





Class	Navn	Klasse	Tid																				
<b>9</b>	<b>Jeanette Bødker Jørgensen</b>	<b>OK Vendelboerne</b>	<b>46:32</b>																				
03:25+	04:19+	06:44+	11:08+	13:37+	16:43+	19:31+	22:41+	25:38+	29:00+	31:51+	34:48+	36:10+	36:56+	38:59+	39:53+	41:52+	42:37+	44:18+	44:46+	45:12+	45:40+	46:14+	46:32+
03:25+	00:54+	02:25+	04:24+	02:29+	03:06+	02:48+	03:10+	02:57+	03:22+	02:51+	02:57+	01:22+	00:46+	02:03+	00:54+	01:59+	00:45+	01:41+	00:28+	00:26+	00:28-	00:34+	00:18+
02:18@	00:23&	01:10&	02:44@	01:07&	01:14&	01:25@	01:12&	01:15&	01:56@	01:27@	01:02&	00:30&	00:22&	00:57&	00:15&	00:43&	00:16&	00:44&	00:08&	00:01+	00:09-	00:05#	00:02#
<b>10</b>	<b>Jens Rasmussen</b>	<b>OK Vendelboerne</b>	<b>1:21:21</b>																				
02:09+	04:51+	06:48+	09:35+	13:20+	16:52+	22:30+	26:00+	51:58+	58:16+	61:39+	65:21+	66:52+	67:40+	71:43+	73:06+	75:52+	76:40+	78:01+	78:51+	79:17+	80:03+	80:50+	81:21+
02:09+	02:42+	01:57+	02:47+	03:45+	03:32+	05:38+	03:30+	25:58+	06:18+	03:23+	03:42+	01:31+	00:48+	04:03+	01:23+	02:46+	00:48+	01:21+	00:50+	00:26+	00:46+	00:47+	00:31+
01:02&	02:11@	00:42&	01:07&	02:23@	01:40&	04:15@	01:32&	24:16@	04:52@	01:59@	01:47&	00:39&	00:24&	02:57@	00:44@	01:30@	00:19&	00:24&	00:30@	00:01+	00:09#	00:18&	00:15&
<b>Beste stræktid for klassen</b>																							
01:03	00:27	01:15	01:39	01:13	01:33	01:22	01:30	01:42	01:26	01:24	01:24	00:43	00:24	01:00	00:39	00:56	00:29	00:57	00:18	00:22	00:22	00:22	00:16

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## Fod-Bane4

<b>1</b>	<b>Astrid Gylling Hougaard</b>	<b>Aarhus 1900 Orientering</b>	<b>15:40</b>													
01:06=	02:16=	03:12=	04:46=	05:58=	06:48=	08:11=	09:38=	10:41=	11:55=	12:21=	13:01=	13:14=	14:46=	15:11=	15:25=	15:40=
01:06=	01:10=	00:56=	01:34=	01:12=	00:50=	01:23=	01:27=	01:03=	01:14=	00:26=	00:40=	00:13=	01:32=	00:25=	00:14=	00:15=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Jonathan Birk Nielsen</b>	<b>Aalborg OK</b>	<b>17:55</b>													
01:00-	02:20+	03:36+	05:17+	06:50+	08:03+	09:53+	11:29+	12:42+	14:05+	14:25+	15:04+	15:17+	16:37+	17:12+	17:39+	17:55+
01:00-	01:20+	01:16+	01:41+	01:33+	01:13+	01:50+	01:36+	01:13+	01:23+	00:20-	00:39-	00:13=	01:20-	00:35+	00:27+	00:16+
00:06-	00:10#	00:20&	00:07+	00:21&	00:23&	00:27&	00:36#	00:10#	00:09#	00:06-	00:01-	00:00=	00:12-	00:10&	00:13&	00:01+
<b>3</b>	<b>Grethe Jørgensen</b>	<b>Viborg OK</b>	<b>20:59</b>													
01:24+	03:36+	04:28+	05:53+	07:21+	08:42+	10:31+	12:42+	14:13+	16:18+	16:51+	18:01+	18:19+	19:32+	20:04+	20:36+	20:59+
01:24+	02:12+	00:52-	01:25-	01:28+	01:21+	01:49+	02:11+	01:31+	02:05+	00:33+	01:10+	00:18+	01:13-	00:32+	00:32+	00:23+
00:18&	01:02&	00:04-	00:09-	00:16#	00:31&	00:26&	00:44&	00:28&	00:51&	00:07&	00:30&	00:05&	00:19-	00:07&	00:18@	00:08&
<b>Beste stræktid for klassen</b>																
01:00	01:10	00:52	01:25	01:12	00:50	01:23	01:27	01:03	01:14	00:20	00:39	00:13	01:13	00:25	00:14	00:15

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## MTB-D20

<b>1</b>	<b>Rakel Gunnarsdottir</b>	<b>Mariager Fjord OK</b>	<b>1:45:38</b>																	
06:48=	15:37=	20:48=	24:55=	34:12=	39:05=	41:16=	50:06=	52:37=	53:24=	58:52=	70:11=	74:56=	77:12=	91:25=	95:34=	99:21=	101:21=	104:34=	105:17=	105:38=
06:48=	08:49=	05:11=	04:07=	09:17=	04:53=	02:11=	08:50=	02:31=	00:47=	05:28=	11:19=	04:45=	02:16=	14:13=	04:09=	03:47=	02:00=	03:13=	00:43=	00:21=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>Beste stræktid for klassen</b>																				
06:48	08:49	05:11	04:07	09:17	04:53	02:11	08:50	02:31	00:47	05:28	11:19	04:45	02:16	14:13	04:09	03:47	02:00	03:13	00:43	00:21

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## MTB-D21

<b>1</b>	<b>Camilla Søgaard</b>	<b>Horsens OK</b>	<b>1:03:05</b>																						
02:17=	04:23=	05:14=	06:25=	08:06=	10:16=	12:32=	14:12=	17:29=	19:30=	22:17=	25:47=	26:39=	31:50=	34:09=	35:57=	36:18=	39:24=	42:59=	47:57=	52:29=	53:01=	54:46=	57:37=	58:31=	60:02=
02:17=	02:06=	00:51=	01:11=	01:41=	02:10=	02:16=	01:40=	03:17=	02:01=	02:47=	03:30=	00:52=	05:11=	02:19=	01:48=	00:21=	03:06=	03:35=	04:58=	04:32=	00:32=	01:45=	02:51=	00:54=	01:31=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
60:58=	62:31=	62:53=	63:05=																						
00:56=	01:33=	00:22=	00:12=																						
00:00=	00:00=	00:00=	00:00=																						
<b>2</b>	<b>Anke Dannowski</b>	<b>OK Øst Birkerød</b>	<b>1:13:25</b>																						
02:36+	04:56+	05:53+	07:13+	09:04+	11:23+	13:41+	15:21+	18:31+	21:02+	25:08+	29:22+	30:12+	36:07+	38:34+	40:16+	40:34+	44:08+	50:31+	55:47+	60:39+	61:56+	63:57+	66:56+	68:02+	69:53+
02:36+	02:20+	00:57+	01:20+	01:51+	02:19+	02:18+	01:40+	03:10-	02:31+	04:06+	04:14+	00:50-	05:55+	02:27+	01:42-	00:18-	03:34+	06:23+	05:16+	04:52+	01:17+	02:01+	02:59+	01:06+	01:51+
00:19#	00:14#	00:06#	00:09#	00:10+	00:09+	00:02+	00:00=	00:07-	00:30#	01:19&	00:44#	00:02-	00:44#	00:08+	00:06-	00:03-	00:28#	02:48&	00:18+	00:20+	00:45@	00:16#	00:08+	00:12#	00:20#
70:53+	72:40+	73:10+	73:25+																						
01:00+	01:47+	00:30+	00:15+																						
00:04+	00:14#	00:08&	00:03#																						

Class	Navn	Klasse	Tid
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<b>3</b>	<b>Ingela Alvmyren</b>	<b>Halmstad OK</b>	<b>1:14:36</b>																						
02:39+	05:07+	06:16+	07:41+	10:45+	13:19+	16:01+	17:58+	21:22+	23:48+	27:21+	31:23+	32:25+	38:17+	40:56+	42:51+	43:21+	46:53+	50:38+	55:11+	62:12+	63:03+	65:20+	68:39+	69:37+	71:26+
02:39+	02:28+	01:09+	01:25+	03:04+	02:34+	02:42+	01:57+	03:24+	02:26+	03:33+	04:02+	01:02+	05:52+	02:39+	01:55+	00:30+	03:32+	03:45+	04:33-	07:01+	00:51+	02:17+	03:19+	00:58+	01:49+
00:22#	00:22#	00:18&	00:14#	01:23&	00:24#	00:26#	00:17#	00:07+	00:25#	00:46&	00:32#	00:10#	00:41#	00:20#	00:07+	00:09&	00:26#	00:10+	00:25-	02:29&	00:19&	00:32&	00:28#	00:04+	00:18#
72:23+	73:57+	74:23+	74:36+																						
00:57+	01:34+	00:26+	00:13+																						
00:01+	00:01+	00:04#	00:01+																						

<b>4</b>	<b>Randi Scheel</b>	<b>OK Pan Århus</b>	<b>1:24:50</b>																						
03:02+	05:40+	07:01+	08:44+	12:25+	15:12+	18:07+	20:24+	23:27+	26:10+	29:49+	34:37+	35:56+	43:58+	47:01+	49:00+	49:29+	54:16+	58:14+	63:46+	70:46+	71:44+	74:26+	78:04+	79:10+	81:04+
03:02+	02:38+	01:21+	01:43+	03:41+	02:47+	02:55+	02:17+	03:03-	02:43+	03:39+	04:48+	01:19+	08:02+	03:03+	01:59+	00:29+	04:47+	03:58+	05:32+	07:00+	00:58+	02:42+	03:38+	01:06+	01:54+
00:45&	00:32&	00:30&	00:32&	02:00@	00:37&	00:39&	00:37&	00:14-	00:42&	00:52&	01:18&	00:27&	02:51&	00:44&	00:11#	00:08&	01:41&	00:23#	00:34#	02:28&	00:26&	00:57&	00:47&	00:12#	00:23&
82:19+	84:10+	84:36+	84:50+																						
01:15+	01:51+	00:26+	00:14+																						
00:19&	00:18#	00:04#	00:02#																						

<b>5</b>	<b>Tove Sonne Andersen</b>	<b>OK Øst Birkerød</b>	<b>1:25:47</b>																						
02:59+	05:49+	06:54+	08:38+	11:48+	14:15+	18:25+	21:19+	25:13+	28:03+	31:28+	35:41+	36:36+	42:25+	45:01+	47:03+	47:28+	51:09+	60:06+	65:17+	71:24+	72:11+	74:21+	77:59+	79:08+	81:32+
02:59+	02:50+	01:05+	01:44+	03:10+	02:27+	04:10+	02:54+	03:54+	02:50+	03:25+	04:13+	00:55+	05:49+	02:36+	02:02+	00:25+	03:41+	08:57+	05:11+	06:07+	00:47+	02:10+	03:38+	01:09+	02:24+
00:42&	00:44&	00:14&	00:33&	01:29&	00:17#	01:54&	01:14&	00:37#	00:49&	00:38#	00:43#	00:03+	00:38#	00:17#	00:14#	00:04#	00:35#	05:22@	00:13+	01:35&	00:15&	00:25#	00:47&	00:15&	00:53&
82:43+	85:04+	85:30+	85:47+																						
01:11+	02:21+	00:26+	00:17+																						
00:15&	00:48&	00:04#	00:05&																						

**Beste stræktid for klassen**  
 02:17 02:06 00:51 01:11 01:41 02:10 02:16 01:40 03:03 02:01 02:47 03:30 00:50 05:11 02:19 01:42 00:18 03:06 03:35 04:33 04:32 00:32 01:45 02:51 00:54 01:31 00:56 01:00

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## MTB-D50

<b>1</b>	<b>Anette Leisner</b>	<b>Odense Politis Idrætsforening</b>	<b>1:09:17</b>															
01:39=	04:55=	08:27=	12:11=	18:03=	20:16=	22:18=	32:02=	32:45=	35:46=	42:43=	48:11=	49:48=	58:48=	65:28=	66:33=	68:31=	68:58=	69:17=
01:39=	03:16=	03:32=	03:44=	05:52=	02:13=	02:02=	09:44=	00:43=	03:01=	06:57=	05:28=	01:37=	09:00=	06:40=	01:05=	01:58=	00:27=	00:19=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

**Beste stræktid for klassen**  
 01:39 03:16 03:32 03:44 05:52 02:13 02:02 09:44 00:43 03:01 06:57 05:28 01:37 09:00 06:40 01:05 01:58 00:27 00:19

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## MTB-D60

<b>1</b>	<b>Lise Bobach</b>	<b>NOTEAM</b>	<b>58:47</b>														
04:50=	10:12=	12:33=	16:19=	18:24=	23:39=	25:26=	33:06=	40:07=	41:54=	45:24=	50:13=	51:42=	54:23=	56:04=	57:55=	58:30=	58:47=
04:50=	05:22=	02:21=	03:46=	02:05=	05:15=	01:47=	07:40=	07:01=	01:47=	03:30=	04:49=	01:29=	02:41=	01:41=	01:51=	00:35=	00:17=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Anne-Mette Kirkegaard</b>	<b>Silkeborg OK</b>	<b>1:18:06</b>															
05:56+	10:40+	14:06+	18:37+	22:30+	31:59+	35:09+	41:58+	47:37+	55:44+	60:49+	64:48+	68:55+	70:28+	73:23+	75:03+	77:06+	77:47+	78:06+
05:56+	04:44-	03:26+	04:31+	03:53+	09:29+	03:10+	06:49-	05:39-	08:07+	05:05+	03:59-	04:07+	01:33-	02:55+	01:40-	02:03+	00:41+	00:19+
01:06#	00:38-	01:05&	00:45#	01:48&	04:14&	01:23&	00:51-	01:22-	06:20@	01:35&	00:50-	02:38@	01:08-	01:14&	00:11-	01:28@	00:24@	00:19+

**Beste stræktid for klassen**  
 04:50 04:44 02:21 03:46 02:05 05:15 01:47 06:49 05:39 01:47 03:30 03:59 01:29 01:33 01:41 01:40 00:35 00:17

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## MTB-H12

<b>1</b>	<b>Mikkel Brunstedt Nørgaard</b>	<b>OK Øst Birkerød</b>	<b>36:58</b>												
01:34=	04:01=	05:56=	07:51=	14:06=	16:56=	19:25=	22:38=	26:18=	29:58=	32:04=	33:07=	34:01=	36:13=	36:44=	36:58=
01:34=	02:27=	01:55=	01:55=	06:15=	02:50=	02:29=	03:13=	03:40=	03:40=	02:06=	01:03=	00:54=	02:12=	00:31=	00:14=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse										Tid					
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<b>2</b>	<b>Magnus S. Nielsen</b>	<b>Nordvest OK</b>										<b>1:50:17</b>					
01:28-	07:36+	12:37+	25:09+	28:35+	37:48+	42:52+	50:54+	55:23+	60:53+	64:01+	65:22+	67:24+	70:06+	71:16+	110:17+		
01:28-	06:08+	05:01+	12:32+	03:26-	09:13+	05:04+	08:02+	04:29+	05:30+	03:08+	01:21+	02:02+	02:42+	01:10+	39:01+		
00:06-	03:41@	03:06@	10:37@	02:49-	06:23@	02:35@	04:49@	00:49#	01:50&	01:02&	00:18&	01:08@	00:30#	00:39@	38:47@		

**Beste stræktid for klassen**

01:28	02:27	01:55	01:55	03:26	02:50	02:29	03:13	03:40	03:40	02:06	01:03	00:54	02:12	00:31	00:14
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## MTB-H16

<b>1</b>	<b>Christoffer Gjøtterup</b>	<b>Faaborg OK</b>										<b>1:05:02</b>								
03:05=	08:04=	20:40=	23:29=	26:21=	29:36=	30:32=	35:56=	36:59=	37:18=	40:14=	46:38=	49:35=	50:50=	58:04=	60:35=	62:20=	63:08=	64:26=	64:50=	65:02=
03:05=	04:59=	12:36=	02:49=	02:52=	03:15=	00:56=	05:24=	01:03=	00:19=	02:56=	06:24=	02:57=	01:15=	07:14=	02:31=	01:45=	00:48=	01:18=	00:24=	00:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

**Beste stræktid for klassen**

03:05	04:59	12:36	02:49	02:52	03:15	00:56	05:24	01:03	00:19	02:56	06:24	02:57	01:15	07:14	02:31	01:45	00:48	01:18	00:24	00:12
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## MTB-H20

<b>1</b>	<b>Silas Frederik Thomsen</b>	<b>OK Pan Århus</b>										<b>1:11:21</b>													
03:38=	05:14=	08:02=	10:01=	11:15=	13:02=	15:55=	17:22=	18:35=	20:08=	20:59=	28:14=	30:03=	32:05=	34:42=	38:58=	43:03=	44:17=	48:07=	50:39=	51:53=	54:47=	56:13=	64:42=	66:49=	69:27=
03:38=	01:36=	02:48=	01:59=	01:14=	01:47=	02:53=	01:27=	01:13=	01:33=	00:51=	07:15=	01:49=	02:02=	02:37=	04:16=	04:05=	01:14=	03:50=	02:32=	01:14=	02:54=	01:26=	08:29=	02:07=	02:38=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
70:22=	70:54=	71:11=	71:21=																						
00:55=	00:32=	00:17=	00:10=																						
00:00=	00:00=	00:00=	00:00=																						

<b>2</b>	<b>Rasmus Sørensen</b>	<b>OK Melfar</b>										<b>1:12:27</b>													
02:56-	04:58-	07:04-	08:24-	09:55-	12:34-	15:42-	17:04-	18:55+	21:35+	22:30+	28:49+	31:00+	31:49-	34:30-	38:42-	43:19+	44:48+	48:40+	51:34+	52:39+	55:40+	57:34+	65:40+	67:48+	70:33+
02:56-	02:02+	02:06-	01:20-	01:31+	02:39+	03:08+	01:22-	01:51+	02:40+	00:55+	06:19-	02:11+	00:49-	02:41+	04:12-	04:37+	01:29+	03:52+	02:54+	01:05-	03:01+	01:54+	08:06-	02:08+	02:45+
00:42-	00:26&	00:42-	00:39-	00:17#	00:52&	00:15+	00:05-	00:38&	01:07&	00:04+	00:56-	00:22#	01:13-	00:04+	00:04-	00:32#	00:15#	00:02+	00:22#	00:09-	00:07+	00:28&	00:23-	00:01+	00:07+
71:26+	71:57+	72:17+	72:27+																						
00:53-	00:31-	00:20+	00:10=																						
00:02-	00:01-	00:03#	00:00=																						

<b>3</b>	<b>Kurt Hindkjær</b>	<b>Herning Orienteringsklub</b>										<b>2:06:00</b>													
05:37+	08:20+	12:24+	19:02+	21:39+	24:17+	29:25+	32:06+	34:44+	38:00+	40:24+	55:11+	58:00+	59:35+	68:35+	74:30+	80:38+	83:06+	88:23+	92:17+	94:08+	98:29+	105:34+	114:54+	117:55+	122:07+
05:37+	02:43+	04:04+	06:38+	02:37+	02:38+	05:08+	02:41+	02:38+	03:16+	02:24+	14:47+	02:49+	01:35-	09:00+	05:55+	06:08+	02:28+	05:17+	03:54+	01:51+	04:21+	07:05+	09:20+	03:01+	04:12+
01:59&	01:07&	01:16&	04:39@	01:23@	00:51&	02:15&	01:14&	01:25@	01:43@	01:33@	07:32@	01:00&	00:27-	06:23@	01:39&	02:03&	01:14&	01:27&	01:22&	00:37&	01:27&	05:39@	00:51#	00:54&	01:34&
123:34+	124:54+	125:45+	126:00+																						
01:27+	01:20+	00:51+	00:15+																						
00:32&	00:48@	00:34@	00:05&																						

**Beste stræktid for klassen**

02:56	01:36	02:06	01:20	01:14	01:47	02:53	01:22	01:13	01:33	00:51	06:19	01:49	00:49	02:37	04:12	04:05	01:14	03:50	02:32	01:05	02:54	01:26	08:06	02:07	02:38	00:53	00
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## MTB-H21

<b>1</b>	<b>Andreas Bergmann</b>	<b>Allerød OK</b>										<b>1:05:34</b>													
02:33=	03:56=	06:14=	07:31=	08:52=	10:35=	12:10=	13:00=	18:40=	20:27=	27:03=	28:49=	31:10=	33:26=	38:26=	40:30=	42:46=	47:41=	49:15=	51:51=	57:51=	60:55=	61:37=	62:38=	63:14=	63:43=
02:33=	01:23=	02:18=	01:17=	01:21=	01:43=	01:35=	00:50=	05:40=	01:47=	06:36=	01:46=	02:21=	02:16=	05:00=	02:04=	02:16=	04:55=	01:34=	02:36=	06:00=	03:04=	00:42=	01:01=	00:36=	00:29=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
65:03=	65:22=	65:34=																							
01:20=	00:19=	00:12=																							
00:00=	00:00=	00:00=																							

Class	Navn	Klasse	Tid
<b>2</b>	<b>Rasmus Søgaard</b>	<b>Horsens OK</b>	<b>1:06:14</b>
02:10-	03:51-	06:01-	08:05+
02:10-	01:41+	02:10-	02:04+
00:23-	00:18#	00:08-	00:47&
65:44+	66:03+	66:14+	
01:28+	00:19=	00:11-	
00:08#	00:00=	00:01-	
<b>3</b>	<b>Johan MacLassen</b>	<b>OK Pan Århus</b>	<b>1:07:00</b>
01:48-	03:18-	05:34-	06:47-
01:48-	01:30+	02:16-	01:13-
00:45-	00:07+	00:02-	00:04-
66:27+	66:49+	67:00+	
01:19-	00:22+	00:11-	
00:01-	00:03#	00:01-	
<b>4</b>	<b>Rasmus Lau Petersen</b>	<b>Allerød OK</b>	<b>1:08:08</b>
02:13-	03:38-	06:09-	08:47+
02:13-	01:25+	02:31+	02:38+
00:20-	00:02+	00:13+	01:21@
67:33+	67:56+	68:08+	
01:21+	00:23+	00:12=	
00:01+	00:04#	00:00=	
<b>5</b>	<b>Bjarne Hoffmann</b>	<b>OK Pan Århus</b>	<b>1:11:56</b>
02:54+	04:30+	07:11+	08:16+
02:54+	01:36+	02:41+	01:05-
00:21#	00:13#	00:23#	00:12-
71:21+	71:44+	71:56+	
01:23+	00:23+	00:12=	
00:03+	00:04#	00:00=	
<b>6</b>	<b>Jan Møller</b>	<b>Aalborg OK</b>	<b>1:14:55</b>
02:54+	04:32+	07:00+	08:29+
02:54+	01:38+	02:28+	01:29+
00:21#	00:15#	00:10+	00:12#
74:26+	74:46+	74:55+	
01:26+	00:20+	00:09-	
00:06+	00:01+	00:03-	
<b>7</b>	<b>Johan Holkmann Jacobsen</b>	<b>OK Øst Birkerød</b>	<b>1:20:17</b>
02:27-	04:01+	06:27+	08:22+
02:27-	01:34+	02:26+	01:55+
00:06-	00:11#	00:08+	00:38&
79:44+	80:05+	80:17+	
01:32+	00:21#	00:12=	
00:12#	00:02#	00:00=	
<b>8</b>	<b>Jørn Svensen</b>	<b>Viborg OK</b>	<b>1:22:15</b>
02:49+	04:27+	07:03+	08:39+
02:49+	01:38+	02:36+	01:36+
00:16#	00:15#	00:18#	00:19#
81:37+	82:04+	82:15+	
01:29+	00:27+	00:11-	
00:09#	00:08&	00:01-	
<b>9</b>	<b>Brian Lindgren</b>	<b>JGKI</b>	<b>1:35:00</b>
04:07+	05:56+	08:39+	10:16+
04:07+	01:49+	02:43+	01:37+
01:34&	00:26&	00:25#	00:20&
94:15+	94:44+	95:00+	
01:36+	00:29+	00:16+	
00:16#	00:10&	00:04&	
<b>10</b>	<b>Dan Nielsen</b>	<b>Viborg OK</b>	<b>1:38:06</b>
03:34+	05:28+	08:25+	10:45+
03:34+	01:54+	02:57+	02:20+
01:01&	00:31&	00:39&	01:03&
95:33+	97:30+	97:54+	98:06+
00:39-	01:57+	00:24+	00:12+
00:41-	01:38@	00:12&	00:12+

Class	Navn	Klasse	Tid
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### Beste stræktid for klassen

01:48 01:23 02:10 01:05 01:19 01:43 01:35 00:47 04:47 01:40 04:44 01:18 02:18 01:49 02:44 02:04 02:11 03:25 01:31 01:44 01:42 03:03 00:40 00:51 00:30 00:28 00:39 00:00

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## MTB-H40

**1 Jørgen Nielsen OK S.G. 1:19:08**

04:29= 06:31= 09:31= 12:01= 13:33= 16:03= 19:36= 21:50= 23:15= 25:00= 26:44= 34:10= 36:32= 37:44= 42:25= 46:46= 51:09= 52:30= 56:28= 59:12= 60:24= 63:36= 65:01= 71:51= 73:54= 76:42=

04:29= 02:02= 03:00= 02:30= 01:32= 02:30= 03:33= 02:14= 01:25= 01:45= 01:44= 07:26= 02:22= 01:12= 04:41= 04:21= 04:23= 01:21= 03:58= 02:44= 01:12= 03:12= 01:25= 06:50= 02:03= 02:48=

00:00= 00:00=

77:40= 78:23= 78:54= 79:08=

00:58= 00:43= 00:31= 00:14=

00:00= 00:00= 00:00= 00:00=

**2 Jørn Riis OK Pan Århus 1:32:56**

02:53- 04:08- 06:15- 09:20- 12:05- 14:56- 17:12- 21:02- 22:45- 24:28- 25:56- 27:09- 36:48+ 40:27+ 41:54- 45:16- 49:49- 54:07+ 55:21- 64:40+ 67:35+ 68:55+ 72:12+ 74:15+ 82:40+ 86:59+

02:53- 01:15- 02:07- 03:05+ 02:45+ 02:51+ 02:16- 03:50+ 01:43+ 01:43- 01:28- 01:13- 09:39+ 03:39+ 01:27- 03:22- 04:33+ 04:18+ 01:14- 09:19+ 02:55+ 01:20- 03:17+ 02:03- 08:25+ 04:19+

01:36- 00:47- 00:53- 00:35# 01:13& 00:21# 01:17- 01:36& 00:18# 00:02- 00:16- 06:13- 07:17@ 02:27@ 03:14- 00:59- 00:10+ 02:57@ 02:44- 06:35@ 01:43@ 01:52- 01:52@ 04:47- 06:22@ 01:31&

90:09+ 91:15+ 92:16+ 92:42+ 92:56+

03:10+ 01:06+ 01:01+ 00:26+ 00:14+

02:12@ 00:23& 00:30& 00:12& 00:14+

**3 Flemming Søvnald Nielsen Nordvest OK 2:03:11**

06:54+ 10:01+ 13:55+ 17:40+ 21:15+ 24:22+ 29:45+ 31:58+ 38:48+ 42:25+ 45:41+ 55:03+ 58:21+ 60:11+ 64:44+ 71:15+ 77:38+ 80:24+ 87:08+ 91:37+ 93:50+ 98:30+ 100:55+ 112:36+ 116:03+ 119:57+

06:54+ 03:07+ 03:54+ 03:45+ 03:35+ 03:07+ 05:23+ 02:13- 06:50+ 03:37+ 03:16+ 09:22+ 03:18+ 01:50+ 04:33- 06:31+ 06:23+ 02:46+ 06:44+ 04:29+ 02:13+ 04:40+ 02:25+ 11:41+ 03:27+ 03:54+

02:25& 01:05& 00:54& 01:15& 02:03@ 00:37# 01:50& 00:01- 05:25@ 01:52@ 01:32& 01:56& 00:56& 00:38& 00:08- 02:10& 02:00& 01:25@ 02:46& 01:45& 01:01& 01:28& 01:00& 04:51& 01:24& 01:06&

121:08+ 122:12+ 122:50+ 123:11+

01:11+ 01:04+ 00:38+ 00:21+

00:13# 00:21& 00:07# 00:07&

### Beste stræktid for klassen

02:53 01:15 02:07 02:30 01:32 02:30 02:16 02:13 01:25 01:43 01:28 01:13 02:22 01:12 01:27 03:22 04:23 01:21 01:14 02:44 01:12 01:20 01:25 02:03 02:03 02:48 00:58 00:00

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## MTB-H50

**1 Allan Topp OK Øst Birkerød 1:07:35**

02:25= 04:26= 05:34= 06:53= 08:44= 10:45= 13:02= 14:53= 18:16= 20:34= 23:56= 28:21= 29:23= 34:45= 36:48= 39:09= 39:45= 40:05= 43:10= 46:24= 50:43= 55:08= 55:42= 57:33= 60:48= 61:40=

02:25= 02:01= 01:08= 01:19= 01:51= 02:01= 02:17= 01:51= 03:23= 02:18= 03:22= 04:25= 01:02= 05:22= 02:03= 02:21= 00:36= 00:20= 03:05= 03:14= 04:19= 04:25= 00:34= 01:51= 03:15= 00:52=

00:00= 00:00=

63:11= 64:35= 65:25= 66:56= 67:21= 67:35=

01:31= 01:24= 00:50= 01:31= 00:25= 00:14=

00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

**2 Laus Seir Hansen Helsingør SOK 1:13:57**

02:47+ 05:03+ 06:04+ 07:37+ 09:32+ 11:47+ 14:57+ 18:08+ 20:59+ 23:13+ 28:23+ 32:15+ 33:16+ 39:27+ 41:54+ 43:57+ 44:22+ 47:41+ 51:13+ 56:31+ 61:58+ 62:58+ 65:03+ 67:48+ 68:44+ 70:30+

02:47+ 02:16+ 01:01- 01:33+ 01:55+ 02:15+ 03:10+ 03:11+ 02:51- 02:14- 05:10+ 03:52- 01:01- 06:11+ 02:27+ 02:03- 00:25- 03:19+ 03:32+ 05:18+ 05:27+ 01:00- 02:05+ 02:45+ 00:56- 01:46+

00:22# 00:15# 00:07- 00:14# 00:04+ 00:14# 00:53& 01:20& 00:32- 00:04- 01:48& 00:33- 00:01- 00:49# 00:24# 00:18- 00:11- 02:59@ 00:27# 02:04& 01:08& 03:25- 01:31@ 00:54& 02:19- 00:54@

71:28+ 73:18+ 73:43+ 73:57+

00:58- 01:50+ 00:25- 00:14-

00:33- 00:26& 00:25- 01:17-

**3 John Skovbjerg OK Pan Århus 1:18:19**

03:07+ 05:44+ 06:55+ 08:36+ 10:51+ 13:09+ 15:49+ 19:22+ 22:47+ 25:14+ 28:48+ 33:23+ 34:31+ 40:27+ 42:59+ 45:16+ 45:47+ 49:26+ 55:39+ 61:15+ 66:06+ 66:44+ 68:50+ 71:59+ 73:07+ 74:47+

03:07+ 02:37+ 01:11+ 01:41+ 02:15+ 02:18+ 02:40+ 03:33+ 03:25+ 02:27+ 03:34+ 04:35+ 01:08+ 05:56+ 02:32+ 02:17- 00:31- 03:39+ 06:13+ 05:36+ 04:51+ 00:38- 02:06+ 03:09+ 01:08- 01:40+

00:42& 00:36& 00:03+ 00:22+ 00:24# 00:17# 00:23# 01:42& 00:02+ 00:09+ 00:12+ 00:10+ 00:06+ 00:34# 00:29# 00:04- 00:05- 03:19@ 03:08@ 02:22& 00:32# 03:47- 01:32@ 01:18& 02:07- 00:48&

75:52+ 77:41+ 78:05+ 78:19+

01:05- 01:49+ 00:24- 00:14-

00:26- 00:25& 00:26- 01:17-

**4 Peer Leisner Odense Politis Idrætsforening 1:20:35**

02:36+ 04:55+ 05:57+ 07:34+ 09:37+ 11:50+ 14:23+ 16:35+ 19:29+ 21:59+ 33:10+ 38:20+ 39:21+ 46:18+ 48:40+ 50:45+ 51:06+ 54:32+ 58:02+ 62:49+ 68:18+ 69:06+ 71:33+ 74:22+ 75:21+ 77:14+

02:36+ 02:19+ 01:02- 01:37+ 02:03+ 02:13+ 02:33+ 02:12+ 02:54- 02:30+ 11:11+ 05:10+ 01:01- 06:57+ 02:22+ 02:05- 00:21- 03:26+ 03:30+ 04:47+ 05:29+ 00:48- 02:27+ 02:49+ 00:59- 01:53+

00:11+ 00:18# 00:06- 00:18# 00:12# 00:12+ 00:16# 00:21# 00:29- 00:12+ 07:49@ 00:45# 00:01- 01:35& 00:19# 00:16- 00:15- 03:06@ 00:25# 01:33& 01:10& 03:37- 01:53@ 00:58& 02:16- 01:01@

78:25+ 79:59+ 80:23+ 80:35+

01:11- 01:34+ 00:24- 00:12-

00:20- 00:10# 00:26- 01:19-





Class	Navn	Klasse	Tid
<b>4</b>	<b>Jan Hausner</b>	<b>OK S.G.</b>	<b>1:01:12</b>
01:19-	05:05+	08:21+	11:18+
01:19-	03:46+	03:16+	02:57+
00:04-	01:29&	00:38#	00:12+
	00:43#	00:07#	00:21#
	01:38&	00:46-	00:20#
	03:42&	01:00#	00:03+
	00:13+	01:17#	01:03@
	00:03-	00:09&	00:12&
<b>5</b>	<b>Kurt Lyndgaard</b>	<b>OK Pan Århus</b>	<b>1:03:15</b>
01:40+	04:20+	07:15+	09:55+
01:40+	02:40+	02:55+	02:40-
00:17#	00:23#	00:17#	00:05-
	00:03+	00:05-	00:23&
	01:55&	00:38-	00:13#
	00:40#	00:54#	00:05+
	01:07&	08:36@	00:13#
	00:19-	00:13&	00:05&
<b>6</b>	<b>Claus Poulsen</b>	<b>Silkeborg OK</b>	<b>1:05:23</b>
01:35+	04:45+	07:56+	11:01+
01:35+	03:10+	03:11+	03:05+
00:12#	00:53&	00:33#	00:20#
	01:32&	00:24&	00:35&
	01:26#	00:38-	01:23&
	01:48&	02:25&	00:11#
	03:21&	01:21#	00:16&
	00:04+	00:12&	00:07&
<b>7</b>	<b>Carl Malling</b>	<b>Randers OK</b>	<b>1:06:19</b>
01:24+	04:29+	07:29+	11:51+
01:24+	03:05+	03:00+	04:22+
00:01+	00:48&	00:22#	01:37&
	00:22+	01:32@	00:45&
	01:04#	00:51-	00:49&
	01:51&	00:18+	00:07#
	02:42&	02:17-	07:15@
	00:02-	00:23&	00:17@
	00:18+	00:18+	00:18+
<b>8</b>	<b>Niels Bobach</b>	<b>Aalborg OK</b>	<b>1:07:29</b>
01:41+	04:53+	09:02+	12:28+
01:41+	03:12+	04:09+	03:26+
00:18#	00:55&	01:31&	00:41#
	00:44&	02:48&	00:43-
	01:22&	02:31&	02:20&
	00:26&	01:03&	00:16#
	01:24&	01:57&	00:13#
	00:06+	00:13&	00:03#
<b>9</b>	<b>Wilbert Lyngsø</b>	<b>Viborg OK</b>	<b>1:08:01</b>
03:36+	09:12+	12:52+	16:56+
03:36+	05:36+	03:40+	04:04+
02:13@	03:19@	01:02&	01:19&
	02:03+	07:21+	02:03+
	00:35&	01:20#	00:36&
	01:38&	01:10#	01:03&
	00:16#	01:24#	05:25+
	01:41&	00:57#	00:09#
	00:04-	00:10&	00:05&
<b>10</b>	<b>Knud Erik Thomsen</b>	<b>Svendborg OK</b>	<b>1:13:13</b>
02:01+	05:20+	09:45+	13:54+
02:01+	03:19+	04:25+	04:09+
00:38&	01:02&	01:47&	01:24&
	03:01&	00:44&	01:12&
	03:23&	00:26-	01:14&
	01:59&	01:42&	00:41&
	02:28&	02:54&	00:17&
	00:00=	00:10&	00:05&
<b>11</b>	<b>Tage V. Andersen</b>	<b>OK Øst Birkerød</b>	<b>1:14:49</b>
01:58+	06:25+	10:18+	15:10+
01:58+	04:27+	03:53+	04:52+
00:35&	02:10&	01:15&	02:07&
	01:33&	00:48&	01:05&
	02:59&	00:20-	01:31&
	02:54&	03:32&	00:25&
	01:40&	02:15&	00:57&
	00:16#	00:04#	00:05&
<b>12</b>	<b>Ole Nielsen</b>	<b>Aalborg OK</b>	<b>1:19:05</b>
01:45+	06:39+	12:48+	19:27+
01:45+	04:54+	06:09+	06:39+
00:22&	02:37@	03:31@	03:54@
	03:37&	00:12#	01:52@
	02:29&	00:22-	00:42&
	02:07&	02:47&	00:37&
	02:38&	01:49&	00:14#
	00:46&	00:10&	00:05&
<b>13</b>	<b>John Rasmussen</b>	<b>Silkeborg OK</b>	<b>1:20:13</b>
01:27+	03:53+	06:58+	10:46+
01:27+	02:26+	03:05+	03:48+
00:04+	00:09+	00:27#	01:03&
	00:28#	00:13#	00:10#
	00:53#	00:47-	00:32&
	14:50@	01:16-	10:19@
	02:24-	00:29-	05:26@
	00:00=	00:56@	00:19@
	00:22+	00:22+	00:22+
<b>14</b>	<b>Bent Skjoldborg</b>	<b>OK Vendelboerne</b>	<b>1:27:00</b>
02:52+	07:50+	12:27+	16:30+
02:52+	04:58+	04:37+	04:03+
01:29@	02:41@	01:59&	01:18&
	01:33&	00:27&	01:33&
	01:33@	05:23&	03:27@
	00:07-	05:28-	01:29-
	09:45@	02:27&	03:46-
	04:20@	09:09@	00:58@
	01:23@	00:38+	00:22+
	00:38+	00:22+	00:22+
<b>15</b>	<b>Ulf Mogensen</b>	<b>Aalborg OK</b>	<b>1:29:30</b>
02:14+	13:57+	19:08+	22:35+
02:14+	11:43+	05:11+	03:27+
00:51&	09:26@	02:33&	00:42&
	00:45&	03:27&	01:16&
	00:54&	01:56&	00:08-
	08:53@	10:01+	01:22-
	02:22-	00:08-	07:56@
	00:22&	01:11@	00:22@
	00:20+	00:20+	00:20+
<b>16</b>	<b>Evald Christensen</b>	<b>St. Binderup OK</b>	<b>1:55:38</b>
02:52+	23:09+	28:14+	34:09+
02:52+	20:17+	05:05+	05:55+
01:29@	18:00@	02:27&	03:10@
	03:48&	01:11@	00:54&
	09:26@	00:05-	02:59@
	05:06&	03:37&	02:24@
	05:41@	04:06&	01:03@
	00:38&	00:26&	00:20@
<b>Beste stræktid for klassen</b>			
01:19	02:16	02:38	02:16
	03:06	01:00	00:53
	01:36	00:36	00:33
	00:41	02:36	01:08
	01:20	01:41	01:02
	00:49	00:26	00:12

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## MTB-H70

**Class Navn Klasse Tid**

**1 Herluf Jensen Svendborg OK 1:49:20**

04:18=	11:48=	18:05=	23:17=	25:29=	32:49=	36:59=	81:09=	89:21=	91:34=	95:59=	99:56=	101:21=	104:15=	106:03=	108:21=	109:01=	109:20=
04:18=	07:30=	06:17=	05:12=	02:12=	07:20=	04:10=	44:10=	08:12=	02:13=	04:25=	03:57=	01:25=	02:54=	01:48=	02:18=	00:40=	00:19=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

**Beste stræktid for klassen**

04:18	07:30	06:17	05:12	02:12	07:20	04:10	44:10	08:12	02:13	04:25	03:57	01:25	02:54	01:48	02:18	00:40	00:19
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.