:52= 02:39= 06:18= 04:24= 15:54= 04:34= 01:22=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

Beste stræktid for klassen

04:55 03:14 05:12 18:46 03:50 07:27 08:54 06:58 04:52 02:39 06:18 04:24 15:54 04:34 01:22

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D35mel

1 Mette Lindahl 15 2:00:09

04:36= 08:17= 13:16= 16:28= 19:15= 22:02= 23:25= 27:43= 32:57= 38:04= 41:32= 47:43= 55:03= 59:51= 63:12= 64:34= 71:46= 77:44= 83:32= 88:26= 92:06= 100:31= 109:06= 116:53= 119:37= 120:09=
 04:36= 03:41= 04:59= 03:12= 02:47= 02:47= 01:23= 04:18= 05:14= 05:07= 03:28= 06:11= 07:20= 04:48= 03:21= 01:22= 07:12= 05:58= 05:48= 04:54= 03:40= 08:25= 08:35= 07:47= 02:44= 00:32=
 00:00=

Beste stræktid for klassen

04:36 03:41 04:59 03:12 02:47 02:47 01:23 04:18 05:14 05:07 03:28 06:11 07:20 04:48 03:21 01:22 07:12 05:58 05:48 04:54 03:40 08:25 08:35 07:47 02:44 00:32

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D40

1 Signe Faber 4 1:11:38

03:48= 07:47= 11:25= 15:45= 17:57= 21:01= 24:13= 28:22= 29:44= 32:21= 36:17= 38:33= 42:34= 48:09= 52:32= 60:51= 64:01= 71:05= 71:38=
 03:48= 03:59= 03:38= 04:20= 02:12= 03:04= 03:12= 04:09= 01:22= 02:37= 03:56= 02:16= 04:01= 05:35= 04:23= 08:19= 03:10= 07:04= 00:33=
 00:00=

2 Anne Riis 19 1:15:56

03:46- 07:48+ 12:18+ 17:11+ 19:22+ 23:09+ 27:04+ 30:51+ 32:03+ 36:42+ 40:59+ 42:56+ 47:23+ 54:55+ 59:46+ 66:17+ 69:28+ 75:28+ 75:56+
 03:46- 04:02+ 04:30+ 04:53+ 02:11- 03:47+ 03:55+ 03:47- 01:12- 04:39+ 04:17+ 01:57- 04:27+ 07:32+ 04:51+ 06:31- 03:11+ 06:00- 00:28-
 00:02- 00:03+ 00:52# 00:33# 00:01- 00:43# 00:43# 00:22- 00:10- 02:02& 00:21+ 00:19- 00:26# 01:57& 00:28# 01:48- 00:01+ 01:04- 00:05-

3 Rikke Nørgaard OK Pan 1:30:54

04:26+ 08:12+ 25:43+ 30:51+ 35:28+ 39:08+ 41:32+ 45:39+ 46:51+ 49:46+ 54:32+ 56:39+ 60:58+ 67:50+ 72:44+ 80:48+ 83:51+ 90:21+ 90:54+
 04:26+ 03:46- 17:31+ 05:08+ 04:37+ 03:40+ 02:24- 04:07- 01:12- 02:55+ 04:46+ 02:07- 04:19+ 06:52+ 04:54+ 08:04- 03:03- 06:30- 00:33=
 00:38# 00:13- 13:53@ 00:48# 02:25@ 00:36# 00:48- 00:02- 00:10- 00:18# 00:50# 00:09- 00:18+ 01:17# 00:31# 00:15- 00:07- 00:34- 00:00=

Beste stræktid for klassen

03:46 03:46 03:38 04:20 02:11 03:04 02:24 03:47 01:12 02:37 03:56 01:57 04:01 05:35 04:23 06:31 03:03 06:00 00:28

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D45

1 Randi Scheel OK Pan 57:30

03:20= 06:51= 10:00= 14:55= 16:55= 19:29= 22:05= 25:16= 26:15= 28:20= 31:14= 32:59= 36:14= 39:52= 43:21= 49:28= 52:46= 56:57= 57:30=
 03:20= 03:31= 03:09= 04:55= 02:00= 02:34= 02:36= 03:11= 00:59= 02:05= 02:54= 01:45= 03:15= 03:38= 03:29= 06:07= 03:18= 04:11= 00:33=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Rikke Holm Jensen 2 59:21

03:18- 07:32+ 10:51+ 15:35+ 17:29+ 19:58+ 23:39+ 27:01+ 28:06+ 30:14+ 33:16+ 34:55+ 38:23+ 41:48+ 45:25+ 51:32+ 54:44+ 58:49+ 59:21+
 03:18- 04:14+ 03:19+ 04:44- 01:54- 02:29- 03:41+ 03:22+ 01:05+ 02:08+ 03:02+ 01:39- 03:28+ 03:25- 03:37+ 06:07= 03:12- 04:05- 00:32-
 00:02- 00:43# 00:10+ 00:11- 00:06- 00:05- 01:05& 00:11+ 00:06# 00:03+ 00:08+ 00:06- 00:13+ 00:13- 00:08+ 00:00= 00:06- 00:06- 00:01-

Class	Navn	Klasse	Tid
3	Tine Rasmussen	4	1:00:19
03:28+	06:50- 09:50- 13:44- 15:49- 18:58- 21:37- 25:45+ 26:49+ 28:52+ 32:15+ 33:57+ 37:28+ 41:21+ 47:46+ 53:02+ 55:21+ 59:51+ 60:19+		
03:28+	03:22- 03:31+ 03:55- 02:05+ 03:09+ 02:39+ 04:08+ 01:04+ 02:03- 03:23+ 01:42- 03:31+ 03:53+ 06:25+ 05:16- 02:19- 04:30+ 00:28-		
00:08+	00:09- 00:09- 01:01- 00:05+ 00:35# 00:03+ 00:57& 00:05+ 00:02- 00:29# 00:03- 00:16+ 00:15+ 02:56& 00:51- 00:59- 00:19+ 00:05-		
4	Heidi Hinge Krogsgaard	4	1:01:09
03:41+	07:04+ 10:35+ 14:30- 16:19- 18:45- 21:13- 26:35+ 27:38+ 29:44+ 32:48+ 34:23+ 37:53+ 41:59+ 47:45+ 53:34+ 55:56+ 60:29+ 61:09+		
03:41+	03:23- 03:31+ 03:55- 01:49- 02:26- 02:28- 05:22+ 01:03+ 02:06+ 03:04+ 01:35- 03:30+ 04:06+ 05:46+ 05:49- 02:22- 04:33+ 00:40+		
00:21#	00:08- 00:22# 01:00- 00:11- 00:08- 00:08- 02:11& 00:04+ 00:01+ 00:10+ 00:10- 00:15+ 00:28# 02:17& 00:18- 00:56- 00:22+ 00:07#		
5	Susanne Loft Thyssen	2	1:03:16
03:24+	06:50- 11:09+ 16:21+ 18:26+ 22:54+ 27:13+ 30:30+ 31:35+ 33:40+ 36:39+ 38:11+ 41:34+ 46:02+ 49:33+ 54:55+ 58:21+ 62:41+ 63:16+		
03:24+	03:26- 04:19+ 05:12+ 02:05+ 04:28+ 04:19+ 03:17+ 01:05+ 02:05= 02:59+ 01:32- 03:23+ 04:28+ 03:31+ 05:22- 03:26+ 04:20+ 00:35+		
00:04+	00:05- 01:10& 00:17+ 00:05+ 01:54& 01:43& 00:06+ 00:06# 00:00= 00:05+ 00:13- 00:08+ 00:50# 00:02+ 00:45- 00:08+ 00:09+ 00:02+		
6	Anne Møller Skaug	OK Pan	1:05:54
03:13-	06:53+ 09:50- 14:10- 16:12- 20:30+ 23:05+ 27:56+ 28:57+ 30:56+ 34:24+ 36:05+ 39:32+ 43:25+ 50:13+ 55:24+ 60:18+ 65:22+ 65:54+		
03:13-	03:40+ 02:57- 04:20- 02:02+ 04:18+ 02:35- 04:51+ 01:01+ 01:59- 03:28+ 01:41- 03:27+ 03:53+ 06:48+ 05:11- 04:54+ 05:04+ 00:32-		
00:07-	00:09+ 00:12- 00:35- 00:02+ 01:44& 00:01- 01:40& 00:02+ 00:06- 00:34# 00:04- 00:12+ 00:19& 00:56- 01:36& 00:53# 00:01-		
7	Irene K. Mikkelsen	2	1:07:46
05:36+	09:01+ 13:23+ 17:40+ 19:37+ 22:29+ 24:40+ 28:23+ 29:30+ 31:47+ 35:07+ 36:40+ 40:56+ 44:50+ 51:58+ 58:07+ 62:46+ 67:17+ 67:46+		
05:36+	03:25- 04:22+ 04:17- 01:57- 02:52+ 02:11- 03:43+ 01:07+ 02:17+ 03:20+ 01:33- 04:16+ 03:54+ 07:08+ 06:09+ 04:39+ 04:31+ 00:29-		
02:16&	00:06- 01:13& 00:38- 00:03- 00:18# 00:25- 00:32# 00:08# 00:12+ 00:26# 00:12- 01:01& 00:16+ 03:39& 00:02+ 01:21& 00:20+ 00:04-		
8	Rikke Lysemose Poulsen	4	1:11:12
04:31+	07:54+ 11:43+ 16:15+ 18:15+ 25:13+ 28:09+ 32:06+ 33:21+ 36:14+ 40:18+ 42:15+ 45:58+ 50:36+ 57:51+ 63:30+ 65:59+ 70:41+ 71:12+		
04:31+	03:23- 03:49+ 04:32- 02:00= 06:58+ 02:56+ 03:57+ 01:15+ 02:53+ 04:04+ 01:57+ 03:43+ 04:38+ 07:15+ 05:39- 02:29- 04:42+ 00:31-		
01:11&	00:08- 00:40# 00:23- 00:00= 04:24@ 00:20# 00:46# 00:16& 00:48& 01:10& 00:12# 00:28# 01:00& 03:46@ 00:28- 00:49- 00:31# 00:02-		
9	Jeanette Finderup	OK Pan	1:11:58
04:24+	09:08+ 13:03+ 17:40+ 19:59+ 22:58+ 25:40+ 29:31+ 30:45+ 33:12+ 36:55+ 38:49+ 42:59+ 49:37+ 57:18+ 63:41+ 66:15+ 71:24+ 71:58+		
04:24+	04:44+ 03:55+ 04:37- 02:19+ 02:59+ 02:42+ 03:51+ 01:14+ 02:27+ 03:43+ 01:54+ 04:10+ 06:38+ 07:41+ 06:23+ 02:34- 05:09+ 00:34+		
01:04&	01:13& 00:46# 00:18- 00:19# 00:25# 00:06+ 00:40# 00:15& 00:22# 00:49& 00:09+ 00:55& 03:00& 04:12@ 00:16+ 00:44- 00:58# 00:01+		
10	Mette Ellegaard Kokholm	2	1:41:51
05:29+	11:01+ 15:05+ 20:40+ 24:12+ 28:37+ 37:09+ 41:27+ 42:52+ 45:53+ 50:54+ 53:24+ 57:49+ 64:23+ 78:16+ 85:22+ 89:14+ 101:07+ 101:51+		
05:29+	05:32+ 04:04+ 05:35+ 03:32+ 04:25+ 08:32+ 04:18+ 01:25+ 03:01+ 05:01+ 02:30+ 04:25+ 06:34+ 13:53+ 07:06+ 03:52+ 11:53+ 00:44+		
02:09&	02:01& 00:55& 00:40# 01:32& 01:51& 05:56@ 01:07& 00:26& 00:56& 02:07& 00:45& 01:10& 02:56& 10:24@ 00:59# 00:34# 07:42@ 00:11&		
11	Sannie Ebert Jacobsen	19	1:41:56
04:45+	09:11+ 13:06+ 18:34+ 21:14+ 24:23+ 31:29+ 35:06+ 36:13+ 38:52+ 42:33+ 46:43+ 63:10+ 69:31+ 85:22+ 92:23+ 95:35+ 101:31+ 101:56+		
04:45+	04:26+ 03:55+ 05:28+ 02:40+ 03:09+ 07:06+ 03:37+ 01:07+ 02:39+ 03:41+ 04:10+ 16:27+ 06:21+ 15:51+ 07:01+ 03:12- 05:56+ 00:25-		
01:25&	00:55& 00:46# 00:33# 00:40& 00:35# 04:30@ 00:26# 00:08# 00:34& 00:47& 02:25@ 13:12@ 02:43& 12:22@ 00:54# 00:06- 01:45& 00:08-		
12	Lajla Præstgaard	9	1:45:39
06:39+	11:13+ 16:15+ 22:49+ 25:41+ 29:17+ 46:48+ 51:08+ 52:23+ 55:51+ 59:57+ 62:27+ 67:53+ 74:16+ 87:18+ 94:19+ 97:24+ 105:01+ 105:39+		
06:39+	04:34+ 05:02+ 06:34+ 02:52+ 03:36+ 17:31+ 04:20+ 01:15+ 03:28+ 04:06+ 02:30+ 05:26+ 06:23+ 13:02+ 07:01+ 03:05- 07:37+ 00:38+		
03:19&	01:03& 01:53& 01:39& 00:52& 01:02& 14:55@ 01:09& 00:16& 01:23& 01:12& 00:45& 02:11& 02:45& 09:33@ 00:54# 00:13- 03:26& 00:05#		
13	Anette Pind	4	1:48:37
12:30+	17:57+ 27:21+ 32:43+ 35:09+ 38:19+ 41:15+ 45:25+ 46:43+ 49:32+ 53:21+ 55:19+ 63:06+ 71:10+ 88:24+ 97:29+ 102:04+ 108:02+ 108:37+		
12:30+	05:27+ 09:24+ 05:22+ 02:26+ 03:10+ 02:56+ 04:10+ 01:18+ 02:49+ 03:49+ 01:58+ 07:47+ 08:04+ 17:14+ 09:05+ 04:35+ 05:58+ 00:35+		
09:10@	01:56& 06:15@ 00:27+ 00:26# 00:36# 00:20# 00:59& 00:19& 00:44& 00:55& 00:13# 04:32@ 04:26@ 13:45@ 02:58& 01:17& 01:47& 00:02+		
Beste stræktid for klassen			
03:13	03:22	02:57	03:54
01:49	02:26	02:11	03:11
00:59	01:59	02:54	01:32
03:15	03:25	03:29	05:11
02:19	04:05	00:25	

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D45mel

1	Marianne Skousen	15	1:49:54
05:04=	10:34= 15:55= 21:48= 25:14= 30:09= 36:56= 41:51= 44:56= 49:05= 54:39= 58:05= 65:23= 72:44= 80:22= 89:21= 93:59= 109:08= 109:54=		
05:04=	05:30= 05:21= 05:53= 03:26= 04:55= 06:47= 04:55= 03:05= 04:09= 05:34= 03:26= 07:18= 07:38= 08:59= 04:38= 15:09= 00:46=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		

Beste stræktid for klassen

05:04 05:30 05:21 05:53 03:26 04:55 06:47 04:55 03:05 04:09 05:34 03:26 07:18 07:21 07:38 08:59 04:38 15:09 00:46

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D50

1	Lene Bejer Damgaard	22	1:04:33														
07:28=	13:39=	17:52=	20:36=	23:12=	26:31=	30:41=	33:51=	37:06=	41:37=	46:10=	48:19=	51:54=	55:10=	58:16=	61:48=	64:02=	64:33=
07:28=	06:11=	04:13=	02:44=	02:36=	03:19=	04:10=	03:10=	03:15=	04:31=	04:33=	02:09=	03:35=	03:16=	03:06=	03:32=	02:14=	00:31=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Anette Bagger Sørensen	4	1:10:24														
08:25+	16:06+	22:55+	26:32+	29:13+	33:28+	37:29+	40:12+	43:11+	47:20+	51:31+	54:26+	58:08+	60:23+	63:07+	67:33+	69:50+	70:24+
08:25+	07:41+	06:49+	03:37+	02:41+	04:15+	04:01-	02:43-	02:59-	04:09-	04:11-	02:55+	03:42+	02:15-	02:44-	04:26+	02:17+	00:34+
00:57#	01:30#	02:36&	00:53&	00:05+	00:56&	00:09-	00:27-	00:16-	00:22-	00:22-	00:46&	00:07+	01:01-	00:22-	00:54&	00:03+	00:03+
3	Lene Stick Nielsen	22	1:14:06														
07:07-	14:53+	20:18+	23:46+	26:47+	30:56+	35:16+	38:15+	41:26+	47:12+	52:22+	54:30+	59:25+	62:09+	67:58+	71:22+	73:35+	74:06+
07:07-	07:46+	05:25+	03:28+	03:01+	04:09+	04:20+	02:59-	03:11-	05:46+	05:10+	02:08-	04:55+	02:44-	05:49+	03:24-	02:13-	00:31=
00:21-	01:35&	01:12&	00:44&	00:25#	00:50&	00:10+	00:11-	00:04-	01:15&	00:37#	00:01-	01:20&	00:32-	02:43&	00:08-	00:01-	00:00=
4	Bettina Gjedde	9	1:23:25														
11:20+	19:56+	26:20+	30:28+	33:54+	38:01+	42:37+	46:47+	50:02+	55:25+	60:10+	62:46+	67:19+	71:01+	74:23+	79:53+	82:27+	83:25+
11:20+	08:36+	06:24+	04:08+	03:26+	04:07+	04:36+	04:10+	03:15=	05:23+	04:45+	02:36+	04:33+	03:42+	03:22+	05:30+	02:34+	00:58+
03:52&	02:25&	02:11&	01:24&	00:50&	00:48#	00:26#	01:00&	00:00=	00:52#	00:12+	00:27#	00:58&	00:26#	00:16+	01:58&	00:20#	00:27&
5	Annemette Sørensen	OK Pan	1:23:38														
12:08+	19:12+	29:25+	32:00+	35:02+	38:14+	41:24+	51:31+	54:58+	59:20+	63:33+	65:48+	68:46+	70:59+	74:10+	77:20+	83:11+	83:38+
12:08+	07:04+	10:13+	02:35-	03:02+	03:12-	03:10-	10:07+	03:27+	04:22-	04:13-	02:15+	02:58-	02:13-	03:11+	03:10-	05:51+	00:27-
04:40&	00:53#	06:00@	00:09-	00:26#	00:07-	01:00-	06:57@	00:12+	00:09-	00:20-	00:06+	00:37-	01:03-	00:05+	00:22-	03:37@	00:04-
6	Hanne Gylling	6	2:00:58														
20:27+	29:42+	41:18+	44:05+	51:40+	55:26+	62:38+	66:32+	70:36+	77:57+	85:24+	88:22+	97:27+	101:53+	108:12+	115:40+	120:20+	120:58+
20:27+	09:15+	11:36+	02:47+	07:35+	03:46+	07:12+	03:54+	04:04+	07:21+	07:27+	02:58+	09:05+	04:26+	06:19+	07:28+	04:40+	00:38+
12:59@	03:04&	07:23@	00:03+	04:59@	00:27#	03:02&	00:44#	00:49&	02:50&	02:54&	00:49&	05:30@	01:10&	03:13@	03:56@	02:26@	00:07#

Beste stræktid for klassen

07:07 06:11 04:13 02:35 02:36 03:12 03:10 02:43 02:59 04:09 04:11 02:08 02:58 02:13 02:44 03:10 02:13 00:27

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D50mel

1	Lotte Jensen	15	1:41:33														
15:06=	26:49=	35:53=	40:52=	44:16=	48:23=	54:00=	57:33=	61:38=	71:59=	76:45=	79:39=	83:24=	86:35=	90:35=	96:42=	100:51=	101:33=
15:06=	11:43=	09:04=	04:59=	03:24=	04:07=	05:37=	03:33=	04:05=	10:21=	04:46=	02:54=	03:45=	03:11=	04:00=	06:07=	04:09=	00:42=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

15:06 11:43 09:04 04:59 03:24 04:07 05:37 03:33 04:05 10:21 04:46 02:54 03:45 03:11 04:00 06:07 04:09 00:42

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D55

1	Dorthe Hansen	4	1:02:06														
12:23=	18:30=	23:04=	25:49=	28:07=	30:51=	34:06=	36:41=	39:09=	43:10=	46:23=	48:09=	50:49=	52:57=	55:35=	59:23=	61:31=	62:06=
12:23=	06:07=	04:34=	02:45=	02:18=	02:44=	03:15=	02:35=	02:28=	04:01=	03:13=	01:46=	02:40=	02:08=	02:38=	03:48=	02:08=	00:35=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Britta Ank Pedersen	2	1:09:39														
06:17-	12:46-	17:14-	20:51-	23:34-	26:52-	32:29-	35:10-	37:50-	42:36-	47:10+	49:10+	52:38+	54:56+	58:03+	66:49+	69:02+	69:39+
06:17-	06:29+	04:28-	03:37+	02:43+	03:18+	05:37+	02:41+	02:40+	04:46+	04:34+	02:00+	03:28+	02:18+	03:07+	08:46+	02:13+	00:37+
06:06-	00:22+	00:06-	00:52&	00:25#	00:34#	02:22&	00:06+	00:12+	00:45#	01:21&	00:14#	00:48&	00:10+	00:29#	04:58@	00:05+	00:02+
3	Inger Lise Simonsen	4	1:16:56														
10:21-	18:04-	23:30+	27:11+	30:09+	33:34+	38:03+	41:09+	44:24+	49:48+	55:29+	58:05+	61:33+	64:48+	69:53+	73:06+	76:23+	76:56+
10:21-	07:43+	05:26+	03:41+	02:58+	03:25+	04:29+	03:06+	03:15+	05:24+	05:41+	02:36+	03:28+	03:15+	05:05+	03:13-	03:17+	00:33-
02:02-	01:36&	00:52#	00:56&	00:40&	00:41#	01:14&	00:31#	00:47&	01:23&	02:28&	00:50&	00:48&	01:07&	02:27&	00:35-	01:09&	00:02-

Class	Navn	Klasse												Tid
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Beste stræktid for klassen

11:58 07:32 06:44 03:08 02:59 03:04 04:43 03:14 03:19 04:53 04:18 03:14 03:31 02:25 03:49 06:21 03:04 00:36

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D60

1	Pia Gade	22	56:20									
01:40=	04:16=	10:17=	15:13=	20:33=	23:41=	27:32=	31:13=	36:10=	46:12=	53:21=	55:47=	56:20=
01:40=	02:36=	06:01=	04:56=	05:20=	03:08=	03:51=	03:41=	04:57=	10:02=	07:09=	02:26=	00:33=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Susanne Baun	2	1:05:16									
01:42+	04:01-	11:33+	16:58+	21:37+	24:53+	29:10+	38:04+	43:44+	53:56+	62:34+	64:42+	65:16+
01:42+	02:19-	07:32+	05:25+	04:39-	03:16+	04:17+	08:54+	05:40+	10:12+	08:38+	02:08-	00:34+
00:02+	00:17-	01:31&	00:29+	00:41-	00:08+	00:26#	05:13@	00:43#	00:10+	01:29#	00:18-	00:01+
3	Tove Straarup	2	1:06:28									
01:23-	03:26-	09:23-	14:59-	24:53+	28:00+	31:46+	35:00+	41:06+	52:51+	60:24+	65:47+	66:28+
01:23-	02:03-	05:57-	05:36+	09:54+	03:07-	03:46-	03:14-	06:06+	11:45+	07:33+	05:23+	00:41+
00:17-	00:33-	00:04-	00:40#	04:34&	00:01-	00:05-	00:27-	01:09#	01:43#	00:24+	02:57@	00:08#
4	Britt Hermanrud	4	1:15:43									
01:29-	07:43+	13:52+	31:38+	38:36+	41:22+	44:27+	47:43+	58:03+	66:49+	72:43+	75:10+	75:43+
01:29-	06:14+	06:09+	17:46+	06:58+	02:46-	03:05-	03:16-	10:20+	08:46-	05:54-	02:27+	00:33=
00:11-	03:38@	00:08+	12:50@	01:38&	00:22-	00:46-	00:25-	05:23@	01:16-	01:15-	00:01+	00:00=

Beste stræktid for klassen

01:23 02:03 05:57 04:56 04:39 02:46 03:05 03:14 04:57 08:46 05:54 02:08 00:33

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D65

1	Lisbeth Damsgaard	20	57:19									
01:32=	03:46=	10:00=	13:20=	18:07=	21:17=	24:44=	30:39=	36:50=	47:50=	54:20=	56:42=	57:19=
01:32=	02:14=	06:14=	03:20=	04:47=	03:10=	03:27=	05:55=	06:11=	11:00=	06:30=	02:22=	00:37=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Mona Nørgaard	OK Pan	1:00:45									
01:44+	03:54+	11:16+	16:57+	22:34+	25:32+	29:30+	32:56+	39:35+	50:09+	57:46+	60:03+	60:45+
01:44+	02:10-	07:22+	05:41+	05:37+	02:58-	03:58+	03:26-	06:39+	10:34-	07:37+	02:17-	00:42+
00:12#	00:04-	01:08#	02:21&	00:50#	00:12-	00:31#	02:29-	00:28+	00:26-	01:07#	00:05-	00:05#
3	Ann Dorrit Hansen	12	1:11:31									
02:25+	05:37+	12:44+	18:17+	25:02+	28:43+	37:27+	41:15+	49:54+	60:54+	68:25+	70:49+	71:31+
02:25+	03:12+	07:07+	05:33+	06:45+	03:41+	08:44+	03:48-	08:39+	11:00=	07:31+	02:24+	00:42+
00:53&	00:58&	00:53#	02:13&	01:58&	00:31#	05:17@	02:07-	02:28&	00:00=	01:01#	00:02+	00:05#
4	Trille Ditlevsen	2	1:12:43									
01:18-	03:55+	09:50-	15:14+	20:45+	26:05+	33:20+	38:11+	45:03+	57:11+	68:49+	72:06+	72:43+
01:18-	02:37+	05:55-	05:24+	05:31+	05:20+	07:15+	04:51-	06:52+	12:08+	11:38+	03:17+	00:37=
00:14-	00:23#	00:19-	02:04&	00:44#	02:10&	03:48@	01:04-	00:41#	01:08#	05:08&	00:55&	00:00=
5	Anne-Mette Kirkegaard	4	1:13:15									
02:03+	06:19+	14:56+	20:00+	26:36+	30:39+	37:04+	41:25+	47:48+	61:05+	69:54+	72:30+	73:15+
02:03+	04:16+	08:37+	05:04+	06:36+	04:03+	06:25+	04:21-	06:23+	13:17+	08:49+	02:36+	00:45+
00:31&	02:02&	02:23&	01:44&	01:49&	00:53&	02:58&	01:34-	00:12+	02:17#	02:19&	00:14+	00:08#
6	Birthe Helms	4	1:17:44									
02:30+	06:00+	12:59+	19:30+	26:20+	30:24+	35:28+	40:09+	46:35+	58:54+	73:51+	77:08+	77:44+
02:30+	03:30+	06:59+	06:31+	06:50+	04:04+	05:04+	04:41-	06:26+	12:19+	14:57+	03:17+	00:36-
00:58&	01:16&	00:45#	03:11&	02:03&	00:54&	01:37&	01:14-	00:15+	01:19#	08:27@	00:55&	00:01-
7	Lisbet Nielsen	16	1:20:17									
01:33+	04:50+	18:31+	31:15+	37:13+	40:24+	44:40+	50:56+	58:44+	71:08+	77:11+	79:45+	80:17+
01:33+	03:17+	13:41+	12:44+	05:58+	03:11+	04:16+	06:16+	07:48+	12:24+	06:03-	02:34+	00:32-
00:01+	01:03&	07:27@	09:24@	01:11#	00:01+	00:49#	00:21+	01:37&	01:24#	00:27-	00:12+	00:05-

Class	Navn	Klasse										Tid	
8	Britta Bobach	1										1:52:26	
	02:03+	05:47+	20:10+	37:38+	45:40+	55:41+	62:21+	67:42+	78:29+	96:35+	107:56+	111:21+	112:26+
	02:03+	03:44+	14:23+	17:28+	08:02+	10:01+	06:40+	05:21-	10:47+	18:06+	11:21+	03:25+	01:05+
	00:31&	01:30&	08:09@	14:08@	03:15&	06:51@	03:13&	00:34-	04:36&	07:06&	04:51&	01:03&	00:28&
Beste stræktid for klassen													
	01:18	02:10	05:55	03:20	04:47	02:58	03:27	03:26	06:11	10:34	06:03	02:17	00:32
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.													
D70													
1	Rigmor Schou	9										53:09	
	04:55=	07:25=	10:46=	13:25=	16:14=	21:22=	26:52=	37:49=	46:31=	48:32=	52:32=	53:09=	
	04:55=	02:30=	03:21=	02:39=	02:49=	05:08=	05:30=	10:57=	08:42=	02:01=	04:00=	00:37=	
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Else Hass	OK Pan										1:01:10	
	05:09+	08:25+	11:12+	13:55+	17:36+	24:09+	33:32+	40:00+	52:29+	55:23+	60:24+	61:10+	
	05:09+	03:16+	02:47-	02:43+	03:41+	06:33+	09:23+	06:28-	12:29+	02:54+	05:01+	00:46+	
	00:14+	00:46&	00:34-	00:04+	00:52&	01:25&	03:53&	04:29-	03:47&	00:53&	01:01&	00:09#	
3	Karen-Lisbeth Fredberg	4										1:06:22	
	05:17+	08:13+	11:01+	13:50+	18:32+	26:29+	37:08+	44:35+	56:50+	60:38+	65:42+	66:22+	
	05:17+	02:56+	02:48-	02:49+	04:42+	07:57+	10:39+	07:27-	12:15+	03:48+	05:04+	00:40+	
	00:22+	00:26#	00:33-	00:10+	01:53&	02:49&	05:09&	03:30-	03:33&	01:47&	01:04&	00:03+	
4	Edith Sørensen	1										1:06:40	
	05:50+	09:03+	11:59+	15:14+	20:48+	31:39+	38:26+	45:41+	57:35+	60:39+	65:50+	66:40+	
	05:50+	03:13+	02:56-	03:15+	05:34+	10:51+	06:47+	07:15-	11:54+	03:04+	05:11+	00:50+	
	00:55#	00:43&	00:25-	00:36#	02:45&	05:43@	01:17#	03:42-	03:12&	01:03&	01:11&	00:13&	
5	Ellen Thomsen	16										1:09:04	
	05:48+	09:23+	15:20+	18:53+	23:30+	30:45+	38:32+	46:58+	58:32+	61:44+	68:03+	69:04+	
	05:48+	03:35+	05:57+	03:33+	04:37+	07:15+	07:47+	08:26-	11:34+	03:12+	06:19+	01:01+	
	00:53#	01:05&	02:36&	00:54&	01:48&	02:07&	02:17&	02:31-	02:52&	01:11&	02:19&	00:24&	
6	Lilian Sørensen	OK Pan										1:10:56	
	06:46+	13:36+	17:06+	20:08+	25:42+	32:36+	40:13+	48:51+	60:40+	63:52+	69:51+	70:56+	
	06:46+	06:50+	03:30+	03:02+	05:34+	06:54+	07:37+	08:38-	11:49+	03:12+	05:59+	01:05+	
	01:51&	04:20@	00:09+	00:23#	02:45&	01:46&	02:07&	02:19-	03:07&	01:11&	01:59&	00:28&	
7	Kirsten Skovbjerg	2										1:20:57	
	06:42+	11:27+	16:02+	25:01+	29:48+	37:17+	49:48+	59:02+	70:48+	73:48+	79:52+	80:57+	
	06:42+	04:45+	04:35+	08:59+	04:47+	07:29+	12:31+	09:14-	11:46+	03:00+	06:04+	01:05+	
	01:47&	02:15&	01:14&	06:20@	01:58&	02:21&	07:01@	01:43-	03:04&	00:59&	02:04&	00:28&	
8	Lisbeth Møller Nielsen	OK Pan										1:27:30	
	07:38+	12:11+	18:57+	26:15+	31:49+	40:13+	48:33+	59:38+	75:04+	79:02+	86:21+	87:30+	
	07:38+	04:33+	06:46+	07:18+	05:34+	08:24+	08:20+	11:05+	15:26+	03:58+	07:19+	01:09+	
	02:43&	02:03&	03:25@	04:39@	02:45&	03:16&	02:50&	00:08+	06:44&	01:57&	03:19&	00:32&	
9	Vivi Arildsen	16										1:29:24	
	05:40+	08:36+	19:51+	23:56+	30:30+	37:39+	46:03+	59:01+	77:22+	80:43+	88:30+	89:24+	
	05:40+	02:56+	11:15+	04:05+	06:34+	07:09+	08:24+	12:58+	18:21+	03:21+	07:47+	00:54+	
	00:45#	00:26#	07:54@	01:26&	03:45@	02:01&	02:54&	02:01#	09:39@	01:20&	03:47&	00:17&	
10	Aase Thyssen	2										1:36:37	
	11:12+	14:53+	21:28+	25:32+	30:45+	39:42+	50:42+	65:39+	82:57+	87:16+	95:41+	96:37+	
	11:12+	03:41+	06:35+	04:04+	05:13+	08:57+	11:00+	14:57+	17:18+	04:19+	08:25+	00:56+	
	06:17@	01:11&	03:14&	01:25&	02:24&	03:49&	05:30&	04:00&	08:36&	02:18@	04:25@	00:19&	
11	Jytte Larsen	4										1:39:31	
	10:14+	14:46+	23:05+	32:35+	38:39+	45:53+	53:48+	67:40+	82:24+	86:41+	98:33+	99:31+	
	10:14+	04:32+	08:19+	09:30+	06:04+	07:14+	07:55+	13:52+	14:44+	04:17+	11:52+	00:58+	
	05:19@	02:02&	04:58@	06:51@	03:15@	02:06&	02:25&	02:55&	06:02&	02:16@	07:52@	00:21&	
12	Hanne Schultz	2										3:21:49	
	09:05+	14:35+	22:11+	46:04+	54:54+	70:29+	99:37+	155:39+	187:38+	191:44+	200:06+	201:49+	
	09:05+	05:30+	07:36+	23:53+	08:50+	15:35+	29:08+	56:02+	31:59+	04:06+	08:22+	01:43+	
	04:10&	03:00@	04:15@	21:14@	06:01@	10:27@	23:38@	45:05@	23:17@	02:05@	04:22@	01:06@	

Class	Navn	Klasse	Tid
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Beste stræktid for klassen

04:55 02:30 02:47 02:39 02:49 05:08 05:30 06:28 08:42 02:01 04:00 00:37

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D70mel

1 Musse Brage 15 1:23:28

07:09= 10:50= 16:05= 22:10= 27:58= 36:22= 44:50= 53:34= 70:58= 74:56= 82:17= 83:28=
 07:09= 03:41= 05:15= 06:05= 05:48= 08:24= 08:28= 08:44= 17:24= 03:58= 07:21= 01:11=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

Beste stræktid for klassen

07:09 03:41 05:15 06:05 05:48 08:24 08:28 08:44 17:24 03:58 07:21 01:11

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H10

1 Valdemar Egdal Kortegård 15 12:38

00:19= 01:07= 02:34= 02:56= 03:26= 04:23= 05:05= 05:21= 07:21= 08:11= 08:42= 09:52= 10:23= 12:11= 12:38=
 00:19= 00:48= 01:27= 00:22= 00:30= 00:57= 00:42= 00:16= 02:00= 00:50= 00:31= 01:10= 00:31= 01:48= 00:27=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Emil Lindahl 15 15:09

00:28+ 01:36+ 03:17+ 03:45+ 04:18+ 05:28+ 06:24+ 06:44+ 09:22+ 10:19+ 11:06+ 12:19+ 12:50+ 14:35+ 15:09+
 00:28+ 01:08+ 01:41+ 00:28+ 00:33+ 01:10+ 00:56+ 00:20+ 02:38+ 00:57+ 00:47+ 01:13+ 00:31= 01:45- 00:34+
 00:09& 00:20& 00:14# 00:06& 00:03+ 00:13# 00:14& 00:04# 00:38& 00:07# 00:16& 00:03+ 00:00= 00:03- 00:07&

3 Elias Fuglgaard 2 15:31

00:29+ 01:34+ 03:13+ 03:40+ 04:10+ 05:21+ 06:10+ 06:32+ 09:10+ 10:03+ 10:48+ 12:24+ 13:11+ 14:58+ 15:31+
 00:29+ 01:05+ 01:39+ 00:27+ 00:30= 01:11+ 00:49+ 00:22+ 02:38+ 00:53+ 00:45+ 01:36+ 00:47+ 01:47- 00:33+
 00:10& 00:17& 00:12# 00:05# 00:00= 00:14# 00:07# 00:06& 00:38& 00:03+ 00:14& 00:26& 00:16& 00:01- 00:06#

4 Christian Maltha Ryhammer OK Pan 15:41

00:58+ 01:50+ 03:22+ 03:46+ 04:14+ 05:14+ 05:59+ 06:23+ 09:03+ 09:59+ 10:57+ 12:14+ 13:03+ 15:00+ 15:41+
 00:58+ 00:52+ 01:32+ 00:24+ 00:28- 01:00+ 00:45+ 00:22+ 02:40+ 00:56+ 00:58+ 01:17+ 00:49+ 01:57+ 00:41+
 00:39@ 00:04+ 00:05+ 00:02+ 00:02- 00:03+ 00:03+ 00:08& 00:40& 00:06# 00:27& 00:07+ 00:18& 00:09+ 00:14&

5 Stinus Martin Larsen Reilev 15 17:32

02:05+ 03:09+ 04:43+ 05:07+ 05:36+ 06:39+ 07:21+ 07:37+ 10:22+ 11:10+ 11:45+ 13:03+ 13:31+ 17:00+ 17:32+
 02:05+ 01:04+ 01:34+ 00:24+ 00:29- 01:03+ 00:42= 00:16= 02:45+ 00:48- 00:35+ 01:18+ 00:28- 03:29+ 00:32+
 01:46@ 00:16& 00:07+ 00:02+ 00:01- 00:06# 00:00= 00:00= 00:45& 00:02- 00:04# 00:08# 00:03- 01:41& 00:05#

6 Eskild Stig Nielsen 2 18:14

00:36+ 01:52+ 03:57+ 04:32+ 05:10+ 06:38+ 07:39+ 08:00+ 11:18+ 12:34+ 13:29+ 14:48+ 15:37+ 17:47+ 18:14+
 00:36+ 01:16+ 02:05+ 00:35+ 00:38+ 01:28+ 01:01+ 00:21+ 03:18+ 01:16+ 00:55+ 01:19+ 00:49+ 02:10+ 00:27=
 00:17& 00:28& 00:38& 00:13& 00:08& 00:31& 00:19& 00:05& 01:18& 00:26& 00:24& 00:09# 00:18& 00:22# 00:00=

7 Johan Damgaard Borg 15 19:47

03:44+ 04:51+ 06:41+ 07:22+ 08:02+ 09:09+ 10:02+ 10:33+ 13:12+ 14:55+ 15:48+ 16:54+ 17:28+ 19:16+ 19:47+
 03:44+ 01:07+ 01:50+ 00:41+ 00:40+ 01:07+ 00:53+ 00:31+ 02:39+ 01:43+ 00:53+ 01:06- 00:34+ 01:48= 00:31+
 03:25@ 00:19& 00:23& 00:19& 00:10& 00:10# 00:11& 00:15& 00:39& 00:53@ 00:22& 00:04- 00:03+ 00:00= 00:04#

8 Lukas Bergmann Verhelst 2 21:06

00:25+ 01:12+ 02:39+ 02:57+ 03:18- 04:18- 04:56- 05:13- 07:16- 08:16+ 08:49+ 09:57+ 10:26+ 20:38+ 21:06+
 00:25+ 00:47- 01:27= 00:18- 00:21- 01:00+ 00:38- 00:17+ 02:03+ 01:00+ 00:33+ 01:08- 00:29- 10:12+ 00:28+
 00:06& 00:01- 00:00= 00:04- 00:03+ 00:04- 00:01+ 00:03+ 00:10# 00:02+ 00:02- 00:02- 00:02- 08:24@ 00:01+

9 Bastian Bjerre 2 21:43

02:02+ 03:17+ 04:50+ 05:25+ 06:17+ 07:24+ 08:08+ 08:33+ 11:01+ 12:04+ 16:49+ 18:15+ 19:00+ 21:11+ 21:43+
 02:02+ 01:15+ 01:33+ 00:35+ 00:52+ 01:07+ 00:44+ 00:25+ 02:28+ 01:03+ 04:45+ 01:26+ 00:45+ 02:11+ 00:32+
 01:43@ 00:27& 00:06+ 00:13& 00:22& 00:10# 00:02+ 00:09& 00:28# 00:13& 04:14@ 00:16# 00:14& 00:23# 00:05#

10 Linus Fuglgaard 2 23:44

00:44+ 02:23+ 05:30+ 06:38+ 07:38+ 10:41+ 12:13+ 12:32+ 16:01+ 17:17+ 18:23+ 19:47+ 20:42+ 23:06+ 23:44+
 00:44+ 01:39+ 03:07+ 01:08+ 01:00+ 03:03+ 01:32+ 00:19+ 03:29+ 01:16+ 01:06+ 01:24+ 00:55+ 02:24+ 00:38+
 00:25@ 00:51@ 01:40@ 00:46@ 00:30& 02:06@ 00:50@ 00:03# 01:29& 00:26& 00:35@ 00:14# 00:24& 00:36& 00:11&

Class	Navn	Klasse	Tid
11	Jonas Klærke Mikkelsen	2	23:48
00:33+	02:01+ 04:16+ 04:46+ 05:34+ 07:50+	09:10+ 09:41+ 14:03+ 15:45+ 16:55+ 18:58+	20:00+ 22:54+ 23:48+
00:33+	01:28+ 02:15+ 00:30+ 00:48+ 01:20+ 00:31+	01:20+ 00:31+ 04:22+ 01:42+ 01:10+ 02:03+	01:02+ 02:54+ 00:54+
00:14&	00:40& 00:48& 00:08& 00:18& 01:19@	00:38& 00:15& 02:22@ 00:52@ 00:39@ 00:53&	00:31& 01:06& 00:27&
12	Jakob Skousen	15	24:34
00:31+	01:42+ 03:56+ 04:43+ 05:35+ 07:23+ 08:59+	09:30+ 13:56+ 15:49+ 17:01+ 19:08+	20:14+ 23:58+ 24:34+
00:31+	01:11+ 02:14+ 00:47+ 00:52+ 01:48+ 01:36+	00:31+ 04:26+ 01:53+ 01:12+ 02:07+	01:06+ 03:44+ 00:36+
00:12&	00:23& 00:47& 00:25@ 00:22& 00:51& 00:54@	00:15& 02:26@ 01:03@ 00:41@ 00:57&	00:35@ 01:56@ 00:09&
13	Mikkel Popp Bobach	1	51:29
01:07+	05:42+ 10:39+ 11:59+ 13:25+ 17:40+	21:13+ 22:21+ 31:23+ 34:37+ 36:58+	42:29+ 44:38+ 50:29+ 51:29+
01:07+	04:35+ 04:57+ 01:20+ 01:26+ 04:15+	03:33+ 01:08+ 09:02+ 03:14+ 02:21+	05:31+ 02:09+ 05:51+ 01:00+
00:48@	03:47@ 03:30@ 00:58@ 00:56@ 03:18@	02:51@ 00:52@ 07:02@ 02:24@ 01:50@	04:21@ 01:38@ 04:03@ 00:33@
Beste stræktid for klassen			
00:19	00:47	01:27	00:18 00:21 00:57 00:38 00:16 02:00 00:48 00:31 01:06 00:28 01:45 00:27

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H12

1	Asbjørn Faber Fenger-Grøn	4	23:52
01:52=	03:03= 04:44= 06:21= 08:05= 10:06=	11:31= 13:41= 14:45= 15:41= 18:04= 18:42=	19:12= 21:28= 23:27= 23:52=
01:52=	01:11= 01:41= 01:37= 01:44= 02:01=	01:25= 02:10= 01:04= 00:56= 02:23= 00:38=	00:30= 02:16= 01:59= 00:25=
00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00=
2	Teo Hedegaard Richardson	OK Pan	30:15
01:49-	03:33+ 05:16+ 06:52+ 08:58+ 11:26+	15:01+ 17:24+ 18:39+ 19:46+ 22:15+	23:06+ 24:05+ 27:21+ 29:51+ 30:15+
01:49-	01:44+ 01:43+ 01:36- 02:06+ 02:28+	03:35+ 02:23+ 01:15+ 01:07+ 02:29+	00:51+ 00:59+ 03:16+ 02:30+ 00:24-
00:03-	00:33& 00:02+ 00:01- 00:22# 00:27#	02:10@ 00:13+ 00:11# 00:11# 00:06+	00:13& 00:29& 01:00& 00:31& 00:01-
3	Frederik Brynning Bøje	2	32:15
01:42-	03:19+ 05:50+ 09:23+ 10:57+ 13:12+	17:23+ 19:30+ 20:30+ 21:26+ 24:11+	24:54+ 25:30+ 29:38+ 31:47+ 32:15+
01:42-	01:37+ 02:31+ 03:33+ 01:34-	02:15+ 04:11+ 02:07-	01:00- 00:56= 02:45+ 00:43+ 00:36+ 04:08+ 02:09+ 00:28+
00:10-	00:26& 00:50& 01:56@ 00:10-	00:14# 02:46@ 00:03-	00:04- 00:00= 00:22# 00:05# 00:06# 01:52& 00:10+ 00:03#
4	Severin Kilden	OK Pan	35:21
02:08+	03:51+ 06:03+ 11:35+ 13:45+ 16:23+	18:19+ 21:01+ 22:19+ 23:36+	26:45+ 27:40+ 28:46+ 32:01+ 34:47+ 35:21+
02:08+	01:43+ 02:12+ 05:32+ 02:10+ 02:38+	01:56+ 02:42+ 01:18+ 01:17+	03:09+ 00:55+ 01:06+ 03:15+ 02:46+ 00:34+
00:16#	00:32& 00:31& 03:55@ 00:26# 00:37&	00:31& 00:32# 00:14# 00:21&	00:46& 00:17& 00:36@ 00:59& 00:47& 00:09&
5	Isak Grøn	OK Pan	36:47
01:44-	02:56- 09:43+ 17:25+ 19:03+ 21:21+	23:10+ 25:27+ 26:28+ 27:21+	29:55+ 30:32+ 31:03+ 33:52+ 36:15+ 36:47+
01:44-	01:12+ 06:47+ 07:42+ 01:38-	02:18+ 01:49+ 02:17+ 01:01-	00:53- 02:34+ 00:37- 00:31+ 02:49+ 02:23+ 00:32+
00:08-	00:01+ 05:06@ 06:05@ 00:06-	00:17# 00:24& 00:07+	00:03- 00:03- 00:11+ 00:01- 00:01+ 00:33# 00:24# 00:07&
6	Gustav Føgh	OK Pan	38:07
02:17+	04:12+ 06:59+ 09:41+ 12:00+	15:16+ 16:58+ 20:15+	22:11+ 23:36+ 27:06+ 27:53+ 28:37+ 34:28+ 37:33+ 38:07+
02:17+	01:55+ 02:47+ 02:42+ 02:19+	03:16+ 01:42+ 03:17+	01:56+ 01:25+ 03:30+ 00:47+ 00:44+ 05:51+ 03:05+ 00:34+
00:25#	00:44& 01:06& 01:05& 00:35&	01:15& 00:17# 01:07&	00:52& 00:29& 01:07& 00:09# 00:14& 03:35@ 01:06& 00:09&
Beste stræktid for klassen			
01:42	01:11	01:41	01:36 01:34 02:01 01:25 02:07 01:00 00:53 02:23 00:37 00:30 02:16 01:59 00:24

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H12B

1	Christian Kruse	OK Pan	16:45
00:22=	01:32= 03:26= 03:51= 04:22= 05:33=	06:18= 06:41= 09:33= 10:56= 11:40= 13:07=	13:46= 16:13= 16:45=
00:22=	01:10= 01:54= 00:25= 00:31= 01:11=	00:45= 00:23= 02:52= 01:23= 00:44= 01:27=	00:39= 02:27= 00:32=
00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00=
Beste stræktid for klassen			
00:22	01:10	01:54	00:25 00:31 01:11 00:45 00:23 02:52 01:23 00:44 01:27 00:39 02:27 00:32

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H12mel

1	Magnus Lindahl	15	24:40												
01:39=	02:47=	04:07=	07:43=	09:08=	10:59=	12:18=	14:22=	15:21=	16:22=	18:35=	19:12=	19:49=	22:11=	24:14=	24:40=
01:39=	01:08=	01:20=	03:36=	01:25=	01:51=	01:19=	02:04=	00:59=	01:01=	02:13=	00:37=	00:37=	02:22=	02:03=	00:26=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Daniel Mikkelsen	15	38:47												
02:04+	03:39+	05:57+	10:44+	13:20+	16:46+	19:15+	23:29+	24:59+	26:37+	29:41+	30:29+	31:14+	34:56+	38:07+	38:47+
02:04+	01:35+	02:18+	04:47+	02:36+	03:26+	02:29+	04:14+	01:30+	01:38+	03:04+	00:48+	00:45+	03:42+	03:11+	00:40+
00:25&	00:27&	00:58&	01:11&	01:11&	01:35&	01:10&	02:10@	00:31&	00:37&	00:51&	00:11&	00:08#	01:20&	01:08&	00:14&

3	Magnus Fannar Madsen	15	47:38												
02:08+	04:21+	06:16+	16:52+	18:47+	23:30+	27:45+	32:10+	33:48+	34:59+	38:24+	39:09+	40:02+	43:36+	47:06+	47:38+
02:08+	02:13+	01:55+	10:36+	01:55+	04:43+	04:15+	04:25+	01:38+	01:11+	03:25+	00:45+	00:53+	03:34+	03:30+	00:32+
00:29&	01:05&	00:35&	07:00@	00:30&	02:52@	02:56@	02:21@	00:39&	00:10#	01:12&	00:08#	00:16&	01:12&	01:27&	00:06#

4	Noah Nørskov Sandberg Svenssøf5	15	53:17												
02:28+	12:07+	20:14+	24:49+	27:01+	30:01+	33:52+	37:14+	38:52+	40:17+	43:18+	44:30+	45:30+	49:04+	52:45+	53:17+
02:28+	09:39+	08:07+	04:35+	02:12+	03:00+	03:51+	03:22+	01:38+	01:25+	03:01+	01:12+	01:00+	03:34+	03:41+	00:32+
00:49&	08:31@	06:47@	00:59&	00:47&	01:09&	02:32@	01:18&	00:39&	00:24&	00:48&	00:35&	00:23&	01:12&	01:38&	00:06#

5	Karl Emil	15	1:23:59												
03:45+	06:25+	20:34+	22:57+	26:08+	50:04+	54:43+	58:43+	60:18+	62:06+	70:53+	72:16+	73:28+	79:08+	83:21+	83:59+
03:45+	02:40+	14:09+	02:23-	03:11+	23:56+	04:39+	04:00+	01:35+	01:48+	08:47+	01:23+	01:12+	05:40+	04:13+	00:38+
02:06@	01:32@	12:49@	01:13-	01:46@	22:05@	03:20@	01:56&	00:36&	00:47&	06:34@	00:46@	00:35&	03:18@	02:10@	00:12&

Beste stræktid for klassen	01:39	01:08	01:20	02:23	01:25	01:51	01:19	02:04	00:59	01:01	02:13	00:37	00:37	02:22	02:03	00:26
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H14

1	Tobias Biering	4	47:34																		
02:11=	03:15=	05:03=	06:48=	08:54=	10:19=	12:35=	14:33=	16:13=	18:17=	21:08=	24:54=	26:39=	27:22=	30:38=	32:32=	35:58=	39:20=	43:39=	45:13=	47:03=	47:34=
02:11=	01:04=	01:48=	01:45=	02:06=	01:25=	02:16=	01:58=	01:40=	02:04=	02:51=	03:46=	01:45=	00:43=	03:16=	01:54=	03:26=	03:22=	04:19=	01:34=	01:50=	00:31=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Jonas Damm Als	OK Pan	49:13																		
02:20+	03:32+	05:31+	07:06+	08:48-	10:31+	13:00+	15:50+	17:43+	20:05+	23:06+	26:39+	28:51+	29:28+	32:41+	34:35+	38:02+	41:22+	45:37+	47:05+	48:46+	49:13+
02:20+	01:12+	01:59+	01:35-	01:42-	01:43+	02:29+	02:50+	01:53+	02:22+	03:01+	03:33-	02:12+	00:37-	03:13-	01:54=	03:27+	03:20-	04:15-	01:28-	01:41-	00:27-
00:09+	00:08#	00:11#	00:10-	00:24-	00:18#	00:13+	00:52&	00:13#	00:18#	00:10+	00:13-	00:27&	00:06-	00:03-	00:00=	00:01+	00:02-	00:04-	00:06-	00:09-	00:04-

3	Jonathan Birk Nielsen	1	52:58																		
02:16+	04:00+	05:42+	07:23+	12:59+	14:51+	16:53+	20:04+	21:50+	24:04+	26:58+	30:53+	32:44+	33:22+	37:14+	39:08+	41:56+	45:04+	49:12+	50:42+	52:27+	52:58+
02:16+	01:44+	01:42-	01:41-	05:36+	01:52+	02:02-	03:11+	01:46+	02:14+	02:54+	03:55+	01:51+	00:38-	03:52+	01:54=	02:48-	03:08-	04:08-	01:30-	01:45-	00:31=
00:05+	00:40&	00:06-	00:04-	03:30@	00:27&	00:14-	01:13&	00:06+	00:10+	00:03+	00:09+	00:06+	00:05-	00:36#	00:00=	00:38-	00:14-	00:11-	00:04-	00:05-	00:00=

4	Anders Secher Thomsen	OK Pan	53:54																		
02:23+	04:49+	06:48+	08:46+	13:05+	14:52+	17:32+	19:50+	21:54+	23:54+	27:22+	31:04+	33:10+	33:45+	36:51+	38:44+	42:11+	45:32+	49:49+	51:24+	53:20+	53:54+
02:23+	02:26+	01:59+	01:58+	04:19+	01:47+	02:40+	02:18+	02:04+	02:00-	03:28+	03:42-	02:06+	00:35-	03:06-	01:53-	03:27+	03:21-	04:17-	01:35+	01:56+	00:34+
00:12+	01:22@	00:11#	00:13#	02:13@	00:22&	00:24#	00:20#	00:24#	00:04-	00:37#	00:04-	00:21#	00:08-	00:10-	00:01-	00:01+	00:01-	00:02-	00:01+	00:06+	00:03+

5	Jonas Ellegård Kokholm	2	57:22																		
02:12+	03:45+	05:42+	07:38+	10:50+	14:06+	16:21+	18:44+	20:42+	22:56+	25:51+	30:21+	32:00+	32:36+	36:13+	41:12+	45:54+	49:36+	53:42+	55:01+	56:54+	57:22+
02:12+	01:33+	01:57+	01:56+	03:12+	03:16+	02:15-	02:23+	01:58+	02:14+	02:55+	04:30+	01:39-	00:36-	03:37+	04:59+	04:42+	03:42+	04:06-	01:19-	01:53+	00:28-
00:01+	00:29&	00:09+	00:11#	01:06&	01:51@	00:01-	00:25#	00:18#	00:10+	00:04+	00:44#	00:06-	00:07-	00:21#	03:05@	01:16&	00:20+	00:13-	00:15-	00:03+	00:03-

6	Rasmus Myrup Christensen	OK Pan	59:05																		
02:12+	03:09-	04:47-	06:19-	08:17-	10:16-	15:32+	17:57+	19:57+	23:14+	26:16+	29:56+	31:36+	32:11+	37:56+	40:26+	43:44+	46:59+	50:35+	52:01+	58:32+	59:05+
02:12+	00:57-	01:38-	01:32-	01:58-	01:59+	05:16+	02:25+	02:00+	03:17+	03:02+	03:40-	01:40-	00:35-	05:45+	02:30+	03:18-	03:15-	03:36-	01:26-	06:31+	00:33+
00:01+	00:07-	00:10-	00:13-	00:08-	00:34&	03:00@	00:27#	00:20#	01:13&	00:11+	00:06-	00:05-	00:08-	02:29&	00:36&	00:08-	00:07-	00:43-	00:08-	04:41@	00:02+

7	christina Søby	NOTEAM	1:34:40																		
03:04+	11:46+	14:16+	16:58+	20:07+	23:32+	32:35+	36:52+	42:52+	47:26+	50:56+	56:05+	58:35+	60:11+	67:31+	71:41+	80:19+	84:41+	90:14+	92:00+	94:04+	94:40+
03:04+	08:42+	02:30+	02:42+	03:09+	03:25+	09:03+	04:17+	06:00+	04:34+	03:30+	05:09+	02:30+	01:36+	07:20+	04:10+	08:38+	04:22+	05:33+	01:46+	02:04+	00:36+
00:53&	07:38@	00:42&	00:57&	01:03&	02:00@	06:47@	02:19@	04:20@	02:30@	00:39#	01:23&	00:45&	00:53@	04:04@	02:16@	05:12@	01:00&	01:14&	00:12#	00:14#	00:05#

Class	Navn	Klasse	Tid
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8	Mads Stavlund Skødt	OK Pan	1:34:41																			
02:26+	08:25+	10:34+	12:40+	21:43+	24:13+	27:18+	31:40+	34:44+	38:54+	43:16+	49:23+	58:40+	59:19+	59:50+	65:35+	67:55+	73:22+	78:02+	90:49+	92:19+	94:11+	94:41+
02:26+	05:59+	02:09+	02:06+	09:03+	02:30+	03:05+	04:22+	03:04+	04:10+	04:22+	06:07+	09:17+	00:39-	00:31-	05:45+	02:20-	05:27+	04:40+	12:47+	01:30-	01:52+	00:30+
00:15#	04:55@	00:21#	00:21#	06:57@	01:05&	00:49&	02:24@	01:24&	02:06@	01:31&	02:21&	07:32@	00:04-	02:45-	03:51@	01:06-	02:05&	00:21+	11:13@	00:20-	01:21@	00:30+

9	Mathias Klinge Cornelius	2	1:41:25																		
02:36+	17:20+	19:55+	22:32+	27:47+	30:10+	33:14+	37:39+	40:47+	44:53+	49:14+	55:20+	65:25+	66:04+	72:04+	74:49+	79:20+	84:24+	96:58+	98:49+	100:51+	101:25+
02:36+	14:44+	02:35+	02:37+	05:15+	02:23+	03:04+	04:25+	03:08+	04:06+	04:21+	06:06+	10:05+	00:39-	06:00+	02:45+	04:31+	05:04+	12:34+	01:51+	02:02+	00:34+
00:25#	13:40@	00:47&	00:52&	03:09@	00:58&	00:48&	02:27@	01:28&	02:02&	01:30&	02:20&	08:20@	00:04-	02:44&	00:51&	01:05&	01:42&	08:15@	00:17#	00:12#	00:03+

10	Jakob Hærvig	NOTEAM	1:55:57																		
04:09+	08:54+	12:17+	15:08+	20:20+	26:14+	31:05+	36:28+	40:04+	45:06+	49:15+	55:00+	57:59+	59:25+	69:27+	71:58+	76:46+	104:26+	110:12+	112:29+	115:18+	115:57+
04:09+	04:45+	03:23+	02:51+	05:12+	05:54+	04:51+	05:23+	03:36+	05:02+	04:09+	05:45+	02:59+	01:26+	10:02+	02:31+	04:48+	27:40+	05:46+	02:17+	02:49+	00:39+
01:58&	03:41@	01:35&	01:06&	03:06@	04:29@	02:35@	03:25@	01:56@	02:58@	01:18&	01:59&	01:14&	00:43&	06:46@	00:37&	01:22&	24:18@	01:27&	00:43&	00:59&	00:08&

11	Maria Pedersen	NOTEAM	1:58:04																		
06:16+	11:07+	14:22+	17:16+	22:39+	28:39+	33:10+	38:41+	42:11+	47:14+	51:28+	57:08+	60:05+	61:40+	71:34+	74:03+	78:44+	106:32+	112:30+	114:36+	117:25+	118:04+
06:16+	04:51+	03:15+	02:54+	05:23+	06:00+	04:31+	05:31+	03:30+	05:03+	04:14+	05:40+	02:57+	01:35+	09:54+	02:29+	04:41+	27:48+	05:58+	02:06+	02:49+	00:39+
04:05@	03:47@	01:27&	01:09&	03:17@	04:35@	02:15&	03:33@	01:50@	02:59@	01:23&	01:54&	01:12&	00:52@	06:38@	00:35&	01:15&	24:26@	01:39&	00:32&	00:59&	00:08&

Beste stræktid for klassen																						
02:11	00:57	01:38	01:32	01:42	01:25	02:02	01:58	01:40	02:00	02:51	03:33	01:39	00:35	00:31	01:53	02:20	03:08	03:36	01:19	01:30	00:27	

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H14B

1	Asger Nøhr Winding	4	22:32											
01:32=	02:36=	04:31=	06:12=	07:31=	09:20=	12:25=	13:22=	14:12=	16:20=	17:00=	17:29=	19:56=	22:07=	22:32=
01:32=	01:04=	01:55=	01:41=	01:19=	01:49=	03:05=	00:57=	00:50=	02:08=	00:40=	00:29=	02:27=	02:11=	00:25=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Holger Olav Isak Skogøy	4	26:46												
02:00+	03:19+	05:18+	08:01+	09:44+	11:50+	13:31+	16:20+	17:31+	18:28+	20:37+	21:16+	21:52+	24:04+	26:18+	26:46+
02:00+	01:19+	01:59+	02:43+	01:43+	02:06+	01:41-	02:49+	01:11+	00:57-	02:09+	00:39+	00:36-	02:12+	02:14+	00:28+
00:28&	00:15#	00:04+	01:02&	00:24&	00:17#	01:24-	01:52@	00:21&	01:11-	01:29@	00:10&	01:51-	00:01+	01:49@	00:28+

3	Anton Elmegaard Andersen	2	30:20												
05:53+	07:20+	09:18+	11:33+	13:08+	14:56+	16:54+	18:57+	20:07+	21:01+	23:31+	24:19+	24:59+	27:42+	29:52+	30:20+
05:53+	01:27+	01:58+	02:15+	01:35+	01:48-	01:58-	02:03+	01:10+	00:54-	02:30+	00:48+	00:40-	02:43+	02:10+	00:28+
04:21@	00:23&	00:03+	00:34&	00:16#	00:01-	01:07-	01:06@	00:20&	01:14-	01:50@	00:19&	01:47-	00:32#	01:45@	00:28+

4	Mads Mikkelsen	15	33:50												
02:08+	03:47+	05:29+	07:20+	09:21+	12:02+	14:11+	17:07+	18:32+	19:52+	23:12+	24:06+	24:41+	30:38+	33:15+	33:50+
02:08+	01:39+	01:42-	01:51+	02:01+	02:41+	02:09-	02:56+	01:25+	01:20-	03:20+	00:54+	00:35-	05:57+	02:37+	00:35+
00:36&	00:35&	00:13-	00:10+	00:42&	00:52&	00:56-	01:59@	00:35&	00:48-	02:40@	00:25&	01:52-	03:46@	02:12@	00:35+

Beste stræktid for klassen														
01:32	01:04	01:42	01:41	01:19	01:48	01:41	00:57	00:50	00:54	00:40	00:29	00:35	02:11	00:25

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H14mel

1	Laurits Egdal Kortegård	15	1:11:08																		
02:47=	08:36=	11:28=	14:06=	16:50=	19:41=	24:08=	27:14=	30:03=	33:59=	37:30=	43:11=	45:05=	45:51=	50:29=	53:02=	57:53=	61:40=	67:03=	68:46=	70:38=	71:08=
02:47=	05:49=	02:52=	02:38=	02:44=	02:51=	04:27=	03:06=	02:49=	03:56=	03:31=	05:41=	01:54=	00:46=	04:38=	02:33=	04:51=	03:47=	05:23=	01:43=	01:52=	00:30=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	August Gabs	15	1:12:59																		
02:28-	10:27+	13:26+	16:03+	18:44+	21:37+	26:04+	29:11+	32:02+	35:57+	39:29+	45:08+	47:09+	47:53+	52:26+	55:00+	59:39+	63:32+	68:52+	70:37+	72:32+	72:59+
02:28-	07:59+	02:59+	02:37+	02:41-	02:53+	04:27=	03:07+	02:51+	03:55-	03:32+	05:39-	02:01+	00:44-	04:33-	02:34+	04:39-	03:53+	05:20-	01:45+	01:55+	00:27+
00:19-	02:10&	00:07+	00:01-	00:03-	00:02+	00:00=	00:01+	00:02+	00:01-	00:01+	00:02-	00:07+	00:02-	00:05-	00:01+	00:12-	00:06+	00:03-	00:02+	00:03+	00:03-

Beste stræktid for klassen																						
02:28	05:49	02:52	02:37	02:41	02:51	04:27	03:06	02:49	03:55	03:31	05:39	01:54	00:44	04:33	02:33	04:39	03:47	05:20	01:43	01:52	00:27	

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H16

1	Jacob Klærke Mikkelsen	2	46:47															
02:42=	06:12=	08:33=	11:42=	13:12=	15:54=	17:46=	21:02=	22:10=	23:59=	26:29=	27:53=	30:37=	33:22=	36:04=	40:35=	42:28=	46:19=	46:47=
02:42=	03:30=	02:21=	03:09=	01:30=	02:42=	01:52=	03:16=	01:08=	01:49=	02:30=	01:24=	02:44=	02:45=	02:42=	04:31=	01:53=	03:51=	00:28=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Asbjørn Kaltoft	OK Pan	55:20															
02:31-	05:34-	08:34+	11:11-	12:46-	15:03-	20:02+	23:07+	24:08+	25:58+	28:37+	29:58+	33:08+	37:27+	40:55+	47:45+	50:06+	54:44+	55:20+
02:31-	03:03-	03:00+	02:37-	01:35+	02:17-	04:59+	03:05-	01:01-	01:50+	02:39+	01:21-	03:10+	04:19+	03:28+	06:50+	02:21+	04:38+	00:36+
00:11-	00:27-	00:39&	00:32-	00:05+	00:25-	03:07@	00:11-	00:07-	00:01+	00:09+	00:03-	00:26#	01:34&	00:46&	02:19&	00:28#	00:47#	00:08&
3	Herman Skovbjerg	OK Pan	56:43															
03:12+	07:36+	10:50+	14:19+	15:49+	19:18+	27:59+	31:10+	32:12+	33:59+	36:23+	37:42+	40:33+	43:23+	45:57+	50:36+	52:24+	56:15+	56:43+
03:12+	04:24+	03:14+	03:29+	01:30=	03:29+	08:41+	03:11-	01:02-	01:47-	02:24-	01:19-	02:51+	02:50+	02:34-	04:39+	01:48-	03:51=	00:28=
00:30#	00:54&	00:53&	00:20#	00:00=	00:47&	06:49@	00:05-	00:06-	00:02-	00:06-	00:05-	00:07+	00:05+	00:08-	00:08+	00:05-	00:00=	00:00=
4	Erik Hedver Thesbjerg	2	1:11:17															
03:08+	06:19+	09:12+	12:41+	14:48+	16:59+	22:24+	25:34+	26:38+	28:59+	32:45+	34:25+	37:57+	43:25+	47:43+	55:28+	63:20+	70:40+	71:17+
03:08+	03:11-	02:53+	03:29+	02:07+	02:11-	05:25+	03:10-	01:04-	02:21+	03:46+	01:40+	03:32+	05:28+	04:18+	07:45+	07:52+	07:20+	00:37+
00:26#	00:19-	00:32#	00:20#	00:37&	00:31-	03:33@	00:06-	00:04-	00:32&	01:16&	00:16#	00:48&	02:43&	01:36&	03:14&	05:59@	03:29&	00:09&
5	Mikkel Bo Kølbæk	6	1:11:29															
03:32+	09:55+	12:59+	16:48+	18:51+	21:05+	26:19+	30:48+	32:04+	34:30+	37:40+	39:16+	45:14+	50:17+	54:23+	61:32+	66:34+	70:57+	71:29+
03:32+	06:23+	03:04+	03:49+	02:03+	02:14-	05:14+	04:29+	01:16+	02:26+	03:10+	01:36+	05:58+	05:03+	04:06+	07:09+	05:02+	04:23+	00:32+
00:50&	02:53&	00:43&	00:40#	00:33&	00:28-	03:22@	01:13&	00:08#	00:37&	00:40&	00:12#	03:14@	02:18&	01:24&	02:38&	03:09@	00:32#	00:04#
6	Søren Møller Skaug	OK Pan	1:11:43															
03:11+	07:40+	10:14+	14:17+	16:29+	18:42+	24:17+	28:11+	29:29+	32:42+	35:53+	37:30+	43:21+	47:14+	51:28+	57:21+	65:17+	71:16+	71:43+
03:11+	04:29+	02:34+	04:03+	02:12+	02:13-	05:35+	03:54+	01:18+	03:13+	03:11+	01:37+	05:51+	03:53+	04:14+	05:53+	07:56+	05:59+	00:27-
00:29#	00:59&	00:13+	00:54&	00:42&	00:29-	03:43@	00:38#	00:10#	01:24&	00:41&	00:13#	03:07@	01:08&	01:32&	01:22&	06:03@	02:08&	00:01-
Beste stræktid for klassen																		
02:31	03:03	02:21	02:37	01:30	02:11	01:52	03:05	01:01	01:47	02:24	01:19	02:44	02:45	02:34	04:31	01:48	03:51	00:27

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H16B

1	Isak Riis Persson	4	58:05																		
02:24=	03:21=	05:18=	07:10=	13:42=	15:32=	17:48=	20:10=	22:11=	29:17=	32:31=	36:21=	38:26=	39:04=	41:45=	43:21=	46:59=	51:05=	54:43=	55:54=	57:42=	58:05=
02:24=	00:57=	01:57=	01:52=	06:32=	01:50=	02:16=	02:22=	02:01=	07:06=	03:14=	03:50=	02:05=	00:38=	02:41=	01:36=	03:38=	04:06=	03:38=	01:11=	01:48=	00:23=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Ludvig Schou-Hansen	OK Pan	2:14:35																		
02:58+	05:38+	08:07+	11:40+	19:40+	24:15+	33:12+	55:20+	64:59+	71:44+	76:51+	85:46+	90:16+	91:25+	107:15+	110:41+	117:06+	123:05+	129:29+	131:45+	134:05+	134:35+
02:58+	02:40+	02:29+	03:33+	08:00+	04:35+	08:57+	22:08+	09:39+	06:45-	05:07+	08:55+	04:30+	01:09+	15:50+	03:26+	06:25+	05:59+	06:24+	02:16+	02:20+	00:30+
00:34#	01:43@	00:32&	01:41&	01:28#	02:45@	06:41@	19:46@	07:38@	00:21-	01:53&	05:05@	02:25@	00:31&	13:09@	01:50@	02:47&	01:53&	02:46&	01:05&	00:32&	00:07&
Beste stræktid for klassen																					
02:24	00:57	01:57	01:52	06:32	01:50	02:16	02:22	02:01	06:45	03:14	03:50	02:05	00:38	02:41	01:36	03:38	04:06	03:38	01:11	01:48	00:23

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H20

1	Laurits Bidstrup Møller	4	1:00:47																						
01:40=	03:53=	04:54=	06:38=	08:30=	10:10=	12:30=	13:50=	15:09=	17:23=	22:12=	24:07=	26:04=	28:21=	30:04=	32:06=	34:31=	38:54=	41:48=	44:15=	48:01=	50:02=	56:19=	59:06=	60:22=	60:47=
01:40=	02:13=	01:01=	01:44=	01:52=	01:40=	02:20=	01:20=	01:19=	02:14=	04:49=	01:55=	01:57=	02:17=	01:43=	02:02=	02:25=	04:23=	02:54=	02:27=	03:46=	02:01=	06:17=	02:47=	01:16=	00:25=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Mikkel Holm Nielsen	OK Pan	1:03:35																						
01:59+	05:03+	06:15+	07:59+	10:21+	12:12+	14:06+	15:40+	17:05+	19:14+	24:14+	26:23+	28:28+	30:43+	32:10+	34:12+	36:30+	41:01+	44:10+	46:53+	50:53+	52:40+	59:18+	62:00+	63:13+	63:35+
01:59+	03:04+	01:12+	01:44=	02:22+	01:51+	01:54-	01:34+	01:25+	02:09-	05:00+	02:09+	02:05+	02:15-	01:27-	02:02=	02:18-	04:31+	03:09+	02:43+	04:00+	01:47-	06:38+	02:42-	01:13-	00:22-
00:19#	00:51&	00:11#	00:00=	00:30&	00:11#	00:26-	00:14#	00:06+	00:05-	00:11+	00:14#	00:08+	00:02-	00:16-	00:00=	00:07-	00:08+	00:15+	00:16#	00:14+	00:14-	00:21+	00:05-	00:03-	00:03-

Class	Navn	Klasse	Tid																						
3	Jeppe Kejser Dahl Jensen	OK Pan	1:07:44																						
02:16+	04:44+	06:25+	08:02+	10:08+	12:29+	17:31+	19:33+	20:58+	23:10+	28:17+	30:27+	32:30+	34:39+	36:14+	38:18+	40:33+	45:17+	48:18+	50:55+	55:02+	56:50+	63:21+	66:12+	67:20+	67:44+
02:16+	02:28+	01:41+	01:37-	02:06+	02:21+	05:02+	02:02+	01:25+	02:12-	05:07+	02:10+	02:03+	02:09-	01:35-	02:04+	02:15-	04:44+	03:01+	02:37+	04:07+	01:48-	06:31+	02:51+	01:08-	00:24-
00:36&	00:15#	00:40&	00:07-	00:14#	00:41&	02:42@	00:42&	00:06+	00:02-	00:18+	00:15#	00:06+	00:08-	00:08-	00:02+	00:10-	00:21+	00:07+	00:10+	00:21+	00:13-	00:14+	00:04+	00:08-	00:01-
4	Marko Birk Nielsen	1	1:09:32																						
02:14+	05:02+	06:12+	08:11+	10:30+	13:37+	15:51+	17:21+	18:41+	21:01+	26:20+	28:31+	30:32+	32:38+	34:13+	36:21+	38:37+	43:23+	46:58+	50:38+	54:13+	56:30+	63:28+	67:41+	69:08+	69:32+
02:14+	02:48+	01:10+	01:59+	02:19+	03:07+	02:14-	01:30+	01:20+	02:20+	05:19+	02:11+	02:01+	02:06-	01:35-	02:08+	02:16-	04:46+	03:35+	03:40+	03:35-	02:17+	06:58+	04:13+	01:27+	00:24-
00:34&	00:35&	00:09#	00:15#	00:27#	01:27&	00:06-	00:10#	00:01+	00:06+	00:30#	00:16#	00:04+	00:11-	00:08-	00:06+	00:09-	00:23+	00:41#	01:13&	00:11-	00:16#	00:41#	01:26&	00:11#	00:01-
5	Simon Reimers	1	1:10:35																						
02:15+	04:45+	05:56+	07:42+	09:36+	11:56+	15:40+	17:23+	19:04+	21:36+	28:05+	30:21+	32:36+	35:02+	36:54+	39:10+	41:37+	46:54+	50:20+	52:42+	56:21+	58:25+	65:13+	68:34+	70:11+	70:35+
02:15+	02:30+	01:11+	01:46+	01:54+	02:20+	03:44+	01:43+	01:41+	02:32+	06:29+	02:16+	02:15+	02:26+	01:52+	02:16+	02:27+	05:17+	03:26+	02:22-	03:39-	02:04+	06:48+	03:21+	01:37+	00:24-
00:35&	00:17#	00:10#	00:02+	00:02+	00:40&	01:24&	00:23&	00:22&	00:18#	01:40&	00:21#	00:18#	00:09+	00:09+	00:14#	00:02+	00:54#	00:32#	00:05-	00:07-	00:03+	00:31+	00:34#	00:21&	00:01-
6	Thomas Emil Jensen	2	1:38:10																						
03:12+	07:11+	08:54+	11:56+	15:05+	18:18+	25:05+	27:21+	29:08+	31:48+	39:22+	42:59+	46:07+	49:14+	50:58+	55:10+	60:18+	67:36+	71:24+	74:14+	79:04+	83:37+	92:47+	96:18+	97:48+	98:10+
03:12+	03:59+	01:43+	03:02+	03:09+	03:13+	06:47+	02:16+	01:47+	02:40+	07:34+	03:37+	03:08+	03:07+	01:44+	04:12+	05:08+	07:18+	03:48+	02:50+	04:50+	04:33+	09:10+	03:31+	01:30+	00:22-
01:32&	01:46&	00:42&	01:18&	01:17&	01:33&	04:27@	00:56&	00:28&	00:26#	02:45&	01:42&	01:11&	00:50&	00:01+	02:10@	02:43@	02:55&	00:54&	00:23#	01:04&	02:32@	02:53&	00:44&	00:14#	00:03-
7	Mathias Mønster Jørgensen	2	1:48:59																						
02:40+	06:01+	07:41+	09:59+	19:53+	22:33+	25:55+	28:34+	30:38+	33:47+	45:00+	48:23+	51:51+	55:28+	57:47+	60:46+	64:21+	72:47+	77:17+	80:56+	86:27+	89:38+	103:02+	106:56+	108:33+	108:59+
02:40+	03:21+	01:40+	02:18+	09:54+	02:40+	03:22+	02:39+	02:04+	03:09+	11:13+	03:23+	03:28+	03:37+	02:19+	02:59+	03:35+	08:26+	04:30+	03:39+	05:31+	03:11+	13:24+	03:54+	01:37+	00:26+
01:00&	01:08&	00:39&	00:34&	08:02@	01:00&	01:02&	01:19&	00:45&	00:55&	06:24@	01:28&	01:31&	01:20&	00:36&	00:57&	01:10&	04:03&	01:36&	01:12&	01:45&	01:10&	07:07@	01:07&	00:21&	00:01+
Beste stræktid for klassen																									
01:40	02:13	01:01	01:37	01:52	01:40	01:54	01:20	01:19	02:09	04:49	01:55	01:57	02:06	01:27	02:02	02:15	04:23	02:54	02:22	03:35	01:47	06:17	02:42	01:08	00:22

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H20B

1	Frederik Nørgaard Pedersen	1	1:01:41																						
04:51=	14:02=	15:50=	17:35=	19:50=	22:47=	25:18=	27:22=	30:36=	33:32=	36:12=	39:41=	41:20=	41:57=	45:35=	47:25=	50:41=	54:37=	58:18=	59:49=	61:19=	61:41=				
04:51=	09:11=	01:48=	01:45=	02:15=	02:57=	02:31=	02:04=	03:14=	02:56=	02:40=	03:29=	01:39=	00:37=	03:38=	01:50=	03:16=	03:56=	03:41=	01:31=	01:30=	00:22=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				
Beste stræktid for klassen																									
04:51	09:11	01:48	01:45	02:15	02:57	02:31	02:04	03:14	02:56	02:40	03:29	01:39	00:37	03:38	01:50	03:16	03:56	03:41	01:31	01:30	00:22				

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H21

1	Niklas Ingwersen	2	1:01:19																						
02:18=	04:13=	05:14=	06:49=	08:30=	10:13=	11:53=	13:16=	14:29=	16:37=	21:24=	23:07=	25:02=	27:18=	28:46=	31:26=	34:02=	38:20=	41:10=	43:54=	48:23=	50:09=	56:11=	59:44=	60:55=	61:19=
02:18=	01:55=	01:01=	01:35=	01:41=	01:43=	01:40=	01:23=	01:13=	02:08=	04:47=	01:43=	01:55=	02:16=	01:28=	02:40=	02:36=	04:18=	02:50=	02:44=	04:29=	01:46=	06:02=	03:33=	01:11=	00:24=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Mátyás Péntek	2	1:04:39																						
02:08-	04:25+	05:39+	07:22+	09:15+	11:07+	13:57+	15:36+	17:02+	19:19+	24:40+	26:36+	28:43+	30:55+	32:43+	34:47+	37:31+	42:57+	46:06+	48:18+	51:23+	53:19+	60:03+	63:08+	64:16+	64:39+
02:08-	02:17+	01:14+	01:43+	01:53+	01:52+	02:50+	01:39+	01:26+	02:17+	05:21+	01:56+	02:07+	02:12-	01:48+	02:04-	02:44+	05:26+	03:09+	02:12-	03:05-	01:56+	06:44+	03:05-	01:08-	00:23-
00:10-	00:22#	00:13#	00:08+	00:12#	00:09+	01:10&	00:16#	00:13#	00:09+	00:34#	00:13#	00:12#	00:04-	00:20#	00:36-	00:08+	01:08&	00:19#	00:32-	01:24-	00:10+	00:42#	00:28-	00:03-	00:01-
3	Kristian Vad	2	1:07:20																						
02:03-	04:11-	05:16+	07:42+	09:35+	11:18+	12:55+	14:23+	15:51+	17:56+	22:41+	24:35+	26:26+	28:45+	30:36+	32:54+	35:57+	43:03+	46:14+	49:09+	52:52+	55:10+	62:07+	65:23+	66:51+	67:20+
02:03-	02:08+	01:05+	02:26+	01:53+	01:43=	01:37-	01:28+	01:28+	02:05-	04:45-	01:54+	01:51-	02:19+	01:51+	02:18-	03:03+	07:06+	03:11+	02:55+	03:43-	02:18+	06:57+	03:16-	01:28+	00:29+
00:15-	00:13#	00:04+	00:51&	00:12#	00:00=	00:03-	00:05+	00:15#	00:03-	00:02-	00:11#	00:04-	00:03+	00:23&	00:22-	00:27#	02:48&	00:21#	00:11+	00:46-	00:32&	00:55#	00:17-	00:17#	00:05#
4	Christian Bagger Hagner	4	1:10:36																						
02:08-	04:38+	05:44+	07:25+	09:15+	11:20+	14:40+	16:13+	18:03+	20:44+	26:24+	28:24+	30:19+	32:41+	34:26+	36:36+	39:02+	43:12+	46:15+	49:04+	53:15+	55:21+	64:39+	67:54+	70:12+	70:36+
02:08-	02:30+	01:06+	01:41+	01:50+	02:05+	03:20+	01:33+	01:50+	02:41+	05:40+	02:00+	01:55=	02:22+	01:45+	02:10-	02:26-	04:10-	03:03+	02:49+	04:11-	02:06+	09:18+	03:15-	02:18+	00:24=
00:10-	00:35&	00:05+	00:06+	00:09+	00:22#	01:40&	00:10#	00:37&	00:33&	00:53#	00:17#	00:00=	00:06+	00:17#	00:30-	00:10-	00:08-	00:13+	00:05+	00:18-	00:20#	03:16&	00:18-	01:07&	00:00=
5	Morten Schou	1	1:11:54																						
02:24+	04:42+	06:32+	08:29+	10:38+	13:03+	15:55+	17:31+	19:01+	21:45+	27:36+	29:44+	32:02+	34:30+	36:13+	38:22+	40:55+	45:57+	49:39+	52:31+	57:08+	59:18+	66:39+	70:08+	71:25+	71:54+
02:24+	02:18+	01:50+	01:57+	02:09+	02:25+	02:52+	01:36+	01:30+	02:44+	05:51+	02:08+	02:18+	02:28+	01:43+	02:09-	02:33-	05:02+	03:42+	02:52+	04:37+	02:10+	07:21+	03:29-	01:17+	00:29+
00:06+	00:23#	00:49&	00:22#	00:28&	00:42&	01:12&	00:13#	00:17#	00:36&	01:04#	00:25#	00:23#	00:12+	00:15#	00:31-	00:03-	00:44#	00:52&	00:08+	00:08+	00:24#	01:19#	00:04-	00:06+	00:05#

Class	Navn	Klasse	Tid																						
6	Christian Valbak	4	1:18:21																						
02:30+	05:38+	06:57+	08:53+	11:26+	13:27+	15:43+	18:31+	20:20+	22:44+	29:14+	31:32+	33:45+	36:17+	38:15+	40:33+	44:38+	52:51+	56:28+	59:13+	63:16+	65:21+	72:47+	76:37+	77:57+	78:21+
02:30+	03:08+	01:19+	01:56+	02:33+	02:01+	02:16+	02:48+	01:49+	02:24+	06:30+	02:18+	02:13+	02:32+	01:58+	02:18-	04:05+	08:13+	03:37+	02:45+	04:03-	02:05+	07:26+	03:50+	01:20+	00:24=
00:12+	01:13&	00:18&	00:21#	00:52&	00:18#	00:36&	01:25@	00:36&	00:16#	01:43&	00:35&	00:18#	00:16#	00:30&	00:22-	01:29&	03:55&	00:47&	00:01+	00:26-	00:19#	01:24#	00:17+	00:09#	00:00=
7	Nicklas Mønster Jørgensen	2	1:22:47																						
04:01+	06:39+	07:59+	10:07+	12:33+	14:28+	16:46+	18:40+	20:25+	22:56+	29:20+	32:18+	34:35+	37:15+	39:43+	42:04+	46:06+	54:22+	58:12+	61:17+	65:52+	68:39+	76:44+	80:39+	82:22+	82:47+
04:01+	02:38+	01:20+	02:08+	02:26+	01:55+	02:18+	01:54+	01:45+	02:31+	06:24+	02:58+	02:17+	02:40+	02:28+	02:21-	04:02+	08:16+	03:50+	03:05+	04:35+	02:47+	08:05+	03:55+	01:43+	00:25+
01:43&	00:43&	00:19&	00:33&	00:45&	00:12#	00:38&	00:31&	00:32&	00:23#	01:37&	01:15&	00:22#	00:24#	01:00&	00:19-	01:26&	03:58&	01:00&	00:21#	00:06+	01:01&	02:03&	00:22#	00:32&	00:01+
8	Laust Sørensen	26	1:29:37																						
02:50+	05:57+	07:52+	10:11+	12:41+	14:45+	18:40+	21:08+	23:02+	27:33+	34:31+	38:05+	40:33+	43:25+	45:27+	48:32+	51:39+	58:36+	62:29+	66:17+	71:47+	74:36+	82:39+	87:23+	89:08+	89:37+
02:50+	03:07+	01:55+	02:19+	02:30+	02:04+	03:55+	02:28+	01:54+	04:31+	06:58+	03:34+	02:28+	02:52+	02:02+	03:05+	03:07+	06:57+	03:53+	03:48+	05:30+	02:49+	08:03+	04:44+	01:45+	00:29+
00:32#	01:12&	00:54&	00:44&	00:49&	00:21#	02:15@	01:05&	00:41&	02:23@	02:11&	01:51@	00:33&	00:36&	00:34&	00:25#	00:31#	02:39&	01:03&	01:04&	01:01#	01:03&	02:01&	01:11&	00:34&	00:05#
9	Jonas Søby Pedersen	1	1:32:36																						
02:41+	05:29+	13:12+	15:11+	18:20+	20:42+	25:03+	27:16+	29:07+	31:56+	37:49+	40:09+	43:01+	46:02+	48:54+	52:13+	55:48+	63:02+	67:17+	70:31+	75:25+	78:11+	87:08+	90:29+	92:08+	92:36+
02:41+	02:48+	07:43+	01:59+	03:09+	02:22+	04:21+	02:13+	01:51+	02:49+	05:53+	02:20+	02:52+	03:01+	02:52+	03:19+	03:35+	07:14+	04:15+	03:14+	04:54+	02:46+	08:57+	03:21-	01:39+	00:28+
00:23#	00:53&	06:42@	00:24&	01:28&	00:39&	02:41@	00:50&	00:38&	00:41&	01:06#	00:37&	00:57&	00:45&	01:24&	00:39#	00:59&	02:56&	01:25&	00:30#	00:25+	01:00&	02:55&	00:12-	00:28&	00:04#

Beste stræktid for klassen

02:03 01:55 01:01 01:35 01:41 01:43 01:37 01:23 01:13 02:05 04:45 01:43 01:51 02:12 01:28 02:04 02:26 04:10 02:50 02:12 03:05 01:46 06:02 03:05 01:08 00:23

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H21B

1	Silas Frederik Thomsen	OK Pan	49:59																		
02:15=	03:20=	05:23=	07:17=	09:28=	11:18=	13:59=	16:34=	18:42=	21:21=	24:15=	27:57=	29:44=	30:21=	33:37=	35:37=	38:41=	42:11=	46:21=	47:47=	49:29=	49:59=
02:15=	01:05=	02:03=	01:54=	02:11=	01:50=	02:41=	02:35=	02:08=	02:39=	02:54=	03:42=	01:47=	00:37=	03:16=	02:00=	03:04=	03:30=	04:10=	01:26=	01:42=	00:30=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

02:15 01:05 02:03 01:54 02:11 01:50 02:41 02:35 02:08 02:39 02:54 03:42 01:47 00:37 03:16 02:00 03:04 03:30 04:10 01:26 01:42 00:30

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H21C

1	Leif Udengaard Andersen	4	46:32												
02:34=	04:34=	07:31=	09:50=	11:47=	15:54=	20:38=	23:49=	25:11=	26:18=	29:20=	30:29=	31:58=	35:43=	45:50=	46:32=
02:34=	02:00=	02:57=	02:19=	01:57=	04:07=	04:44=	03:11=	01:22=	01:07=	03:02=	01:09=	01:29=	03:45=	10:07=	00:42=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

02:34 02:00 02:57 02:19 01:57 04:07 04:44 03:11 01:22 01:07 03:02 01:09 01:29 03:45 10:07 00:42

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H21mel

1	Malte Jensen	15	1:37:02																						
03:08=	06:05=	07:24=	09:27=	11:38=	15:58=	18:27=	20:19=	22:56=	26:17=	32:29=	41:04=	44:42=	47:31=	49:25=	52:55=	56:49=	62:18=	66:30=	69:42=	77:56=	80:44=	90:55=	94:46=	96:31=	97:02=
03:08=	02:57=	01:19=	02:03=	02:11=	04:20=	02:29=	01:52=	02:37=	03:21=	06:12=	08:35=	03:38=	02:49=	01:54=	03:30=	03:54=	05:29=	04:12=	03:12=	08:14=	02:48=	10:11=	03:51=	01:45=	00:31=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

03:08 02:57 01:19 02:03 02:11 04:20 02:29 01:52 02:37 03:21 06:12 08:35 03:38 02:49 01:54 03:30 03:54 05:29 04:12 03:12 08:14 02:48 10:11 03:51 01:45 00:31

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H35

Class	Navn	Klasse	Tid																						
1	Jakob Gade	22	1:26:55																						
03:36=	07:18=	08:54=	11:15=	13:51=	16:00=	18:42=	20:35=	22:37=	25:37=	32:28=	35:34=	38:18=	41:14=	43:16=	46:13=	49:52=	56:45=	61:05=	64:14=	69:20=	72:27=	81:00=	84:58=	86:30=	86:55=
03:36=	03:42=	01:36=	02:21=	02:36=	02:09=	02:42=	01:53=	02:02=	03:00=	06:51=	03:06=	02:44=	02:56=	02:02=	02:57=	03:39=	06:53=	04:20=	03:09=	05:06=	03:07=	08:33=	03:58=	01:32=	00:25=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Allan Hougaard	6	1:34:17																						
02:38-	05:36-	06:56-	09:10-	11:33-	13:23-	18:36-	23:13+	25:20+	27:55+	35:25+	39:14+	41:47+	46:13+	48:02+	50:21+	54:39+	61:29+	65:53+	69:15+	76:05+	79:28+	87:41+	91:45+	93:51+	94:17+
02:38-	02:58-	01:20-	02:14-	02:23-	01:50-	05:13+	04:37+	02:07+	02:35-	07:30+	03:49+	02:33-	04:26+	01:49-	02:19-	04:18+	06:50-	04:24+	03:22+	06:50+	03:23+	08:13-	04:04+	02:06+	00:26+
00:58-	00:44-	00:16-	00:07-	00:13-	00:19-	02:31&	02:44@	00:05+	00:25-	00:39+	00:43#	00:11-	01:30&	00:13-	00:38-	00:39#	00:03-	00:04+	00:13+	01:44&	00:16+	00:20-	00:06+	00:34&	00:01+
3	Andreas Popp	1	1:38:29																						
02:37-	06:29-	08:18-	12:12+	15:10+	18:07+	21:07+	24:35+	26:45+	30:18+	38:09+	41:21+	43:57+	47:11+	49:35+	52:08+	57:45+	65:14+	69:51+	73:13+	80:21+	83:37+	92:10+	96:24+	98:00+	98:29+
02:37-	03:52+	01:49+	03:54+	02:58+	02:57+	03:00+	03:28+	02:10+	03:33+	07:51+	03:12+	02:36-	03:14+	02:24+	02:33-	05:37+	07:29+	04:37+	03:22+	07:08+	03:16+	08:33=	04:14+	01:36+	00:29+
00:59-	00:10+	00:13#	01:33&	00:22#	00:48&	00:18#	01:35&	00:08+	00:33#	01:00#	00:06+	00:08-	00:18#	00:22#	00:24-	01:58&	00:36+	00:17+	00:13+	02:02&	00:09+	00:00=	00:16+	00:04+	00:04#
4	Frederik Christoffersen	OK Pan	1:48:51																						
02:43-	06:40-	08:24-	10:46-	16:08+	21:28+	24:17+	26:37+	28:48+	32:11+	39:57+	43:39+	46:54+	51:00+	53:30+	56:46+	61:16+	69:42+	74:34+	78:04+	84:45+	88:11+	100:52+	106:10+	108:19+	108:51+
02:43-	03:57+	01:44+	02:22+	05:22+	05:20+	02:49+	02:20+	02:11+	03:23+	07:46+	03:42+	03:15+	04:06+	02:30+	03:16+	04:30+	08:26+	04:52+	03:30+	06:41+	03:26+	12:41+	05:18+	02:09+	00:32+
00:53-	00:15+	00:08+	00:01+	02:46@	03:11@	00:07+	00:27#	00:09+	00:23#	00:55#	00:36#	00:31#	01:10&	00:28#	00:19#	00:51#	01:33#	00:32#	00:21#	01:35&	00:19#	04:08&	01:20&	00:37&	00:07&
5	Kjeld Arildsen	16	2:00:12																						
03:12-	06:47-	08:27-	13:31+	16:45+	19:06+	21:57+	24:14+	26:42+	30:28+	40:02+	43:32+	46:45+	50:19+	53:02+	56:23+	62:13+	73:58+	80:29+	87:50+	95:06+	99:09+	111:28+	117:21+	119:32+	120:12+
03:12-	03:35-	01:40+	05:04+	03:14+	02:21+	02:51+	02:17+	02:28+	03:46+	09:34+	03:30+	03:13+	03:34+	02:43+	03:21+	05:50+	11:45+	06:31+	07:21+	07:16+	04:03+	12:19+	05:53+	02:11+	00:40+
00:24-	00:07-	00:04+	02:43@	00:38#	00:12+	00:09+	00:24#	00:26#	00:46&	02:43&	00:24#	00:29#	00:38#	00:41&	00:24#	02:11&	04:52&	02:11&	04:12@	02:10&	00:56&	03:46&	01:55&	00:39&	00:15&
Beste stræktid for klassen																									
02:37	02:58	01:20	02:14	02:23	01:50	02:42	01:53	02:02	02:35	06:51	03:06	02:33	02:56	01:49	02:19	03:39	06:50	04:20	03:09	05:06	03:07	08:13	03:58	01:32	00:25

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H35B

1	Søren Bak	1	54:41																		
02:20=	03:36=	05:44=	07:46=	09:12=	11:41=	14:31=	17:16=	19:11=	21:46=	24:51=	29:22=	30:57=	31:38=	35:25=	37:21=	40:50=	44:22=	50:28=	52:16=	54:07=	54:41=
02:20=	01:16=	02:08=	02:02=	01:26=	02:29=	02:50=	02:45=	01:55=	02:35=	03:05=	04:31=	01:35=	00:41=	03:47=	01:56=	03:29=	03:32=	06:06=	01:48=	01:51=	00:34=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Henrik Henriksen	2	55:33																		
02:22+	03:33-	05:33-	07:39-	09:29+	12:12+	15:23+	18:00+	22:48+	26:05+	29:31+	33:13+	34:50+	35:32+	38:54+	40:44+	44:10+	47:36+	51:29+	53:16+	55:01+	55:33+
02:22+	01:11-	02:00-	02:06+	01:50+	02:43+	03:11+	02:37-	04:48+	03:17+	03:26+	03:42-	01:37+	00:42+	03:22-	01:50-	03:26-	03:26-	03:53-	01:47-	01:45-	00:32-
00:02+	00:05-	00:08-	00:04+	00:24&	00:14+	00:21#	00:08-	02:53@	00:42&	00:21#	00:49-	00:02+	00:01+	00:25-	00:06-	00:03-	00:06-	02:13-	00:01-	00:06-	00:02-
3	Christian Biering	4	57:53																		
02:15-	03:17-	05:14-	07:15-	09:30+	12:35+	16:17+	19:06+	20:56+	25:02+	28:06+	32:27+	34:55+	35:43+	39:52+	41:55+	45:17+	49:09+	53:41+	55:33+	57:24+	57:53+
02:15-	01:02-	01:57-	02:01-	02:15+	03:05+	03:42+	02:49+	01:50-	04:06+	03:04-	04:21-	02:28+	00:48+	04:09+	02:03+	03:22-	03:52+	04:32-	01:52+	01:51=	00:29-
00:05-	00:14-	00:11-	00:01-	00:49&	00:36#	00:52&	00:04+	00:05-	01:31&	00:01-	00:10-	00:53&	00:07#	00:22+	00:07+	00:07-	00:20+	01:34-	00:04+	00:00=	00:05-
4	Christian Bøje	2	58:44																		
02:20=	04:41+	07:00+	08:55+	11:38+	13:53+	17:54+	21:02+	23:26+	27:02+	30:13+	34:13+	36:04+	36:43+	40:10+	43:04+	46:34+	50:11+	54:58+	56:22+	58:09+	58:44+
02:20=	02:21+	02:19+	01:55-	02:43+	02:15-	04:01+	03:08+	02:24+	03:36+	03:11+	04:00-	01:51+	00:39-	03:27-	02:54+	03:30+	03:37+	04:47-	01:24-	01:47-	00:35+
00:00=	01:05&	00:11+	00:07-	01:17&	00:14-	01:11&	00:23#	00:29&	01:01&	00:06+	00:31-	00:16#	00:02-	00:20-	00:58&	00:01+	00:05+	01:19-	00:24-	00:04-	00:01+
5	Jon Nygaard Rahr	4	59:42																		
02:32+	03:42+	05:57+	08:03+	11:41+	14:17+	17:30+	20:03+	25:02+	27:37+	30:35+	34:57+	36:56+	37:36+	40:58+	43:06+	47:07+	50:58+	55:34+	57:14+	59:10+	59:42+
02:32+	01:10-	02:15+	02:06+	03:38+	02:36+	03:13+	02:33-	04:59+	02:35=	02:58-	04:22-	01:59+	00:40-	03:22-	02:08+	04:01+	03:51+	04:36-	01:40-	01:56+	00:32-
00:12+	00:06-	00:07+	00:04+	02:12@	00:07+	00:23#	00:12-	03:04@	00:00=	00:07-	00:09-	00:24&	00:01-	00:25-	00:12#	00:32#	00:19+	01:30-	00:08-	00:05+	00:02-
6	Thomas Damm Als	OK Pan	1:02:55																		
02:47+	04:01+	06:17+	08:24+	14:09+	16:05+	18:36+	21:11+	23:10+	27:04+	30:28+	35:10+	37:40+	38:21+	43:01+	45:09+	49:28+	53:08+	58:18+	60:19+	62:22+	62:55+
02:47+	01:14-	02:16+	02:07+	05:45+	01:56-	02:31-	02:35-	01:59+	03:54+	03:24+	04:42+	02:30+	00:41=	04:40+	02:08+	04:19+	03:40+	05:10-	02:01+	02:03+	00:33-
00:27#	00:02-	00:08+	00:05+	04:19@	00:33-	00:19-	00:10-	00:04+	01:19&	00:19#	00:11+	00:55&	00:00=	00:53#	00:12#	00:50#	00:08+	00:56-	00:13#	00:12#	00:01-
7	Ryuji Iwamoto	Ingen	1:02:57																		
07:04+	08:23+	10:30+	12:22+	14:25+	17:43+	20:59+	24:42+	26:49+	29:43+	32:52+	36:41+	38:44+	40:34+	44:07+	47:40+	51:12+	54:49+	58:59+	60:39+	62:25+	62:57+
07:04+	01:19+	02:07-	01:52-	02:03+	03:18+	03:16+	03:43+	02:07+	02:54+	03:09+	03:49-	02:03+	01:50+	03:33-	03:33+	03:32+	03:37+	04:10-	01:40-	01:46-	00:32-
04:44@	00:03+	00:01-	00:10-	00:37&	00:49&	00:26#	00:58&	00:12#	00:19#	00:04+	00:42-	00:28&	01:09@	00:14-	01:37&	00:03+	00:05+	01:56-	00:08-	00:05-	00:02-
8	Frederik Schou-Hansen	OK Pan	1:06:41																		
02:34+	05:49+	07:54+	09:54+	20:09+	27:47+	32:59+	35:13+	37:42+	40:27+	43:54+	45:10+	45:43+	51:13+	53:07+	56:06+	59:14+	62:43+	64:36+	66:13+	66:41+	
02:34+	03:15+	02:05-	02:00-	07:45+	02:30+	07:38+	05:12+	02:14+	02:29-	02:45-	03:27-	01:16-	00:33-	05:30+	01:54-	02:59-	03:08-	03:29-	01:53+	01:37-	00:28-
00:14+	01:59@	00:03-	00:02-	06:19@	00:01+	04:48@	02:27&	00:19#	00:06-	00:20-	01:04-	00:19-	00:08-	01:43&	00:02-	00:30-	00:24-	02:37-	00:05+	00:14-	00:06-

Class	Navn	Klasse	Tid																		
9	Jack Skrydstrup	23	1:09:19																		
04:01+	05:27+	07:43+	10:12+	12:00+	14:19+	24:01+	26:42+	28:48+	31:52+	35:14+	39:59+	42:04+	42:48+	47:28+	49:33+	53:16+	57:38+	64:37+	66:33+	68:47+	69:19+
04:01+	01:26+	02:16+	02:29+	01:48+	02:19-	09:42+	02:41-	02:06+	03:04+	03:22+	04:45+	02:05+	00:44+	04:40+	02:05+	03:43+	04:22+	06:59+	01:56+	02:14+	00:32-
01:41&	00:10#	00:08+	00:27#	00:22&	00:10-	06:52@	00:04-	00:11+	00:29#	00:17+	00:14+	00:30&	00:03+	00:53#	00:09+	00:14+	00:50#	00:53#	00:08+	00:23#	00:02-
10	Henning Mindstruplund	2	1:10:26																		
04:07+	05:52+	07:54+	10:05+	13:50+	16:19+	24:00+	26:32+	34:02+	37:00+	39:58+	44:05+	46:00+	46:43+	51:31+	53:35+	56:55+	60:39+	66:04+	67:58+	69:57+	70:26+
04:07+	01:45+	02:02-	02:11+	03:45+	02:29-	07:41+	02:32-	07:30+	02:58+	02:58-	04:07-	01:55+	00:43+	04:48+	02:04+	03:20-	03:44+	05:25-	01:54+	01:59+	00:29-
01:47&	00:29&	00:06-	00:09+	02:19@	00:00=	04:51@	00:13-	05:35@	00:23#	00:07-	00:24-	00:20#	00:02+	01:01&	00:08+	00:09-	00:12+	00:41-	00:06+	00:08+	00:05-
11	Andreas Flint	4	1:24:20																		
05:38+	07:29+	09:34+	11:45+	24:51+	27:06+	38:34+	43:21+	45:17+	48:51+	52:01+	57:02+	58:48+	59:49+	65:46+	67:38+	71:36+	75:22+	80:07+	81:45+	83:49+	84:20+
05:38+	01:51+	02:05-	02:11+	13:06+	02:15-	11:28+	04:47+	01:56+	03:34+	03:10+	05:01+	01:46+	01:01+	05:57+	01:52-	03:58+	03:46+	04:45-	01:38-	02:04+	00:31-
03:18@	00:35&	00:03-	00:09+	11:40@	00:14-	08:38@	02:02&	00:01+	00:59&	00:05+	00:30#	00:11#	00:20&	02:10&	00:04-	00:29#	00:14+	01:21-	00:10-	00:13#	00:03-
12	Thomas Nikolajsen	2	2:19:04																		
05:17+	07:25+	11:23+	16:01+	28:52+	35:42+	42:45+	49:14+	55:35+	61:03+	67:56+	76:34+	88:46+	90:06+	98:35+	102:22+	110:18+	120:59+	132:05+	134:49+	138:10+	139:04+
05:17+	02:08+	03:58+	04:38+	12:51+	06:50+	07:03+	06:29+	06:21+	05:28+	06:53+	08:38+	12:12+	01:20+	08:29+	03:47+	07:56+	10:41+	11:06+	02:44+	03:21+	00:54+
02:57@	00:52&	01:50&	02:36@	11:25@	04:21@	04:13@	03:44@	04:26@	02:53@	03:48@	04:07&	10:37@	00:39&	04:42@	01:51&	04:27@	07:09@	05:00&	00:56&	01:30&	00:20&

Beste stræktid for klassen

02:15 01:02 01:57 01:52 01:26 01:56 02:31 02:32 01:50 02:29 02:45 03:27 01:16 00:33 03:22 01:50 02:59 03:08 03:29 01:24 01:37 00:28

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H40

1	René Rokkjær	OK Pan	50:08																							
02:26=	03:43=	05:46=	07:24=	09:13=	10:51=	11:21=	13:13=	14:48=	16:46=	18:27=	20:25=	22:52=	25:23=	27:05=	27:54=	30:23=	33:03=	36:22=	39:19=	41:06=	44:30=	46:10=	48:23=	49:44=	50:08=	
02:26=	01:17=	02:03=	01:38=	01:49=	01:38=	00:30=	01:52=	01:35=	01:58=	01:41=	01:58=	02:27=	02:31=	01:42=	00:49=	02:29=	02:40=	03:19=	02:57=	01:47=	03:04=	01:40=	02:13=	01:21=	00:24=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Troels Nielsen	2	56:11																							
03:41+	05:05+	07:36+	09:37+	11:11+	12:53+	13:26+	15:33+	17:10+	19:21+	21:01+	23:10+	25:30+	28:20+	30:11+	31:07+	34:06+	37:01+	39:06+	42:46+	44:41+	48:35+	51:13+	54:16+	55:45+	56:11+	
03:41+	01:24+	02:31+	02:01+	01:34-	01:42+	00:33+	02:07+	01:37+	02:11+	01:40-	02:09+	02:20-	02:50+	01:51+	00:56+	02:59+	02:55+	02:05-	03:40+	01:55+	03:54+	02:38+	03:03+	01:29+	00:26+	
01:15&	00:07+	00:28#	00:23#	00:15-	00:04+	00:03+	00:15#	00:02+	00:13#	00:01-	00:11+	00:07-	00:19#	00:09+	00:07#	00:30#	00:15+	01:14-	00:43#	00:08+	00:30#	00:58&	00:50&	00:08+	00:02+	
3	Patrick McGrail	OK Pan	57:18																							
02:49+	04:16+	06:30+	08:11+	10:43+	12:22+	12:54+	14:55+	16:42+	18:55+	20:38+	23:05+	25:35+	28:32+	30:55+	31:55+	34:27+	37:08+	41:41+	44:38+	46:42+	50:33+	52:42+	55:19+	56:54+	57:18+	
02:49+	01:27+	02:14+	01:41+	02:32+	01:39+	00:32+	02:01+	01:47+	02:13+	01:43+	02:27+	02:30+	02:57+	02:23+	01:00+	02:32+	02:41+	04:33+	02:57+	02:04+	03:51+	02:09+	02:37+	01:35+	00:24=	
00:23#	00:10#	00:11+	00:03+	00:43&	00:01+	00:02+	00:09+	00:12#	00:15#	00:02+	00:29#	00:03+	00:26#	00:41&	00:11#	00:03+	00:01+	01:14&	00:00=	00:17#	00:27#	00:29&	00:24#	00:14#	00:00=	
4	Flemming Thyssen	2	1:04:54																							
02:58+	04:37+	07:25+	10:51+	13:30+	15:17+	15:54+	18:03+	20:01+	22:40+	24:21+	28:41+	31:43+	35:54+	37:41+	38:43+	42:06+	44:52+	47:03+	50:02+	52:30+	56:34+	58:49+	62:27+	64:25+	64:54+	
02:58+	01:39+	02:48+	03:26+	02:39+	01:47+	00:37+	02:09+	01:58+	02:39+	01:41=	04:20+	03:02+	04:11+	01:47+	01:02+	03:23+	02:46+	02:11-	02:59+	02:28+	04:04+	02:15+	03:38+	01:58+	00:29+	
00:32#	00:22&	00:45&	01:48@	00:50&	00:09+	00:07#	00:17#	00:23#	00:41&	00:00=	02:22@	00:35#	01:40&	00:05+	00:13&	00:54&	00:06+	01:08-	00:02+	00:41&	00:40#	00:35&	01:25&	00:37&	00:05#	
5	Nicolaj Nielsen	2	1:06:24																							
03:17+	05:15+	08:00+	09:53+	12:07+	14:02+	14:43+	17:20+	20:04+	22:33+	24:22+	26:41+	29:11+	34:23+	36:36+	37:56+	41:11+	44:45+	49:37+	53:04+	55:17+	59:36+	61:46+	64:08+	65:57+	66:24+	
03:17+	01:58+	02:45+	01:53+	02:14+	01:55+	00:41+	02:37+	02:44+	02:29+	01:49+	02:19+	02:30+	05:12+	02:13+	01:20+	03:15+	03:34+	04:52+	03:27+	02:13+	04:19+	02:10+	02:22+	01:49+	00:27+	
00:51&	00:41&	00:42&	00:15#	00:25#	00:17#	00:11&	00:45&	01:09&	00:31&	00:08+	00:21#	00:03+	02:41@	00:31&	00:31&	00:46&	00:08#	01:42&	00:26#	01:03&	01:03&	00:26#	00:55&	00:30&	00:09+	00:03#
6	Bo Birk Nielsen	1	1:08:16																							
03:08+	04:41+	07:27+	09:29+	12:02+	13:54+	14:29+	16:46+	19:42+	22:41+	24:19+	27:01+	29:57+	33:05+	35:33+	36:30+	40:41+	44:48+	48:31+	51:54+	54:44+	59:11+	63:12+	66:09+	67:49+	68:16+	
03:08+	01:33+	02:46+	02:02+	02:33+	01:52+	00:35+	02:17+	02:56+	02:59+	01:38-	02:42+	02:56+	03:08+	02:28+	00:57+	04:11+	04:07+	03:43+	03:23+	02:50+	04:27+	04:01+	02:57+	01:40+	00:27+	
00:42&	00:16#	00:43&	00:15#	00:44&	00:14#	00:05#	00:25#	01:21&	01:01&	00:03-	00:44&	00:29#	00:03+	00:46&	00:08#	01:42&	01:27&	00:24#	00:26#	01:03&	01:03&	02:21@	00:44&	00:19#	00:03#	
7	Michael Fischer	1	1:08:49																							
03:40+	05:24+	08:29+	10:36+	12:54+	15:12+	16:01+	18:48+	20:55+	24:23+	27:23+	30:02+	33:11+	36:56+	39:15+	40:36+	44:10+	47:08+	50:59+	54:32+	56:44+	61:11+	63:53+	66:31+	68:21+	68:49+	
03:40+	01:44+	03:05+	02:07+	02:18+	02:18+	00:49+	02:47+	02:07+	03:28+	03:00+	02:39+	03:09+	03:45+	02:19+	01:21+	03:34+	02:58+	03:51+	03:33+	02:12+	04:27+	02:42+	02:38+	01:50+	00:28+	
01:14&	00:27&	01:02&	00:29&	00:29&	00:40&	00:19&	00:55&	00:32&	01:30&	01:19&	00:41&	00:42&	01:14&	00:37&	00:32&	01:05&	00:18#	00:32#	00:36#	00:25#	01:03&	01:02&	00:25#	00:29&	00:04#	
8	Martin Winding	4	1:10:17																							
03:28+	05:41+	08:35+	12:11+	14:04+	16:02+	16:37+	18:45+	21:42+	25:08+	27:02+	29:34+	33:16+	36:24+	38:23+	39:43+	45:05+	48:08+	53:54+	56:33+	59:14+	63:22+	65:50+	68:11+	69:53+	70:17+	
03:28+	02:13+	02:54+	03:36+	01:53+	01:58+	00:35+	02:08+	02:57+	03:26+	01:54+	02:32+	03:42+	03:08+	01:59+	01:20+	05:22+	03:03+	05:46+	02:39-	02:41+	04:08+	02:28+	02:21+	01:42+	00:24=	
01:02&	00:56&	00:51&	01:58@	00:04+	00:20#	00:05#	00:16#	01:22&	01:28&	00:13#	00:34&	01:15&	00:37#	00:17#	00:31&	02:53@	00:23#	02:27&	00:18-	00:54&	00:44#	00:48&	00:08+	00:21&	00:00=	
9	Claus Bobach	1	1:14:54																							
03:44+	05:25+	09:05+	11:13+	13:18+	15:35+	16:18+	19:03+	21:17+	24:23+	26:39+	29:32+	33:08+	37:02+	39:46+	41:01+	45:05+	48:46+	52:37+	57:10+	59:57+	66:07+	69:08+	72:34+	74:25+	74:54+	
03:44+	01:41+	03:40+	02:08+	02:05+	02:17+	00:43+	02:45+	02:14+	03:06+	02:16+	02:53+	03:36+	03:54+	02:44+	01:15+	04:04+	03:41+	03:51+	04:33+	02:47+	06:10+	03:01+	03:26+	01:51+	00:29+	
01:18&	00:24&	01:37&	00:30&	00:16#	00:39&	00:13&	00:53&	00:39&	01:08&	00:35&	00:55&	01:09&	01:23&	01:02&	00:26&	01:35&	01:01&	00:32#	01:36&							

Class	Navn	Klasse	Tid																						
10	Henrik Nykjær	OK Pan	1:24:38																						
04:03+	07:51+	11:35+	14:30+	17:12+	19:33+	20:35+	23:33+	27:44+	30:54+	34:08+	40:05+	44:37+	48:12+	51:30+	52:44+	56:48+	61:02+	64:55+	68:41+	71:49+	77:10+	80:00+	82:20+	84:08+	84:38+
04:03+	03:48+	03:44+	02:55+	02:42+	02:21+	01:02+	02:58+	04:11+	03:10+	03:14+	05:57+	04:32+	03:35+	03:18+	01:14+	04:04+	04:14+	03:53+	03:46+	03:08+	05:21+	02:50+	02:20+	01:48+	00:30+
01:37&	02:31@	01:41&	01:17&	00:53&	00:43&	00:32@	01:06&	02:36@	01:12&	01:33&	03:59@	02:05&	01:04&	01:36&	00:25&	01:35&	01:34&	00:34#	00:49&	01:21&	01:57&	01:10&	00:07+	00:27&	00:06#
11	Morten Kappel Jensen	19	1:25:46																						
04:59+	07:15+	11:13+	14:14+	17:13+	20:14+	21:10+	24:41+	27:49+	31:27+	34:14+	37:30+	41:19+	45:43+	48:32+	50:02+	54:19+	58:58+	62:40+	66:43+	69:31+	75:09+	79:45+	83:25+	85:19+	85:46+
04:59+	02:16+	03:58+	03:01+	02:59+	03:01+	00:56+	03:31+	03:08+	03:38+	02:47+	03:16+	03:49+	04:24+	02:49+	01:30+	04:17+	04:39+	03:42+	04:03+	02:48+	05:38+	04:36+	03:40+	01:54+	00:27+
02:33@	00:59&	01:55&	01:23&	01:10&	01:23&	00:26&	01:39&	01:33&	01:40&	01:06&	01:18&	01:22&	01:53&	01:07&	00:41&	01:48&	01:59&	00:23#	01:06&	01:01&	02:14&	02:56@	01:27&	00:33&	00:03#
12	Palle Cavan	17	1:28:55																						
04:44+	07:39+	11:41+	14:35+	17:39+	20:38+	21:31+	25:27+	28:23+	32:31+	35:02+	39:09+	43:25+	47:52+	50:43+	52:11+	56:36+	60:51+	64:45+	68:58+	71:41+	77:41+	81:08+	85:51+	88:16+	88:55+
04:44+	02:55+	04:02+	02:54+	03:04+	02:59+	00:53+	03:56+	02:56+	04:08+	02:31+	04:07+	04:16+	04:27+	02:51+	01:28+	04:25+	04:15+	03:54+	04:13+	02:43+	06:00+	03:27+	04:43+	02:25+	00:39+
02:18&	01:38@	01:59&	01:16&	01:15&	01:21&	00:23&	02:04@	01:21&	02:10@	00:50&	02:09@	01:49&	01:56&	01:09&	00:39&	01:56&	01:35&	00:35#	01:16&	00:56&	02:36&	01:47@	02:30@	01:04&	00:15&
13	Allan Skouboe	2	1:55:14																						
04:18+	07:34+	12:27+	15:19+	19:33+	22:50+	23:42+	31:43+	34:13+	37:40+	40:12+	43:51+	48:32+	56:02+	59:10+	60:38+	66:54+	71:26+	86:25+	92:53+	96:35+	104:18+	107:33+	111:45+	114:38+	115:14+
04:18+	03:16+	04:53+	02:52+	04:14+	03:17+	00:52+	08:01+	02:30+	03:27+	02:32+	03:39+	04:41+	07:30+	03:08+	01:28+	06:16+	04:32+	14:59+	06:28+	03:42+	07:43+	03:15+	04:12+	02:53+	00:36+
01:52&	01:59@	02:50@	01:14&	02:25@	01:39@	00:22&	06:09@	00:55&	01:29&	00:51&	01:41&	02:14&	04:59@	01:26&	00:39&	03:47@	01:52&	11:40@	03:31@	01:55@	04:19@	01:35&	01:59&	01:32@	00:12&

Beste stræktid for klassen

02:26	01:17	02:03	01:38	01:34	01:38	00:30	01:52	01:35	01:58	01:38	01:58	02:20	02:31	01:42	00:49	02:29	02:40	02:05	02:39	01:47	03:24	01:40	02:13	01:21	00:24
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H40mel

1	Peter Knudsen	15	1:06:45																						
03:09=	05:06=	07:37=	09:18=	11:46=	13:31=	14:14=	16:23=	18:12=	21:36=	23:23=	25:43=	28:36=	31:51=	33:58=	34:55=	38:07=	42:10=	50:26=	53:28=	55:49=	59:49=	61:59=	64:45=	66:19=	66:45=
03:09=	01:57=	02:31=	01:41=	02:28=	01:45=	00:43=	02:09=	01:49=	03:24=	01:47=	02:20=	02:53=	03:15=	02:07=	00:57=	03:12=	04:03=	08:16=	03:02=	02:21=	04:00=	02:10=	02:46=	01:34=	00:26=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Søren Mikkelsen	15	1:31:01																						
03:51+	06:07+	09:54+	13:03+	15:39+	18:07+	19:11+	22:56+	27:55+	31:38+	34:18+	39:05+	43:56+	48:06+	52:33+	55:07+	59:52+	63:26+	66:40+	70:14+	73:24+	80:24+	83:32+	88:07+	90:23+	91:01+
03:51+	02:16+	03:47+	03:09+	02:36+	02:28+	01:04+	03:45+	04:59+	03:43+	02:40+	04:47+	04:51+	04:10+	04:27+	02:34+	04:45+	03:34-	03:14-	03:34+	03:10+	07:00+	03:08+	04:35+	02:16+	00:38+
00:42#	00:19#	01:16&	01:28&	00:08+	00:43&	00:21&	01:36&	03:10@	00:19+	00:53&	02:27@	01:58&	00:55&	02:20@	01:37@	01:33&	00:29-	05:02-	00:32#	00:49&	03:00&	00:58&	01:49&	00:42&	00:12&
3	Kim Lindahl	15	1:31:10																						
03:03-	16:40+	19:58+	21:59+	24:03+	27:16+	28:03+	30:35+	34:08+	37:06+	39:42+	42:39+	50:41+	54:15+	56:48+	58:05+	61:43+	64:44+	67:43+	71:02+	73:37+	78:46+	83:27+	89:04+	90:46+	91:10+
03:03-	13:37+	03:18+	02:01+	02:04-	03:13+	00:47+	02:32+	03:33+	02:58-	02:36+	02:57+	08:02+	03:34+	02:33+	01:17+	03:38+	03:01-	02:59-	03:19+	02:35+	05:09+	04:41+	05:37+	01:42+	00:24-
00:06-	11:40@	00:47&	00:20#	00:24-	01:28&	00:04+	00:23#	01:44&	00:26-	00:49&	00:37&	05:09@	00:19+	00:26#	00:20&	00:26#	01:02-	05:17-	00:17+	00:14+	01:09&	02:31@	02:51@	00:08+	00:02-
4	Jesper Madsen	15	1:38:44																						
03:51+	06:07+	09:12+	11:20+	14:35+	16:51+	17:28+	23:30+	26:13+	29:40+	32:02+	34:37+	39:35+	46:50+	50:43+	52:11+	66:39+	71:29+	74:25+	77:57+	81:15+	88:25+	91:24+	96:02+	98:14+	98:44+
03:51+	02:16+	03:05+	02:08+	03:15+	02:16+	00:37-	06:02+	02:43+	03:27+	02:22+	02:35+	04:58+	07:15+	03:53+	01:28+	14:28+	04:50+	02:56-	03:32+	03:18+	07:10+	02:59+	04:38+	02:12+	00:30+
00:42#	00:19#	00:34#	00:27&	00:47&	00:31&	00:06-	03:53@	00:54&	00:03+	00:35&	00:15#	02:05&	04:00@	01:46&	00:31&	11:16@	00:47#	05:20-	00:30#	00:57&	03:10&	00:49&	01:52&	00:38&	00:04#
5	Sune Skousen	15	1:53:13																						
04:35+	14:51+	19:38+	23:27+	26:19+	29:21+	30:15+	33:38+	37:17+	41:48+	44:46+	48:34+	58:02+	62:28+	66:01+	67:32+	73:43+	78:56+	84:45+	89:28+	93:33+	101:45+	105:11+	109:49+	112:38+	113:13+
04:35+	10:16+	04:47+	03:49+	02:52+	03:02+	00:54+	03:23+	03:39+	04:31+	02:58+	03:48+	09:28+	04:26+	03:33+	01:31+	06:11+	05:13+	05:49-	04:43+	04:05+	08:12+	03:26+	04:38+	02:49+	00:35+
01:26&	08:19@	02:16&	02:08@	00:24#	01:17&	00:11&	01:14&	01:50@	01:07&	01:11&	01:28&	06:35@	01:11&	01:26&	00:34&	02:59&	01:10&	02:27-	01:41&	01:44&	04:12@	01:16&	01:52&	01:15&	00:09&
6	Jonas Bo Kirk Egdal	15	2:05:27																						
04:16+	17:28+	22:07+	24:27+	27:30+	30:18+	31:15+	34:02+	38:05+	41:26+	44:58+	48:07+	65:27+	69:13+	76:26+	78:26+	84:51+	89:23+	93:18+	97:28+	100:37+	106:35+	116:01+	122:55+	124:53+	125:27+
04:16+	13:12+	04:39+	02:20+	03:03+	02:48+	00:57+	02:47+	04:03+	03:21-	03:32+	03:09+	17:20+	03:46+	07:13+	02:00+	06:25+	04:32+	03:55-	04:10+	03:09+	05:58+	09:26+	06:54+	01:58+	00:34+
01:07&	11:15@	02:08&	00:35#	01:03&	00:14&	00:38&	02:14@	00:03-	01:45&	00:49&	14:27@	00:31#	05:06@	01:03@	03:13@	00:29#	04:21-	01:08&	00:48&	01:58&	07:16@	04:08@	00:24&	00:08&	

Beste stræktid for klassen

03:03	01:57	02:31	01:41	02:04	01:45	00:37	02:09	01:49	02:58	01:47	02:20	02:53	03:15	02:07	00:57	03:12	03:01	02:56	03:02	02:21	04:00	02:10	02:46	01:34	00:24
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H45

1	Carsten Thyssen	2	1:05:52																						
03:07=	05:04=	07:53=	09:34=	14:28=	16:19=	16:57=	19:45=	21:49=	24:17=	26:03=	28:26=	31:32=	35:10=	37:06=	38:14=	41:20=	44:39=	46:57=	49:49=	51:59=	58:54=	61:06=	63:45=	65:23=	65:52=
03:07=	01:57=	02:49=	01:41=	04:54=	01:51=	00:38=	02:48=	02:04=	02:28=	01:46=	02:23=	03:06=	03:38=	01:56=	01:08=	03:06=	03:19=	02:18=	02:52=	02:10=	06:55=	02:12=	02:39=	01:38=	00:29=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse	Tid																						
2	Keld Hinge Krogsgaard	4	1:06:00																						
02:54-	04:24-	07:18-	09:14-	11:35-	13:30-	14:10-	16:29-	18:23-	20:59-	22:48-	25:14-	28:09-	33:18-	35:29-	36:33-	40:09-	43:47-	46:41-	50:19+	52:42+	57:18-	60:04-	63:20-	65:30+	66:00+
02:54-	01:30-	02:54+	01:56+	02:21-	01:55+	00:40+	02:19-	01:54-	02:36+	01:49+	02:26+	02:55-	05:09+	02:11+	01:04-	03:36+	03:38+	02:54+	03:38+	02:23+	04:36-	02:46+	03:16+	02:10+	00:30+
00:13-	00:27-	00:05+	00:15#	02:33-	00:04+	00:02+	00:29-	00:10-	00:08+	00:03+	00:03+	00:11-	01:31&	00:15#	00:04-	00:30#	00:19+	00:36&	00:46&	00:13+	02:19-	00:34&	00:37#	00:32&	00:01+
3	Ole Jensen	9	1:06:47																						
03:51+	07:40+	11:23+	13:39+	15:21+	17:02+	17:37+	19:44-	21:25-	23:34-	25:18-	27:22-	29:44-	32:34-	34:31-	35:26-	38:20-	41:14-	43:20-	47:11-	49:08-	53:51-	56:53-	62:26-	66:23+	66:47+
03:51+	03:49+	03:43+	02:16+	01:42-	01:41-	00:35-	02:07-	01:41-	02:09-	01:44-	02:04-	02:22-	02:50-	01:57+	00:55-	02:54-	02:54-	02:06-	03:51+	01:57-	04:43-	03:02+	05:33+	03:57+	00:24-
00:44#	01:52&	00:54&	00:35&	03:12-	00:10-	00:03-	00:41-	00:23-	00:19-	00:02-	00:19-	00:44-	00:48-	00:01+	00:13-	00:12-	00:25-	00:12-	00:59&	00:13-	02:12-	00:50&	02:54@	02:19@	00:05-
4	Kell Sønnichsen	OK Pan	1:08:43																						
03:33+	05:15+	08:20+	12:27+	14:53+	16:51+	17:27+	19:56+	23:15+	26:00+	28:07+	30:37+	33:41+	37:17+	39:37+	40:36+	44:36+	47:58+	50:36+	53:52+	56:09+	60:22+	62:58+	66:29+	68:17+	68:43+
03:33+	01:42-	03:05+	04:07+	02:26-	01:58+	00:36-	02:29-	03:19+	02:45+	02:07+	02:30+	03:04-	03:36-	02:20+	00:59-	04:00+	03:22+	02:38+	03:16+	02:17+	04:13-	02:36+	03:31+	01:48+	00:26-
00:26#	00:15-	00:16+	02:26@	02:28-	00:07+	00:02-	00:19-	01:15&	00:17#	00:21#	00:07+	00:02-	00:02-	00:24#	00:09-	00:54&	00:03+	00:20#	00:24#	00:07+	02:42-	00:24#	00:52&	00:10#	00:03-
5	Allan Thesbjerg	2	1:09:25																						
03:25+	05:28+	08:33+	10:45+	12:46-	14:50-	15:24-	17:42-	20:04-	22:48-	25:00-	27:25-	30:47-	35:14+	37:23+	38:31+	41:58+	45:12+	50:17+	54:45+	57:06+	61:33+	63:52+	67:18+	68:55+	69:25+
03:25+	02:03+	03:05+	02:12+	02:01-	02:04+	00:34-	02:18-	02:22+	02:44+	02:12+	02:25+	03:22+	04:27+	02:09+	01:08=	03:27+	03:14-	05:05+	04:28+	02:21+	04:27-	02:19+	03:26+	01:37-	00:30+
00:18+	00:06+	00:16+	00:31&	02:53-	00:13#	00:04-	00:30-	00:18#	00:16#	00:26#	00:02+	00:16+	00:49#	00:13#	00:00=	00:21#	00:05-	02:47@	01:36&	00:11+	02:28-	00:07+	00:47&	00:01-	00:01+
6	Mads Mikkelsen	2	1:13:25																						
03:14+	05:00-	07:58+	10:18+	15:12+	17:23+	18:06+	20:33+	23:12+	25:59+	29:16+	31:39+	34:54+	40:44+	42:57+	44:13+	48:12+	51:24+	54:12+	57:26+	60:02+	65:27+	68:08+	71:16+	72:57+	73:25+
03:14+	01:46-	02:58+	02:20+	04:54=	02:11+	00:43+	02:27-	02:39+	02:47+	03:17+	02:23=	03:15+	05:50+	02:13+	01:16+	03:59+	03:12-	02:48+	03:14+	02:36+	05:25-	02:41+	03:08+	01:41+	00:28-
00:07+	00:11-	00:09+	00:39#	00:00=	00:20#	00:05#	00:21-	00:35&	00:19#	01:31&	00:00=	00:09+	02:12&	00:17#	00:08#	00:53&	00:07-	00:30#	00:22#	00:26#	01:30-	00:29#	00:29#	00:03+	00:01-
7	Jonas Persson	4	1:20:48																						
09:25+	11:15+	14:24+	16:39+	18:57+	21:00+	21:48+	24:19+	26:42+	29:36+	32:21+	34:48+	37:42+	42:15+	44:35+	46:46+	51:26+	55:05+	58:27+	63:38+	66:39+	71:35+	74:39+	78:21+	80:16+	80:48+
09:25+	01:50-	03:09+	02:15+	02:18-	02:03+	00:48+	02:31-	02:23+	02:54+	02:45+	02:27+	02:54+	04:33+	02:20+	02:11+	04:40+	03:39+	03:22+	05:11+	03:01+	04:56-	03:04+	03:42+	01:55+	00:32+
06:18@	00:07-	00:20#	00:31&	02:36-	00:12#	00:10&	00:17-	00:19#	00:26#	00:59&	00:04+	00:12-	00:55&	00:24#	01:03&	01:34&	00:20#	01:04&	02:19&	00:51&	01:59-	00:52&	01:03&	00:17#	00:03#
8	Peter Kilden Jensen	OK Pan	1:29:02																						
03:45+	09:58+	13:26+	16:35+	19:41+	22:04+	22:47+	25:34+	30:20+	33:24+	36:28+	40:08+	46:15+	50:18+	53:18+	54:49+	58:55+	63:01+	66:30+	70:05+	72:47+	78:09+	81:08+	84:53+	88:30+	89:02+
03:45+	06:13+	03:28+	03:09+	03:06-	02:23+	00:43+	02:47-	04:46+	03:04+	03:04+	03:40+	06:07+	04:03+	03:00+	01:31+	04:06+	04:06+	03:29+	03:35+	02:42+	05:22-	02:59+	03:45+	03:37+	00:32+
00:38#	04:16@	00:39#	01:28&	01:48-	00:32&	00:05#	00:01-	02:42@	00:36#	01:18&	01:17&	03:01&	00:25#	01:04&	00:23&	01:00&	00:47#	01:11&	00:43#	00:32#	01:33-	00:47&	01:06&	01:59@	00:03#
9	Thomas Herbert Kokholm	2	1:31:33																						
09:25+	11:28+	15:38+	17:46+	23:45+	25:45+	26:23+	28:48+	37:10+	40:17+	43:13+	45:57+	49:34+	53:04+	55:50+	56:50+	60:29+	63:12+	65:29+	69:23+	75:50+	81:30+	84:12+	89:24+	91:05+	91:33+
09:25+	02:03+	04:10+	02:08+	05:59+	02:00+	00:38=	02:25-	08:22+	03:07+	02:56+	02:44+	03:37+	03:30-	02:46+	01:00-	03:39+	02:43-	02:17-	03:54+	06:27+	05:40-	02:42+	05:12+	01:41+	00:28-
06:18@	00:06+	01:21&	00:27&	01:05#	00:09+	00:00=	00:23-	06:18@	00:39&	01:10&	00:21#	00:31#	00:08-	00:50&	00:08-	00:33#	00:36-	00:01-	01:02&	04:17@	01:15-	00:30#	02:33&	00:03+	00:01-
10	Jan Kølback	6	1:31:45																						
03:46+	05:55+	09:57+	12:29+	16:43+	19:45+	20:32+	23:28+	26:36+	29:53+	32:41+	35:44+	39:51+	45:24+	48:02+	49:43+	55:28+	60:56+	68:33+	72:44+	75:30+	81:08+	84:16+	88:56+	91:13+	91:45+
03:46+	02:09+	04:02+	02:32+	04:14-	03:02+	00:47+	02:56+	03:08+	03:17+	02:48+	03:03+	04:07+	05:33+	02:38+	01:41+	05:45+	05:28+	07:37+	04:11+	02:46+	05:38-	03:08+	04:40+	02:17+	00:32+
00:39#	00:12#	01:13&	00:51&	00:40-	01:11&	00:09#	00:08+	01:04&	00:49&	01:02&	00:40&	01:01&	01:55&	00:42&	00:33&	02:39&	02:09&	05:19@	01:19&	00:36&	01:17-	00:56&	02:01&	00:39&	00:03#
11	Jens Isaksen	4	1:32:20																						
04:18+	07:09+	10:42+	15:55+	19:00+	21:32+	25:55+	28:48+	32:22+	36:02+	38:55+	41:50+	45:41+	50:54+	53:33+	55:45+	60:16+	63:39+	66:37+	70:28+	77:04+	83:45+	86:07+	89:56+	91:49+	92:20+
04:18+	02:51+	03:33+	05:13+	03:05-	02:32+	04:23+	02:53+	03:34+	03:40+	02:53+	02:55+	03:51+	05:13+	02:39+	02:12+	04:31+	03:23+	02:58+	03:51+	06:36+	06:41-	02:22+	03:49+	01:53+	00:31+
01:11&	00:54&	00:44&	03:32@	01:49-	00:41&	03:45@	00:05+	01:30&	01:12&	01:07&	00:32#	00:45#	01:35&	00:43&	01:04&	01:25&	00:04+	00:40&	00:59&	04:26@	00:14-	00:10+	01:10&	00:15#	00:02+
12	Michael Boye	4	1:42:38																						
04:58+	08:13+	12:04+	14:57+	18:31+	20:47+	21:30+	27:35+	30:16+	33:40+	35:59+	38:37+	43:29+	50:43+	54:46+	56:11+	70:41+	75:23+	78:27+	81:53+	85:19+	92:29+	95:15+	99:55+	102:12+	102:38+
04:58+	03:15+	03:51+	02:53+	03:34-	02:16+	00:43+	06:05+	02:41+	03:24+	02:19+	02:38+	04:52+	07:14+	04:03+	01:25+	14:30+	04:42+	03:04+	03:26+	03:26+	07:10+	02:46+	04:40+	02:17+	00:26-
01:51&	01:18&	01:02&	01:12&	01:20-	00:25#	00:05#	03:17@	00:37&	00:56&	00:33&	00:15#	01:46&	01:18&	01:27&	00:51&	00:10#	00:50&	01:14&	00:56&	00:55&	01:51-	00:30#	02:18&	00:35&	00:02-
13	Jacob Bang	13	1:44:56																						
04:00+	06:32+	11:40+	14:42+	17:45+	20:15+	21:27+	24:32+	27:51+	31:28+	34:20+	37:44+	42:08+	47:13+	50:00+	51:18+	55:14+	59:47+	82:40+	86:28+	89:33+	94:37+	97:19+	102:16+	104:29+	104:56+
04:00+	02:32+	05:08+	03:02+	03:03-	02:30+	01:12+	03:05+	03:19+	03:37+	02:52+	03:24+	04:24+	05:05+	02:47+	01:18+	03:56+	04:33+	22:53+	03:48+	03:05+	05:04-	02:42+	04:57+	02:13+	00:27-
00:53&	00:35&	02:19&	01:21&	01:51-	00:39&	00:34&	00:17#	01:15&	01:03&	01:06&	01:01&	01:18&	01:27&	00:51&	00:10#	00:50&	01:14&	20:35@	00:56&	00:55&	01:51-	00:30#	02:18&	00:35&	00:02-
Beste stræktid for klassen																									
02:54	01:30	02:49	01:41	01:42	01:41	00:34	02:07	01:41	02:09	01:44	02:04	02:22	02:50	01:56	00:55	02:54	02:43	02:06	02:52	01:57	04:13	02:12	02:39	01:37	00:24

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H50

Class	Navn	Klasse	Tid															
1	Jørn Riis	OK Pan	54:35															
03:01=	06:23=	09:04=	12:25=	15:09=	17:25=	19:39=	24:21=	25:26=	27:43=	30:25=	31:56=	35:33=	38:59=	42:30=	47:42=	50:03=	54:04=	54:35=

Class	Navn	Klasse										Tid				
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2	Keld Gade	22										54:52						
03:06+	06:14-	09:47+	13:21+	14:55-	17:22-	19:50+	25:05+	26:08+	28:22+	31:14+	32:47+	36:01+	39:17+	42:33+	47:41-	50:10+	54:24+	54:52+
03:06+	03:08-	03:33+	03:34+	01:34-	02:27+	02:28+	05:15+	01:03-	02:14-	02:52+	01:33+	03:14-	03:16-	03:16-	05:08-	02:29+	04:14+	00:28-
00:05+	00:14-	00:52&	00:13+	01:10-	00:11+	00:14#	00:33#	00:02-	00:03-	00:10+	00:02+	00:23-	00:10-	00:15-	00:04-	00:08+	00:13+	00:03-

3	Søren Flytkjær	1										56:06						
02:57-	06:55+	09:28+	13:08+	14:57-	17:15-	21:24+	25:13+	26:18+	28:19+	31:17+	33:05+	36:24+	40:36+	44:27+	49:17+	51:27+	55:40+	56:06+
02:57-	03:58+	02:33-	03:40+	01:49-	02:18+	04:09+	03:49-	01:05=	02:01-	02:58+	01:48+	03:19-	04:12+	03:51+	04:50-	02:10-	04:13+	00:26-
00:04-	00:36#	00:08-	00:19+	00:55-	00:02+	01:55&	00:53-	00:00=	00:16-	00:16+	00:17#	00:18-	00:46#	00:20+	00:22-	00:11-	00:12+	00:05-

4	Per Mønster Jørgensen	2										59:34						
03:10+	07:52+	10:39+	14:02+	15:51+	18:05+	23:39+	26:51+	28:01+	30:04+	33:03+	34:39+	38:22+	41:59+	46:45+	51:54+	54:15+	59:00+	59:34+
03:10+	04:42+	02:47+	03:23+	01:49-	02:14-	05:34+	03:12-	01:10+	02:03-	02:59+	01:36+	03:43+	03:37+	04:46+	05:09-	02:21=	04:45+	00:34+
00:09+	01:20&	00:06+	00:02+	00:55-	00:02-	03:20@	01:30-	00:05+	00:14-	00:17#	00:05+	00:06+	00:11+	01:15&	00:03-	00:00=	00:44#	00:03+

5	Torben Kragh	OK Pan										1:05:03						
06:05+	11:43+	14:29+	18:12+	20:04+	23:24+	27:28+	31:27+	32:25+	34:25+	37:33+	39:10+	42:27+	46:49+	50:15+	55:45+	59:46+	64:26+	65:03+
06:05+	05:38+	02:46+	03:43+	01:52-	03:20+	04:04+	03:59-	00:58-	02:00-	03:08+	01:37+	03:17-	04:22+	03:26-	05:30+	04:01+	04:40+	00:37+
03:04@	02:16&	00:05+	00:22#	00:52-	01:04&	01:50&	00:43-	00:07-	00:17-	00:26#	00:06+	00:20-	00:56&	00:05-	00:18+	01:40&	00:39#	00:06#

6	Thomas Lindschow	1										1:05:06						
04:38+	08:39+	12:28+	16:30+	19:07+	21:58+	24:37+	28:34+	29:45+	32:10+	35:42+	37:36+	41:30+	47:01+	50:43+	57:10+	60:16+	64:29+	65:06+
04:38+	04:01+	03:49+	04:02+	02:37-	02:51+	02:39+	03:57-	01:11+	02:25+	03:32+	01:54+	03:54+	05:31+	03:42+	06:27+	03:06+	04:13+	00:37+
01:37&	00:39#	01:08&	00:41#	00:07-	00:35&	00:25#	00:45-	00:06+	00:08+	00:50&	00:23&	00:17+	02:05&	00:11+	01:15#	00:45&	00:12+	00:06#

7	Steffen Alm	25										1:05:59						
06:33+	10:02+	13:04+	18:05+	20:20+	22:47+	24:57+	28:38+	29:38+	31:50+	36:26+	38:09+	42:19+	46:38+	50:29+	56:49+	60:27+	65:27+	65:59+
06:33+	03:29+	03:02+	05:01+	02:15-	02:27+	02:10-	03:41-	01:00-	02:12-	04:36+	01:43+	04:10+	04:19+	03:51+	06:20+	03:38+	05:00+	00:32+
03:32@	00:07+	00:21#	01:40&	00:29-	00:11+	00:04-	01:01-	00:05-	00:05-	01:54&	00:12#	00:33#	00:53&	00:20+	01:08#	01:17&	00:59#	00:01+

8	Henrik Lisby	NOTEAM										1:09:17						
04:03+	08:33+	12:51+	17:29+	19:52+	22:22+	25:13+	29:16+	30:24+	33:09+	36:45+	39:10+	43:10+	47:53+	51:46+	60:13+	63:16+	68:46+	69:17+
04:03+	04:30+	04:18+	04:38+	02:23-	02:30+	02:51+	04:03-	01:08+	02:45+	03:36+	02:25+	04:00+	04:43+	03:53+	08:27+	03:03+	05:30+	00:31=
01:02&	01:08&	01:37&	01:17&	00:21-	00:14#	00:37&	00:39-	00:03+	00:28#	00:54&	00:54&	00:23#	01:17&	00:22#	03:15&	00:42&	01:29&	00:00=

9	Jens Ozol	4										1:13:12						
03:49+	07:47+	11:42+	16:50+	18:59+	22:13+	26:27+	32:57+	34:21+	37:00+	41:09+	42:57+	47:35+	53:27+	58:35+	64:29+	67:10+	72:46+	73:12+
03:49+	03:58+	03:55+	05:08+	02:09-	03:14+	04:14+	06:30+	01:24+	02:39+	04:09+	01:48+	04:38+	05:52+	05:08+	05:54+	02:41+	05:36+	00:26-
00:48&	00:36#	01:14&	01:47&	00:35-	00:58&	02:00&	01:48&	00:19&	00:22#	01:27&	00:17#	01:01&	02:26&	01:37&	00:42#	00:20#	01:35&	00:05-

Beste stræktid for klassen
 02:57 03:08 02:33 03:21 01:34 02:14 02:10 03:12 00:58 02:00 02:42 01:31 03:14 03:16 03:16 04:50 02:10 04:01 00:26
 = Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H50mel

1	Thomas Sørensen	15										1:13:03						
03:41=	08:03=	11:23=	15:20=	17:43=	20:42=	23:17=	27:54=	29:42=	32:34=	36:19=	38:48=	44:30=	49:15=	57:04=	63:49=	66:38=	72:20=	73:03=
03:41=	04:22=	03:20=	03:57=	02:23=	02:59=	02:35=	04:37=	01:48=	02:52=	03:45=	02:29=	05:42=	04:45=	07:49=	06:45=	02:49=	05:42=	00:43=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen
 03:41 04:22 03:20 03:57 02:23 02:59 02:35 04:37 01:48 02:52 03:45 02:29 05:42 04:45 07:49 06:45 02:49 05:42 00:43
 = Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H55

1	Erik Bobach	4										49:20						
02:32=	05:31=	07:58=	11:10=	12:45=	14:56=	17:09=	21:52=	22:45=	24:30=	27:27=	28:48=	31:41=	35:06=	38:09=	42:46=	44:59=	48:55=	49:20=
02:32=	02:59=	02:27=	03:12=	01:35=	02:11=	02:13=	04:43=	00:53=	01:45=	02:57=	01:21=	02:53=	03:25=	03:03=	04:37=	02:13=	03:56=	00:25=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Jess Rasmussen	22										50:34						
02:38+	05:49+	08:27+	11:35+	13:13+	15:21+	17:59+	20:53-	21:48-	23:28-	26:13-	27:37-	30:45-	35:11+	38:35+	43:27+	46:22+	50:04+	50:34+
02:38+	03:11+	02:38+	03:08-	01:38+	02:08-	02:38+	02:54-	00:55+	01:40-	02:45-	01:24+	03:08+	04:26+	03:24+	04:52+	02:55+	03:42-	00:30+
00:06+	00:12+	00:11+	00:04-	00:03+	00:03-	00:25#	01:49-	00:02+	00:05-	00:12-	00:03+	00:15+	01:01&	00:21#	00:15+	00:42&	00:14-	00:05#

Class	Navn	Klasse										Tid									
3	Morten Kjær	4										53:01									
03:35+	07:48+	10:37+	13:52+	15:28+	18:23+	20:32+	23:34+	24:37+	26:28+	29:59+	31:15+	34:29+	38:41+	41:39+	46:41+	48:49+	52:28+	53:01+			
03:35+	04:13+	02:49+	03:15+	01:36+	02:55+	02:09-	03:02-	01:03+	01:51+	03:31+	01:16-	03:14+	04:12+	02:58-	05:02+	02:08-	03:39-	00:33+			
01:03&	01:14&	00:22#	00:03+	00:01+	00:44&	00:04-	01:41-	00:10#	00:06+	00:34#	00:05-	00:21#	00:47#	00:05-	00:25+	00:05-	00:17-	00:08&			
4	Henning Hansen	2										1:03:16									
03:18+	07:36+	10:40+	14:39+	16:49+	19:16+	21:51+	25:27+	26:57+	29:09+	32:02+	33:47+	41:03+	44:50+	49:01+	54:37+	57:22+	62:48+	63:16+			
03:18+	04:18+	03:04+	03:59+	02:10+	02:27+	02:35+	03:36-	01:30+	02:12+	02:53-	01:45+	07:16+	03:47+	04:11+	05:36+	02:45+	05:26+	00:28+			
00:46&	01:19&	00:37&	00:47#	00:35&	00:16#	00:22#	01:07-	00:37&	00:27&	00:04-	00:24&	04:23@	00:22#	01:08&	00:59#	00:32#	01:30&	00:03#			
5	Kent Lodberg	OK Pan										1:05:47									
02:43+	06:05+	08:48+	12:20+	14:00+	16:24+	18:37+	21:53+	22:53+	24:59+	27:58+	29:34+	32:42+	36:32+	41:36+	54:36+	61:31+	65:17+	65:47+			
02:43+	03:22+	02:43+	03:32+	01:40+	02:24+	02:13=	03:16-	01:00+	02:06+	02:59+	01:36+	03:08+	03:50+	05:04+	13:00+	06:55+	03:46-	00:30+			
00:11+	00:23#	00:16#	00:20#	00:05+	00:13+	00:00=	01:27-	00:07#	00:21#	00:02+	00:15#	00:15+	00:25#	02:01&	08:23@	04:42@	00:10-	00:05#			
6	Jens Børsting	4										1:05:59									
02:51+	06:00+	09:08+	12:32+	14:30+	16:45+	18:53+	32:01+	32:56+	35:08+	38:23+	39:55+	43:23+	47:06+	51:29+	58:17+	61:11+	65:30+	65:59+			
02:51+	03:09+	03:08+	03:24+	01:58+	02:15+	02:08-	13:08+	00:55+	02:12+	03:15+	01:32+	03:28+	03:43+	04:23+	06:48+	02:54+	04:19+	00:29+			
00:19#	00:10+	00:41&	00:12+	00:23#	00:04+	00:05-	08:25@	00:02+	00:27&	00:18#	00:11#	00:35#	00:18+	01:20&	02:11&	00:41&	00:23+	00:04#			
7	Per Dahl Jensen	OK Pan										1:06:03									
03:00+	06:03+	09:12+	13:49+	15:36+	18:43+	21:26+	24:39+	25:38+	28:36+	31:40+	33:54+	39:10+	43:15+	51:21+	58:12+	60:36+	65:28+	66:03+			
03:00+	03:03+	03:09+	04:37+	01:47+	03:07+	02:43+	03:13-	00:59+	02:58+	03:04+	02:14+	05:16+	04:05+	08:06+	06:51+	02:24+	04:52+	00:35+			
00:28#	00:04+	00:42&	00:31#	00:37&	00:21#	00:12+	01:06#	00:10#	00:38&	00:36#	00:27&	03:15@	00:40#	05:03@	02:14&	00:11+	00:56#	00:10&			
8	Vagn Pedersen	6										1:07:34									
03:22+	06:49+	10:08+	13:51+	16:03+	18:35+	21:00+	26:49+	27:52+	30:15+	33:48+	35:36+	41:44+	47:05+	52:06+	58:18+	61:14+	67:01+	67:34+			
03:22+	03:27+	03:19+	03:43+	02:12+	02:32+	02:25+	05:49+	01:03+	02:23+	03:33+	01:48+	06:08+	05:21+	05:01+	06:12+	02:56+	05:47+	00:33+			
00:50&	00:28#	00:52&	00:31#	00:37&	00:21#	00:12+	01:06#	00:10#	00:38&	00:36#	00:27&	03:15@	01:56&	01:58&	01:35&	00:43&	01:51&	00:08&			
9	Stig Barrett	22										1:10:15									
03:54+	07:35+	10:55+	18:56+	20:50+	23:12+	25:49+	30:59+	32:01+	34:11+	40:42+	42:20+	46:10+	50:13+	54:02+	61:02+	64:44+	69:46+	70:15+			
03:54+	03:41+	03:20+	08:01+	01:54+	02:22+	02:37+	05:10+	01:02+	02:10+	06:31+	01:38+	03:50+	04:03+	03:49+	07:00+	03:42+	05:02+	00:29+			
01:22&	00:42#	00:53&	04:49@	00:19#	00:11+	00:24#	00:27+	00:09#	00:25#	03:34@	00:17#	00:57&	00:38#	00:46&	02:23&	01:29&	01:06&	00:04#			
10	Anker Møller	4										1:10:21									
04:54+	08:42+	12:11+	16:02+	18:02+	21:08+	27:25+	35:48+	36:42+	39:51+	42:55+	44:16+	48:06+	51:45+	55:58+	61:54+	64:23+	69:52+	70:21+			
04:54+	03:48+	03:29+	03:51+	02:00+	03:06+	06:17+	08:23+	00:54+	03:09+	03:04+	01:21=	03:50+	03:39+	04:13+	05:56+	02:29+	05:29+	00:29+			
02:22&	00:49&	01:02&	00:39#	00:25&	00:55&	04:04@	03:40&	00:01+	01:24&	00:07+	00:00=	00:57&	00:14+	01:10&	01:19&	00:16#	01:33&	00:04#			
11	Walther Rahbek	1										1:11:03									
02:36+	05:57+	11:27+	14:25+	16:10+	19:36+	21:49+	26:22+	27:30+	30:30+	33:43+	35:16+	38:45+	42:59+	57:06+	62:50+	65:44+	70:30+	71:03+			
02:36+	03:21+	05:30+	02:58-	01:45+	03:26+	02:13=	04:33-	01:08+	03:00+	03:13+	01:33+	03:29+	04:14+	14:07+	05:44+	02:54+	04:46+	00:33+			
00:04+	00:22#	03:03@	00:14-	00:10#	01:15&	00:00=	00:10-	00:15&	01:15&	00:16+	00:12#	00:36#	00:49#	11:04@	01:07#	00:41&	00:50#	00:08&			
12	Ulrik Johansen	OK Pan										1:15:19									
04:09+	08:16+	12:05+	17:13+	19:43+	23:47+	27:29+	32:07+	33:31+	36:34+	40:25+	42:37+	47:18+	52:56+	58:08+	66:44+	69:31+	74:47+	75:19+			
04:09+	04:07+	03:49+	05:08+	02:30+	04:04+	03:42+	04:38-	01:24+	03:03+	03:51+	02:12+	04:41+	05:38+	05:12+	08:36+	02:47+	05:16+	00:32+			
01:37&	01:08&	01:22&	01:56&	00:55&	01:53&	01:29&	00:05-	00:31&	01:18&	00:54&	00:51&	01:48&	02:13&	02:09&	03:59&	00:34&	01:20&	00:07&			
13	Frank Krog Jensen	2										1:17:13									
06:32+	10:04+	13:15+	16:42+	18:36+	20:52+	23:00+	33:51+	35:03+	37:39+	44:21+	46:26+	50:37+	55:43+	60:05+	66:26+	69:22+	76:43+	77:13+			
06:32+	03:32+	03:11+	03:27+	01:54+	02:16+	02:08-	10:51+	01:12+	02:36+	06:42+	02:05+	04:11+	05:06+	04:22+	06:21+	02:56+	07:21+	00:30+			
04:00@	00:33#	00:44&	00:15#	00:19#	00:05+	00:05-	06:08@	00:19&	00:51&	03:45@	00:44&	01:18&	01:41&	01:19&	01:44&	00:43&	03:25&	00:05#			
14	Michael Straube	2										1:18:17									
09:19+	13:52+	18:33+	22:27+	24:36+	28:02+	31:04+	35:09+	37:13+	41:31+	45:17+	48:05+	52:18+	58:05+	62:33+	69:00+	71:55+	77:35+	78:17+			
09:19+	04:33+	04:41+	03:54+	02:09+	03:26+	03:02+	04:05-	02:04+	04:18+	03:46+	02:48+	04:13+	05:47+	04:28+	06:27+	02:55+	05:40+	00:42+			
06:47@	01:34&	02:14&	00:42#	00:34&	01:15&	00:49&	00:38-	01:11@	02:33@	00:49&	01:27@	01:20&	02:22&	01:25&	01:50&	00:42&	01:44&	00:17&			
15	Jan Hauerslev	OK Pan										1:20:46									
03:03+	07:36+	11:31+	15:47+	18:11+	20:48+	23:14+	29:08+	30:24+	33:11+	36:46+	39:07+	47:05+	53:30+	58:45+	71:08+	73:37+	80:11+	80:46+			
03:03+	04:33+	03:55+	04:16+	02:24+	02:37+	02:26+	05:54+	01:16+	02:47+	03:35+	02:21+	07:58+	06:25+	05:15+	12:23+	02:29+	06:34+	00:35+			
00:31#	01:34&	01:28&	01:04&	00:49&	00:26#	00:13+	01:11&	00:23&	01:02&	00:38#	01:00&	05:05@	03:00&	02:12&	07:46@	00:16#	02:38&	00:10&			
16	Lars Ozol	4										1:27:03									
04:31+	10:17+	14:05+	19:03+	21:27+	25:30+	28:54+	35:17+	36:40+	39:49+	43:52+	46:28+	52:25+	57:45+	71:09+	78:16+	81:12+	86:32+	87:03+			
04:31+	05:46+	03:48+	04:58+	02:24+	04:03+	03:24+	06:23+	01:23+	03:09+	04:03+	02:36+	05:57+	05:20+	13:24+	07:07+	02:56+	05:20+	00:31+			
01:59&	02:47&	01:21&	01:46&	00:49&	01:52&	01:11&	01:40&	00:30&	01:24&	01:06&	01:15&	03:04@	01:55&	10:21@	02:30&	00:43&	01:24&	00:06#			
17	Erik Warncke	2										1:36:05									
04:37+	09:00+	14:08+	19:12+	21:24+	25:07+	27:43+	31:47+	33:02+	35:48+	40:28+	42:33+	46:56+	52:38+	70:03+	78:16+	83:45+	95:26+	96:05+			
04:37+	04:23+	05:08+	05:04+	02:12+	03:43+	02:36+	04:04-	01:15+	02:46+	04:40+	02:05+	04:23+	05:42+	17:25+	08:13+	05:29+	11:41+	00:39+			
02:05&	01:24&	02:41@	01:52&	00:37&	01:32&	00:23#	00:39-	00:22&	01:01&	01:43&	00:44&	01:30&	02:17&	14:22@	03:36&	03:16@	07:45@	00:14&			

Class	Navn	Klasse										Tid							
18	Zijad Cosic	1										1:39:47							
15:06+	21:46+	26:49+	32:19+	34:08+	36:38+	38:49+	42:28+	43:44+	46:13+	49:28+	56:57+	65:56+	70:52+	79:03+	89:13+	94:59+	99:20+	99:47+	
15:06+	06:40+	05:03+	05:30+	01:49+	02:30+	02:11-	03:39-	01:16+	02:29+	03:15+	07:29+	08:59+	04:56+	08:11+	10:10+	05:46+	04:21+	00:27+	
12:34@	03:41@	02:36@	02:18&	00:14#	00:19#	00:02-	01:04-	00:23&	00:44&	00:18#	06:08@	06:06@	01:31&	05:08@	05:33@	03:33@	00:25#	00:02+	
19	Finn Arildsen	OK Pan										1:39:52							
04:12+	08:59+	14:17+	20:28+	23:19+	29:34+	35:46+	40:50+	42:38+	45:31+	52:02+	54:59+	60:36+	66:42+	78:00+	86:34+	92:33+	99:01+	99:52+	
04:12+	04:47+	05:18+	06:11+	02:51+	06:15+	06:12+	05:04+	01:48+	02:53+	06:31+	02:57+	05:37+	06:06+	11:18+	08:34+	05:59+	06:28+	00:51+	
01:40&	01:48&	02:51@	02:59&	01:16&	04:04@	03:59@	00:21+	00:55@	01:08&	03:34@	01:36@	02:44&	02:41&	08:15@	03:57&	03:46@	02:32&	00:26@	
20	Carl Henrik Pedersen	9										2:07:09							
04:05+	09:59+	13:41+	18:45+	23:24+	29:31+	33:04+	38:46+	40:23+	43:36+	47:20+	49:47+	66:10+	78:29+	84:00+	114:25+	117:15+	126:36+	127:09+	
04:05+	05:54+	03:42+	05:04+	04:39+	06:07+	03:33+	05:42+	01:37+	03:13+	03:44+	02:27+	16:23+	12:19+	05:31+	30:25+	02:50+	09:21+	00:33+	
01:33&	02:55&	01:15&	01:52&	03:04@	03:56@	01:20&	00:59#	00:44&	01:28&	00:47&	01:06&	13:30@	08:54@	02:28&	25:48@	00:37&	05:25@	00:08&	
21	Per Hauge	16										2:17:47							
05:41+	11:57+	17:56+	32:40+	36:30+	46:35+	55:53+	64:36+	67:15+	71:30+	76:40+	82:16+	90:03+	97:25+	106:36+	117:57+	122:12+	137:06+	137:47+	
05:41+	06:16+	05:59+	14:44+	03:50+	10:05+	09:18+	08:43+	02:39+	04:15+	05:10+	05:36+	07:47+	07:22+	09:11+	11:21+	04:15+	14:54+	00:41+	
03:09@	03:17@	03:32@	11:32@	02:15@	07:54@	07:05@	04:00&	01:46@	02:30@	02:13&	04:15@	04:54@	03:57@	06:08@	06:44@	02:02&	10:58@	00:16&	
Beste stræktid for klassen																			
02:32	02:59	02:27	02:58	01:35	02:08	02:08	02:54	00:53	01:40	02:45	01:16	02:53	03:25	02:58	04:37	02:08	03:39	00:25	

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H60

1	Mogens Hagner	4										1:02:37							
08:38=	21:12=	24:58=	27:10=	29:36=	32:19=	34:55=	37:15=	39:20=	42:56=	46:13=	47:40=	50:15=	53:58=	57:39=	60:24=	62:05=	62:37=		
08:38=	12:34=	03:46=	02:12=	02:26=	02:43=	02:36=	02:20=	03:36=	03:17=	01:27=	02:35=	03:43=	03:41=	02:45=	01:41=	00:32=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Torben Sørensen	2										1:12:36							
06:59-	14:03-	18:48-	21:56-	24:48-	28:07-	31:26-	35:27-	38:49-	45:42+	52:38+	55:35+	58:58+	61:12+	64:43+	69:47+	72:09+	72:36+		
06:59-	07:04-	04:45+	03:08+	02:52+	03:19+	03:19+	04:01+	03:22+	06:53+	06:56+	02:57+	03:23+	02:14-	03:31-	05:04+	02:22+	00:27-		
01:39-	05:30-	00:59&	00:56&	00:26#	00:36#	00:43&	01:41&	01:17&	03:17&	03:39@	01:30@	00:48&	01:29-	00:10-	02:19&	00:41&	00:05-		
3	Henrik Dagsberg	OK Pan										1:13:16							
06:40-	14:33-	20:09-	23:44-	26:31-	30:00-	33:40-	36:54-	40:24+	46:13+	50:17+	53:13+	56:58+	59:47+	63:17+	68:32+	72:45+	73:16+		
06:40-	07:53-	05:36+	03:35+	02:47+	03:29+	03:40+	03:14+	03:30+	05:49+	04:04+	02:56+	03:45+	02:49-	03:30-	05:15+	04:13+	00:31-		
01:58-	04:41-	01:50&	01:23&	00:21#	00:46&	01:04&	00:54&	01:25&	02:13&	00:47#	01:29@	01:10&	00:54-	00:11-	02:30&	02:32@	00:01-		
4	John Dalsgaard Sørensen	21										1:17:44							
11:23+	17:58-	24:00-	27:37+	31:14+	34:47+	37:47+	40:44+	43:57+	48:10+	52:37+	54:56+	58:33+	63:01+	66:36+	74:25+	77:07+	77:44+		
11:23+	06:35-	06:02+	03:37+	03:37+	03:33+	03:00+	02:57+	03:13+	04:13+	04:27+	02:19+	03:37+	04:28+	03:35-	07:49+	02:42+	00:37+		
02:45&	05:59-	02:16&	01:25&	01:11&	00:50&	00:24#	00:37&	01:08&	00:37#	01:10&	00:52&	01:02&	00:45#	00:06-	05:04@	01:01&	00:05#		
5	Søren Christensen	1										1:20:32							
12:22+	21:37+	26:57+	30:28+	33:25+	36:56+	41:02+	44:03+	47:52+	52:54+	57:45+	60:21+	65:07+	68:28+	72:13+	77:26+	79:49+	80:32+		
12:22+	09:15-	05:20+	03:31+	02:57+	03:31+	04:06+	03:01+	03:49+	05:02+	04:51+	02:36+	04:46+	03:21-	03:45+	05:13+	02:23+	00:43+		
03:44&	03:19-	01:34&	01:19&	00:31#	00:48&	01:30&	00:41&	01:44&	01:26&	01:34&	01:09&	02:11&	00:22-	00:04+	02:28&	00:42&	00:11&		
6	Ole Nielsen	1										1:37:41							
13:27+	30:50+	41:51+	45:37+	50:32+	54:34+	59:04+	62:11+	65:19+	72:05+	76:57+	79:40+	83:44+	87:14+	90:24+	94:01+	97:03+	97:41+		
13:27+	17:23+	11:01+	03:46+	04:55+	04:02+	04:30+	03:07+	03:08+	06:46+	04:52+	02:43+	04:04+	03:30-	03:10-	03:37+	03:02+	00:38+		
04:49&	04:49&	07:15@	01:34&	02:29@	01:19&	01:54&	00:47&	01:03&	03:10&	01:35&	01:16&	01:29&	00:13-	00:31-	00:52&	01:21&	00:06#		
7	Mogens Christensen	16										1:39:51							
21:38+	30:19+	42:23+	45:55+	49:11+	52:59+	58:06+	61:32+	64:41+	70:32+	76:25+	79:07+	83:29+	86:24+	89:51+	94:56+	99:11+	99:51+		
21:38+	08:41-	12:04+	03:32+	03:16+	03:48+	05:07+	03:26+	03:09+	05:51+	05:53+	02:42+	04:22+	02:55-	03:27-	05:05+	04:15+	00:40+		
13:00@	03:53-	08:18@	01:20&	00:50&	01:05&	02:31&	01:06&	01:04&	02:15&	02:36&	01:15&	01:47&	00:48-	00:14-	02:20&	02:34@	00:08#		
Beste stræktid for klassen																			
06:40	06:35	03:46	02:12	02:26	02:43	02:36	02:20	02:05	03:36	03:17	01:27	02:35	02:14	03:10	02:45	01:41	00:27		

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H60mel

Class	Navn	Klasse										Tid						
1	John Hansen	15										1:22:06						
	16:11=	22:33=	28:41=	31:43=	34:54=	37:58=	41:17=	44:01=	47:37=	53:05=	60:06=	62:10=	65:22=	69:21=	72:21=	78:49=	81:35=	82:06=
	16:11=	06:22=	06:08=	03:02=	03:11=	03:04=	03:19=	02:44=	03:36=	05:28=	07:01=	02:04=	03:12=	03:59=	03:00=	06:28=	02:46=	00:31=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
Beste stræktid for klassen																		
	16:11	06:22	06:08	03:02	03:11	03:04	03:19	02:44	03:36	05:28	07:01	02:04	03:12	03:59	03:00	06:28	02:46	00:31
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																		
H65																		
1	Knud Fjordvald	4										56:17						
	07:29=	13:24=	17:33=	20:25=	22:42=	25:23=	27:54=	30:18=	33:30=	37:00=	40:22=	42:17=	44:46=	46:59=	49:36=	53:51=	55:49=	56:17=
	07:29=	05:55=	04:09=	02:52=	02:17=	02:41=	02:31=	02:24=	03:12=	03:30=	03:22=	01:55=	02:29=	02:13=	02:37=	04:15=	01:58=	00:28=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Peer Straarup	2										56:24						
	06:07-	12:07-	16:18-	18:46-	21:56-	25:02-	27:19-	29:52-	32:08-	35:58-	40:33+	42:23+	45:36+	47:39+	50:19+	54:01+	55:54+	56:24+
	06:07-	06:00+	04:11+	02:28-	03:10+	03:06+	02:17-	02:33+	02:16-	03:50+	04:35+	01:50-	03:13+	02:03-	02:40+	03:42-	01:53-	00:30+
	01:22-	00:05+	00:02+	00:24-	00:53&	00:25#	00:14-	00:09+	00:56-	00:20+	01:13&	00:05-	00:44&	00:10-	00:03+	00:33-	00:05-	00:02+
3	Max Hansen	12										1:00:23						
	07:08-	13:54+	20:08+	22:37+	26:00+	28:59+	31:26+	33:49+	36:17+	40:00+	44:13+	46:16+	49:46+	51:47+	54:31+	57:55+	59:50+	60:23+
	07:08-	06:46+	06:14+	02:29-	03:23+	02:59+	02:27-	02:23-	02:28-	03:43+	04:13+	02:03+	03:30+	02:01-	02:44+	03:24-	01:55-	00:33+
	00:21-	00:51#	02:05&	00:23-	01:06&	00:18#	00:04-	00:01-	00:44-	00:13+	00:51&	00:08+	01:01&	00:12-	00:07+	00:51-	00:03-	00:05#
4	Bjarne Christensen	4										1:01:09						
	06:53-	13:02-	17:13-	19:47-	23:02+	25:58+	29:06+	31:31+	33:58+	38:13+	42:41+	44:44+	48:33+	50:57+	53:42+	56:47+	60:35+	61:09+
	06:53-	06:09+	04:11+	02:34-	03:15+	02:56+	03:08+	02:25+	02:27-	04:15+	04:28+	02:03+	03:49+	02:24+	02:45+	03:05-	03:48+	00:34+
	00:36-	00:14+	00:02+	00:18-	00:58&	00:15+	00:37#	00:01+	00:45-	00:45#	01:06&	00:08+	01:20&	00:11+	00:08+	01:10-	01:50&	00:06#
5	Carl Malling	18										1:01:28						
	09:07+	14:48+	19:08+	21:30+	24:54+	27:41+	30:49+	33:30+	36:28+	40:03+	44:47+	46:38+	49:41+	51:44+	54:30+	58:42+	60:54+	61:28+
	09:07+	05:41-	04:20+	02:22-	03:24+	02:47+	03:08+	02:41+	02:58-	03:35+	04:44+	01:51-	03:03+	02:03-	02:46+	04:12-	02:12+	00:34+
	01:38#	00:14-	00:11+	00:30-	01:07&	00:06+	00:37#	00:17#	00:14-	00:05+	01:22&	00:04-	00:34#	00:10-	00:09+	00:03-	00:14#	00:06#
6	Poul Erik Christensen	2										1:01:50						
	07:40+	14:21+	19:12+	21:52+	24:28+	27:41+	30:34+	33:15+	35:57+	39:43+	44:48+	46:47+	49:59+	52:24+	55:21+	59:17+	61:18+	61:50+
	07:40+	06:41+	04:51+	02:40-	02:36+	03:13+	02:53+	02:41+	02:42-	03:46+	05:05+	01:59+	03:12+	02:25+	02:57+	03:56-	02:01+	00:32+
	00:11+	00:46#	00:42#	00:12-	00:19#	00:32#	00:22#	00:17#	00:30-	00:16+	01:43&	00:04+	00:43&	00:12+	00:20#	00:19-	00:03+	00:04#
7	Jørgen Jørgensen	4										1:04:43						
	06:08-	12:38-	16:42-	19:53-	22:23-	25:29+	28:39+	31:58+	34:43+	39:51+	43:44+	48:28+	52:08+	54:28+	57:39+	62:05+	64:11+	64:43+
	06:08-	06:30+	04:04-	03:11+	02:30+	03:06+	03:10+	03:19+	02:45-	05:08+	03:53+	04:44+	03:40+	02:20+	03:11+	04:26+	02:06+	00:32+
	01:21-	00:35+	00:05-	00:19#	00:13+	00:25#	00:39&	00:55&	00:27-	01:38&	00:31#	02:49@	01:11&	00:07+	00:34#	00:11+	00:08+	00:04#
8	Egil Nielsen	2										1:06:46						
	06:53-	14:20+	19:07+	21:49+	24:49+	27:53+	30:45+	33:34+	36:11+	40:28+	45:00+	47:37+	53:25+	55:39+	58:21+	64:06+	66:05+	66:46+
	06:53-	07:27+	04:47+	02:42-	03:00+	03:04+	02:52+	02:49+	02:37-	04:17+	04:32+	02:37+	05:48+	02:14+	02:42+	05:45+	01:59+	00:41+
	00:36-	01:32&	00:38#	00:10-	00:43&	00:23#	00:21#	00:25#	00:35-	00:47#	01:10&	00:42&	03:19@	00:01+	00:05+	01:30&	00:01+	00:13&
9	Finn Hørup Nielsen	16										1:13:25						
	09:20+	16:52+	21:51+	27:59+	31:08+	34:10+	38:15+	41:20+	44:11+	49:04+	53:58+	56:01+	61:05+	63:41+	67:07+	70:40+	72:54+	73:25+
	09:20+	07:32+	04:59+	06:08+	03:09+	03:02+	04:05+	03:05+	02:51-	04:53+	04:54+	02:03+	05:04+	02:36+	03:26+	03:33-	02:14+	00:31+
	01:51#	01:37&	00:50#	03:16@	00:52&	00:21#	01:34&	00:41&	00:21-	01:23&	01:32&	00:08+	02:35@	00:23#	00:49&	00:42-	00:16#	00:03#
10	Ronnie McGrail	20										1:16:18						
	15:22+	21:35+	26:57+	30:00+	33:03+	37:11+	40:15+	43:29+	46:28+	51:02+	55:20+	57:25+	62:09+	64:21+	67:26+	73:01+	75:29+	76:18+
	15:22+	06:13+	05:22+	03:03+	03:03+	04:08+	03:04+	03:14+	02:59+	04:34+	04:18+	02:05+	04:44+	02:12-	03:05+	05:35+	02:28+	00:49+
	07:53@	00:18+	01:13&	00:11+	00:46&	01:27&	00:33#	00:50&	00:13-	01:04&	00:56&	00:10+	02:15&	00:01-	00:28#	01:20&	00:30&	00:21&
11	Gert Odgaard	16										1:17:07						
	06:35-	14:25+	22:07+	25:28+	29:09+	32:46+	37:32+	41:06+	44:14+	49:17+	53:31+	56:12+	61:34+	64:17+	67:56+	73:28+	76:33+	77:07+
	06:35-	07:50+	07:42+	03:21+	03:41+	03:37+	04:46+	03:34+	03:08-	05:03+	04:14+	02:41+	05:22+	02:43+	03:39+	05:32+	03:05+	00:34+
	00:54-	01:55&	03:33&	00:29#	01:24&	00:56&	02:15&	01:10&	00:04-	01:33&	00:52&	00:46&	02:53@	00:30#	01:02&	01:17&	01:07&	00:06#
12	John Holm	OK Pan										1:17:49						
	05:19-	12:33-	22:25+	24:43+	31:03+	33:37+	37:03+	39:24+	41:36+	50:33+	53:41+	55:53+	58:50+	61:22+	64:01+	67:09+	77:13+	77:49+
	05:19-	07:14+	09:52+	02:18-	06:20+	02:34-	03:26+	02:21-	02:12-	08:57+	03:08-	02:12+	02:57+	02:32+	02:39+	03:08-	10:04+	00:36+
	02:10-	01:19#	05:43@	00:34-	04:03@	00:07-	00:55&	00:03-	01:00-	05:27@	00:14-	00:17#	00:28#	00:19#	00:02+	01:07-	08:06@	00:08&

Class	Navn	Klasse														Tid	
13	Finn Jørgensen Aaris	14														1:19:21	
17:19+	23:02+	33:42+	36:06+	38:34+	41:34+	45:08+	47:37+	49:53+	54:23+	58:47+	60:55+	64:40+	66:59+	69:46+	76:29+	78:46+	79:21+
17:19+	05:43-	10:40+	02:24-	02:28+	03:00+	03:34+	02:29+	02:16-	04:30+	04:24+	02:08+	03:45+	02:19+	02:47+	06:43+	02:17+	00:35+
09:50@	00:12-	06:31@	00:28-	00:11+	00:19#	01:03&	00:05+	00:56-	01:00&	01:02&	00:13#	01:16&	00:06+	00:10+	02:28&	00:19#	00:07#
14	Finn Ingwersen	2														1:19:26	
08:04+	15:36+	23:55+	27:13+	30:07+	33:42+	38:18+	41:39+	45:07+	52:38+	59:35+	61:40+	65:12+	68:10+	71:41+	76:26+	78:56+	79:26+
08:04+	07:32+	08:19+	03:18+	02:54+	03:35+	04:36+	03:21+	03:28+	07:31+	06:57+	02:05+	03:32+	02:58+	03:31+	04:45+	02:30+	00:30+
00:35+	01:37&	04:10@	00:26#	00:37&	00:54&	02:05&	00:57&	00:16+	04:01@	03:35@	00:10+	01:03&	00:45&	00:54&	00:30#	00:32&	00:02+
15	Thorkild Holm Pedersen	16														1:21:35	
07:18-	15:01+	24:18+	27:59+	31:33+	35:06+	40:16+	43:12+	46:35+	52:29+	58:23+	61:12+	65:09+	68:21+	71:48+	77:00+	81:02+	81:35+
07:18-	07:43+	09:17+	03:41+	03:34+	03:33+	05:10+	02:56+	03:23+	05:54+	05:54+	02:49+	03:57+	03:12+	03:27+	05:12+	04:02+	00:33+
00:11-	01:48&	05:08@	00:49&	01:17&	00:52&	02:39@	00:32#	00:11+	02:24&	02:32&	00:54&	01:28&	00:59&	00:50&	00:57#	02:04@	00:05#
16	Poul Grøn	OK Pan														1:24:21	
07:40+	16:30+	22:42+	26:11+	29:33+	33:27+	37:48+	41:16+	46:22+	51:40+	56:31+	59:00+	63:14+	66:00+	76:39+	80:59+	83:43+	84:21+
07:40+	08:50+	06:12+	03:29+	03:22+	03:54+	04:21+	03:28+	05:06+	05:18+	04:51+	02:29+	04:14+	02:46+	10:39+	04:20+	02:44+	00:38+
00:11+	02:55&	02:03&	00:37#	01:05&	01:13&	01:50&	01:04&	01:54&	01:48&	01:29&	00:34&	01:45&	00:33#	08:02@	00:05+	00:46&	00:10&
17	Torben Isen	7														1:27:39	
08:33+	15:48+	22:53+	26:16+	29:35+	33:38+	38:09+	45:40+	49:40+	55:29+	60:18+	62:41+	70:29+	73:05+	77:13+	84:15+	86:59+	87:39+
08:33+	07:15+	07:05+	03:23+	03:19+	04:03+	04:31+	07:31+	04:00+	05:49+	04:49+	02:23+	07:48+	02:36+	04:08+	07:02+	02:44+	00:40+
01:04#	01:20#	02:56&	00:31#	01:02&	01:22&	02:00&	05:07@	00:48#	02:19&	01:27&	00:28#	05:19@	00:23#	01:31&	02:47&	00:46&	00:12&
18	Finn Søndergaard	18														1:30:45	
09:26+	18:15+	24:07+	28:22+	32:24+	36:24+	42:00+	45:36+	49:25+	54:58+	61:37+	64:27+	71:43+	75:21+	80:08+	85:33+	89:56+	90:45+
09:26+	08:49+	05:52+	04:15+	04:02+	04:00+	05:36+	03:36+	03:49+	05:33+	06:39+	02:50+	07:16+	03:38+	04:47+	05:25+	04:23+	00:49+
01:57&	02:54&	01:43&	01:23&	01:45&	01:19&	03:05@	01:12&	00:37#	02:03&	03:17&	00:55&	04:47@	01:25&	02:10&	01:10&	02:25@	00:21&
19	Niels Bobach	1														1:31:31	
17:10+	25:33+	34:01+	37:36+	40:48+	45:06+	50:17+	53:54+	57:15+	62:44+	68:55+	71:49+	76:10+	78:50+	83:58+	88:03+	90:50+	91:31+
17:10+	08:23+	08:28+	03:35+	03:12+	04:18+	05:11+	03:37+	03:21+	05:29+	06:11+	02:54+	04:21+	02:40+	05:08+	04:05-	02:47+	00:41+
09:41@	02:28&	04:19@	00:43#	00:55&	01:37&	02:40@	01:13&	00:09+	01:59&	02:49&	00:59&	01:52&	00:27#	02:31&	00:10-	00:49&	00:13&
20	Gunnar Gjermandsen	2														1:37:05	
08:36+	19:08+	26:14+	31:03+	34:18+	38:34+	42:59+	46:44+	50:56+	56:46+	63:22+	66:17+	71:08+	75:30+	82:16+	90:32+	96:19+	97:05+
08:36+	10:32+	07:06+	04:49+	03:15+	04:16+	04:25+	03:45+	04:12+	05:50+	06:36+	02:55+	04:51+	04:22+	06:46+	08:16+	05:47+	00:46+
01:07#	04:37&	02:57&	01:57&	00:58&	01:35&	01:54&	01:21&	01:00&	02:20&	03:14&	01:00&	02:22&	02:09&	04:09@	04:01&	03:49@	00:18&
21	Henning Larsen	2														1:42:16	
11:17+	20:37+	38:10+	42:36+	46:06+	49:51+	54:30+	58:48+	63:02+	70:08+	74:58+	78:33+	82:57+	87:34+	91:28+	97:58+	101:35+	102:16+
11:17+	09:20+	17:33+	04:26+	03:30+	03:45+	04:39+	04:18+	04:14+	07:06+	04:50+	03:35+	04:24+	04:37+	03:54+	06:30+	03:37+	00:41+
03:48&	03:25&	13:24@	01:34&	01:13&	01:04&	02:08&	01:54&	01:02&	03:36@	01:28&	01:40&	01:55&	02:24@	01:17&	02:15&	01:39&	00:13&
22	Ulf Mogensen	1														1:55:05	
07:44+	33:23+	44:00+	47:04+	50:04+	53:42+	65:29+	70:32+	77:25+	81:49+	86:43+	89:17+	94:58+	98:05+	102:55+	111:03+	114:34+	115:05+
07:44+	25:39+	10:37+	03:04+	03:00+	03:38+	11:47+	05:03+	06:53+	04:24+	04:54+	02:34+	05:41+	03:07+	04:50+	08:08+	03:31+	00:31+
00:15+	19:44@	06:28@	00:12+	00:43&	00:57&	09:16@	02:39@	03:41@	00:54&	01:32&	00:39&	03:12@	00:54&	02:13&	03:53&	01:33&	00:03#
23	Poul Larsen	2														2:03:28	
08:19+	20:45+	35:22+	40:02+	43:08+	57:15+	62:14+	65:58+	71:35+	79:03+	85:00+	87:42+	94:11+	99:51+	104:19+	112:04+	122:35+	123:28+
08:19+	12:26+	14:37+	04:40+	03:06+	14:07+	04:59+	03:44+	05:37+	07:28+	05:57+	02:42+	06:29+	05:40+	04:28+	07:45+	10:31+	00:53+
00:50#	06:31@	10:28@	01:48&	00:49&	11:26@	02:28&	01:20&	02:25&	03:58@	02:35&	00:47&	04:00@	03:27@	01:51&	03:30&	08:33@	00:25&

Beste stræktid for klassen

05:19 05:41 04:04 02:18 02:17 02:34 02:17 02:21 02:12 03:30 03:08 01:50 02:29 02:01 02:37 03:05 01:53 00:28

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H65mel

1	Gert Pedersen	15														1:02:10	
08:08=	16:07=	20:33=	22:53=	26:04=	28:57=	32:09=	34:37=	37:05=	41:10=	45:17=	47:20=	50:16=	52:35=	55:22=	59:27=	61:37=	62:10=
08:08=	07:59=	04:26=	02:20=	03:11=	02:53=	03:12=	02:28=	02:28=	04:05=	04:07=	02:03=	02:56=	02:19=	02:47=	04:05=	02:10=	00:33=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Arne Brage	15														1:33:13	
07:46-	19:06+	27:27+	30:36+	33:35+	37:25+	41:48+	45:32+	49:12+	63:43+	68:28+	71:33+	75:21+	78:28+	82:27+	88:37+	92:32+	93:13+
07:46-	11:20+	08:21+	03:09+	02:59-	03:50+	04:23+	03:44+	03:40+	14:31+	04:45+	03:05+	03:48+	03:07+	03:59+	06:10+	03:55+	00:41+
00:22-	03:21&	03:55&	00:49&	00:12-	00:57&	01:11&	01:16&	01:12&	10:26@	00:38#	01:02&	00:52&	00:48&	01:12&	02:05&	01:45&	00:08#

Class	Navn	Klasse										Tid				
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Beste stræktid for klassen

07:46 07:59 04:26 02:20 02:59 02:53 03:12 02:28 02:28 04:05 04:07 02:03 02:56 02:19 02:47 04:05 02:10 00:33

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H70

1 Søren Elkjær 22 43:01

01:11= 03:12= 08:01= 11:26= 15:13= 17:48= 20:55= 23:55= 27:39= 35:55= 40:27= 42:30= 43:01=
 01:11= 02:01= 04:49= 03:25= 03:47= 02:35= 03:07= 03:00= 03:44= 08:16= 04:32= 02:03= 00:31=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Claus Faber 4 49:00

01:13+ 03:16+ 08:06+ 11:11- 16:36+ 19:31+ 22:43+ 25:52+ 30:50+ 40:12+ 46:06+ 48:27+ 49:00+
 01:13+ 02:03+ 04:50+ 03:05- 05:25+ 02:55+ 03:12+ 03:09+ 04:58+ 09:22+ 05:54+ 02:21+ 00:33+
 00:02+ 00:02+ 00:01+ 00:20- 01:38& 00:20# 00:05+ 00:09+ 01:14& 01:06# 01:22& 00:18# 00:02+

3 Flemming Nørgaard OK Pan 50:30

01:19+ 03:16+ 08:29+ 12:21+ 17:15+ 20:04+ 23:44+ 26:43+ 31:57+ 41:53+ 47:28+ 49:53+ 50:30+
 01:19+ 01:57- 05:13+ 03:52+ 04:54+ 02:49+ 03:40+ 02:59- 05:14+ 09:56+ 05:35+ 02:25+ 00:37+
 00:08# 00:04- 00:24+ 00:27# 01:07& 00:14+ 00:33# 00:01- 01:30& 01:40# 01:03# 00:22# 00:06#

4 Poul Nøhr 4 55:38

01:15+ 03:15+ 10:54+ 14:45+ 19:49+ 22:46+ 26:24+ 29:56+ 35:33+ 45:37+ 52:05+ 55:05+ 55:38+
 01:15+ 02:00- 07:39+ 03:51+ 05:04+ 02:57+ 03:38+ 03:32+ 05:37+ 10:04+ 06:28+ 03:00+ 00:33+
 00:04+ 00:01- 02:50& 00:26# 01:17& 00:22# 00:31# 00:32# 01:53& 01:48# 01:56& 00:57& 00:02+

5 Clive Allen 4 56:07

01:16+ 03:10- 08:59+ 13:11+ 18:24+ 22:03+ 25:57+ 29:03+ 34:26+ 46:11+ 52:24+ 55:32+ 56:07+
 01:16+ 01:54- 05:49+ 04:12+ 05:13+ 03:39+ 03:54+ 03:06+ 05:23+ 11:45+ 06:13+ 03:08+ 00:35+
 00:05+ 00:07- 01:00# 00:47# 01:26& 01:04& 00:47& 00:06+ 01:39& 03:29& 01:41& 01:05& 00:04#

6 Kai Ø. Laursen 1 56:21

01:16+ 03:42+ 09:24+ 13:00+ 17:42+ 21:21+ 25:22+ 28:47+ 34:18+ 47:02+ 53:15+ 55:47+ 56:21+
 01:16+ 02:26+ 05:42+ 03:36+ 04:42+ 03:39+ 04:01+ 03:25+ 05:31+ 12:44+ 06:13+ 02:32+ 00:34+
 00:05+ 00:25# 00:53# 00:11+ 00:55# 01:04& 00:54& 00:25# 01:47& 04:28& 01:41& 00:29# 00:03+

7 Knud Sørensen OK Pan 58:25

01:09- 03:00- 08:33+ 16:28+ 20:48+ 25:15+ 30:59+ 34:13+ 39:05+ 49:18+ 55:22+ 57:48+ 58:25+
 01:09- 01:51- 05:33+ 07:55+ 04:20+ 04:27+ 05:44+ 03:14+ 04:52+ 10:13+ 06:04+ 02:26+ 00:37+
 00:02- 00:10- 00:44# 04:30@ 00:33# 01:52& 02:37& 00:14+ 01:08& 01:57# 01:32& 00:23# 00:06#

8 Karl Ditlevsen 2 1:00:09

02:48+ 05:15+ 11:36+ 15:16+ 20:18+ 23:55+ 28:35+ 32:03+ 38:18+ 47:58+ 57:12+ 59:38+ 60:09+
 02:48+ 02:27+ 06:21+ 03:40+ 05:02+ 03:37+ 04:40+ 03:28+ 06:15+ 09:40+ 09:14+ 02:26+ 00:31=
 01:37@ 00:26# 01:32& 00:15+ 01:15& 01:02& 01:33& 00:28# 02:31& 01:24# 04:42@ 00:23# 00:00=

9 Finn Hother Madsen OK Pan 1:02:34

01:43+ 03:47+ 09:42+ 13:58+ 20:10+ 24:38+ 28:41+ 35:07+ 40:42+ 53:28+ 59:41+ 61:55+ 62:34+
 01:43+ 02:04+ 05:55+ 04:16+ 06:12+ 04:28+ 04:03+ 06:26+ 05:35+ 12:46+ 06:13+ 02:14+ 00:39+
 00:32& 00:03+ 01:06# 00:51# 02:25& 01:53& 00:56& 03:26@ 01:51& 04:30& 01:41& 00:11+ 00:08&

10 Ole F. Thomsen 16 1:02:37

01:53+ 05:26+ 12:45+ 17:05+ 22:46+ 25:59+ 30:19+ 36:32+ 42:40+ 53:03+ 59:29+ 61:52+ 62:37+
 01:53+ 03:33+ 07:19+ 04:20+ 05:41+ 03:13+ 04:20+ 06:13+ 06:08+ 10:23+ 06:26+ 02:23+ 00:45+
 00:42& 01:32& 02:30& 00:55& 01:54& 00:38# 01:13& 03:13@ 02:24& 02:07& 01:54& 00:20# 00:14&

11 Troels Jensen 2 1:02:50

01:26+ 03:39+ 09:17+ 13:13+ 18:20+ 22:13+ 25:31+ 31:56+ 36:47+ 47:26+ 59:57+ 62:12+ 62:50+
 01:26+ 02:13+ 05:38+ 03:56+ 05:07+ 03:53+ 03:18+ 06:25+ 04:51+ 10:39+ 12:31+ 02:15+ 00:38+
 00:15# 00:12+ 00:49# 00:31# 01:20& 01:18& 00:11+ 03:25@ 01:07& 02:23& 07:59@ 00:12+ 00:07#

12 Erik Anders Jensen 4 1:03:52

01:37+ 03:55+ 10:22+ 14:44+ 21:26+ 25:39+ 29:54+ 33:53+ 39:04+ 52:10+ 60:50+ 63:09+ 63:52+
 01:37+ 02:18+ 06:27+ 04:22+ 06:42+ 04:13+ 04:15+ 03:59+ 05:11+ 13:06+ 08:40+ 02:19+ 00:43+
 00:26& 00:17# 01:38& 00:57& 02:55& 01:38& 01:08& 00:59& 01:27& 04:50& 04:08& 00:16# 00:12&

13 Tage Baun 2 1:04:22

01:30+ 03:34+ 09:49+ 14:57+ 20:17+ 26:10+ 29:57+ 33:12+ 38:48+ 53:40+ 61:28+ 63:44+ 64:22+
 01:30+ 02:04+ 06:15+ 05:08+ 05:20+ 05:53+ 03:47+ 03:15+ 05:36+ 14:52+ 07:48+ 02:16+ 00:38+
 00:19& 00:03+ 01:26& 01:43& 01:33& 03:18@ 00:40# 00:15+ 01:52& 06:36& 03:16& 00:13# 00:07#

Class	Navn	Klasse	Tid
14	Per Jessen-Klixbüll	OK Pan	1:10:15
01:40+	03:49+	10:17+	14:16+
01:40+	02:09+	06:28+	03:59+
00:29&	00:08+	01:39&	00:34#
	03:15&	00:50&	05:20@
	03:39@	01:26&	02:18&
	06:28@	00:56&	00:12&
15	Jørgen Krog	4	1:14:23
05:03+	11:42+	19:16+	24:10+
05:03+	06:39+	07:34+	04:54+
03:52@	04:38@	02:45&	01:29&
	04:37@	00:35#	01:27&
	00:03+	01:46&	05:38&
	04:16&	00:19#	00:03-
16	Tage Arent Jensen	22	1:19:44
01:51+	04:16+	11:13+	20:06+
01:51+	02:25+	06:57+	08:53+
00:40&	00:24#	02:08&	05:28@
	04:41@	02:06&	02:49&
	01:35&	02:45&	06:47&
	05:36@	01:29&	00:15&
17	Terkel Arnfred	1	1:20:10
02:23+	06:37+	14:31+	19:40+
02:23+	04:14+	07:54+	05:09+
01:12@	02:13@	03:05&	01:44&
	04:10@	01:03&	06:09@
	01:51&	04:04@	04:02&
	06:34@	00:52&	00:10&
18	Jørgen Thyssen	2	1:20:38
01:49+	04:38+	11:46+	16:35+
01:49+	02:49+	07:08+	04:49+
00:38&	00:48&	02:19&	01:24&
	02:59&	01:52&	01:21&
	03:10@	12:21@	05:06&
	02:59&	02:28@	00:12&
19	Arne Pedersen	9	1:21:19
02:47+	05:43+	14:53+	21:35+
02:47+	02:56+	09:10+	06:42+
01:36@	00:55&	04:21&	03:17&
	04:30@	01:21&	02:44&
	01:33&	05:25@	06:07&
	04:48@	00:56&	00:45@
20	Palle Møller Nielsen	11	1:21:31
01:52+	04:27+	11:43+	16:32+
01:52+	02:35+	07:16+	04:49+
00:41&	00:34&	02:27&	01:24&
	04:08@	01:54&	03:16@
	04:44@	03:03&	11:27@
	03:49&	00:51&	00:12&
21	Henning Olesen	10	1:24:18
01:33+	04:05+	28:14+	32:47+
01:33+	02:32+	24:09+	04:33+
00:22&	00:31&	19:20@	01:08&
	02:05&	01:02&	01:36&
	00:35#	03:09&	06:16&
	04:38@	00:25#	00:10&
22	Jens Roesgaard	10	1:24:35
59:58+	74:17+	84:35+	
59:58+	14:19+	10:18+	
58:47@	12:18@	05:29@	
23	Keld Thomsen	NOTEAM	1:24:44
02:03+	13:33+	21:39+	30:31+
02:03+	11:30+	08:06+	08:52+
00:52&	09:29@	03:17&	05:27@
	01:44&	02:52@	02:43&
	02:26&	03:50@	04:05&
	03:49&	00:44&	00:25&
24	Palle Bay	8	1:32:29
02:00+	05:29+	14:05+	20:05+
02:00+	03:29+	08:36+	06:00+
00:49&	01:28&	03:47&	02:35&
	03:28&	01:52&	02:24&
	01:08&	03:02&	06:25&
	21:18@	00:58&	00:14&
25	Peter Arildsen	16	1:33:08
02:27+	06:22+	16:42+	22:56+
02:27+	03:55+	10:20+	06:14+
01:16@	01:54&	05:31@	02:49&
	04:02@	02:04&	02:39&
	01:41&	05:35@	08:03&
	12:24@	01:22&	00:47@
26	Hans Jørgen Simonsen	OK Pan	1:36:29
01:46+	05:16+	14:22+	19:35+
01:46+	03:30+	09:06+	05:13+
00:35&	01:29&	04:17&	01:48&
	08:10@	01:55&	11:38@
	03:02@	05:02@	08:51@
	04:48@	01:19&	00:34@
27	Vagn Lidegaard	9	1:44:45
01:55+	05:06+	14:59+	27:56+
01:55+	03:11+	09:53+	12:57+
00:44&	01:10&	05:04@	09:32@
	06:38@	02:01&	03:02&
	05:18@	05:43@	09:40@
	09:47@	02:25@	00:40@
28	Harvy Ilsøe	2	1:49:12
01:55+	07:22+	16:38+	22:27+
01:55+	05:27+	09:16+	05:49+
00:44&	03:26@	04:27&	02:24&
	06:36@	01:58&	03:03&
	04:32@	06:22@	16:03@
	15:03@	00:55&	00:38@

Plass	Navn	Klasse	Tid
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Beste stræktid for klassen

01:09 01:51 04:49 03:05 03:47 02:35 03:07 02:59 03:44 08:16 04:32 02:03 00:28

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.