

Plads Navn Klasse

Tid

Fod-Beg

1	Sofie Thers Froberg	OK Pan Århus	23:22											
00:42=	02:41=	04:05=	06:35=	07:49=	09:00=	10:47=	13:44=	15:32=	17:20=	18:59=	20:11=	22:08=	23:08=	23:22=
00:42=	01:59=	01:24=	02:30=	01:14=	01:11=	01:47=	02:57=	01:48=	01:48=	01:39=	01:12=	01:57=	01:00=	00:14=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Marie Byskov Scheel	OK Pan Århus	35:20											
01:46+	05:17+	07:42+	11:02+	13:03+	14:46+	17:45+	21:55+	24:42+	26:28+	28:44+	30:46+	32:59+	34:49+	35:20+
01:46+	03:31+	02:25+	03:20+	02:01+	01:43+	02:59+	04:10+	02:47+	01:46-	02:16+	02:02+	02:13+	01:50+	00:31+
01:04@	01:32&	01:01&	00:50&	00:47&	00:32&	01:12&	01:13&	00:59&	00:02-	00:37&	00:50&	00:16#	00:50&	00:17@
3	Ida Byskov Scheel	OK Pan Århus	36:20											
02:27+	06:06+	08:29+	12:39+	14:10+	15:54+	18:58+	23:10+	25:46+	27:30+	29:51+	32:12+	34:09+	35:53+	36:20+
02:27+	03:39+	02:23+	04:10+	01:31+	01:44+	03:04+	04:12+	02:36+	01:44-	02:21+	02:21+	01:57+	01:44+	00:27+
01:45@	01:40&	00:59&	01:40&	00:17#	00:33&	01:17&	01:15&	00:48&	00:04-	00:42&	01:09&	00:00=	00:44&	00:13&
4	Anne Mengel-Jørgensen	OK Vendelboerne	41:06											
01:26+	04:34+	07:20+	10:49+	12:40+	15:28+	18:10+	22:11+	24:58+	26:03+	28:42+	36:40+	38:43+	40:33+	41:06+
01:26+	03:08+	02:46+	03:29+	01:51+	02:48+	02:42+	04:01+	02:47+	01:05-	02:39+	07:58+	02:03+	01:50+	00:33+
00:44@	01:09&	01:22&	00:59&	00:37&	01:37@	00:55&	01:04&	00:59&	00:43-	01:00&	06:46@	00:06+	00:50&	00:19@
5	Bodil Popp	OK Vendelboerne	45:08											
02:09+	06:15+	08:23+	12:06+	14:28+	15:57+	19:02+	23:14+	25:49+	27:12+	29:54+	31:33+	41:10+	44:24+	45:08+
02:09+	04:06+	02:08+	03:43+	02:22+	01:29+	03:05+	04:12+	02:35+	01:23-	02:42+	01:39+	09:37+	03:14+	00:44+
01:27@	02:07@	00:44&	01:13&	01:08&	00:18&	01:18&	01:15&	00:47&	00:25-	01:03&	00:27&	07:40@	02:14@	00:30@
6	Sarah Toft Kalms	KaSkI OK	45:53											
24:08+	30:10+	33:24+	36:46+	40:50+	42:07+	43:36+	45:23+	45:53+						
24:08+	06:02+	03:14+	03:22+	04:04+	01:17+	01:29-	01:47-	00:30-						
23:26@	04:03@	01:50@	00:52&	02:50@	00:06+	00:18-	01:10-	01:18-						
7	Dorthe Christensen	OK Vendelboerne	53:16											
01:20+	05:27+	08:25+	12:44+	14:42+	19:32+	22:24+	26:29+	29:18+	30:19+	32:57+	46:05+	50:17+	53:16+	
01:20+	04:07+	02:58+	04:19+	01:58+	04:50+	02:52+	04:05+	02:49+	01:01-	02:38+	13:08+	04:12+	02:59+	
00:38&	02:08@	01:34@	01:49&	00:44&	03:39@	01:05&	01:08&	01:01&	00:47-	00:59&	11:56@	02:15@	01:59@	

Beste stræktid for klassen

00:42 01:59 01:24 02:30 01:14 01:11 01:29 01:47 00:30 01:01 01:39 01:12 01:57 01:00 00:14

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-D-10

1	Cecilie Toft Kalms	KaSkI OK	50:20												
00:54=	03:47=	05:49=	12:38=	14:18=	18:11=	21:32=	25:37=	28:00=	28:57=	31:48=	34:29=	48:19=	49:59=	50:20=	
00:54=	02:53=	02:02=	06:49=	01:40=	03:53=	03:21=	04:05=	02:23=	00:57=	02:51=	02:41=	13:50=	01:40=	00:21=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
Beste stræktid for klassen	00:54	02:53	02:02	06:49	01:40	03:53	03:21	04:05	02:23	00:57	02:51	02:41	13:50	01:40	00:21

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-D-12

1	Nanna Lysemose Poulsen	Silkeborg OK	22:58											
01:07=	02:45=	03:55=	05:58=	06:57=	08:03=	10:33=	13:38=	15:08=	16:17=	18:29=	21:05=	21:41=	22:43=	22:58=
01:07=	01:38=	01:10=	02:03=	00:59=	01:06=	02:30=	03:05=	01:30=	01:09=	02:12=	02:36=	00:36=	01:02=	00:15=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Astrid Gylling Hougaard	Aarhus 1900 Orientering	25:01											
01:41+	03:39+	04:58+	07:27+	08:34+	09:46+	12:46+	15:36+	17:16+	18:51+	21:05+	23:29+	24:12+	24:48+	25:01+
01:41+	01:58+	01:19+	02:29+	01:07+	01:12+	03:00+	02:50-	01:40+	01:35+	02:14+	02:24-	00:43+	00:36-	00:13-
00:34&	00:20#	00:09#	00:26#	00:08#	00:06+	00:30#	00:15-	00:10#	00:26&	00:02+	00:12-	00:07#	00:26-	00:02-

Class	Navn	Klasse												Tid			
3	Maria Bo Kølbæk	Aarhus 1900 Orientering												46:36			
	01:33+	03:59+	05:37+	08:57+	10:23+	13:03+	19:04+	22:41+	25:01+	34:43+	37:45+	43:54+	45:08+	46:11+	46:36+		
	01:33+	02:26+	01:38+	03:20+	01:26+	02:40+	06:01+	03:37+	02:20+	09:42+	03:02+	06:09+	01:14+	01:03+	00:25+		
	00:26&	00:48&	00:28&	01:17&	00:27&	01:34@	03:31@	00:32#	00:50&	08:33@	00:50&	03:33@	00:38@	00:01+	00:10&		

Beste stræktid for klassen

01:07 01:38 01:10 02:03 00:59 01:06 02:30 02:50 01:30 01:09 02:12 02:24 00:36 00:36 00:13

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-D-14

1	Katrine Spanner	OK Pan Århus												35:09			
	01:21=	03:48=	07:51=	09:51=	14:57=	18:05=	22:17=	25:37=	27:52=	29:53=	32:04=	33:21=	33:52=	34:47=	35:09=		
	01:21=	02:27=	04:03=	02:00=	05:06=	03:08=	04:12=	03:20=	02:15=	02:01=	02:11=	01:17=	00:31=	00:55=	00:22=		
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		

Beste stræktid for klassen

01:21 02:27 04:03 02:00 05:06 03:08 04:12 03:20 02:15 02:01 02:11 01:17 00:31 00:55 00:22

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-D-16

1	Sara Lysemose Poulsen	Silkeborg OK												42:35				
	02:22=	05:04=	09:24=	11:48=	13:44=	15:09=	18:32=	22:22=	26:59=	29:37=	31:53=	34:32=	35:40=	36:55=	38:33=	41:35=	42:16=	42:35=
	02:22=	02:42=	04:20=	02:24=	01:56=	01:25=	03:23=	03:50=	04:37=	02:38=	02:16=	02:39=	01:08=	01:15=	01:38=	03:02=	00:41=	00:19=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

02:22 02:42 04:20 02:24 01:56 01:25 03:23 03:50 04:37 02:38 02:16 02:39 01:08 01:15 01:38 03:02 00:41 00:19

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-D-20

1	Barbora Pijakova	OK Pan Århus												54:22											
	01:11=	04:52=	09:36=	11:12=	13:16=	14:33=	15:36=	19:00=	26:02=	27:30=	31:23=	34:31=	36:54=	38:51=	41:47=	44:38=	46:15=	48:30=	49:18=	50:19=	51:04=	52:27=	53:34=	54:09=	54:22=
	01:11=	03:41=	04:44=	01:36=	02:04=	01:17=	01:03=	03:24=	07:02=	01:28=	03:53=	03:08=	02:23=	01:57=	02:56=	02:51=	01:37=	02:15=	00:48=	01:01=	00:45=	01:23=	01:07=	00:35=	00:13=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

01:11 03:41 04:44 01:36 02:04 01:17 01:03 03:24 07:02 01:28 03:53 03:08 02:23 01:57 02:56 02:51 01:37 02:15 00:48 01:01 00:45 01:23 01:07 00:35 00:13

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-D21-

1	Signe Just Boe	OK Vendelboerne												1:02:49											
	01:28=	05:01=	09:22=	10:59=	13:31=	18:13=	19:25=	23:04=	31:06=	32:58=	35:37=	39:23=	42:09=	44:34=	47:50=	50:46=	52:45=	55:12=	56:06=	57:32=	58:31=	60:23=	61:48=	62:33=	62:49=
	01:28=	03:33=	04:21=	01:37=	02:32=	04:42=	01:12=	03:39=	08:02=	01:52=	02:39=	03:46=	02:46=	02:25=	03:16=	02:56=	01:59=	02:27=	00:54=	01:26=	00:59=	01:52=	01:25=	00:45=	00:16=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Camilla Bertel Andersen	KaSkI OK												1:11:37											
	02:03+	05:29+	09:39+	11:44+	14:18+	16:39-	18:20-	22:13-	31:16+	33:18+	35:47+	39:36+	42:29+	45:07+	53:27+	56:51+	59:12+	62:02+	64:25+	65:57+	67:13+	69:01+	70:37+	71:19+	71:37+
	02:03+	03:26-	04:10-	02:05+	02:34+	02:21-	01:41+	03:53+	09:03+	02:02+	02:29-	03:49+	02:53+	02:38+	08:20+	03:24+	02:21+	02:50+	02:23+	01:32+	01:16+	01:48-	01:36+	00:42-	00:18+
	00:35&	00:07-	00:11-	00:28&	00:02+	02:21-	00:29&	00:14+	01:01#	00:10+	00:10-	00:03+	00:07+	00:13+	05:04@	00:28#	00:22#	00:23#	01:29@	00:06+	00:17&	00:04-	00:11#	00:03-	00:02#

3	Louise Friis Hansen	St. Binderup OK												1:24:48											
	06:40+	10:35+	16:29+	19:36+	23:15+	25:11+	26:30+	30:43+	41:50+	45:34+	50:43+	55:14+	60:11+	63:27+	68:01+	71:19+	73:36+	75:53+	76:53+	78:36+	79:48+	82:18+	83:45+	84:33+	84:48+
	06:40+	03:55+	05:54+	03:07+	03:39+	01:56-	01:19+	04:13+	11:07+	03:44+	05:09+	04:31+	04:57+	03:16+	04:34+	03:18+	02:17+	02:17-	01:00+	01:43+	01:12+	02:30+	01:27+	00:48+	00:15-
	05:12@	00:22#	01:33&	01:30&	01:07&	02:46-	00:07+	00:34#	03:05&	01:52&	02:30&	00:45#	02:11&	00:51&	01:18&	00:22#	00:18#	00:10-	00:06#	00:17#	00:13#	00:38&	00:02+	00:03+	00:01-

Class	Navn	Klasse	Tid																					
4	Thea Lillethorup	Randers OK	1:36:45																					
03:47+	08:00+	18:12+	20:22+	26:07+	27:59+	29:45+	35:02+	43:30+	63:36+	65:49+	70:08+	73:39+	75:52+	79:21+	83:20+	85:26+	88:16+	89:26+	90:55+	91:57+	93:57+	95:25+	96:28+	96:45+
03:47+	04:13+	10:12+	02:10+	05:45+	01:52-	01:46+	05:17+	08:28+	20:06+	02:13-	04:19+	03:31+	02:13-	03:29+	03:59+	02:06+	02:50+	01:10+	01:29+	01:02+	02:00+	01:28+	01:03+	00:17+
02:19@	00:40#	05:51@	00:33&	03:13@	02:50-	00:34&	01:38&	00:26+	18:14@	00:26-	00:33#	00:45&	00:12-	00:13+	01:03&	00:07+	00:23#	00:16&	00:03+	00:03+	00:08+	00:03+	00:18&	00:01+
5	Mette Reiche Sørensen	OK Vendelboerne	1:40:23																					
08:26+	14:27+	19:58+	22:08+	26:39+	33:04+	35:40+	40:20+	51:14+	55:28+	60:24+	64:50+	69:54+	73:21+	77:59+	82:19+	85:13+	89:14+	91:13+	93:14+	94:35+	96:55+	99:01+	100:04+	100:23+
08:26+	06:01+	05:31+	02:10+	04:31+	06:25+	02:36+	04:40+	10:54+	04:14+	04:56+	04:26+	05:04+	03:27+	04:38+	04:20+	02:54+	04:01+	01:59+	02:01+	01:21+	02:20+	02:06+	01:03+	00:19+
06:58@	02:28&	01:10&	00:33&	01:59&	01:43&	01:24@	01:01&	02:52&	02:22@	02:17&	00:40#	02:18&	01:02&	01:22&	01:24&	00:55&	01:34&	01:05@	00:35&	00:22&	00:28#	00:41&	00:18&	00:03#
Beste stræktid for klassen																								
01:28	03:26	04:10	01:37	02:32	01:52	01:12	03:39	08:02	01:52	02:13	03:46	02:46	02:13	03:16	02:56	01:59	02:17	00:54	01:26	00:59	01:48	01:25	00:42	00:15

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-D21-B

1	Maria Klausen	OK Vendelboerne	47:21																						
01:38=	08:00=	12:52=	15:46=	22:23=	26:15=	31:07=	35:05=	37:52=	41:03=	43:45=	45:23=	46:11=	47:03=	47:21=											
01:38=	06:22=	04:52=	02:54=	06:37=	03:52=	04:52=	03:58=	02:47=	03:11=	02:42=	01:38=	00:48=	00:52=	00:18=											
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=											
2	Nanna Christensen	OK Vendelboerne	1:13:09																						
02:23+	06:57-	14:56+	18:35+	28:53+	36:53+	45:40+	52:02+	57:24+	61:21+	66:40+	69:46+	71:02+	72:32+	73:09+											
02:23+	04:34-	07:59+	03:39+	10:18+	08:00+	08:47+	06:22+	05:22+	03:57+	05:19+	03:06+	01:16+	01:30+	00:37+											
00:45&	01:48-	03:07&	00:45&	03:41&	04:08@	03:55&	02:24&	02:35&	00:46#	02:37&	01:28&	00:28&	00:38&	00:19@											
Beste stræktid for klassen																									
01:38	04:34	04:52	02:54	06:37	03:52	04:52	03:58	02:47	03:11	02:42	01:38	00:48	00:52	00:18											

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-D21-C

1	Jeanette Bødker Jørgensen	OK Vendelboerne	39:34																						
01:24=	03:26=	05:10=	08:08=	09:26=	10:55=	15:40=	20:00=	21:52=	23:23=	26:04=	36:22=	38:16=	39:16=	39:34=											
01:24=	02:02=	01:44=	02:58=	01:18=	01:29=	04:45=	04:20=	01:52=	01:31=	02:41=	10:18=	01:54=	01:00=	00:18=											
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=											
2	Yvonne Glesner	KaSKI OK	41:40																						
02:32+	04:58+	07:30+	09:52+	11:12+	12:51+	15:48+	18:52-	20:41-	22:16-	24:18-	40:12+	40:54+	41:40+												
02:32+	02:26+	02:32+	02:22-	01:20+	01:39+	02:57-	03:04-	01:49-	01:35+	02:02-	15:54+	00:42-	00:46-												
01:08&	00:24#	00:48&	00:36-	00:02+	00:10#	01:48-	01:16-	00:03-	00:04+	00:39-	05:36&	01:12-	00:14-												
3	Gitte Kolstrup	Randers OK	44:02																						
01:34+	04:08+	05:57+	08:47+	10:06+	11:41+	15:19-	19:19-	21:37-	33:06+	36:26+	41:21+	42:35+	43:40+	44:02+											
01:34+	02:34+	01:49+	02:50-	01:19+	01:35+	03:38-	04:00-	02:18+	11:29+	03:20+	04:55-	01:14-	01:05+	00:22+											
00:10#	00:32&	00:05+	00:08-	00:01+	00:06+	01:07-	00:20-	00:26#	09:58@	00:39#	05:23-	00:40-	00:05+	00:04#											
4	Karin Henriette Jensen	OK Vendelboerne	51:44																						
01:52+	04:43+	06:42+	10:10+	11:52+	13:31+	17:53+	22:07+	24:59+	27:12+	30:26+	49:04+	50:14+	51:23+	51:44+											
01:52+	02:51+	01:59+	03:28+	01:42+	01:39+	04:22-	04:14-	02:52+	02:13+	03:14+	18:38+	01:10-	01:09+	00:21+											
00:28&	00:49&	00:15#	00:30#	00:24&	00:10#	00:23-	00:06-	01:00&	00:42&	00:33#	08:20&	00:44-	00:09#	00:03#											
Beste stræktid for klassen																									
01:24	02:02	01:44	02:22	01:18	01:29	02:57	03:04	01:49	01:31	02:02	04:55	00:42	00:46	00:18											

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-D35-

1	Berit Olesen	AKIF	1:02:32																					
01:27=	05:01=	10:05=	11:30=	14:01=	15:25=	18:12=	21:51=	29:28=	31:35=	34:37=	38:46=	41:26=	43:45=	46:57=	50:01=	52:07=	54:41=	55:27=	57:01=	58:11=	59:55=	61:26=	62:12=	62:32=
01:27=	03:34=	05:04=	01:25=	02:31=	01:24=	02:47=	03:39=	07:37=	02:07=	03:02=	04:09=	02:40=	02:19=	03:12=	03:04=	02:06=	02:34=	00:46=	01:34=	01:10=	01:44=	01:31=	00:46=	00:20=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse	Tid
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Beste stræktid for klassen

01:27 03:34 05:04 01:25 02:31 01:24 02:47 03:39 07:37 02:07 03:02 04:09 02:40 02:19 03:12 03:04 02:06 02:34 00:46 01:34 01:10 01:44 01:31 00:46 00:20

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-D35-B

1	Anna Marie Søborg	OK Vendelboerne	36:30											
01:37=	04:03=	08:14=	10:04=	16:01=	19:38=	23:07=	25:53=	27:52=	30:12=	32:41=	34:08=	35:18=	36:15=	36:30=
01:37=	02:26=	04:11=	01:50=	05:57=	03:37=	03:29=	02:46=	01:59=	02:20=	02:29=	01:27=	01:10=	00:57=	00:15=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Marianne Bonde	KaSi OK	40:45											
01:57+	04:55+	09:33+	11:48+	17:28+	21:24+	25:55+	29:31+	32:11+	34:48+	37:21+	38:51+	39:34+	40:27+	40:45+
01:57+	02:58+	04:38+	02:15+	05:40+	03:56+	04:31+	03:36+	02:40+	02:37+	02:33+	01:30+	00:43+	00:53+	00:18+
00:20#	00:32#	00:27#	00:25#	00:17-	00:19+	01:02&	00:50&	00:41&	00:17#	00:04+	00:03+	00:27-	00:04-	00:03#
3	Birthe Møller	Nordvest OK	1:03:24											
02:22+	09:12+	17:40+	20:10+	30:32+	35:43+	41:02+	46:44+	50:15+	55:08+	58:57+	61:13+	62:12+	63:04+	63:24+
02:22+	06:50+	08:28+	02:30+	10:22+	05:11+	05:19+	05:42+	03:31+	04:53+	03:49+	02:16+	00:59-	00:52-	00:20+
00:45&	04:24@	04:17@	00:40&	04:25&	01:34&	01:50&	02:56@	01:32&	02:33@	01:20&	00:49&	00:11-	00:05-	00:05&
4	Grethe Jørgensen	Viborg OK	1:05:30											
01:54+	05:55+	13:03+	15:33+	28:17+	33:43+	38:45+	43:10+	46:01+	56:57+	61:06+	63:04+	64:09+	65:06+	65:30+
01:54+	04:01+	07:08+	02:30+	12:44+	05:26+	05:02+	04:25+	02:51+	10:56+	04:09+	01:58+	01:05-	00:57=	00:24+
00:17#	01:35&	02:57&	00:40&	06:47@	01:49&	01:33&	01:39&	00:52&	08:36@	01:40&	00:31&	00:05-	00:00=	00:09&
5	Inge Mogensen	Aalborg OK	1:05:35											
03:05+	07:09+	14:30+	17:26+	34:01+	39:06+	45:25+	50:17+	53:40+	56:47+	60:33+	62:48+	63:58+	65:08+	65:35+
03:05+	04:04+	07:21+	02:56+	16:35+	05:05+	06:19+	04:52+	03:23+	03:07+	03:46+	02:15+	01:10=	01:10+	00:27+
01:28&	01:38&	03:10&	01:06&	10:38@	01:28&	02:50&	02:06&	01:24&	00:47&	01:17&	00:48&	00:00=	00:13#	00:12&
6	Kirsten Møller Larsen	Aalborg OK	1:08:29											
06:54+	09:52+	25:54+	27:58+	35:58+	39:56+	44:38+	54:50+	57:26+	60:26+	63:44+	66:22+	67:14+	68:09+	68:29+
06:54+	02:58+	16:02+	02:04+	08:00+	03:58+	04:42+	10:12+	02:36+	03:00+	03:18+	02:38+	00:52-	00:55-	00:20+
05:17@	00:32#	11:51@	00:14#	02:03&	00:21+	01:13&	07:26@	00:37&	00:40&	00:49&	01:11&	00:18-	00:02-	00:05&
7	Conny Birch	OK Djurs	1:16:38											
03:10+	08:04+	16:56+	20:51+	30:46+	36:34+	43:28+	49:57+	53:45+	65:00+	69:09+	71:56+	74:49+	76:09+	76:38+
03:10+	04:54+	08:52+	03:55+	09:55+	05:48+	06:54+	06:29+	03:48+	11:15+	04:09+	02:47+	02:53+	01:20+	00:29+
01:33&	02:28@	04:41@	02:05@	03:58&	02:11&	03:25&	03:43@	01:49&	08:55@	01:40&	01:20&	01:43@	00:23&	00:14&

Beste stræktid for klassen

01:37 02:26 04:11 01:50 05:40 03:37 03:29 02:46 01:59 02:20 02:29 01:27 00:43 00:52 00:15

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-D40-

1	Mette Møller Nielsen	AKIF	53:21																		
01:41=	05:03=	08:58=	11:53=	13:13=	14:21=	18:15=	19:10=	22:56=	24:42=	26:20=	31:15=	37:34=	40:35=	42:36=	44:57=	47:59=	48:53=	50:38=	52:18=	53:03=	53:21=
01:41=	03:22=	03:55=	02:55=	01:20=	01:08=	03:54=	00:55=	03:46=	01:46=	01:38=	04:55=	06:19=	03:01=	02:01=	02:21=	03:02=	00:54=	01:45=	01:40=	00:45=	00:18=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Lone Marianne Jensen	Nordvest OK	1:16:12																		
02:23+	07:25+	13:24+	18:00+	19:44+	24:08+	29:35+	30:39+	36:42+	39:00+	41:16+	45:06+	50:53+	56:07+	58:42+	61:23+	68:24+	69:30+	71:39+	74:25+	75:52+	76:12+
02:23+	05:02+	05:59+	04:36+	01:44+	04:24+	05:27+	01:04+	06:03+	02:18+	02:16+	03:50-	05:47-	05:14+	02:35+	02:41+	07:01+	01:06+	02:09+	02:46+	01:27+	00:20+
00:42&	01:40&	02:04&	01:41&	00:24&	03:16@	01:33&	00:09#	02:17&	00:32&	00:38&	01:05-	00:32-	02:13&	00:34&	00:20#	03:59@	00:12#	00:24#	01:06&	00:42&	00:02#
3	Lajla Præstgaard	Mariager Fjord OK	1:16:16																		
02:13+	09:48+	22:04+	25:26+	28:05+	30:01+	35:50+	36:45+	42:19+	45:31+	48:34+	52:21+	57:51+	61:04+	63:27+	66:35+	69:33+	70:48+	73:31+	75:11+	75:57+	76:16+
02:13+	07:35+	12:16+	03:22+	02:39+	01:56+	05:49+	00:55=	05:34+	03:12+	03:03+	03:47-	05:30-	03:13+	02:23+	03:08+	02:58-	01:15+	02:43+	01:40=	00:46+	00:19+
00:32&	04:13@	08:21@	00:27#	01:19&	00:48&	01:55&	00:00=	01:48&	01:26&	01:25&	01:08-	00:49-	00:12+	00:22#	00:47&	00:04-	00:21&	00:58&	00:00=	00:01+	00:01+

Beste stræktid for klassen

01:41 03:22 03:55 02:55 01:20 01:08 03:54 00:55 03:46 01:46 01:38 03:47 05:30 03:01 02:01 02:21 02:58 00:54 01:45 01:40 00:45 00:18

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-D45-

1	Claudia Greiner	TSV Gruenwald (Germany)	57:56																		
01:52=	06:41=	11:33=	14:25=	15:58=	17:23=	21:26=	22:14=	26:33=	28:55=	30:56=	36:09=	43:01=	45:46=	47:46=	50:07=	52:34=	53:25=	55:07=	56:56=	57:38=	57:56=
01:52=	04:49=	04:52=	02:52=	01:33=	01:25=	04:03=	00:48=	04:19=	02:22=	02:01=	05:13=	06:52=	02:45=	02:00=	02:21=	02:27=	00:51=	01:42=	01:49=	00:42=	00:18=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Bettina Gjedde	Mariager Fjord OK	58:57																		
02:18+	06:34-	11:09-	15:15+	16:39+	17:59+	23:55+	24:56+	30:07+	32:00+	34:03+	36:54+	42:21-	45:21-	47:39-	50:52+	53:41+	54:37+	56:25+	57:57+	58:40+	58:57+
02:18+	04:16-	04:35-	04:06+	01:24-	01:20-	05:56+	01:01+	05:11+	01:53-	02:03+	02:51-	05:27-	03:00+	02:18+	03:13+	02:49+	00:56+	01:48+	01:32-	00:43+	00:17-
00:26#	00:33-	00:17-	01:14&	00:09-	00:05-	01:53&	00:13&	00:52#	00:29-	00:02+	02:22-	01:25-	00:15+	00:18#	00:52&	00:22#	00:05+	00:06+	00:17-	00:01+	00:01-
3	Pia Hejlskov Mogensen	St. Binderup OK	1:10:06																		
03:23+	12:12+	18:39+	22:29+	24:22+	25:58+	30:37+	32:07+	38:27+	40:27+	42:38+	45:48+	51:44+	55:13+	57:51+	61:05+	63:42+	64:44+	66:53+	68:41+	69:40+	70:06+
03:23+	08:49+	06:27+	03:50+	01:53+	01:36+	04:39+	01:30+	06:20+	02:00-	02:11+	03:10-	05:56-	03:29+	02:38+	03:14+	02:37+	01:02+	02:09+	01:48-	00:59+	00:26+
01:31&	04:00&	01:35&	00:58&	00:20#	00:11#	00:36#	00:42&	02:01&	00:22-	00:10+	02:03-	00:56-	00:44&	00:38&	00:53&	00:10+	00:11#	00:27&	00:01-	00:17&	00:08&
4	Helle Nikkel	Viborg OK	1:12:41																		
02:38+	07:17+	12:43+	16:47+	18:25+	20:19+	25:34+	26:29+	32:28+	36:14+	38:23+	42:07+	51:35+	55:20+	58:08+	63:04+	65:51+	67:18+	69:25+	71:32+	72:22+	72:41+
02:38+	04:39-	05:26+	04:04+	01:38+	01:54+	05:15+	00:55+	05:59+	03:46+	02:09+	03:44-	09:28+	03:45+	02:48+	04:56+	02:47+	01:27+	02:07+	02:07+	00:50+	00:19+
00:46&	00:10-	00:34#	01:12&	00:05+	00:29&	01:12&	00:07#	01:40&	01:24&	00:08+	01:29-	02:36&	01:00&	00:48&	02:35@	00:20#	00:36&	00:25#	00:18#	00:08#	00:01+
5	Ann Dissing	OK Vendelboerne	1:27:30																		
03:42+	09:22+	15:17+	20:27+	23:21+	25:45+	31:10+	32:30+	45:10+	47:23+	49:26+	53:38+	59:32+	66:16+	69:10+	72:30+	78:52+	80:23+	84:23+	86:26+	87:13+	87:30+
03:42+	05:40+	05:55+	05:10+	02:54+	02:24+	05:25+	01:20+	12:40+	02:13-	02:03+	04:12-	05:52+	06:44+	02:54+	03:20+	06:22+	01:31+	04:00+	02:03+	00:47+	00:17-
01:50&	00:51#	01:03#	02:18&	01:21&	00:59&	01:22&	00:32&	08:21@	00:09-	00:02+	01:01-	00:58-	03:59@	00:54&	00:59&	03:55@	00:40&	02:18@	00:14#	00:05#	00:01-
6	Susanne Nielsen	OK Vendelboerne	1:38:53																		
02:29+	07:37+	17:39+	23:47+	30:20+	32:21+	45:37+	46:17+	52:50+	60:34+	63:19+	68:36+	76:05+	81:42+	84:58+	88:20+	91:24+	92:29+	94:59+	97:34+	98:36+	98:53+
02:29+	05:08+	10:02+	06:08+	06:33+	02:01+	13:16+	00:40-	06:33+	07:44+	02:45+	05:17+	07:29+	05:37+	03:16+	03:22+	03:04+	01:05+	02:30+	02:35+	01:02+	00:17-
00:37&	00:19+	05:10@	03:16@	05:00@	00:36&	09:13@	00:08-	02:14&	05:22@	00:44&	00:04+	00:37+	02:52@	01:16&	01:01&	00:37&	00:14&	00:48&	00:46&	00:20&	00:01-

Beste stræktid for klassen

01:52 04:16 04:35 02:52 01:24 01:20 04:03 00:40 04:19 01:53 02:01 02:51 05:27 02:45 02:00 02:21 02:27 00:51 01:42 01:32 00:42 00:17

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-D50-

1	Ann-Vibeke Mose	Vestjysk Orienteringsklub	56:45														
02:48=	06:22=	14:25=	17:57=	19:42=	21:34=	26:12=	32:01=	37:31=	40:50=	43:16=	47:22=	48:26=	50:34=	52:51=	55:47=	56:30=	56:45=
02:48=	03:34=	08:03=	03:32=	01:45=	01:52=	04:38=	05:49=	05:30=	03:19=	02:26=	04:06=	01:04=	02:08=	02:17=	02:56=	00:43=	00:15=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Kirsten Bobach	Aalborg OK	57:15														
02:32-	06:34+	13:16-	17:55-	19:51+	21:55+	26:57+	32:11+	38:14+	42:22+	44:56+	48:15+	49:53+	52:00+	54:27+	56:09+	56:56+	57:15+
02:32-	04:02+	06:42-	04:39+	01:56+	02:04+	05:02+	05:14-	06:03+	04:08+	02:34+	03:19-	01:38+	02:07-	02:27+	01:42-	00:47+	00:19+
00:16-	00:28#	01:21-	01:07&	00:11#	00:12#	00:24+	00:35-	00:33#	00:49#	00:08+	00:47-	00:34&	00:01-	00:10+	01:14-	00:04+	00:04&
3	Susanne Karlshøj	Nordvest OK	59:54														
03:01+	06:15-	12:45-	15:33-	17:20-	24:12+	29:17+	34:22+	41:10+	45:12+	48:05+	51:42+	52:40+	55:03+	57:20+	58:56+	59:35+	59:54+
03:01+	03:14-	06:30-	02:48-	01:47+	06:52+	05:05+	05:05-	06:48+	04:02+	02:53+	03:37-	00:58-	02:23+	02:17+	01:36-	00:39-	00:19+
00:13+	00:20-	01:33-	00:44-	00:02+	05:00@	00:27+	00:44-	01:18#	00:43#	00:27#	00:29-	00:06-	00:15#	00:00=	01:20-	00:04-	00:04&
4	Solveig Topp	Randers OK	1:07:01														
03:23+	07:33+	15:45+	19:40+	23:16+	25:32+	31:48+	37:49+	44:42+	49:44+	53:30+	56:57+	58:25+	61:08+	63:47+	65:40+	66:39+	67:01+
03:23+	04:10+	08:12+	03:55+	03:36+	02:16+	06:16+	06:01+	06:53+	05:02+	03:46+	03:27-	01:28+	02:43+	02:39+	01:53-	00:59+	00:22+
00:35#	00:36#	00:09+	00:23#	01:51@	00:24#	01:38&	00:12+	01:23&	01:43&	01:20&	00:39-	00:24&	00:35&	00:22#	01:03-	00:16&	00:07&
5	Signe Hachenberger Thomsen	Randers OK	1:13:47														
03:16+	10:37+	21:00+	24:37+	26:40+	30:11+	36:15+	41:49+	49:35+	55:18+	58:30+	62:02+	63:40+	66:17+	69:49+	71:23+	73:26+	73:47+
03:16+	07:21+	10:23+	03:37+	02:03+	03:31+	06:04+	05:34-	07:46+	05:43+	03:12+	03:32-	01:38+	02:37+	03:32+	01:34-	02:03+	00:21+
00:28#	03:47@	02:20&	00:05+	00:18#	01:39&	01:26&	00:15-	02:16&	02:24&	00:46&	00:34-	00:34&	00:29#	01:15&	01:22-	01:20@	00:06&
6	Annette Møller	Nordvest OK	1:14:19														
03:35+	08:44+	20:37+	24:58+	27:24+	29:24+	35:11+	41:04+	50:45+	56:11+	59:23+	63:01+	64:28+	67:25+	70:24+	72:46+	73:58+	74:19+
03:35+	05:09+	11:53+	04:21+	02:26+	02:00+	05:47+	05:53+	09:41+	05:26+	03:12+	03:38-	01:27+	02:57+	02:59+	02:22-	01:12+	00:21+
00:47&	01:35&	03:50&	00:49#	00:41&	00:08+	01:09#	00:04+	04:11&	02:07&	00:46&	00:28-	00:23&	00:49&	00:42&	00:34-	00:29&	00:06&

Class	Navn	Klasse												Tid			
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Beste stræktid for klassen

02:32 03:14 06:30 02:48 01:45 01:52 04:38 05:05 05:30 03:19 02:26 03:19 00:58 02:07 02:17 01:34 00:39 00:15

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-D55-

1 Kirsten Andersen KaSki OK 53:58
 04:09= 07:51= 14:22= 17:22= 19:02= 21:37= 25:54= 30:36= 37:08= 40:31= 42:49= 45:47= 47:01= 49:14= 51:28= 53:03= 53:44= 53:58=
 04:09= 03:42= 06:31= 03:00= 01:40= 02:35= 04:17= 04:42= 06:32= 03:23= 02:18= 02:58= 01:14= 02:13= 02:14= 01:35= 00:41= 00:14=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Anette Bernth Hansen Nordvest OK 1:17:19
 03:17- 09:43+ 17:55+ 21:46+ 24:17+ 27:37+ 34:31+ 40:15+ 49:20+ 53:19+ 56:05+ 59:48+ 63:46+ 70:06+ 72:49+ 75:42+ 76:54+ 77:19+
 03:17- 06:26+ 08:12+ 03:51+ 02:31+ 03:20+ 06:54+ 05:44+ 09:05+ 03:59+ 02:46+ 03:43+ 03:58+ 06:20+ 02:43+ 02:53+ 01:12+ 00:25+
 00:52- 02:44& 01:41& 00:51& 00:51& 00:45& 02:37& 01:02# 02:33& 00:36# 00:28# 00:45& 02:44@ 04:07@ 00:29# 01:18& 00:31& 00:11&

3 Dorte Friis St. Binderup OK 1:34:40
 03:35- 10:51+ 20:29+ 27:05+ 30:56+ 33:43+ 41:26+ 48:55+ 60:52+ 67:57+ 74:04+ 78:54+ 80:50+ 84:40+ 88:58+ 92:57+ 94:14+ 94:40+
 03:35- 07:16+ 09:38+ 06:36+ 03:51+ 02:47+ 07:43+ 07:29+ 11:57+ 07:05+ 06:07+ 04:50+ 01:56+ 03:50+ 04:18+ 03:59+ 01:17+ 00:26+
 00:34- 03:34& 03:07& 03:36@ 02:11@ 00:12+ 03:26& 02:47& 05:25& 03:42@ 03:49@ 01:52& 00:42& 01:37& 02:04& 02:24@ 00:36& 00:12&

Beste stræktid for klassen

03:17 03:42 06:31 03:00 01:40 02:35 04:17 04:42 06:32 03:23 02:18 02:58 01:14 02:13 02:14 01:35 00:41 00:14

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-D60-

1 Pia Gade Viborg OK 49:23
 03:03= 04:14= 09:45= 11:43= 14:08= 19:11= 21:24= 24:27= 28:12= 30:35= 33:32= 36:38= 39:26= 42:21= 43:48= 44:43= 48:16= 49:06= 49:23=
 03:03= 01:11= 05:31= 01:58= 02:25= 05:03= 02:13= 03:03= 03:45= 02:23= 02:57= 03:06= 02:48= 02:55= 01:27= 00:55= 03:33= 00:50= 00:17=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Inger Johansen KaSki OK 51:47
 03:26+ 04:26+ 09:59+ 11:23- 13:47- 18:49- 20:25- 23:08- 27:33- 29:40- 31:32- 33:59- 38:56- 42:17- 43:47- 44:41- 50:34+ 51:26+ 51:47+
 03:26+ 01:00- 05:33+ 01:24- 02:24- 05:02- 01:36- 02:43- 04:25+ 02:07- 01:52- 02:27- 04:57+ 03:21+ 01:30+ 00:54- 05:53+ 00:52+ 00:21+
 00:23# 00:11- 00:02+ 00:34- 00:01- 00:01- 00:37- 00:20- 00:40# 00:16- 01:05- 00:39- 02:09& 00:26# 00:03+ 00:01- 02:20& 00:02+ 00:04#

3 Ann Dorrit Hansen OK Djurs 53:24
 02:55- 04:09- 12:36+ 14:32+ 16:49+ 23:13+ 24:45+ 27:45+ 32:23+ 34:26+ 36:31+ 39:33+ 42:22+ 45:21+ 47:25+ 48:23+ 52:07+ 53:04+ 53:24+
 02:55- 01:14+ 08:27+ 01:56- 02:17- 06:24+ 01:32- 03:00- 04:38+ 02:03- 02:05- 03:02- 02:49+ 02:59+ 02:04+ 00:58+ 03:44+ 00:57+ 00:20+
 00:08- 00:03+ 02:56& 00:02- 00:08- 01:21& 00:41- 00:03- 00:53# 00:20- 00:52- 00:04- 00:01+ 00:04+ 00:37& 00:03+ 00:11+ 00:07# 00:03#

4 Lisbet Nielsen OK Vendelboerne 59:05
 02:38- 03:39- 12:02+ 14:22+ 16:36+ 21:09+ 23:07+ 29:50+ 33:26+ 36:07+ 37:59+ 40:51+ 47:07+ 49:43+ 54:00+ 54:51+ 57:59+ 58:51+ 59:05+
 02:38- 01:01- 08:23+ 02:20+ 02:14- 04:33- 01:58- 06:43+ 03:36- 02:41+ 01:52- 02:52- 06:16+ 02:36- 04:17+ 00:51- 03:08- 00:52+ 00:14-
 00:25- 00:10- 02:52& 00:22# 00:11- 00:30- 00:15- 03:40@ 00:09- 00:18# 01:05- 00:14- 03:28@ 00:19- 02:50@ 00:04- 00:25- 00:02+ 00:03-

Beste stræktid for klassen

02:38 01:00 05:31 01:24 02:14 04:33 01:32 02:43 03:36 02:03 01:52 02:27 02:48 02:36 01:27 00:51 03:08 00:50 00:14

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-D65-

1 Else Hass OK Pan Århus 49:35
 02:37= 04:18= 10:56= 12:40= 14:51= 20:11= 21:47= 25:05= 29:20= 31:19= 33:27= 36:15= 38:50= 41:48= 43:26= 44:34= 48:21= 49:15= 49:35=
 02:37= 01:41= 06:38= 01:44= 02:11= 05:20= 01:36= 03:18= 04:15= 01:59= 02:08= 02:48= 02:35= 02:58= 01:38= 01:08= 03:47= 00:54= 00:20=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Haldis Glendrage Stavanger O-klubb 53:20
 03:11+ 04:40+ 11:38+ 13:44+ 16:18+ 23:12+ 24:59+ 28:00+ 31:49+ 34:05+ 35:55+ 39:01+ 41:25+ 44:38+ 46:48+ 47:49+ 52:17+ 53:03+ 53:20+
 03:11+ 01:29- 06:58+ 02:06+ 02:34+ 06:54+ 01:47+ 03:01- 03:49- 02:16+ 01:50- 03:06+ 02:24- 03:13+ 02:10+ 01:01- 04:28+ 00:46- 00:17-
 00:34# 00:12- 00:20+ 00:22# 00:23# 01:34& 00:11# 00:17- 00:26- 00:17# 00:18- 00:18# 00:11- 00:15+ 00:32& 00:07- 00:41# 00:08- 00:03-

Class	Navn	Klasse	Tid
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3	Edith Sørensen	Aalborg OK	54:22															
03:22+	04:45+	12:36+	14:28+	16:31+	22:18+	24:44+	27:52+	32:18+	34:33+	37:21+	40:23+	43:17+	46:17+	48:04+	49:11+	53:02+	53:59+	54:22+
03:22+	01:23-	07:51+	01:52+	02:03-	05:47+	02:26+	03:08-	04:26+	02:15+	02:48+	03:02+	02:54+	03:00+	01:47+	01:07-	03:51+	00:57+	00:23+
00:45&	00:18-	01:13#	00:08+	00:08-	00:27+	00:50&	00:10-	00:11+	00:16#	00:40&	00:14+	00:19#	00:02+	00:09+	00:01-	00:04+	00:03+	00:03#

4	Rigmor Schou	Mariager Fjord OK	54:27															
04:35+	05:44+	13:59+	16:15+	18:07+	25:15+	26:26+	29:29+	33:42+	35:23+	37:00+	39:50+	42:08+	47:08+	48:41+	49:34+	53:15+	54:07+	54:27+
04:35+	01:09-	08:15+	02:16+	01:52-	07:08+	01:11-	03:03-	04:13-	01:41-	01:37-	02:50+	02:18-	05:00+	01:33-	00:53-	03:41-	00:52-	00:20=
01:58&	00:32-	01:37#	00:32&	00:19-	01:48&	00:25-	00:15-	00:02-	00:18-	00:31-	00:02+	00:17-	02:02&	00:05-	00:15-	00:06-	00:02-	00:00=

5	Jane Thode Jensen	Nordvest OK	59:24															
02:58+	04:21+	15:18+	16:55+	19:02+	24:14+	28:00+	31:22+	36:42+	38:42+	40:56+	43:42+	46:01+	51:42+	53:55+	54:51+	58:15+	59:09+	59:24+
02:58+	01:23-	10:57+	01:37-	02:07-	05:12-	03:46+	03:22+	05:20+	02:00+	02:14+	02:46-	02:19-	05:41+	02:13+	00:56-	03:24-	00:54=	00:15-
00:21#	00:18-	04:19&	00:07-	00:04-	00:08-	02:10@	00:04+	01:05&	00:01+	00:06+	00:02-	00:16-	02:43&	00:35&	00:12-	00:23-	00:00=	00:05-

6	Dagmar Tange	Nordvest OK	1:03:55															
07:09+	08:45+	17:19+	19:33+	22:04+	29:56+	32:06+	35:57+	41:00+	43:13+	45:10+	48:18+	51:48+	55:33+	57:38+	58:38+	62:38+	63:36+	63:55+
07:09+	01:36-	08:34+	02:14+	02:31+	07:52+	02:10+	03:51+	05:03+	02:13+	01:57-	03:08+	03:30+	03:45+	02:05+	01:00-	04:00+	00:58+	00:19-
04:32@	00:05-	01:56&	00:30&	00:20#	02:32&	00:34&	00:33&	00:48#	00:14#	00:11-	00:20#	00:55&	00:47&	00:27&	00:08-	00:13+	00:04+	00:01-

7	Ellen Thomsen	OK Vendelboerne	1:10:17															
03:30+	04:54+	12:19+	14:58+	21:29+	27:56+	30:15+	33:58+	41:32+	47:44+	50:34+	54:42+	57:36+	60:50+	63:20+	64:39+	68:53+	69:55+	70:17+
03:30+	01:24-	07:25+	02:39+	06:31+	06:27+	02:19+	03:43+	07:34+	06:12+	02:50+	04:08+	02:54+	03:14+	02:30+	01:19+	04:14+	01:02+	00:22+
00:53&	00:17-	00:47#	00:55&	04:20@	01:07#	00:43&	00:25#	03:19&	04:13@	00:42&	01:20&	00:19#	00:16+	00:52&	00:11#	00:27#	00:08#	00:02#

Beste stræktid for klassen																		
02:37	01:09	06:38	01:37	01:52	05:12	01:11	03:01	03:49	01:41	01:37	02:46	02:18	02:58	01:33	00:53	03:24	00:46	00:15

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-D70-

1	Vivi Arildsen	OK Vendelboerne	49:45															
05:36=	12:15=	14:05=	16:18=	25:01=	29:58=	32:12=	34:36=	37:59=	41:24=	43:12=	44:20=	48:26=	49:23=	49:45=				
05:36=	06:39=	01:50=	02:13=	08:43=	04:57=	02:14=	02:24=	03:23=	03:25=	01:48=	01:08=	04:06=	00:57=	00:22=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				

2	Anna Jørgensen	Nordvest OK	1:00:39															
04:59-	13:35+	17:00+	20:54+	30:50+	37:29+	40:42+	43:48+	46:56+	51:14+	53:26+	54:49+	59:14+	60:16+	60:39+				
04:59-	08:36+	03:25+	03:54+	09:56+	06:39+	03:13+	03:06+	03:08-	04:18+	02:12+	01:23+	04:25+	01:02+	00:23+				
00:37-	01:57&	01:35&	01:41&	01:13#	01:42&	00:59&	00:42&	00:15-	00:53&	00:24#	00:15#	00:19+	00:05+	00:01+				

Beste stræktid for klassen																		
04:59	06:39	01:50	02:13	08:43	04:57	02:14	02:24	03:08	03:25	01:48	01:08	04:06	00:57	00:22				

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H-10

1	Jonathan Birk Nielsen	Aalborg OK	23:39															
00:46=	03:11=	04:26=	07:20=	08:53=	10:27=	12:23=	15:38=	17:21=	18:02=	19:45=	20:55=	22:11=	23:22=	23:39=				
00:46=	02:25=	01:15=	02:54=	01:33=	01:34=	01:56=	03:15=	01:43=	00:41=	01:43=	01:10=	01:16=	01:11=	00:17=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				

Beste stræktid for klassen																		
00:46	02:25	01:15	02:54	01:33	01:34	01:56	03:15	01:43	00:41	01:43	01:10	01:16	01:11	00:17				

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H-12

1	Mikkel Bo Kølbæk	Aarhus 1900 Orientering	36:03															
01:44=	04:05=	05:50=	08:48=	10:16=	12:07=	16:17=	20:59=	23:55=	26:25=	29:32=	32:55=	34:31=	35:44=	36:03=				
01:44=	02:21=	01:45=	02:58=	01:28=	01:51=	04:10=	04:42=	02:56=	02:30=	03:07=	03:23=	01:36=	01:13=	00:19=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				

Class	Navn	Klasse	Tid
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2	Søren Møller Skaug	OK Pan Århus	48:22											
02:18+	06:01+	08:14+	12:24+	14:47+	17:18+	23:03+	31:02+	34:52+	37:11+	41:11+	45:19+	46:32+	47:39+	48:22+
02:18+	03:43+	02:13+	04:10+	02:23+	02:31+	05:45+	07:59+	03:50+	02:19-	04:00+	04:08+	01:13-	01:07-	00:43+
00:34&	01:22&	00:28&	01:12&	00:55&	00:40&	01:35&	03:17&	00:54&	00:11-	00:53&	00:45#	00:23-	00:06-	00:24@

Beste stræktid for klassen

01:44 02:21 01:45 02:58 01:28 01:51 04:10 04:42 02:56 02:19 03:07 03:23 01:13 01:07 00:19

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H-14

1	Mads Møller Skaug	OK Pan Århus	40:03															
02:35=	05:13=	07:14=	10:33=	14:24=	15:16=	18:19=	23:14=	26:00=	29:02=	31:24=	33:22=	34:15=	36:05=	37:42=	38:41=	39:11=	39:49=	40:03=
02:35=	02:38=	02:01=	03:19=	03:51=	00:52=	03:03=	04:55=	02:46=	03:02=	02:22=	01:58=	00:53=	01:50=	01:37=	00:59=	00:30=	00:38=	00:14=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

02:35 02:38 02:01 03:19 03:51 00:52 03:03 04:55 02:46 03:02 02:22 01:58 00:53 01:50 01:37 00:59 00:30 00:38 00:14

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H-14B

1	Jeppe Kejser Dahl Jensen	OK Pan Århus	50:51											
01:03=	02:55=	04:23=	06:53=	07:55=	09:39=	12:24=	32:12=	33:57=	42:09=	44:20=	47:49=	48:56=	50:33=	50:51=
01:03=	01:52=	01:28=	02:30=	01:02=	01:44=	02:45=	19:48=	01:45=	08:12=	02:11=	03:29=	01:07=	01:37=	00:18=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

01:03 01:52 01:28 02:30 01:02 01:44 02:45 19:48 01:45 08:12 02:11 03:29 01:07 01:37 00:18

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H-16B

1	Christian Thorgersen	OK Pan Århus	1:08:37															
01:41=	03:55=	08:53=	16:38=	22:29=	22:58=	28:22=	38:13=	41:58=	48:25=	52:58=	55:44=	57:29=	60:13=	63:44=	67:01=	67:30=	68:18=	68:37=
01:41=	02:14=	04:58=	07:45=	05:51=	00:29=	05:24=	09:51=	03:45=	06:27=	04:33=	02:46=	01:45=	02:44=	03:31=	03:17=	00:29=	00:48=	00:19=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

01:41 02:14 04:58 07:45 05:51 00:29 05:24 09:51 03:45 06:27 04:33 02:46 01:45 02:44 03:31 03:17 00:29 00:48 00:19

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H-20

1	Kenneth Ahm Møller	Randers OK	1:35:11																						
01:14=	04:45=	06:14=	13:04=	15:19=	16:46=	18:25=	22:09=	30:23=	34:55=	38:48=	42:24=	51:31=	58:54=	61:28=	67:55=	69:32=	71:22=	74:33=	76:55=	78:47=	83:33=	86:48=	88:52=	90:49=	91:31=
01:14=	03:31=	01:29=	06:50=	02:15=	01:27=	01:39=	03:44=	08:14=	04:32=	03:53=	03:36=	09:07=	07:23=	02:34=	06:27=	01:37=	01:50=	03:11=	02:22=	01:52=	04:46=	03:15=	02:04=	01:57=	00:42=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
92:50=	94:13=	94:59=	95:11=																						
01:19=	01:23=	00:46=	00:12=																						
00:00=	00:00=	00:00=	00:00=																						

Beste stræktid for klassen

01:14 03:31 01:29 06:50 02:15 01:27 01:39 03:44 08:14 04:32 03:53 03:36 09:07 07:23 02:34 06:27 01:37 01:50 03:11 02:22 01:52 04:46 03:15 02:04 01:57 00:42 01:19 01:19 01:19

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H-20B

1 Søren Damgaard Nielsen

KaSki OK

1:06:38

02:53= 04:45= 08:55= 16:40= 21:29= 22:28= 27:23= 34:39= 40:01= 45:44= 50:15= 54:03= 55:53= 58:56= 62:14= 64:26= 65:25= 66:20= 66:38=
 02:53= 01:52= 04:10= 07:45= 04:49= 00:59= 04:55= 07:16= 05:22= 05:43= 04:31= 03:48= 01:50= 03:03= 03:18= 02:12= 00:59= 00:55= 00:18=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

Beste stræktid for klassen

02:53 01:52 04:10 07:45 04:49 00:59 04:55 07:16 05:22 05:43 04:31 03:48 01:50 03:03 03:18 02:12 00:59 00:55 00:18

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H21-

1 Allan Reiche

OK Vendelboerne

1:18:27

01:43= 03:42= 05:06= 09:44= 11:43= 12:47= 13:51= 17:02= 23:54= 27:28= 30:30= 33:26= 37:46= 41:29= 43:39= 50:51= 52:32= 54:25= 57:33= 59:44= 61:52= 65:46= 69:22= 71:31= 74:15= 75:00=
 01:43= 01:59= 01:24= 04:38= 01:59= 01:04= 01:04= 03:11= 06:52= 03:34= 03:02= 02:56= 04:20= 03:43= 02:10= 07:12= 01:41= 01:53= 03:08= 02:11= 02:08= 03:54= 03:36= 02:09= 02:44= 00:45=
 00:00=
 76:26= 77:35= 78:11= 78:27=
 01:26= 01:09= 00:36= 00:16=
 00:00= 00:00= 00:00= 00:00=

2 Martin Christensen

Mariager Fjord OK

1:21:33

01:27- 04:02+ 05:28+ 09:51+ 12:00+ 13:17+ 14:26+ 17:43+ 23:40- 27:52+ 32:37+ 36:08+ 41:19+ 44:49+ 47:23+ 53:48+ 55:24+ 57:14+ 60:28+ 62:52+ 64:43+ 69:19+ 72:46+ 74:50+ 76:46+ 77:50+
 01:27- 02:35+ 01:26+ 04:23- 02:09+ 01:17+ 01:09+ 03:17+ 05:57- 04:12+ 04:45+ 03:31+ 05:11+ 03:30- 02:34+ 06:25- 01:36- 01:50- 03:14+ 02:24+ 01:51- 04:36+ 03:27- 02:04- 01:56- 01:04+
 00:16- 00:36& 00:02+ 00:15- 00:10+ 00:13# 00:05+ 00:06+ 00:55- 00:38# 01:43& 00:35# 00:51# 00:13- 00:24# 00:47- 00:05- 00:03- 00:06+ 00:13+ 00:17- 00:42# 00:09- 00:05- 00:48- 00:19&
 79:20+ 80:39+ 81:20+ 81:33+
 01:30+ 01:19+ 00:41+ 00:13-
 00:04+ 00:10# 00:05# 00:03-

3 Christian Bertel Andersen

KaSki OK

1:23:17

01:35- 03:48+ 05:13+ 09:23- 11:14- 12:27- 13:55+ 18:32+ 26:14+ 30:44+ 34:14+ 37:12+ 41:38+ 47:40+ 49:51+ 55:52+ 57:23+ 59:13+ 62:39+ 64:56+ 66:51+ 70:28+ 74:10+ 76:21+ 78:48+ 79:36+
 01:35- 02:13+ 01:25+ 04:10- 01:51- 01:13+ 01:28+ 04:37+ 07:42+ 04:30+ 03:30+ 02:58+ 04:26+ 06:02+ 02:11+ 06:01- 01:31- 01:50- 03:26+ 02:17+ 01:55- 03:37- 03:42+ 02:11+ 02:27- 00:48+
 00:08- 00:14# 00:01+ 00:28- 00:08- 00:09# 00:24& 01:26& 00:50# 00:56& 00:28# 00:02+ 00:06+ 02:19& 00:01+ 01:11- 00:10- 00:03- 00:18+ 00:06+ 00:13- 00:17- 00:06+ 00:02+ 00:17- 00:03+
 81:08+ 82:28+ 83:04+ 83:17+
 01:32+ 01:20+ 00:36= 00:13-
 00:06+ 00:11# 00:00= 00:03-

4 Morten Nikkel Andersen

Viborg OK

1:27:05

02:02+ 04:32+ 06:08+ 12:21+ 14:17+ 15:50+ 17:24+ 22:11+ 28:40+ 33:06+ 36:33+ 40:10+ 45:45+ 49:37+ 52:19+ 59:10+ 61:14+ 63:24+ 66:28+ 68:57+ 71:01+ 74:59+ 78:42+ 80:45+ 82:30+ 83:21+
 02:02+ 02:30+ 01:36+ 06:13+ 01:56- 01:33+ 01:34+ 04:47+ 06:29- 04:26+ 03:27+ 03:37+ 05:35+ 03:52+ 02:42+ 06:51- 02:04+ 02:10+ 03:04- 02:29+ 02:04- 03:58+ 03:43+ 02:03- 01:45- 00:51+
 00:19# 00:31& 00:12# 01:35& 00:03- 00:29& 00:30& 01:36& 00:23- 00:52# 00:25# 00:41# 01:15& 00:09+ 00:32# 00:21- 00:23# 00:17# 00:04- 00:18# 00:04- 00:04+ 00:07+ 00:06- 00:59- 00:06#
 85:11+ 86:21+ 86:53+ 87:05+
 01:50+ 01:10+ 00:32- 00:12-
 00:24& 00:01+ 00:04- 00:04-

5 Flemming Søvnal Nielsen

Nordvest OK

2:01:33

01:42- 07:48+ 09:58+ 16:56+ 20:00+ 22:03+ 23:48+ 30:24+ 40:21+ 47:51+ 53:10+ 57:29+ 63:49+ 70:21+ 72:44+ 80:51+ 83:25+ 87:53+ 92:40+ 97:22+ 99:48+ 104:35+ 109:56+ 112:57+ 115:47+ 116:49+
 01:42- 06:06+ 02:10+ 06:58+ 03:04+ 02:03+ 01:45+ 06:36+ 09:57+ 07:30+ 05:19+ 04:19+ 06:20+ 06:32+ 02:23+ 08:07+ 02:34+ 04:28+ 04:47+ 04:42+ 02:26+ 04:47+ 05:21+ 03:01+ 02:50+ 01:02+
 00:01- 04:07@ 00:46& 02:20& 01:05& 00:59& 00:41& 03:25@ 03:05& 03:56@ 02:17& 01:23& 02:00& 02:49& 00:13# 00:55# 00:53& 02:35@ 01:39& 02:31@ 00:18# 00:53# 01:45& 00:52& 00:06+ 00:17&
 118:59+ 120:32+ 121:17+ 121:33+
 02:10+ 01:33+ 00:45+ 00:16=
 00:44& 00:24& 00:09# 00:00=

6 Steffen Molin

Rold Skov OK

2:50:12

01:28- 05:55+ 07:53+ 14:56+ 17:42+ 19:36+ 24:55+ 29:57+ 39:13+ 46:30+ 56:30+ 81:24+ 89:10+ 95:39+ 98:41+ 116:57+ 119:40+ 123:34+ 129:53+ 134:53+ 142:15+ 148:19+ 153:56+ 158:28+ 162:27+ 163:45+
 01:28- 04:27+ 01:58+ 07:03+ 02:46+ 01:54+ 05:19+ 05:02+ 09:16+ 07:17+ 10:00+ 24:54+ 07:46+ 06:29+ 03:02+ 18:16+ 02:43+ 03:54+ 06:19+ 05:00+ 07:22+ 06:04+ 05:37+ 04:32+ 03:59+ 01:18+
 00:15- 02:28@ 00:34& 02:25& 00:47& 00:50& 04:15@ 01:51& 02:24& 03:43@ 06:58@ 21:58@ 03:26& 02:46& 00:52& 11:04@ 01:02& 02:01@ 03:11@ 02:49@ 05:14@ 02:10& 02:01& 02:23@ 01:15& 00:33&
 166:51+ 168:38+ 169:49+ 170:12+
 03:06+ 01:47+ 01:11+ 00:23+
 01:40@ 00:38& 00:35& 00:07&

Beste stræktid for klassen

01:27 01:59 01:24 04:10 01:51 01:04 01:04 03:11 05:57 03:34 03:02 02:56 04:20 03:30 02:10 06:01 01:31 01:50 03:04 02:11 01:51 03:37 03:27 02:03 01:45 00:45 01:26 01:02

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H21-B

1	Simon Bisgaard Olsen	OK Vendelboerne	41:57															
01:31=	02:50=	05:30=	09:29=	12:47=	13:21=	17:00=	22:06=	25:13=	28:25=	30:56=	32:51=	33:58=	35:40=	37:26=	40:18=	40:48=	41:45=	41:57=
01:31=	01:19=	02:40=	03:59=	03:18=	00:34=	03:39=	05:06=	03:07=	03:12=	02:31=	01:55=	01:07=	01:42=	01:46=	02:52=	00:30=	00:57=	00:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Dennis Reiche Andersen	OK Vendelboerne	54:33															
01:36+	06:01+	09:10+	13:56+	18:17+	19:04+	23:03+	28:59+	32:53+	37:55+	41:35+	43:53+	45:21+	48:35+	51:12+	52:36+	53:12+	54:12+	54:33+
01:36+	04:25+	03:09+	04:46+	04:21+	00:47+	03:59+	05:56+	03:54+	05:02+	03:40+	02:18+	01:28+	03:14+	02:37+	01:24-	00:36+	01:00+	00:21+
00:05+	03:06@	00:29#	00:47#	01:03&	00:13&	00:20+	00:50#	00:47&	01:50&	01:09&	00:23#	00:21&	01:32&	00:51&	01:28-	00:06#	00:03+	00:09&
Beste stræktid for klassen																		
01:31	01:19	02:40	03:59	03:18	00:34	03:39	05:06	03:07	03:12	02:31	01:55	01:07	01:42	01:46	01:24	00:30	00:57	00:12

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H21-C

1	Kim T. Helligsø	KaSki OK	23:10											
00:56=	02:21=	03:18=	05:18=	06:14=	07:36=	11:20=	13:43=	15:36=	16:47=	19:43=	21:59=	22:24=	22:58=	23:10=
00:56=	01:25=	00:57=	02:00=	00:56=	01:22=	03:44=	02:23=	01:53=	01:11=	02:56=	02:16=	00:25=	00:34=	00:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Jens Rasmussen	OK Vendelboerne	36:25											
01:46+	04:08+	06:13+	09:15+	10:41+	13:05+	16:53+	20:40+	23:04+	25:28+	28:44+	32:21+	33:57+	35:56+	36:25+
01:46+	02:22+	02:05+	03:02+	01:26+	02:24+	03:48+	03:47+	02:24+	02:24+	03:16+	03:37+	01:36+	01:59+	00:29+
00:50&	00:57&	01:08@	01:02&	00:30&	01:02&	00:04+	01:24&	00:31&	01:13@	00:20#	01:21&	01:11@	01:25@	00:17@
Beste stræktid for klassen														
00:56	01:25	00:57	02:00	00:56	01:22	03:44	02:23	01:53	01:11	02:56	02:16	00:25	00:34	00:12

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H35-

1	Jes Mose Jensen	AKIF	1:12:01																						
01:03=	02:53=	04:08=	07:45=	09:34=	10:41=	11:39=	16:01=	20:53=	24:14=	27:20=	29:41=	36:49=	39:55=	41:58=	47:29=	48:46=	51:15=	54:20=	56:23=	58:07=	61:01=	64:15=	66:11=	68:04=	68:51=
01:03=	01:50=	01:15=	03:37=	01:49=	01:07=	00:58=	04:22=	04:52=	03:21=	03:06=	02:21=	07:08=	03:06=	02:03=	05:31=	01:17=	02:29=	03:05=	02:03=	01:44=	02:54=	03:14=	01:56=	01:53=	00:47=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
70:14=	71:18=	71:48=	72:01=																						
01:23=	01:04=	00:30=	00:13=																						
00:00=	00:00=	00:00=	00:00=																						
2	Erik Pedersen	OK Vendelboerne	1:22:49																						
01:20+	05:25+	06:56+	12:07+	14:09+	15:16+	16:48+	20:04+	26:59+	30:58+	34:33+	40:01+	45:44+	49:08+	50:56+	57:03+	58:28+	60:16+	63:10+	65:24+	67:16+	71:02+	74:11+	76:41+	78:33+	79:24+
01:20+	04:05+	01:31+	05:11+	02:02+	01:07=	01:32+	03:16-	06:55+	03:59+	03:35+	05:28+	05:43-	03:24+	01:48-	06:07+	01:25+	01:48-	02:54-	02:14+	01:52+	03:46+	03:09-	02:30+	01:52-	00:51+
00:17&	02:15@	00:16#	01:34&	00:13#	00:00=	00:34&	01:06-	02:03&	00:38#	00:29#	03:07@	01:25-	00:18+	00:15-	00:36#	00:08#	00:41-	00:11-	00:11+	00:08+	00:52&	00:05-	00:34&	00:01-	00:04+
80:51+	81:58+	82:33+	82:49+																						
01:27+	01:07+	00:35+	00:16+																						
00:04+	00:03+	00:05#	00:03#																						
3	Thorkild Jensen	Randers OK	1:23:49																						
01:21+	05:45+	07:53+	11:51+	13:56+	15:03+	16:22+	19:53+	26:11+	30:36+	34:20+	37:34+	41:21+	45:14+	47:02+	52:38+	54:46+	57:23+	60:25+	62:55+	65:04+	71:17+	74:38+	76:52+	78:56+	79:58+
01:21+	04:24+	02:08+	03:58+	02:05+	01:07=	01:19+	03:31-	06:18+	04:25+	03:44+	03:14+	03:47-	03:53+	01:48-	05:36+	02:08+	02:37+	03:02-	02:30+	02:09+	06:13+	03:21+	02:14+	02:04+	01:02+
00:18&	02:34@	00:53&	00:21+	00:16#	00:00=	00:21&	00:51-	01:26&	01:04&	00:38#	00:53&	03:21-	00:47&	00:15-	00:05+	00:51&	00:08+	00:03-	00:27#	00:25#	03:19@	00:07+	00:18#	00:11+	00:15&
81:42+	82:52+	83:37+	83:49+																						
01:44+	01:10+	00:45+	00:12-																						
00:21&	00:06+	00:15&	00:01-																						
4	Henrik Valentinsen	Randers OK	1:24:27																						
02:30+	05:02+	06:35+	11:21+	13:25+	14:44+	16:06+	19:34+	26:13+	29:49+	34:01+	36:43+	42:05+	45:28+	47:30+	53:54+	55:29+	57:25+	62:27+	64:53+	66:50+	71:41+	75:32+	77:50+	80:00+	80:50+
02:30+	02:32+	01:33+	04:46+	02:04+	01:19+	01:22+	03:28-	06:39+	03:36+	04:12+	02:42+	05:22-	03:23+	02:02-	06:24+	01:35+	01:56-	05:02+	02:26+	01:57+	04:51+	03:51+	02:18+	02:10+	00:50+
01:27@	00:42&	00:18#	01:09&	00:15#	00:12#	00:24&	00:54-	01:47&	00:15+	01:06&	00:21#	01:46-	00:17+	00:01-	00:53#	00:18#	00:33-	01:57&	00:23#	00:13#	01:57&	00:37#	00:22#	00:17#	00:03+
82:22+	83:31+	84:09+	84:27+																						
01:32+	01:09+	00:38+	00:18+																						
00:09#	00:05+	00:08&	00:05&																						

Class	Navn	Klasse	Tid
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5	Thomas Uilner	OK Djurs	1:31:20
01:25+	04:14+	05:51+	10:32+
01:25+	02:49+	01:37+	04:41+
00:22&	00:59&	00:22&	01:04&
88:44+	90:09+	91:03+	91:20+
01:28+	01:25+	00:54+	00:17+
00:05+	00:21&	00:24&	00:04&

6	Anker Møller	Silkeborg OK	1:33:13
03:18+	06:44+	08:05+	12:35+
03:18+	03:26+	01:21+	04:30+
02:15@	01:36&	00:06+	00:53#
90:53+	92:08+	93:00+	93:13+
01:24+	01:15+	00:52+	00:13-
00:01+	00:11#	00:22&	00:00=

7	Michael Holm	KaSki OK	1:41:14
01:37+	04:56+	06:30+	11:56+
01:37+	03:19+	01:34+	05:26+
00:34&	01:29&	00:19&	01:49&
99:09+	100:26+	100:58+	101:14+
01:26+	01:17+	00:32+	00:16+
00:03+	00:13#	00:02+	00:03#

Beste stræktid for klassen

01:03	01:50	01:15	03:37	01:49	01:07	00:58	03:16	04:52	03:21	03:06	02:21	03:47	03:06	01:48	05:31	01:17	01:44	02:54	02:03	01:44	02:54	03:09	01:56	01:52	00:42	01:23	01:01
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H35-B

1	Bo Birk Nielsen	Aalborg OK	37:02
01:37=	05:35=	08:56=	12:16=
01:37=	03:58=	03:21=	03:20=
00:00=	00:00=	00:00=	00:00=

2	Søren Abrahamsen	Vestjysk Orienteringsklub	43:04
02:39+	03:54-	06:58-	11:19-
02:39+	01:15-	03:04-	04:21+
01:02&	02:43-	00:17-	01:01&

3	Esben Hjorth Madsen	Silkeborg OK	46:02
45:47+	46:02+		
45:47+	00:15-		
44:10@	03:43-		

4	Lars Hoffmann	KaSki OK	46:23
02:28+	03:47-	06:47-	11:41-
02:28+	01:19-	03:00-	04:54+
00:51&	02:39-	00:21-	01:34&

5	Jan Kølbaek	Aarhus 1900 Orientering	48:21
01:35-	03:01-	05:59-	10:39-
01:35-	01:26-	02:58-	04:40+
00:02-	02:32-	00:23-	01:20&

6	Poul Robert Jensen	OK Vendelboerne	1:08:48
05:03+	06:51+	11:00+	18:44+
05:03+	01:48-	04:09+	07:44+
03:26@	02:10-	00:48#	04:24@

7	Bjarne Nyberg	KaSki OK	1:17:01
06:58+	08:43+	16:32+	22:52+
06:58+	01:45-	07:49+	06:20+
05:21@	02:13-	04:28@	03:00&

Beste stræktid for klassen

01:35	00:15	02:58	03:20	03:03	00:31	02:12	03:22	02:26	02:37	02:15	01:32	00:52	01:25	01:26	01:06	00:39	00:41	00:10
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H40-

1	Kenneth Skaug	OK Pan Århus	42:08																								
01:11=	03:22=	06:16=	07:31=	09:11=	10:03=	11:14=	15:05=	20:11=	21:34=	23:00=	25:26=	27:13=	28:57=	31:37=	33:30=	35:01=	36:40=	37:21=	38:22=	39:01=	40:09=	41:19=	41:55=	42:08=			
01:11=	02:11=	02:54=	01:15=	01:40=	00:52=	01:11=	03:51=	05:06=	01:23=	01:26=	02:26=	01:47=	01:44=	02:40=	01:53=	01:31=	01:39=	00:41=	01:01=	00:39=	01:08=	01:10=	00:36=	00:13=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			
2	Søren Mikkelsen	KaSkI OK	49:16																								
01:12+	04:02+	07:34+	09:22+	11:24+	12:36+	13:47+	16:45+	23:27+	25:20+	27:04+	29:49+	31:40+	34:01+	36:36+	38:48+	40:27+	42:36+	43:18+	44:37+	45:41+	47:17+	48:22+	49:03+	49:16+			
01:12+	02:50+	03:32+	01:48+	02:02+	01:12+	01:11=	02:58-	06:42+	01:53+	01:44+	02:45+	01:51+	02:21+	02:35-	02:12+	01:39+	02:09+	00:42+	01:19+	01:04+	01:36+	01:05-	00:41+	00:13=			
00:01+	00:39&	00:38#	00:33&	00:22#	00:20&	00:00=	00:53-	01:36&	00:30&	00:18#	00:19#	00:04+	00:37&	00:05-	00:19#	00:08+	00:30&	00:01+	00:18&	00:25&	00:28&	00:05-	00:05#	00:00=			
3	Keld Nielsen	OK Djurs	56:28																								
02:38+	06:24+	10:47+	12:02+	14:10+	15:39+	17:31+	20:59+	27:05+	28:35+	31:52+	35:16+	37:20+	39:13+	42:10+	45:14+	47:05+	49:29+	50:25+	51:46+	52:42+	54:13+	55:29+	56:05+	56:28+			
02:38+	03:46+	04:23+	01:15=	02:08+	01:29+	01:52+	03:28-	06:06+	01:30+	03:17+	03:24+	02:04+	01:53+	02:57+	03:04+	01:51+	02:24+	00:56+	01:21+	00:56+	01:31+	01:16+	00:36=	00:23+			
01:27@	01:35&	01:29&	00:00=	00:28&	00:37&	00:41&	00:23-	01:00#	00:07+	01:51@	00:58&	00:17#	00:09+	00:17#	01:11&	00:20#	00:45&	00:15&	00:20&	00:17&	00:23&	00:06+	00:00=	00:10&			
4	Christian L Rasmussen	KaSkI OK	56:50																								
02:06+	05:43+	09:40+	11:06+	13:32+	15:03+	16:16+	19:26+	26:27+	29:51+	31:50+	35:24+	38:06+	40:01+	43:03+	45:45+	47:38+	49:51+	50:42+	52:04+	53:04+	54:41+	55:59+	56:36+	56:50+			
02:06+	03:37+	03:57+	01:26+	02:26+	01:31+	01:13+	03:10-	07:01+	03:24+	01:59+	03:34+	02:42+	01:55+	03:02+	02:42+	01:53+	02:13+	00:51+	01:22+	01:00+	01:37+	01:18+	00:37+	00:14+			
00:55&	01:26&	01:03&	00:11#	00:46&	00:39&	00:02+	00:41-	01:55&	02:01@	00:33&	01:08&	00:55&	00:11#	00:22#	00:49&	00:22#	00:34&	00:10#	00:21&	00:21&	00:29&	00:08#	00:01+	00:01+			
5	Kjeld Arildsen	OK Vendelboerne	1:00:48																								
01:40+	05:03+	09:13+	10:42+	13:29+	15:00+	16:50+	20:39+	28:22+	30:11+	32:10+	36:01+	38:34+	40:52+	44:59+	47:44+	50:12+	52:55+	53:47+	55:17+	56:13+	58:00+	59:44+	60:26+	60:48+			
01:40+	03:23+	04:10+	01:29+	02:47+	01:31+	01:50+	03:49-	07:43+	01:49+	01:59+	03:51+	02:33+	02:18+	04:07+	02:45+	02:28+	02:43+	00:52+	01:30+	00:56+	01:47+	01:44+	00:42+	00:22+			
00:29&	01:12&	01:16&	00:14#	01:07&	00:39&	00:39&	00:02-	02:37&	00:26&	00:33&	01:25&	00:46&	00:34&	01:27&	00:52&	00:57&	01:04&	00:11&	00:29&	00:17&	00:39&	00:34&	00:06#	00:09&			
6	Henning Bak-Mikkelsen	OK Vendelboerne	1:19:01																								
02:02+	05:41+	14:36+	16:48+	19:21+	20:55+	26:15+	29:45+	38:22+	40:28+	46:29+	49:55+	52:26+	62:30+	65:49+	67:51+	70:38+	71:24+	73:14+	74:00+	75:50+	77:54+	78:42+	79:01+				
02:02+	03:39+	08:55+	02:12+	02:33+	01:34+	05:20+	03:30-	08:37+	02:06+	06:01+	03:26+	02:31+	02:00+	08:04+	03:19+	02:02+	02:47+	00:46+	01:50+	00:46+	01:50+	02:04+	00:48+	00:19+			
00:51&	01:28&	06:01@	00:57&	00:53&	00:42&	04:09@	00:21-	03:31&	00:43&	04:35@	01:00&	00:44&	00:16#	05:24@	01:26&	00:31&	01:08&	00:05#	00:49&	00:07#	00:42&	00:54&	00:12&	00:06&			
Beste stræktid for klassen																											
01:11	02:11	02:54	01:15	01:40	00:52	01:11	02:58	05:06	01:23	01:26	02:26	01:47	01:44	02:35	01:53	01:31	01:39	00:41	01:01	00:39	01:08	01:05	00:36	00:13			

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H45-

1	Jess Rasmussen	Viborg OK	51:09																					
01:07=	04:16=	07:54=	09:25=	11:33=	13:16=	14:22=	17:43=	25:03=	26:42=	28:06=	31:29=	33:48=	35:39=	38:57=	41:16=	43:02=	45:10=	45:48=	46:59=	47:46=	49:14=	50:24=	50:55=	51:09=
01:07=	03:09=	03:38=	01:31=	02:08=	01:43=	01:06=	03:21=	07:20=	01:39=	01:24=	03:23=	02:19=	01:51=	03:18=	02:19=	01:46=	02:08=	00:38=	01:11=	00:47=	01:28=	01:10=	00:31=	00:14=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Ole Jensen	Mariager Fjord OK	52:41																					
01:22+	04:09-	10:00+	11:29+	13:30+	14:42+	15:40+	18:46+	25:07+	26:47+	29:26+	33:26+	35:23+	37:19+	40:11+	42:23+	44:36+	46:51+	47:32+	48:30+	49:23+	50:42+	51:52+	52:28+	52:41+
01:22+	02:47-	05:51+	01:29-	02:01-	01:12-	00:58-	03:06-	06:21-	01:40+	02:39+	04:00+	01:57-	01:56+	02:52-	02:12-	02:13+	02:15+	00:41+	00:58-	00:53+	01:19-	01:10-	00:36+	00:13-
00:15#	00:22-	02:13&	00:02-	00:31-	00:08-	00:15-	00:59-	00:01+	01:15&	00:37#	00:22-	00:26-	00:07-	00:27&	00:07+	00:03+	00:13-	00:06#	00:09-	00:00=	00:00=	00:05#	00:01-	00:01-
3	Jan Nielsen	KaSkI OK	56:11																					
04:04+	08:13+	11:59+	13:40+	15:40+	17:09+	18:13+	21:25+	28:15+	30:11+	32:31+	35:33+	38:05+	40:09+	43:05+	45:35+	47:14+	49:17+	50:15+	51:29+	52:18+	53:49+	55:01+	55:54+	56:11+
04:04+	04:09+	03:46+	01:41+	02:00-	01:29-	01:04-	03:12-	06:50-	01:56+	02:20+	03:02-	02:32+	02:04+	02:56+	02:30+	01:39-	02:03-	00:58+	01:14+	00:49+	01:31+	01:12+	00:53+	00:17+
02:57@	01:00&	00:08+	00:10#	00:08-	00:14-	00:02-	00:09-	00:30-	00:17#	00:56&	00:21-	00:13+	00:13#	00:22-	00:11+	00:07-	00:05-	00:20&	00:03+	00:02+	00:03+	00:02+	00:22&	00:03#
4	Allan Hougaard	Aarhus 1900 Orientering	56:33																					
01:10+	04:40+	09:04+	10:38+	12:53+	14:13+	15:39+	18:54+	25:30+	27:03+	30:35+	34:30+	37:27+	39:19+	42:31+	45:16+	47:37+	50:25+	51:06+	52:29+	53:12+	54:38+	55:49+	56:18+	56:33+
01:10+	03:30+	04:24+	01:34+	02:15+	01:20-	01:26+	03:15-	06:36-	01:33-	03:32+	03:55+	02:57+	01:52+	03:12-	02:45+	02:21+	02:48+	00:41+	01:23+	00:43-	01:26-	01:11+	00:29-	00:15+
00:03+	00:21#	00:46#	00:03+	00:07+	00:23-	00:20&	00:06-	00:44-	00:06-	02:08@	00:32#	00:38&	00:01+	00:06-	00:26#	00:35&	00:40&	00:03+	00:12#	00:04-	00:02-	00:01+	00:02-	00:01+
5	Arne Nørgaard Mikkelsen	OK Djurs	1:02:26																					
01:36+	04:56+	08:50+	10:50+	12:55+	14:17+	15:23+	21:00+	28:57+	30:45+	35:38+	39:13+	41:58+	44:23+	47:54+	50:50+	52:58+	55:27+	56:22+	57:41+	58:37+	60:18+	61:34+	62:12+	62:26+
01:36+	03:20+	03:54+	02:00+	02:05-	01:22-	01:06=	05:37+	07:57+	01:48+	04:53+	03:35+	02:45+	02:25+	03:31+	02:56+	02:08+	02:29+	00:55+	01:19+	00:56+	01:41+	01:16+	00:38+	00:14=
00:29&	00:11+	00:16+	00:29&	00:03-	00:21-	00:00=	02:16&	00:37+	00:09+	03:29@	00:12+	00:26#	00:34&	00:13+	00:37&	00:22#	00:21#	00:17&	00:08#	00:09#	00:13#	00:06+	00:07#	00:00=
6	Søren Bak	Aalborg OK	1:04:39																					
02:57+	06:08+	10:16+	11:57+	14:08+	15:32+	16:52+	20:57+	28:49+	30:43+	36:05+	39:32+	41:48+	45:09+	50:21+	53:04+	54:59+	57:12+	58:05+	59:32+	60:31+	62:14+	63:39+	64:25+	64:39+
02:57+	03:11+	04:08+	01:41+	02:11+	01:24-	01:20+	04:05+	07:52+	01:54+	05:22+	03:27+	02:16-	03:21+	05:12+	02:43+	01:55+	02:13+	00:53+	01:27+	00:59+	01:43+	01:25+	00:46+	00:14=
01:50@	00:02+	00:30#	00:10#	00:03+	00:19-	00:14#	00:44#	00:32+	00:15#	03:58@	00:04+	00:03-	01:30&	01:54&	00:24#	00:09+	00:05+	00:15&	00:16#	00:12&	00:15#	00:15#	00:15&	00:00=

Class	Navn	Klasse	Tid																									
7	Kaj Jansson	Randers OK	1:06:46																									
04:09+	07:49+	13:04+	15:07+	17:44+	19:28+	20:40+	26:49+	34:26+	36:14+	38:20+	42:17+	44:55+	47:05+	50:23+	53:18+	55:23+	58:06+	59:04+	60:41+	61:45+	63:44+	65:46+	66:29+	66:46+				
04:09+	03:40+	05:15+	02:03+	02:37+	01:44+	01:12+	06:09+	07:37+	01:48+	02:06+	03:57+	02:38+	02:10+	03:18+	02:55+	02:05+	02:43+	00:58+	01:37+	01:04+	01:59+	02:02+	00:43+	00:17+				
03:02@	00:31#	01:37&	00:32&	00:29#	00:01+	00:06+	02:48&	00:17+	00:09+	00:42&	00:34#	00:19#	00:19#	00:00=	00:36&	00:19#	00:35&	00:20&	00:26&	00:17&	00:31&	00:52&	00:12&	00:03#				
8	Poul Bobach	Aalborg OK	1:07:56																									
01:32+	05:22+	10:41+	12:36+	14:52+	17:42+	19:25+	25:44+	33:49+	36:49+	38:58+	43:04+	45:56+	48:13+	51:44+	55:01+	57:16+	59:54+	60:54+	62:32+	63:29+	65:13+	66:56+	67:39+	67:56+				
01:32+	03:50+	05:19+	01:55+	02:16+	02:50+	01:43+	06:19+	08:05+	03:00+	02:09+	04:06+	02:52+	02:17+	03:31+	03:17+	02:15+	02:38+	01:00+	01:38+	00:57+	01:44+	01:43+	00:43+	00:17+				
00:25&	00:41#	01:41&	00:24&	00:08+	01:07&	00:37&	02:58&	00:45#	01:21&	00:45&	00:43#	00:33#	00:26#	00:13+	00:58&	00:29&	00:30#	00:22&	00:27&	00:10#	00:16#	00:33&	00:12&	00:03#				
9	Per Henriksen	Vestjysk Orienteringsklub	1:08:08																									
01:43+	05:13+	10:24+	12:05+	14:46+	17:02+	20:20+	24:20+	31:36+	34:19+	37:01+	40:29+	45:04+	47:06+	50:40+	54:16+	56:11+	58:59+	59:55+	61:27+	62:37+	64:34+	65:57+	67:13+	67:50+	68:08+			
01:43+	03:30+	05:11+	01:41+	02:41+	02:16+	03:18+	04:00+	07:16-	02:43+	02:42+	03:28+	04:35+	02:02+	03:34+	03:36+	01:55+	02:48+	00:56+	01:32+	01:10+	01:57+	01:23+	01:16+	00:37+	00:18+			
00:36&	00:21#	01:33&	00:10#	00:33&	00:33&	02:12@	00:39#	00:04-	01:04&	01:18&	00:05+	02:16&	00:11+	00:16+	01:17&	00:09+	00:40&	00:18&	00:21&	00:23&	00:29&	00:13#	00:45@	00:23@	00:18+			
10	Torben Karlshøj	Nordvest OK	1:09:45																									
02:06+	05:31+	09:53+	11:42+	14:02+	15:56+	17:07+	20:25+	33:07+	37:25+	41:09+	44:53+	47:13+	49:19+	56:40+	58:56+	60:38+	62:55+	63:41+	65:02+	66:05+	67:37+	68:50+	69:33+	69:45+				
02:06+	03:25+	04:22+	01:49+	02:20+	01:54+	01:11+	03:18-	12:42+	04:18+	03:44+	03:44+	02:20+	02:06+	07:21+	02:16-	01:42-	02:17+	00:46+	01:21+	01:03+	01:32+	01:13+	00:43+	00:12-				
00:59&	00:16+	00:44#	00:18#	00:12+	00:11#	00:05+	00:03-	05:22&	02:39@	02:20@	00:21#	00:01+	00:15#	04:03@	00:03-	00:04-	00:09+	00:08#	00:10#	00:16&	00:04+	00:03+	00:12&	00:02-				
11	Franz Thomsen	Randers OK	1:18:32																									
01:39+	05:24+	11:11+	12:51+	15:52+	18:05+	19:42+	25:58+	35:21+	37:19+	42:32+	48:12+	51:37+	54:13+	58:21+	63:21+	65:46+	70:39+	71:29+	73:10+	74:23+	76:10+	77:33+	78:14+	78:32+				
01:39+	03:45+	05:47+	01:40+	03:01+	02:13+	01:37+	06:16+	09:23+	01:58+	05:13+	05:40+	03:25+	02:36+	04:08+	05:00+	02:25+	04:53+	00:50+	01:41+	01:13+	01:47+	01:23+	00:41+	00:18+				
00:32&	00:36#	02:09&	00:09+	00:53&	00:30&	00:31&	02:55&	02:03&	00:19#	03:49@	02:17&	01:06&	00:45&	00:50&	02:41@	00:39&	02:45@	00:12&	00:30&	00:26&	00:19#	00:13#	00:10&	00:04&				
Beste stræktid for klassen				01:07	02:47	03:38	01:29	02:00	01:12	00:58	03:06	06:21	01:33	01:24	03:02	01:57	01:51	02:52	02:12	01:39	02:03	00:38	00:58	00:43	01:19	01:10	00:29	00:12

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H50-

1	Walther Rahbek	Aalborg OK	43:11																		
01:44=	04:55=	08:38=	11:00=	12:08=	13:09=	16:21=	17:02=	20:45=	22:07=	23:26=	25:56=	30:41=	32:53=	34:38=	36:55=	38:59=	39:49=	41:13=	42:20=	42:56=	43:11=
01:44=	03:11=	03:43=	02:22=	01:08=	01:01=	03:12=	00:41=	03:43=	01:22=	01:19=	02:30=	04:45=	02:12=	01:45=	02:17=	02:04=	00:50=	01:24=	01:07=	00:36=	00:15=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Jan Thomsen	OK Pan Århus	46:20																		
03:07+	07:19+	11:22+	13:43+	14:55+	16:43+	19:57+	20:41+	24:21+	26:19+	27:46+	30:03+	34:04+	36:13+	37:49+	39:54+	41:44+	42:58+	44:24+	45:32+	46:05+	46:20+
03:07+	04:12+	04:03+	02:21-	01:12+	01:48+	03:14+	00:44+	03:40-	01:58+	01:27+	02:17-	04:01-	02:09-	01:36-	02:05-	01:50-	01:14+	01:26+	01:08+	00:33-	00:15=
01:23&	01:01&	00:20+	00:01-	00:04+	00:47&	00:02+	00:03+	00:03-	00:36&	00:08#	00:13-	00:44-	00:03-	00:09-	00:12-	00:14-	00:24&	00:02+	00:01+	00:03-	00:00=
3	Martin Greiner	TSV Gruenwald (Germany)	47:33																		
01:46+	05:17+	09:14+	12:02+	13:20+	14:43+	18:04+	18:51+	22:33+	24:07+	25:46+	28:20+	32:26+	35:33+	37:29+	40:01+	42:14+	43:08+	44:59+	46:27+	47:12+	47:33+
01:46+	03:31+	03:57+	02:48+	01:18+	01:23+	03:21+	00:47+	03:42-	01:34+	01:39+	02:34+	04:06-	03:07+	01:56+	02:32+	02:13+	00:54+	01:51+	01:28+	00:45+	00:21+
00:02+	00:20#	00:14+	00:26#	00:10#	00:22&	00:09+	00:06#	00:01-	00:12#	00:20&	00:04+	00:39-	00:55&	00:11#	00:15#	00:09+	00:04+	00:27&	00:21&	00:09#	00:06&
4	Per Dahl Jensen	OK Pan Århus	51:05																		
01:32-	04:31-	09:08+	11:47+	13:12+	16:34+	20:09+	20:48+	24:56+	26:55+	28:34+	30:58+	36:14+	38:57+	40:38+	43:21+	45:37+	46:51+	48:39+	50:07+	50:47+	51:05+
01:32-	02:59-	04:37+	02:39+	01:25+	03:22+	03:35+	00:39-	04:08+	01:59+	01:39+	02:24-	05:16+	02:43+	01:41-	02:43+	02:16+	01:14+	01:48+	01:28+	00:40+	00:18+
00:12-	00:12-	00:54#	00:17#	00:17#	02:21@	00:23#	00:02-	00:25#	00:37&	00:20&	00:06-	00:31#	00:31#	00:04-	00:26#	00:12+	00:24&	00:24&	00:21&	00:04#	00:03#
5	Klaus Wolsing	Mariager Fjord OK	52:17																		
01:46+	05:12+	09:38+	12:55+	14:44+	16:10+	20:31+	21:25+	25:22+	27:14+	29:11+	31:51+	36:43+	39:28+	41:27+	44:19+	46:39+	47:31+	49:22+	51:23+	52:04+	52:17+
01:46+	03:26+	04:26+	03:17+	01:49+	01:26+	04:21+	00:54+	03:57+	01:52+	01:57+	02:40+	04:52+	02:45+	01:59+	02:52+	02:20+	00:52+	01:51+	02:01+	00:41+	00:13-
00:02+	00:15+	00:43#	00:55&	00:41&	00:25&	01:09&	00:13&	00:14+	00:30&	00:38&	00:10+	00:07+	00:33#	00:14#	00:35&	00:16#	00:02+	00:27&	00:54&	00:05#	00:02-
6	Leif Hansen	Nordvest OK	53:52																		
01:55+	06:03+	10:54+	14:06+	15:33+	16:52+	20:41+	21:40+	26:12+	28:09+	30:04+	33:02+	38:09+	40:54+	42:47+	45:19+	48:39+	49:35+	51:20+	52:55+	53:35+	53:52+
01:55+	04:08+	04:51+	03:12+	01:27+	01:59+	03:49+	00:59+	04:32+	01:57+	01:55+	02:58+	05:07+	02:45+	01:53+	02:32+	03:20+	00:56+	01:45+	01:35+	00:40+	00:17+
00:11#	00:57&	01:08&	00:50&	00:19&	00:18&	00:37#	00:18&	00:49#	00:35&	00:36&	00:28#	00:22+	00:33#	00:08+	00:15#	01:16&	00:06#	00:21#	00:28&	00:04#	00:02#
7	Carsten Helligsø	KaSkI OK	54:43																		
01:51+	05:29+	10:35+	14:55+	16:30+	18:21+	22:20+	23:07+	27:03+	29:13+	31:11+	34:23+	39:41+	42:15+	44:19+	46:45+	49:11+	50:11+	52:18+	53:43+	54:27+	54:43+
01:51+	03:38+	05:06+	04:20+	01:35+	01:51+	03:59+	00:47+	03:56+	02:10+	01:58+	03:12+	05:18+	02:34+	02:04+	02:26+	02:26+	01:00+	02:07+	01:25+	00:44+	00:16+
00:07+	00:27#	01:23&	01:58&	00:27&	00:50&	00:47#	00:06#	00:13+	00:48&	00:39&	00:42&	00:33#	00:22#	00:19#	00:09+	00:22#	00:10#	00:43&	00:18&	00:08#	00:01+
8	Vagn Pedersen	Aarhus 1900 Orientering	55:47																		
01:48+	05:18+	10:02+	14:02+	15:22+	16:31+	20:44+	21:31+	25:24+	27:12+	28:51+	31:43+	39:26+	42:24+	44:31+	47:03+	49:20+	50:15+	51:55+	53:12+	55:28+	55:47+
01:48+	03:30+	04:44+	04:00+	01:20+	01:09+	04:13+	00:47+	03:53+	01:48+	01:39+	02:52+	07:43+	02:58+	02:07+	02:32+	02:17+	00:55+	01:40+	01:17+	02:16+	00:19+
00:04+	00:19+	01:01&	01:38&	00:12#	00:08#	01:01&	00:06#	00:10+	00:26&	00:20&	00:22#	02:58&	00:46&	00:22#	00:15#	00:13#	00:05#	00:16#	00:10#	01:40@	00:04&

Class	Navn	Klasse	Tid																		
9	Finn Hørup Nielsen	OK Vendelboerne	1:14:01																		
01:42-	05:27+	14:07+	19:42+	21:41+	23:15+	34:58+	35:58+	40:42+	46:33+	48:13+	51:01+	57:13+	60:21+	62:31+	65:59+	68:38+	69:48+	71:42+	73:06+	73:46+	74:01+
01:42-	03:45+	08:40+	05:35+	01:59+	01:34+	11:43+	01:00+	04:44+	05:51+	01:40+	02:48+	06:12+	03:08+	02:10+	03:28+	02:39+	01:10+	01:54+	01:24+	00:40+	00:15=
00:02-	00:34#	04:57@	03:13@	00:51&	00:33&	08:31@	00:19&	01:01&	04:29@	00:21&	00:18#	01:27&	00:56&	00:25#	01:11&	00:35&	00:20&	00:30&	00:17&	00:04#	00:00=
10	Per Kolstrup	Randers OK	1:20:58																		
04:48+	09:46+	15:32+	19:30+	21:24+	25:51+	32:01+	33:03+	39:35+	41:53+	45:53+	50:38+	59:25+	64:26+	66:55+	70:34+	73:49+	75:17+	77:50+	79:55+	80:40+	80:58+
04:48+	04:58+	05:46+	03:58+	01:54+	04:27+	06:10+	01:02+	06:32+	02:18+	04:00+	04:45+	08:47+	05:01+	02:29+	03:39+	03:15+	01:28+	02:33+	02:05+	00:45+	00:18+
03:04@	01:47&	02:03&	01:36&	00:46&	03:26@	02:58&	00:21&	02:49&	00:56&	02:41@	02:15&	04:02&	02:49@	00:44&	01:22&	01:11&	00:38&	01:09&	00:58&	00:09#	00:03#
11	Per Hauge	OK Vendelboerne	1:46:16																		
03:11+	08:48+	16:23+	31:14+	33:04+	34:46+	40:56+	42:07+	53:42+	56:21+	58:55+	64:57+	72:33+	79:16+	89:49+	93:57+	97:58+	99:37+	103:02+	104:49+	105:57+	106:16+
03:11+	05:37+	07:35+	14:51+	01:50+	01:42+	06:10+	01:11+	11:35+	02:39+	02:34+	06:02+	07:36+	06:43+	10:33+	04:08+	04:01+	01:39+	03:25+	01:47+	01:08+	00:19+
01:27&	02:26&	03:52@	12:29@	00:42&	00:41&	02:58&	00:30&	07:52@	01:17&	01:15&	03:32@	02:51&	04:31@	08:48@	01:51&	01:57&	00:49&	02:01@	00:40&	00:32&	00:04&
Beste stræktid for klassen																					
01:32	02:59	03:43	02:21	01:08	01:01	03:12	00:39	03:40	01:22	01:19	02:17	04:01	02:09	01:36	02:05	01:50	00:50	01:24	01:07	00:33	00:13

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H55-

1	Keld Gade	Viborg OK	46:37																			
01:45=	05:26=	10:10=	13:16=	15:12=	16:25=	20:03=	20:49=	24:43=	26:26=	27:45=	30:00=	33:38=	36:11=	37:54=	40:09=	42:14=	43:11=	44:42=	45:49=	46:24=	46:37=	
01:45=	03:41=	04:44=	03:06=	01:56=	01:13=	03:38=	00:46=	03:54=	01:43=	01:19=	02:15=	03:38=	02:33=	01:43=	02:15=	02:05=	00:57=	01:31=	01:07=	00:35=	00:13=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Mogens Vennevold	Vestjysk Orienteringsklub	48:32																			
01:51+	04:36-	08:30-	13:40+	15:10-	17:08+	20:46+	21:27+	25:24+	26:55+	28:37+	30:45+	35:31+	38:01+	39:39+	42:01+	44:00+	44:48+	46:01+	47:42+	48:18+	48:32+	
01:51+	02:45-	03:54-	05:10+	01:30-	01:58+	03:38=	00:41-	04:33+	01:31-	01:42+	02:08-	04:46+	02:30-	01:38-	02:22+	01:59-	00:48-	01:13-	01:41+	00:36+	00:14+	
00:06+	00:56-	00:50-	02:04&	00:26-	00:45&	00:00=	00:05-	00:03+	00:12-	00:23&	00:07-	01:08&	00:03-	00:05-	00:07+	00:06-	00:09-	00:18-	00:34&	00:01+	00:01+	
3	Stig Barrett	Viborg OK	49:48																			
01:46+	05:18-	10:07-	13:10-	14:31-	16:00-	19:58-	20:51+	25:24+	27:19+	28:56+	31:54+	35:44+	38:26+	40:39+	42:53+	45:14+	46:09+	47:48+	49:01+	49:35+	49:48+	
01:46+	03:32-	04:49+	03:03-	01:21-	01:29+	03:58+	00:53+	04:33+	01:55+	01:37+	02:58+	03:50+	02:42+	02:13+	02:14-	02:21+	00:55-	01:39+	01:13+	00:34-	00:13=	
00:01+	00:09-	00:05+	00:03-	00:35-	00:16#	00:20+	00:07#	00:39#	00:12#	00:18#	00:43&	00:12+	00:09+	00:30&	00:01-	00:16#	00:02-	00:08+	00:06+	00:01-	00:00=	
4	Jens Christensen	Mariager Fjord OK	51:27																			
01:38-	05:17-	09:44-	12:51-	14:20-	16:07-	20:12+	20:57+	24:57+	26:42+	28:31+	31:17+	35:46+	38:48+	40:58+	43:33+	46:11+	47:04+	48:54+	50:17+	51:10+	51:27+	
01:38-	03:39-	04:27-	03:07+	01:29-	01:47+	04:05+	00:45-	04:00+	01:45+	01:49+	02:46+	04:29+	03:02+	02:10+	02:35+	02:38+	00:53-	01:50+	01:23+	00:53+	00:17+	
00:07-	00:02-	00:17-	00:01+	00:27-	00:34&	00:27#	00:01-	00:06+	00:02+	00:30&	00:31#	00:51#	00:29#	00:27&	00:20#	00:33&	00:04-	00:19#	00:16#	00:18&	00:04&	
5	John Dalsgaard Sørensen	St. Binderup OK	57:24																			
02:21+	06:07+	10:24+	13:32+	14:53-	16:16-	20:06+	20:59+	25:47+	27:52+	29:56+	33:09+	38:45+	41:59+	44:15+	46:32+	49:57+	51:07+	53:24+	56:21+	57:08+	57:24+	
02:21+	03:46+	04:17-	03:08+	01:21-	01:23+	03:50+	00:53+	04:48+	02:05+	02:04+	03:13+	05:36+	03:14+	02:16+	02:17+	03:25+	01:10+	02:17+	02:57+	00:47+	00:16+	
00:36&	00:05+	00:27-	00:02+	00:35-	00:10#	00:12+	00:07#	00:54#	00:22#	00:45&	00:58&	01:58&	00:41&	00:33&	00:02+	01:20&	00:13#	00:46&	01:50@	00:12&	00:03#	
6	Gert Bertel	KaSkI OK	57:53																			
01:42-	05:28+	11:04+	14:36+	16:17+	17:43+	21:38+	23:10+	27:45+	29:53+	31:49+	34:52+	40:50+	44:10+	46:43+	49:47+	52:31+	53:28+	55:23+	56:57+	57:38+	57:53+	
01:42-	03:46+	05:36+	03:32+	01:41-	01:26+	03:55+	01:32+	04:35+	02:08+	01:56+	03:03+	05:58+	03:20+	02:33+	03:04+	02:44+	00:57=	01:55+	01:34+	00:41+	00:15+	
00:03-	00:05+	00:52#	00:26#	00:15-	00:13#	00:17+	00:46&	00:41#	00:25#	00:37&	00:48&	02:20&	00:47&	00:50&	00:49&	00:39&	00:00=	00:24&	00:27&	00:06#	00:02#	
7	Max Hansen	OK Djurs	58:16																			
01:51+	05:52+	10:58+	14:17+	15:43+	17:45+	21:40+	22:36+	26:53+	28:32+	29:59+	32:25+	40:38+	43:43+	45:53+	49:01+	51:35+	52:49+	54:36+	56:12+	57:19+	57:56+	58:16+
01:51+	04:01+	05:06+	03:19+	01:26-	02:02+	03:55+	00:56+	04:17+	01:39-	01:27+	02:26+	08:13+	03:05+	02:10+	03:08+	02:34+	01:14+	01:47+	01:36+	01:07+	00:37+	00:20+
00:06+	00:20+	00:22+	00:13+	00:30-	00:49&	00:17+	00:10#	00:23+	00:04-	00:08#	00:11+	04:35@	00:32#	00:27&	00:53&	00:29#	00:17&	00:16#	00:29&	00:32&	00:24@	00:20+
8	Keld Østergaard	Mariager Fjord OK	1:00:30																			
03:31+	07:19+	12:13+	15:22+	17:08+	18:39+	23:26+	24:51+	30:28+	32:31+	34:49+	38:40+	43:21+	46:18+	48:34+	51:07+	54:14+	55:21+	57:30+	59:20+	60:10+	60:30+	
03:31+	03:48+	04:54+	03:09+	01:46-	01:31+	04:47+	01:25+	05:37+	02:03+	02:18+	03:51+	04:41+	02:57+	02:16+	03:07+	01:07+	02:09+	01:50+	00:50+	00:20+	00:20+	
01:46@	00:07+	00:10+	00:03+	00:10-	00:18#	01:09&	00:39&	01:43&	00:20#	00:59&	01:36&	01:03&	00:24#	00:33&	00:18#	01:02&	00:10#	00:38&	00:43&	00:15&	00:07&	
9	Jan Lauge Kristensen	KaSkI OK	1:01:37																			
02:05+	06:01+	10:38+	14:04+	16:05+	18:11+	22:21+	23:25+	29:43+	31:40+	33:49+	37:36+	43:28+	46:33+	48:55+	51:33+	55:37+	56:38+	58:38+	60:31+	61:21+	61:37+	
02:05+	03:56+	04:37-	03:26+	02:01+	02:06+	04:10+	01:04+	06:18+	01:57+	02:09+	03:47+	05:52+	03:05+	02:22+	02:38+	04:04+	01:01+	02:00+	01:53+	00:50+	00:16+	
00:20#	00:15+	00:07-	00:20#	00:05+	00:53&	00:32#	00:18&	02:24&	00:14#	00:50&	01:32&	02:14&	00:32#	00:39&	00:23#	01:59&	00:04+	00:29&	00:46&	00:15&	00:03#	
10	Claus Madsen	KaSkI OK	1:01:45																			
01:59+	06:31+	11:59+	17:12+	18:51+	20:24+	26:09+	27:05+	32:47+	34:53+	36:31+	39:37+	44:37+	47:50+	50:11+	52:51+	55:40+	57:06+	58:56+	60:27+	61:23+	61:45+	
01:59+	04:32+	05:28+	05:13+	01:39-	01:33+	05:45+	00:56+	05:42+	02:06+	01:38+	03:06+	05:00+	03:13+	02:21+	02:40+	02:49+	01:26+	01:50+	01:31+	00:56+	00:22+	
00:14#	00:51#	00:44#	02:07&	00:17-	00:20&	02:07&	00:10#	01:48&	00:23#	00:19#	00:51&	01:22&	00:40&	00:38&	00:25#	00:44&	00:29&	00:19#	00:24&	00:21&	00:09&	

Class	Navn	Klasse	Tid
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11	Ole Bernth Jensen	Nordvest OK	1:04:08																		
02:14+	06:51+	11:57+	15:24+	17:01+	18:53+	24:05+	25:09+	31:27+	33:26+	35:36+	39:02+	43:56+	47:39+	50:09+	53:19+	56:26+	57:34+	59:45+	62:29+	63:51+	64:08+
02:14+	04:37+	05:06+	03:27+	01:37-	01:52+	05:12+	01:04+	06:18+	01:59+	02:10+	03:26+	04:54+	03:43+	02:30+	03:10+	03:07+	01:08+	02:11+	02:44+	01:22+	00:17+
00:29&	00:56&	00:22+	00:21#	00:19-	00:39&	01:34&	00:18&	02:24&	00:16#	00:51&	01:11&	01:16&	01:10&	00:47&	00:55&	01:02&	00:11#	00:40&	01:37@	00:47@	00:04&
12	Steen Kobberøe	OK Djurs	1:09:12																		
01:50+	05:41+	17:14+	21:02+	22:25+	24:00+	27:15+	28:13+	32:07+	42:47+	45:11+	48:26+	54:52+	58:21+	60:05+	62:01+	64:26+	65:15+	67:13+	68:24+	68:57+	69:12+
01:50+	03:51+	11:33+	03:48+	01:23-	01:35+	03:15-	00:58+	03:54=	10:40+	02:24+	03:15+	06:26+	03:29+	01:44+	01:56-	02:25+	00:49-	01:58+	01:11+	00:33-	00:15+
00:05+	00:10+	06:49@	00:42#	00:33-	00:22&	00:23-	00:12&	00:00=	08:57@	01:05&	01:00&	02:48&	00:56&	00:01+	00:19-	00:20#	00:08-	00:27&	00:04+	00:02-	00:02#
13	Kim Topp	Randers OK	1:12:10																		
01:51+	06:38+	12:03+	16:38+	18:47+	20:26+	26:35+	27:31+	32:23+	34:59+	37:17+	42:32+	49:13+	53:47+	56:42+	62:05+	65:26+	66:54+	68:58+	71:00+	71:52+	72:10+
01:51+	04:47+	05:25+	04:35+	02:09+	01:39+	06:09+	00:56+	04:52+	02:36+	02:18+	05:15+	06:41+	04:34+	02:55+	05:23+	03:21+	01:28+	02:04+	02:02+	00:52+	00:18+
00:06+	01:06&	00:41#	01:29&	00:13#	00:26&	02:31&	00:10#	00:58#	00:53&	00:59&	03:00@	03:03&	02:01&	01:12&	03:08@	01:16&	00:31&	00:33&	00:55&	00:17&	00:05&
14	Mogens Christensen	OK Vendelboerne	1:12:58																		
02:25+	07:04+	12:34+	17:20+	19:32+	20:59+	25:04+	26:06+	31:04+	36:21+	38:36+	45:40+	50:46+	58:11+	60:23+	62:59+	66:32+	67:39+	70:01+	71:52+	72:39+	72:58+
02:25+	04:39+	05:30+	04:46+	02:12+	01:27+	04:05+	01:02+	04:58+	05:17+	02:15+	07:04+	05:06+	07:25+	02:12+	02:36+	03:33+	01:07+	02:22+	01:51+	00:47+	00:19+
00:40&	00:58&	00:46#	01:40&	00:16#	00:14#	00:27#	00:16&	01:04&	03:34@	00:56&	04:49@	01:28&	04:52@	00:29&	00:21#	01:28&	00:10#	00:51&	00:44&	00:12&	00:06&
15	Åge Lillethorup	Randers OK	1:15:59																		
02:46+	07:08+	12:30+	18:30+	20:31+	24:26+	31:40+	32:47+	40:05+	44:02+	46:01+	51:08+	57:05+	60:39+	64:48+	67:32+	70:19+	71:27+	73:28+	75:02+	75:59+	
02:46+	04:22+	05:22+	06:00+	02:01+	03:55+	07:14+	01:07+	07:18+	03:57+	01:59+	05:07+	05:57+	03:34+	04:09+	02:44+	02:47+	01:08+	02:01+	01:34+	00:57+	
01:01&	00:41#	00:38#	02:54&	00:05+	02:42@	03:36&	00:21&	03:24&	02:14@	00:40&	02:52@	02:19&	01:01&	01:26&	00:29#	00:42&	00:11#	00:30&	00:27&	00:22&	
16	Jens B Christensen	OK Vendelboerne	1:16:29																		
02:00+	06:02+	11:00+	14:27+	16:10+	17:47+	21:48+	22:51+	41:01+	44:03+	46:00+	50:05+	56:54+	60:26+	63:35+	66:38+	70:07+	71:27+	74:06+	75:30+	76:13+	76:29+
02:00+	04:02+	04:58+	03:27+	01:43-	01:37+	04:01+	01:03+	18:10+	03:02+	01:57+	04:05+	06:49+	03:32+	03:09+	03:03+	03:29+	01:20+	02:39+	01:24+	00:43+	00:16+
00:15#	00:21+	00:14+	00:21#	00:13-	00:24&	00:23#	00:17&	14:16@	01:19&	00:38&	01:50&	03:11&	00:59&	01:26&	00:48&	01:24&	00:23&	01:08&	00:17&	00:08#	00:03#
17	Bjarne Krogh	Nordvest OK	1:21:55																		
02:23+	08:39+	14:47+	18:31+	20:22+	21:59+	27:43+	28:52+	34:54+	37:12+	39:53+	44:55+	64:14+	67:36+	69:56+	72:41+	75:45+	76:52+	78:56+	80:43+	81:36+	81:55+
02:23+	06:16+	06:08+	03:44+	01:51-	01:37+	05:44+	01:09+	06:02+	02:18+	02:41+	05:02+	19:19+	03:22+	02:20+	02:45+	03:04+	01:07+	02:04+	01:47+	00:53+	00:19+
00:38&	02:35&	01:24&	00:38#	00:05-	00:24&	02:06&	00:23&	02:08&	00:35&	01:22@	02:47@	15:41@	00:49&	00:37&	00:30#	00:59&	00:10#	00:33&	00:40&	00:18&	00:06&
18	Benny Johansen	KaSkI OK	1:30:22																		
03:10+	12:16+	23:15+	27:35+	30:34+	32:49+	39:12+	40:27+	46:59+	49:31+	52:02+	56:50+	66:09+	70:16+	72:59+	76:22+	81:05+	82:31+	85:36+	88:48+	90:06+	90:22+
03:10+	09:06+	10:59+	04:20+	02:59+	02:15+	06:23+	01:15+	06:32+	02:32+	02:31+	04:48+	09:19+	04:07+	02:43+	03:23+	04:43+	01:26+	03:05+	03:12+	01:18+	00:16+
01:25&	05:25@	06:15@	01:14&	01:03&	01:02&	02:45&	00:29&	02:38&	00:49&	01:12&	02:33@	05:41@	01:34&	01:00&	01:08&	02:38@	00:29&	01:34@	02:05@	00:43@	00:03#

Beste stræktid for klassen

01:38 02:45 03:54 03:03 01:21 01:13 03:15 00:41 03:54 01:31 01:19 02:08 03:38 02:30 01:38 01:56 01:59 00:48 01:13 01:07 00:33 00:13

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H60-

1	Jørgen Jørgensen	Viborg OK	40:47														
01:52=	04:32=	09:19=	11:35=	13:01=	14:26=	18:23=	21:41=	26:12=	29:26=	31:26=	34:01=	35:01=	36:37=	38:19=	39:51=	40:30=	40:47=
01:52=	02:40=	04:47=	02:16=	01:26=	01:25=	03:57=	03:18=	04:31=	03:14=	02:00=	02:35=	01:00=	01:36=	01:42=	01:32=	00:39=	00:17=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Carl Malling	Randers OK	41:52														
01:53+	04:30-	09:51+	12:20+	13:37+	14:51+	18:12-	22:13+	27:34+	30:27+	32:43+	35:34+	36:16+	37:58+	39:33+	40:51+	41:33+	41:52+
01:53+	02:37-	05:21+	02:29+	01:17-	01:14-	03:21-	04:01+	05:21+	02:53-	02:16+	02:51+	00:42-	01:42+	01:35-	01:18-	00:42+	00:19+
00:01+	00:03-	00:34#	00:13#	00:09-	00:11-	00:36-	00:43#	00:50#	00:21-	00:16#	00:16#	00:18-	00:06+	00:07-	00:14-	00:03+	00:02#
3	Varny Vestergaard	Vestjysk Orienteringsklub	42:13														
02:34+	05:01+	12:00+	14:21+	15:38+	16:54+	20:18+	23:08+	27:10+	29:30+	31:20+	33:49+	34:54-	36:15-	38:16-	40:45+	41:57+	42:13+
02:34+	02:27-	06:59+	02:21+	01:17-	01:16-	03:24-	02:50-	04:02-	02:20-	01:50-	02:29-	01:05+	01:21-	02:01+	02:29+	01:12+	00:16-
00:42&	00:13-	02:12&	00:05+	00:09-	00:09-	00:33-	00:28-	00:29-	00:54-	00:10-	00:06-	00:05+	00:15-	00:19#	00:57&	00:33&	00:01-
4	Claus Thomsen Boe	Odense OK	45:59														
02:22+	05:21+	10:15+	13:12+	14:37+	15:49+	19:31+	24:03+	28:58+	32:14+	35:27+	38:00+	38:56+	40:58+	42:41+	44:41+	45:41+	45:59+
02:22+	02:59+	04:54+	02:57+	01:25-	01:12-	03:42-	04:32+	04:55+	03:16+	03:13+	02:33-	00:56-	02:02+	01:43+	02:00+	01:00+	00:18+
00:30&	00:19#	00:07+	00:41&	00:01-	00:13-	00:15-	01:14&	00:24+	00:02+	01:13&	00:02-	00:04-	00:26&	00:01+	00:28&	00:21&	00:01+
5	Lars Ole Kopp	KaSkI OK	47:46														
02:32+	06:06+	10:49+	13:08+	14:34+	20:48+	24:40+	28:12+	33:07+	36:07+	38:14+	40:45+	41:33+	43:24+	45:05+	46:44+	47:30+	47:46+
02:32+	03:34+	04:43-	02:19+	01:26=	06:14+	03:52-	03:32+	04:55+	03:00-	02:07+	02:31-	00:48-	01:51+	01:41-	01:39+	00:46+	00:16-
00:40&	00:54&	00:04-	00:03+	00:00=	04:49@	00:05-	00:14+	00:24+	00:14-	00:07+	00:04-	00:12-	00:15#	00:01-	00:07+	00:07#	00:01-

Class	Navn	Klasse	Tid
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6	Jørgen Damtoft	Vestjysk Orienteringsklub	51:40														
01:51-	04:38+	09:37+	11:51+	13:28+	15:41+	19:15+	25:23+	35:59+	39:19+	41:31+	44:22+	45:15+	47:22+	48:50+	50:35+	51:18+	51:40+
01:51-	02:47+	04:59+	02:14-	01:37+	02:13+	03:34-	06:08+	10:36+	03:20+	02:12+	02:51+	00:53-	02:07+	01:28-	01:45+	00:43+	00:22+
00:01-	00:07+	00:12+	00:02-	00:11#	00:48&	00:23-	02:50&	06:05@	00:06+	00:12#	00:16#	00:07-	00:31&	00:14-	00:13#	00:04#	00:05&
7	Ulf Mogensen	Aalborg OK	52:17														
02:16+	06:06+	12:08+	15:46+	17:34+	20:04+	24:36+	28:06+	34:33+	38:39+	40:53+	44:16+	45:12+	47:10+	49:30+	51:03+	52:02+	52:17+
02:16+	03:50+	06:02+	03:38+	01:48+	02:30+	04:32+	03:30+	06:27+	04:06+	02:14+	03:23+	00:56-	01:58+	02:20+	01:33+	00:59+	00:15-
00:24#	01:10&	01:15&	01:22&	00:22&	01:05&	00:35#	00:12+	01:56&	00:52&	00:14#	00:48&	00:04-	00:22#	00:38&	00:01+	00:20&	00:02-
8	Frode Mogensen	St. Binderup OK	54:23														
02:31+	05:48+	13:03+	16:09+	17:57+	19:26+	25:44+	30:51+	36:39+	40:31+	43:07+	46:37+	47:32+	49:37+	51:41+	53:05+	54:06+	54:23+
02:31+	03:17+	07:15+	03:06+	01:48+	01:29+	06:18+	05:07+	05:48+	03:52+	02:36+	03:30+	00:55-	02:05+	02:04+	01:24-	01:01+	00:17=
00:39&	00:37#	02:28&	00:50&	00:22&	00:04+	02:21&	01:49&	01:17&	00:38#	00:36&	00:55&	00:05-	00:29&	00:22#	00:08-	00:22&	00:00=
9	Leo Jespersen	KaSki OK	56:20														
04:37+	08:29+	16:26+	19:39+	21:30+	23:07+	29:24+	33:18+	38:54+	42:56+	45:07+	48:22+	49:16+	51:25+	53:41+	55:08+	56:03+	56:20+
04:37+	03:52+	07:57+	03:13+	01:51+	01:37+	06:17+	03:54+	05:36+	04:02+	02:11+	03:15+	00:54-	02:09+	02:16+	01:27-	00:55+	00:17=
02:45@	01:12&	03:10&	00:57&	00:25&	00:12#	02:20&	00:36#	01:05#	00:48#	00:11+	00:40&	00:06-	00:33&	00:34&	00:05-	00:16&	00:00=
10	Frode Harritz	KaSki OK	1:01:21														
02:37+	05:30+	16:39+	19:50+	21:28+	24:13+	34:07+	38:29+	44:39+	48:25+	50:57+	53:43+	54:57+	56:54+	58:46+	60:09+	61:05+	61:21+
02:37+	02:53+	11:09+	03:11+	01:38+	02:45+	09:54+	04:22+	06:10+	03:46+	02:32+	02:46+	01:14+	01:57+	01:52+	01:23-	00:56+	00:16-
00:45&	00:13+	06:22@	00:55&	00:12#	01:20&	05:57@	01:04&	01:39&	00:32#	00:11+	00:14#	00:14#	00:21#	00:10+	00:09-	00:17&	00:01-
11	Thorkild Holm Pedersen	OK Vendelboerne	1:05:48														
02:27+	06:01+	12:35+	15:44+	17:37+	19:33+	23:58+	39:33+	46:30+	50:23+	53:17+	56:58+	58:03+	60:09+	62:26+	64:32+	65:29+	65:48+
02:27+	03:34+	06:34+	03:09+	01:53+	01:56+	04:25+	15:35+	06:57+	03:53+	02:54+	03:41+	01:05+	02:06+	02:17+	02:06+	00:57+	00:19+
00:35&	00:54&	01:47&	00:53&	00:27&	00:31&	00:28#	12:17@	02:26&	00:39#	00:54&	01:06&	00:05+	00:30&	00:35&	00:34&	00:18&	00:02#
Beste stræktid for klassen																	
01:51	02:27	04:43	02:14	01:17	01:12	03:21	02:50	04:02	02:20	01:50	02:29	00:42	01:21	01:28	01:18	00:39	00:15

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H65-

1	Søren Elkjær	Viborg OK	38:16														
01:55=	04:14=	08:52=	11:28=	14:28=	17:40=	20:59=	25:38=	28:22=	30:07=	32:07=	33:01=	34:40=	36:09=	37:23=	38:01=	38:16=	
01:55=	02:19=	04:38=	02:36=	01:38=	01:22=	03:12=	03:19=	04:39=	02:44=	01:45=	02:00=	00:54=	01:39=	01:29=	01:14=	00:38=	00:15=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Poul Henning Pedersen	OK Vendelboerne	40:35														
01:52-	04:31+	10:12+	12:32+	13:56+	15:13+	18:48+	21:54+	26:20+	29:19+	31:17+	33:31+	34:48+	36:16+	38:09+	39:35+	40:19+	40:35+
01:52-	02:39+	05:41+	02:20-	01:24-	01:17-	03:35+	03:06-	04:26-	02:59+	01:58+	02:14+	01:17+	01:28-	01:53+	01:26+	00:44+	00:16+
00:03-	00:20#	01:03#	00:16-	00:14-	00:05-	00:23#	00:13-	00:13-	00:15+	00:13#	00:14#	00:23&	00:11-	00:24&	00:12#	00:06#	00:01+
3	Per Jessen-Klixbüll	OK Pan Århus	44:48														
02:35+	05:42+	11:27+	14:17+	15:45+	16:54+	20:23+	24:25+	29:38+	32:37+	34:52+	37:44+	38:33+	40:18+	42:02+	43:34+	44:25+	44:48+
02:35+	03:07+	05:45+	02:50+	01:28-	01:09-	03:29+	04:02+	05:13+	02:59+	02:15+	02:52+	00:49-	01:45+	01:44+	01:32+	00:51+	00:23+
00:40&	00:48&	01:07#	00:14+	00:10-	00:13-	00:17+	00:43#	00:34#	00:15+	00:30&	00:52&	00:05-	00:06+	00:15#	00:18#	00:13&	00:08&
4	Kai Ø. Laursen	Aalborg OK	45:51														
01:59+	04:36+	09:42+	12:04+	14:39+	16:20+	19:46+	23:23+	28:15+	32:09+	34:02+	37:07+	38:05+	41:35+	43:16+	44:49+	45:34+	45:51+
01:59+	02:37+	05:06+	02:22-	02:35+	01:41+	03:26+	03:37+	04:52+	03:54+	01:53+	03:05+	00:58+	03:30+	01:41+	01:33+	00:45+	00:17+
00:04+	00:18#	00:28#	00:14-	00:57&	00:19#	00:14+	00:18+	00:13+	01:10&	00:08+	01:05&	00:04+	01:51@	00:12#	00:19&	00:07#	00:02#
5	Henning Olesen	Nordvest OK	50:31														
02:15+	07:20+	13:18+	16:14+	17:49+	19:05+	22:50+	27:12+	32:09+	36:12+	38:23+	41:32+	43:53+	45:45+	47:47+	49:20+	50:09+	50:31+
02:15+	05:05+	05:58+	02:56+	01:35-	01:16-	03:45+	04:22+	04:57+	04:03+	02:11+	03:09+	02:21+	01:52+	02:02+	01:33+	00:49+	00:22+
00:20#	02:46@	01:20&	00:20#	00:03-	00:06-	00:33#	01:03&	00:18+	01:19&	00:26#	01:09&	01:27@	00:13#	00:33&	00:19&	00:11&	00:07&
6	Gunnar Klaris	KaSki OK	51:19														
02:28+	05:37+	11:41+	15:18+	18:15+	19:32+	24:00+	28:33+	34:01+	37:24+	39:53+	43:41+	44:49+	46:44+	48:51+	50:13+	51:01+	51:19+
02:28+	03:09+	06:04+	03:37+	02:57+	01:17-	04:28+	04:33+	05:28+	03:23+	02:29+	03:48+	01:08+	01:55+	02:07+	01:22+	00:48+	00:18+
00:33&	00:50&	01:26&	01:01&	01:19&	00:05-	01:16&	01:14&	00:49#	00:39#	00:44&	01:48&	00:14&	00:16#	00:38&	00:08#	00:10&	00:03#
7	Bent Skjoldborg	OK Vendelboerne	52:12														
02:43+	06:31+	13:13+	16:18+	18:13+	20:08+	25:08+	30:04+	35:10+	38:57+	41:12+	43:57+	45:10+	47:08+	49:14+	51:05+	51:57+	52:12+
02:43+	03:48+	06:42+	03:05+	01:55+	01:55+	05:00+	04:56+	05:06+	03:47+	02:15+	02:45+	01:13+	01:58+	02:06+	01:51+	00:52+	00:15=
00:48&	01:29&	02:04&	00:29#	00:17#	00:33&	01:48&	01:37&	00:27+	01:03&	00:30&	00:45&	00:19&	00:19#	00:37&	00:37&	00:14&	00:00=

Class	Navn	Klasse	Tid
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8	Hans Jørgen Simonsen	OK Pan Århus	55:45														
02:40+	06:26+	12:55+	16:28+	18:16+	19:44+	25:05+	30:15+	37:08+	40:44+	43:23+	46:46+	47:44+	50:01+	52:13+	54:32+	55:21+	55:45+
02:40+	03:46+	06:29+	03:33+	01:48+	01:28+	05:21+	05:10+	06:53+	03:36+	02:39+	03:23+	00:58+	02:17+	02:12+	02:19+	00:49+	00:24+
00:45&	01:27&	01:51&	00:57&	00:10#	00:06+	02:09&	01:51&	02:14&	00:52&	00:54&	01:23&	00:04+	00:38&	00:43&	01:05&	00:11&	00:09&
9	Villy Sørensen	Randers OK	56:06														
02:53+	07:18+	14:13+	18:25+	20:19+	21:40+	26:19+	32:43+	39:00+	42:32+	44:52+	48:36+	49:38+	51:41+	53:36+	55:02+	55:46+	56:06+
02:53+	04:25+	06:55+	04:12+	01:54+	01:21-	04:39+	06:24+	06:17+	03:32+	02:20+	03:44+	01:02+	02:03+	01:55+	01:26+	00:44+	00:20+
00:58&	02:06&	02:17&	01:36&	00:16#	00:01-	01:27&	03:05&	01:38&	00:48&	00:35&	01:44&	00:08#	00:24#	00:26&	00:12#	00:06#	00:05&
10	Svein Glendrage	Stavanger O-klubb	56:19														
03:36+	06:49+	13:30+	16:35+	18:36+	20:11+	24:30+	28:47+	37:04+	41:09+	43:35+	46:34+	48:00+	50:25+	52:36+	55:07+	56:01+	56:19+
03:36+	03:13+	06:41+	03:05+	02:01+	01:35+	04:19+	04:17+	08:17+	04:05+	02:26+	02:59+	01:26+	02:25+	02:11+	02:31+	00:54+	00:18+
01:41&	00:54&	02:03&	00:29#	00:23#	00:13#	01:07&	00:58&	03:38&	01:21&	00:41&	00:59&	00:32&	00:46&	00:42&	01:17@	00:16&	00:03#
11	Jan Petersen	OK Vendelboerne	1:10:13														
04:29+	08:11+	15:51+	19:53+	22:08+	24:14+	30:17+	37:03+	46:07+	51:23+	54:31+	58:47+	60:27+	63:01+	66:25+	68:39+	69:43+	70:13+
04:29+	03:42+	07:40+	04:02+	02:15+	02:06+	06:03+	06:46+	09:04+	05:16+	03:08+	04:16+	01:40+	02:34+	03:24+	02:14+	01:04+	00:30+
02:34@	01:23&	03:02&	01:26&	00:37&	00:44&	02:51&	03:27@	04:25&	02:32&	01:23&	02:16@	00:46&	00:55&	01:55@	01:00&	00:26&	00:15&
12	Finn Mengel-Jørgensen	OK Vendelboerne	1:15:59														
03:59+	11:00+	20:03+	24:11+	26:33+	28:41+	35:53+	42:16+	50:57+	56:55+	60:09+	64:37+	65:52+	68:44+	71:47+	74:38+	75:33+	75:59+
03:59+	07:01+	09:03+	04:08+	02:22+	02:08+	07:12+	06:23+	08:41+	05:58+	03:14+	04:28+	01:15+	02:52+	03:03+	02:51+	00:55+	00:26+
02:04@	04:42@	04:25&	01:32&	00:44&	00:46&	04:00@	03:04&	04:02&	03:14@	01:29&	02:28@	00:21&	01:13&	01:34@	01:37@	00:17&	00:11&

Beste stræktid for klassen

01:52 02:19 04:38 02:20 01:24 01:09 03:12 03:06 04:26 02:44 01:45 02:00 00:49 01:28 01:29 01:14 00:38 00:15

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fod-H70-

1	Arne Pedersen	Mariager Fjord OK	42:32																
01:40=	03:11=	04:18=	09:33=	11:05=	12:50=	17:08=	18:46=	19:48=	22:25=	26:06=	27:55=	29:52=	32:21=	35:09=	36:48=	38:02=	41:18=	42:08=	42:32=
01:40=	01:31=	01:07=	05:15=	01:32=	01:45=	04:18=	01:38=	01:02=	02:37=	03:41=	01:49=	01:57=	02:29=	02:48=	01:39=	01:14=	03:16=	00:50=	00:24=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Finn Søndergaard	Randers OK	45:18																
02:03+	03:52+	05:10+	10:45+	12:37+	14:40+	18:56+	20:31+	22:03+	24:42+	28:19+	30:01+	32:11+	34:45+	37:44+	39:57+	41:04+	44:12+	45:01+	45:18+
02:03+	01:49+	01:18+	05:35+	01:52+	02:03+	04:16-	01:35-	01:32+	02:39+	03:37-	01:42-	02:10+	02:34+	02:59+	02:13+	01:07-	03:08-	00:49-	00:17-
00:23#	00:18#	00:11#	00:20+	00:20#	00:18#	00:02-	00:03-	00:30&	00:02+	00:04-	00:07-	00:13#	00:05+	00:11+	00:34&	00:07-	00:08-	00:01-	00:07-
3	Vagn Lidegaard	Mariager Fjord OK	51:54																
01:43+	03:30+	04:54+	11:46+	13:35+	15:34+	21:43+	24:20+	25:30+	28:29+	32:30+	34:31+	36:42+	39:24+	42:47+	44:42+	45:48+	50:33+	51:34+	51:54+
01:43+	01:47+	01:24+	06:52+	01:49+	01:59+	06:09+	02:37+	01:10+	02:59+	04:01+	02:01+	02:11+	02:42+	03:23+	01:55+	01:06-	04:45+	01:01+	00:20-
00:03+	00:16#	00:17&	01:37&	00:17#	00:14#	01:51&	00:59&	00:08#	00:22#	00:20+	00:12#	00:14#	00:13+	00:35#	00:16#	00:08-	01:29&	00:11#	00:04-
4	Bent Nielsen	OK Pan Århus	54:37																
01:55+	03:37+	04:46+	10:54+	12:36+	14:26+	25:09+	27:22+	28:29+	31:48+	36:13+	38:10+	40:10+	43:43+	47:08+	49:00+	49:51+	53:26+	54:20+	54:37+
01:55+	01:42+	01:09+	06:08+	01:42+	01:50+	10:43+	02:13+	01:07+	03:19+	04:25+	01:57+	02:00+	03:33+	03:25+	01:52+	00:51-	03:35+	00:54+	00:17-
00:15#	00:11#	00:02+	00:53#	00:10#	00:05+	06:25@	00:35&	00:05+	00:42&	00:44#	00:08+	00:03+	01:04&	00:37#	00:13#	00:23-	00:19+	00:04+	00:07-
5	Palle Møller Nielsen	Odense OK	54:42																
01:40=	03:23+	04:50+	14:41+	16:13+	18:11+	23:19+	25:44+	26:55+	30:09+	34:04+	38:24+	40:38+	43:17+	47:04+	48:41+	49:45+	53:24+	54:24+	54:42+
01:40=	01:43+	01:27+	09:51+	01:32=	01:58+	05:08+	02:25+	01:11+	03:14+	03:55+	04:20+	02:14+	02:39+	03:47+	01:37-	01:04-	03:39+	01:00+	00:18-
00:00=	00:12#	00:20&	04:36&	00:00=	00:13#	00:50#	00:47&	00:09#	00:37#	00:14+	02:31@	00:17#	00:10+	00:59&	00:02-	00:10-	00:23#	00:10#	00:06-
6	Svend Brøns Petersen	OK Vendelboerne	1:01:45																
02:09+	04:54+	06:28+	17:35+	19:11+	21:04+	29:10+	31:51+	33:03+	36:42+	41:11+	44:27+	46:46+	49:43+	53:02+	54:59+	56:10+	60:07+	61:18+	61:45+
02:09+	02:45+	01:34+	11:07+	01:36+	01:53+	08:06+	02:41+	01:12+	03:39+	04:29+	03:16+	04:29+	02:19+	02:57+	03:19+	01:57+	01:11-	03:57+	01:11+
00:29&	01:14&	00:27&	05:52@	00:04+	00:08+	03:48&	01:03&	00:10#	01:02&	00:48#	01:27&	00:22#	00:28#	00:31#	00:18#	00:03-	00:41#	00:21&	00:03#
7	Peter Arildsen	OK Vendelboerne	1:03:23																
02:23+	05:29+	07:00+	13:49+	15:56+	18:51+	25:12+	27:49+	29:09+	33:50+	40:47+	43:03+	46:19+	49:43+	53:29+	55:47+	57:16+	61:56+	63:00+	63:23+
02:23+	03:06+	01:31+	06:49+	02:07+	02:55+	06:21+	02:37+	01:20+	04:41+	06:57+	02:16+	03:16+	03:24+	03:46+	02:18+	01:29+	04:40+	01:04+	00:23-
00:43&	01:35@	00:24&	01:34&	00:35&	01:10&	02:03&	00:59&	00:18&	02:04&	03:16&	00:27#	01:19&	00:55&	00:58&	00:39&	00:15#	01:24&	00:14&	00:01-
8	Henning Jørgensen	Nordvest OK	1:06:29																
01:58+	05:32+	07:12+	14:32+	16:28+	19:24+	25:54+	28:41+	30:15+	34:24+	39:35+	45:20+	47:53+	51:42+	55:57+	58:28+	59:55+	64:48+	66:07+	66:29+
01:58+	03:34+	01:40+	07:20+	01:56+	02:56+	06:30+	02:47+	01:34+	04:09+	05:11+	05:45+	02:33+	03:49+	04:15+	02:31+	01:27+	04:53+	01:19+	00:22-
00:18#	02:03@	00:33&	02:05&	00:24&	01:11&	02:12&	01:09&	00:32&	01:32&	01:30&	03:56@	00:36&	01:20&	01:27&	00:52&	00:13#	01:37&	00:29&	00:02-

Class	Navn	Klasse	Tid
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9	Erling G. Jensen	Aalborg OK	1:09:11																
04:15+	06:07+	07:29+	25:30+	27:02+	28:54+	37:01+	39:53+	40:52+	44:37+	48:53+	52:07+	54:40+	57:23+	61:08+	62:46+	63:48+	67:33+	68:43+	69:11+
04:15+	01:52+	01:22+	18:01+	01:32=	01:52+	08:07+	02:52+	00:59-	03:45+	04:16+	03:14+	02:33+	02:43+	03:45+	01:38-	01:02-	03:45+	01:10+	00:28+
02:35@	00:21#	00:15#	12:46@	00:00=	00:07+	03:49&	01:14&	00:03-	01:08&	00:35#	01:25&	00:36&	00:14+	00:57&	00:01-	00:12-	00:29#	00:20&	00:04#
10	Erik Hedegaard Jakobsen	Nordvest OK	1:10:18																
01:56+	04:43+	06:34+	14:00+	16:04+	20:41+	29:13+	31:20+	32:40+	38:30+	43:15+	46:15+	50:12+	54:48+	59:21+	62:13+	64:05+	68:30+	69:57+	70:18+
01:56+	02:47+	01:51+	07:26+	02:04+	04:37+	08:32+	02:07+	01:20+	05:50+	04:45+	03:00+	03:57+	04:36+	04:33+	02:52+	01:52+	04:25+	01:27+	00:21-
00:16#	01:16&	00:44&	02:11&	00:32&	02:52@	04:14&	00:29&	00:18&	03:13@	01:04&	01:11&	02:00@	02:07&	01:45&	01:13&	00:38&	01:09&	00:37&	00:03-
11	Bo Rosbjerg	Rold Skov OK	1:14:34																
02:28+	10:44+	12:47+	20:28+	23:06+	25:41+	33:22+	37:32+	40:14+	43:59+	48:53+	53:10+	58:10+	62:51+	66:08+	68:54+	69:58+	73:12+	74:15+	74:34+
02:28+	08:16+	02:03+	07:41+	02:38+	02:35+	07:41+	04:10+	02:42+	03:45+	04:54+	04:17+	05:00+	04:41+	03:17+	02:46+	01:04-	03:14-	01:03+	00:19-
00:48&	06:45@	00:56&	02:26&	01:06&	00:50&	03:23&	02:32@	01:40@	01:08&	01:13&	02:28@	03:03@	02:12&	00:29#	01:07&	00:10-	00:02-	00:13&	00:05-
12	Nils Jansson	Randers OK	1:39:53																
03:31+	07:29+	10:29+	24:21+	29:35+	35:26+	43:47+	47:19+	49:57+	56:16+	64:24+	69:53+	73:53+	78:54+	84:38+	88:23+	90:08+	97:31+	99:14+	99:53+
03:31+	03:58+	03:00+	13:52+	05:14+	05:51+	08:21+	03:32+	02:38+	06:19+	08:08+	05:29+	04:00+	05:01+	05:44+	03:45+	01:45+	07:23+	01:43+	00:39+
01:51@	02:27@	01:53@	08:37@	03:42@	04:06@	04:03&	01:54@	01:36@	03:42@	04:27@	03:40@	02:03@	02:32@	02:56@	02:06@	00:31&	04:07@	00:53@	00:15&

Beste stræktid for klassen

01:40 01:31 01:07 05:15 01:32 01:45 04:16 01:35 00:59 02:37 03:37 01:42 01:57 02:29 02:48 01:37 00:51 03:08 00:49 00:17

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

MTB-D21

1	Camilla Søgaard	Horsens OK	1:03:19																						
02:05=	05:12=	06:51=	14:05=	16:00=	17:12=	18:42=	19:50=	23:15=	26:41=	28:43=	33:01=	35:00=	38:31=	40:39=	43:14=	48:02=	50:34=	53:46=	56:38=	58:55=	60:30=	61:52=	62:31=	63:07=	63:19=
02:05=	03:07=	01:39=	07:14=	01:55=	01:12=	01:30=	01:08=	03:25=	03:26=	02:02=	04:18=	01:59=	03:31=	02:08=	02:35=	04:48=	02:32=	03:12=	02:52=	02:17=	01:35=	01:22=	00:39=	00:36=	00:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Anke Dannowski	OK Øst Birkerød	1:07:20																						
02:27+	04:32=	07:46+	13:36=	15:14-	16:47-	17:57-	19:14-	23:16+	26:25-	27:42-	33:21+	35:24+	39:03+	41:14+	43:57+	50:13+	53:06+	55:14+	58:53+	61:33+	63:45+	65:37+	66:18+	67:04+	67:20+
02:27+	02:05-	03:14+	05:50-	01:38-	01:33+	01:10-	01:17+	04:02+	03:09-	01:17-	05:39+	02:03+	03:39+	02:11+	02:43+	06:16+	02:53+	02:08-	03:39+	02:40+	02:12+	01:52+	00:41+	00:46+	00:16+
00:22#	01:02-	01:35&	01:24-	00:17-	00:21&	00:20-	00:09#	00:37#	00:17-	00:45-	01:21&	00:04+	00:08+	00:03+	00:08+	01:28&	00:21#	01:04-	00:47&	00:23#	00:37&	00:30&	00:02+	00:10&	00:04&
3	Tove Sonne Andersen	OK Øst Birkerød	1:16:18																						
03:11+	06:10+	08:07+	14:18+	16:15+	17:32+	19:51+	21:12+	25:17+	29:37+	30:59+	36:22+	39:13+	43:35+	45:56+	49:18+	55:41+	58:44+	63:19+	66:11+	69:31+	72:13+	74:32+	75:21+	76:04+	76:18+
03:11+	02:59-	01:57+	06:11-	01:57+	01:17+	02:19+	01:21+	04:05+	04:20+	01:22-	05:23+	02:51+	04:22+	02:21+	03:22+	06:23+	03:03+	04:35+	02:52=	03:20+	02:42+	02:19+	00:49+	00:43+	00:14+
01:06&	00:08-	00:18#	01:03-	00:02+	00:05+	00:49&	00:13#	00:40#	00:54&	00:40-	01:05&	00:52&	00:51#	00:13#	00:47&	01:35&	00:31#	01:23&	00:00=	01:03&	01:07&	00:57&	00:10&	00:07#	00:02#

Beste stræktid for klassen

02:05 02:05 01:39 05:50 01:38 01:12 01:10 01:08 03:25 03:09 01:17 04:18 01:59 03:31 02:08 02:35 04:48 02:32 02:08 02:52 02:17 01:35 01:22 00:39 00:36 00:12

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

MTB-D50

1	Anette Leisner	Odense Politis Idrætsforening	1:23:43																		
03:30=	11:32=	13:40=	18:32=	22:04=	27:01=	32:13=	35:29=	38:12=	40:27=	46:42=	53:30=	56:48=	59:29=	66:32=	70:58=	73:40=	77:08=	80:35=	82:35=	83:28=	83:43=
03:30=	08:02=	02:08=	04:52=	03:32=	04:57=	05:12=	03:16=	02:43=	02:15=	06:15=	06:48=	03:18=	02:41=	07:03=	04:26=	02:42=	03:28=	03:27=	02:00=	00:53=	00:15=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

03:30 08:02 02:08 04:52 03:32 04:57 05:12 03:16 02:43 02:15 06:15 06:48 03:18 02:41 07:03 04:26 02:42 03:28 03:27 02:00 00:53 00:15

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

MTB-D60

1	Anne-Mette Kirkegaard	Silkeborg OK	1:17:21													
06:31=	09:21=	13:17=	18:50=	22:14=	31:25=	37:45=	44:47=	50:02=	55:50=	59:50=	64:13=	69:57=	73:13=	75:56=	77:01=	77:21=
06:31=	02:50=	03:56=	05:33=	03:24=	09:11=	06:20=	07:02=	05:15=	05:48=	04:00=	04:23=	05:44=	03:16=	02:43=	01:05=	00:20=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse														Tid			
2	Asta Pedersen	OK West														1:27:21			
	09:57+	12:21+	16:03+	21:54+	26:11+	33:59+	39:54+	52:13+	59:02+	63:57+	68:07+	72:29+	79:04+	83:16+	85:52+	86:59+	87:21+		
	09:57+	02:24-	03:42-	05:51+	04:17+	07:48-	05:55-	12:19+	06:49+	04:55-	04:10+	04:22-	06:35+	04:12+	02:36-	01:07+	00:22+		
	03:26&	00:26-	00:14-	00:18+	00:53&	01:23-	00:25-	05:17&	01:34&	00:53-	00:10+	00:01-	00:51#	00:56&	00:07-	00:02+	00:02#		

Beste stræktid for klassen

06:31 02:24 03:42 05:33 03:24 07:48 05:55 07:02 05:15 04:55 04:00 04:22 05:44 03:16 02:36 01:05 00:20

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

MTB-H12

1	Mikkel Brunstedt Nørgaard	OK Øst Birkerød														40:06			
	05:23=	10:58=	13:49=	17:23=	22:08=	23:28=	28:36=	31:09=	35:54=	38:09=	39:03=	39:52=	40:06=						
	05:23=	05:35=	02:51=	03:34=	04:45=	01:20=	05:08=	02:33=	04:45=	02:15=	00:54=	00:49=	00:14=						
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=						

Beste stræktid for klassen

05:23 05:35 02:51 03:34 04:45 01:20 05:08 02:33 04:45 02:15 00:54 00:49 00:14

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

MTB-H16

1	Christoffer Gjøtterup	Faaborg OK														1:03:51						
	04:21=	11:11=	13:29=	14:40=	15:40=	19:10=	23:18=	25:26=	29:39=	32:56=	35:45=	41:30=	43:52=	47:02=	51:34=	55:06=	58:16=	60:35=	62:23=	63:03=	63:40=	63:51=
	04:21=	06:50=	02:18=	01:11=	01:00=	03:30=	04:08=	02:08=	04:13=	03:17=	02:49=	05:45=	02:22=	03:10=	04:32=	03:32=	03:10=	02:19=	01:48=	00:40=	00:37=	00:11=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

04:21 06:50 02:18 01:11 01:00 03:30 04:08 02:08 04:13 03:17 02:49 05:45 02:22 03:10 04:32 03:32 03:10 02:19 01:48 00:40 00:37 00:11

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

MTB-H21

1	Rasmus Søgaard	Horsens OK														57:04										
	01:37=	03:32=	05:41=	07:33=	09:19=	14:48=	16:07=	21:26=	22:23=	23:34=	24:55=	27:03=	28:18=	29:19=	32:54=	37:25=	39:05=	44:46=	46:20=	47:57=	49:15=	51:29=	53:18=	54:47=	55:51=	56:22=
	01:37=	01:55=	02:09=	01:52=	01:46=	05:29=	01:19=	05:19=	00:57=	01:11=	01:21=	02:08=	01:15=	01:01=	03:35=	04:31=	01:40=	05:41=	01:34=	01:37=	01:18=	02:14=	01:49=	01:29=	01:04=	00:31=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
	56:54=	57:04=																								
	00:32=	00:10=																								
	00:00=	00:00=																								

2	Johan MacLassen	OK Pan Århus														58:19										
	01:56+	03:00-	05:41=	07:47+	09:46+	16:06+	17:32+	22:11+	23:12+	24:02+	25:35+	28:04+	29:39+	30:52+	33:16+	37:20-	39:09+	45:05+	46:56+	48:33+	50:03+	52:22+	54:27+	55:39+	56:59+	57:34+
	01:56+	01:04-	02:41+	02:06+	01:59+	06:20+	01:26+	04:39-	01:01+	00:50-	01:33+	02:29+	01:35+	01:13+	02:24-	04:04-	01:49+	05:56+	01:51+	01:37=	01:30+	02:19+	02:05+	01:12-	01:20+	00:35+
	00:19#	00:51-	00:32#	00:14#	00:13#	00:51#	00:07+	00:40-	00:04+	00:21-	00:12#	00:21#	00:20&	00:12#	01:11-	00:27-	00:09+	00:15+	00:17#	00:00=	00:12#	00:05+	00:16#	00:17-	00:16#	00:04#
	58:09+																									
	00:35+	00:10=																								
	00:03+	00:00=																								

3	Andreas Bergmann	Allerød OK														59:31										
	01:57+	04:11+	06:24+	08:16+	10:30+	16:34+	18:01+	23:16+	24:17+	25:36+	27:00+	29:29+	30:48+	32:02+	34:45+	38:41+	40:30+	46:30+	48:24+	50:02+	51:21+	53:31+	55:25+	56:49+	58:05+	58:42+
	01:57+	02:14+	02:13+	01:52=	02:14+	06:04+	01:27+	05:15-	01:01+	01:19+	01:24+	02:29+	01:19+	01:14+	02:43-	03:56-	01:49+	06:00+	01:54+	01:38+	01:19+	02:10-	01:54+	01:24-	01:16+	00:37+
	00:20#	00:19#	00:04+	00:00=	00:28&	00:35#	00:08#	00:04-	00:04+	00:08#	00:03+	00:21#	00:04+	00:13#	00:52-	00:35-	00:09+	00:19+	00:20#	00:01+	00:01+	00:04-	00:05+	00:05-	00:12#	00:06#
	59:17+	59:31+																								
	00:35+	00:14+																								
	00:03+	00:04&																								

4	Rasmus Lau Petersen	Allerød OK														1:03:20										
	01:52+	03:31-	06:16+	08:16+	11:27+	17:43+	19:07+	24:20+	25:16+	26:27+	28:13+	30:44+	32:10+	33:48+	36:15+	40:49+	42:35+	48:12+	50:05+	51:50+	53:34+	56:05+	59:04+	60:27+	61:53+	62:32+
	01:52+	01:39-	02:45+	02:00+	03:11+	06:16+	01:24+	05:13-	00:56-	01:11=	01:46+	02:31+	01:26+	01:38+	02:27-	04:34+	01:46+	05:37-	01:53+	01:45+	01:44+	02:31+	02:59+	01:23-	01:26+	00:39+
	00:15#	00:16-	00:36&	00:08+	01:25&	00:47#	00:05+	00:06-	00:01-	00:00=	00:25&	00:23#	00:11#	00:37&	01:08-	00:03+	00:06+	00:04-	00:19#	00:08+	00:26&	00:17#	01:10&	00:06-	00:22&	00:08&
	63:08+	63:20+																								
	00:36+	00:12+																								
	00:04#	00:02#																								

Class	Navn	Klasse										Tid									
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5	Jan Møller	Aalborg OK										1:27:29													
03:55+	06:41+	10:49+	13:07+	15:39+	23:43+	25:26+	30:20+	31:23+	32:53+	34:51+	37:24+	38:51+	40:01+	45:48+	47:45+	58:36+	62:57+	64:54+	71:42+	73:24+	75:18+	76:58+	79:24+	82:25+	84:30+
03:55+	02:46+	04:08+	02:18+	02:32+	08:04+	01:43+	04:54-	01:03+	01:30+	01:58+	02:33+	01:27+	01:10+	05:47+	01:57-	10:51+	04:21-	01:57+	06:48+	01:42+	01:54-	01:40-	02:26+	03:01+	02:05+
02:18@	00:51&	01:59&	00:26#	00:46&	02:35&	00:24&	00:25-	00:06#	00:19&	00:37&	00:25#	00:12#	00:09#	02:12&	02:34-	09:11@	01:20-	00:23#	05:11@	00:24&	00:20-	00:09-	00:57&	01:57@	01:34@
86:01+	86:38+	87:18+	87:29+																						
01:31+	00:37+	00:40+	00:11+																						
00:59@	00:27@	00:40+	00:11+																						

Beste stræktid for klassen
 01:37 01:04 02:09 01:52 01:46 05:29 01:19 04:39 00:56 00:50 01:21 02:08 01:15 01:01 02:24 01:57 01:40 04:21 01:34 01:37 01:18 01:54 01:40 01:12 01:04 00:31 00:32 00:00

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

MTB-H40

1	Jørgen Nielsen	OK S.G.										1:06:54													
03:27=	08:37=	10:01=	11:36=	12:39=	14:03=	16:58=	19:40=	22:29=	24:48=	30:27=	32:23=	35:07=	37:08=	42:02=	44:38=	46:06=	47:19=	49:28=	51:47=	54:27=	59:47=	62:12=	64:24=	66:01=	66:41=
03:27=	05:10=	01:24=	01:35=	01:03=	01:24=	02:55=	02:42=	02:49=	02:19=	05:39=	01:56=	02:44=	02:01=	04:54=	02:36=	01:28=	01:13=	02:09=	02:19=	02:40=	05:20=	02:25=	02:12=	01:37=	00:40=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
66:54=																									
00:13=																									
00:00=																									

2	Morten Bang Nørgaard	OK Øst Birkerød										1:14:53													
03:01-	08:21-	11:16+	12:37+	13:37+	15:02+	17:57+	21:05+	23:41+	25:43+	31:04+	33:09+	36:03+	41:56+	48:55+	51:30+	53:08+	54:21+	57:17+	60:46+	63:44+	67:36+	69:43+	72:03+	74:01+	74:40+
03:01-	05:20+	02:55+	01:21-	01:00-	01:25+	02:55=	03:08+	02:36-	02:02-	05:21-	02:05+	02:54+	05:53+	06:59+	02:35-	01:38+	01:13=	02:56+	03:29+	02:58+	03:52-	02:07-	02:20+	01:58+	00:39-
00:26-	00:10+	01:31@	00:14-	00:03-	00:01+	00:00=	00:26#	00:13-	00:17-	00:18-	00:09+	00:10+	03:52@	02:05&	00:01-	00:10#	00:00=	00:47&	01:10&	00:18#	01:28-	00:18-	00:08+	00:21#	00:01-
74:53+																									
00:13=																									
00:00=																									

3	Jørn Riis	OK Pan Århus										1:16:47													
02:34-	08:10-	09:57-	11:58+	13:18+	14:51+	17:20+	20:38+	23:20+	25:12+	30:55+	32:54+	35:36+	39:30+	44:58+	48:06+	51:22+	52:46+	56:26+	58:57+	62:02+	68:21+	71:04+	74:08+	75:51+	76:35+
02:34-	05:36+	01:47+	02:01+	01:20+	01:33+	02:29-	03:18+	02:42-	01:52-	05:43+	01:59+	02:42-	03:54+	05:28+	03:08+	03:16+	01:24+	03:40+	02:31+	03:05+	06:19+	02:43+	03:04+	01:43+	00:44+
00:53-	00:26+	00:23&	00:26&	00:17&	00:09#	00:26-	00:36#	00:07-	00:27-	00:04+	00:03+	00:02-	01:53&	00:34#	00:32#	01:48@	00:11#	01:31&	00:12+	00:25#	00:59#	00:18#	00:52&	00:06+	00:04#
76:47+																									
00:12-																									
00:01-																									

Beste stræktid for klassen
 02:34 05:10 01:24 01:21 01:00 01:24 02:29 02:42 02:36 01:52 05:21 01:56 02:42 02:01 04:54 02:35 01:28 01:13 02:09 02:19 02:40 03:52 02:07 02:12 01:37 00:39 00:12

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

MTB-H50

1	Laus Seir Hansen	Helsingør SOK										1:07:31													
02:28=	04:44=	06:48=	13:00=	15:05=	16:28=	18:32=	19:42=	22:46=	26:11=	27:13=	32:20=	34:24=	38:10=	40:36=	43:16=	51:04=	53:38=	55:26=	58:50=	61:14=	62:41=	65:59=	66:38=	67:16=	67:31=
02:28=	02:16=	02:04=	06:12=	02:05=	01:23=	02:04=	01:10=	03:04=	03:25=	01:02=	05:07=	02:04=	03:46=	02:26=	02:40=	07:48=	02:34=	01:48=	03:24=	02:24=	01:27=	03:18=	00:39=	00:38=	00:15=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	John Skovbjerg	OK Pan Århus										1:08:36													
02:29+	04:58+	06:37-	12:03-	13:44-	15:01-	16:29-	17:48-	18:58-	22:30-	25:20-	26:22-	31:06-	33:59-	38:02-	40:39-	43:34-	48:15-	51:13-	53:35-	56:40-	61:12-	63:23-	66:55+	67:37+	68:19+
02:29+	02:29+	01:39-	05:26-	01:41-	01:17-	01:28-	01:19+	01:10-	03:32+	02:50+	01:02-	04:44+	02:53-	04:03+	02:37-	02:55-	04:41+	02:58+	02:22-	03:05+	04:32+	02:11-	03:32+	00:42+	00:42+
00:01+	00:13+	00:25-	00:46-	00:24-	00:06-	00:36-	00:09#	01:54-	00:07+	01:48@	04:05-	02:40@	00:53-	01:37&	00:03-	04:53-	02:07&	01:10&	01:02-	00:41&	03:05@	01:07-	02:53@	00:04#	00:27@
68:36+																									
00:17+																									
00:17+																									

3	Frank Søndergaard	OK Vendelboerne										1:16:11													
02:43+	06:00+	07:49+	14:15+	15:59+	17:11+	19:31+	20:36+	23:20+	25:57-	26:56-	31:24-	34:03-	37:42-	39:39-	42:13-	49:22-	51:47-	54:57-	68:25+	70:50+	72:47+	74:19+	75:12+	75:57+	76:11+
02:43+	03:17+	01:49-	06:26+	01:44-	01:12-	02:20+	01:05-	02:44-	02:37-	00:59-	04:28-	02:39+	03:39-	01:57-	02:34-	07:09-	02:25-	03:10+	13:28+	02:25+	01:57+	01:32-	00:53+	00:45+	00:14-
00:15#	01:01&	00:15-	00:14+	00:21-	00:11-	00:16#	00:05-	00:20-	00:48-	00:03-	00:39-	00:35&	00:07-	00:29-	00:06-	00:39-	00:09-	01:22&	10:04@	00:01+	00:30&	01:46-	00:14&	00:07#	00:01-

Class	Navn	Klasse	Tid
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4	Peer Leisner	Odense Politis Idrætsforening	1:19:03																						
03:37+	05:50+	10:56+	14:12+	19:46+	21:26+	22:32+	24:28+	25:38+	28:52+	32:06+	33:13+	37:59+	41:26+	45:44+	49:24+	52:06+	57:19+	60:28+	63:41+	67:47+	72:05+	73:58+	77:20+	78:07+	78:50+
03:37+	02:13-	05:06+	03:16-	05:34+	01:40+	01:06-	01:56+	01:10-	03:14-	03:14+	01:07-	04:46+	03:27-	04:18+	03:40+	02:42-	05:13+	03:09+	03:13-	04:06+	04:18+	01:53-	03:22+	00:47+	00:43+
01:09&	00:03-	03:02@	02:56-	03:29@	00:17#	00:58-	00:46&	01:54-	00:11-	02:12@	04:00-	02:42@	00:19-	01:52&	01:00&	05:06-	02:39@	01:21&	00:11-	01:42&	02:51@	01:25-	02:43@	00:09#	00:28@
79:03+																									
00:13+																									
00:13+																									

5	Knud Jespersen	OK Snab	1:30:34																						
03:37+	06:47+	09:24+	15:54+	18:59+	20:36+	22:29+	24:01+	25:24+	29:32+	33:43+	35:12+	41:19+	44:47+	50:57+	54:03+	58:49+	65:40+	71:06+	74:47+	79:30+	82:54+	85:26+	88:32+	89:27+	90:17+
03:37+	03:10+	02:37+	06:30+	03:05+	01:37+	01:53-	01:32+	01:23-	04:08+	04:11+	01:29-	06:07+	03:28-	06:10+	03:06+	04:46-	06:51+	05:26+	03:41+	04:43+	03:24+	02:32-	03:06+	00:55+	00:50+
01:09&	00:54&	00:33&	00:18+	01:00&	00:14#	00:11-	00:22&	01:41-	00:43#	03:09@	03:38-	04:03@	00:18-	03:44@	00:26#	03:02-	04:17@	03:38@	00:17+	02:19&	01:57@	00:46-	02:27@	00:17&	00:35@
90:34+																									
00:17+																									
00:17+																									

Beste stræktid for klassen
 02:28 02:13 01:39 03:16 01:41 01:12 01:06 01:05 01:10 02:37 00:59 01:02 02:04 02:53 01:57 02:34 02:42 02:25 01:48 02:22 02:24 01:27 01:32 00:39 00:38 00:14

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

MTB-H60

1	Jens Sørensen	OK West	1:02:33																						
03:13=	06:02=	09:24=	10:54=	13:31=	15:23=	19:30=	21:43=	22:56=	24:41=	27:06=	32:09=	37:35=	40:37=	45:23=	50:04=	55:17=	57:48=	59:53=	61:29=	62:16=	62:33=				
03:13=	02:49=	03:22=	01:30=	02:37=	01:52=	04:07=	02:13=	01:13=	01:45=	02:25=	05:03=	05:26=	03:02=	04:46=	04:41=	05:13=	02:31=	02:05=	01:36=	00:47=	00:17=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				

2	Per Allan Pedersen	OK FROS	1:03:16																						
03:41+	07:27+	08:52-	11:36+	14:03+	18:20+	20:32+	21:55+	23:30+	25:25+	29:19+	34:50+	38:01+	43:59+	46:24+	48:42-	55:33+	60:10+	62:11+	63:01+	63:16+					
03:41+	03:46+	01:25-	02:44+	02:27-	04:17+	02:12-	01:32-	01:35+	01:55+	03:54+	05:31+	03:11-	05:58+	02:25-	02:18-	06:51+	04:37+	02:01-	00:50-	00:15-					
00:28#	00:57&	01:57-	01:14&	00:10-	02:25@	01:55-	00:50-	00:22&	00:10+	01:29&	00:28+	02:15-	02:56&	02:21-	02:23-	01:38&	02:06&	00:04-	00:46-	00:32-					

3	Christian Strandgaard	Søllerød OK	1:10:25																						
03:03-	06:54+	08:29-	11:55+	14:54+	19:22+	21:47+	23:19+	31:07+	33:27+	38:23+	44:18+	47:13+	52:38+	55:26+	57:41+	65:50+	68:06+	69:28+	70:13+	70:25+					
03:03-	03:51+	01:35-	03:26+	02:59+	04:28+	02:25-	01:32-	07:48+	02:20+	04:56+	05:55+	02:55-	05:25+	02:48-	02:15-	08:09+	02:16-	01:22-	00:45-	00:12-					
00:10-	01:02&	01:47-	01:56@	00:22#	02:36@	01:42-	00:41-	06:35@	00:35&	02:31@	00:52#	02:31-	02:23&	01:58-	02:26-	02:56&	00:15-	00:43-	00:51-	00:35-					

4	Jes Henrik Steen	OK Øst Birkerød	1:12:20																						
04:17+	09:58+	11:33+	19:48+	22:23+	26:33+	29:03+	30:32+	34:08+	36:50+	41:56+	47:05+	50:15+	56:19+	59:25+	61:58+	64:45+	67:24+	71:08+	72:00+	72:20+					
04:17+	05:41+	01:35-	08:15+	02:35-	04:10+	02:30-	01:29-	03:36+	02:42+	05:06+	05:09+	03:10-	06:04+	03:06-	02:33-	02:47-	02:39+	03:44+	00:52-	00:20-					
01:04&	02:52@	01:47-	06:45@	00:02-	02:18@	01:37-	00:44-	02:23@	00:57&	02:41@	00:06+	02:16-	03:02&	01:40-	02:08-	02:26-	00:08+	01:39&	00:44-	00:27-					

5	Niels Bobach	Aalborg OK	1:20:24																						
05:14+	09:40+	12:20+	17:19+	20:48+	26:40+	29:49+	31:34+	33:38+	35:11+	40:51+	49:29+	54:17+	61:47+	66:55+	69:43+	73:47+	76:55+	79:10+	80:06+	80:24+					
05:14+	04:26+	02:40-	04:59+	03:29+	05:52+	03:09-	01:45-	02:04+	01:33-	05:40+	08:38+	04:48-	07:30+	05:08+	02:48-	04:04-	03:08+	02:15+	00:56-	00:18-					
02:01&	01:37&	00:42-	03:29@	00:52&	04:00@	00:58-	00:28-	00:51&	00:12-	03:15@	03:35&	00:38-	04:28@	00:22+	01:53-	01:09-	00:37#	00:10+	00:40-	00:29-					

6	Jan Hausner	OK S.G.	1:32:11																						
03:08-	09:42+	11:22+	15:27+	17:57+	23:12+	27:46+	30:00+	31:57+	34:03+	36:19+	37:41+	41:30+	44:49+	46:23+	48:21-	49:35-	55:49-	63:02+	66:43+	75:32+	79:43+	82:54+	85:51+	88:34+	90:50+
03:08-	06:34+	01:40-	04:05+	02:30-	05:15+	04:34+	02:14+	01:57+	02:06+	02:16-	01:22-	03:49-	03:19+	01:34-	01:58-	01:14-	06:14+	07:13+	03:41+	08:49+	04:11+	03:11+	02:57+	02:43+	02:16+
00:05-	03:45@	01:42-	02:35@	00:07-	03:23@	00:27#	00:01+	00:44&	00:21#	00:09-	03:41-	01:37-	00:17+	03:12-	02:43-	03:59-	03:43@	05:08@	02:05@	08:02@	03:54@	03:11+	02:57+	02:43+	02:16+
91:45+	92:11+																								
00:55+	00:26+																								
00:55+	00:26+																								

7	Ole Nielsen	Aalborg OK	1:34:51																						
04:00+	10:00+	12:33+	17:06+	19:58+	24:40+	27:28+	29:34+	33:54+	36:23+	44:02+	52:00+	56:34+	64:58+	71:20+	79:44+	82:34+	87:17+	90:42+	93:24+	94:31+	94:51+				
04:00+	06:00+	02:33-	04:33+	02:52+	04:42+	02:48-	02:06-	04:20+	02:29+	07:39+	07:58+	04:34-	08:24+	06:22+	08:24+	02:50-	04:43+	03:25+	02:42+	01:07+	00:20+				
00:47#	03:11@	00:49-	03:03@	00:15+	02:50@	01:19-	00:07-	03:07@	00:44&	05:14@	02:55&	00:52-	05:22@	01:36&	03:43&	02:23-	02:12&	01:20&	01:06&	00:20&	00:03#				

8	Tage V. Andersen	OK Øst Birkerød	1:48:20																						
04:12+	12:02+	14:34+	19:00+	22:07+	28:12+	33:11+	40:14+	43:15+	45:45+	49:21+	55:44+	71:11+	75:54+	85:30+	93:09+	95:45+	99:49+	104:37+	106:53+	108:03+	108:20+				
04:12+	07:50+	02:32-	04:26+	03:07+	06:05+	04:59+	07:03+	03:01+	02:30+	03:36+	06:23+	15:27+	04:43+	09:36+	07:39+	02:36-	04:04+	04:48+	02:16+	01:10+	00:17=				
00:59&	05:01@	00:50-	02:56@	00:30#	04:13@	00:52#	04:50@	01:48@	00:45&	01:11&	01:20&	10:01@	01:41&	04:50@	02:58&	02:37-	01:33&	02:43@	00:40&	00:23&	00:00=				

9	Knud Erik Thomsen	Svendborg OK	2:01:32																						
09:32+	15:33+	18:03+	22:15+	26:37+	33:50+	40:30+	42:37+	44:46+	48:11+	56:30+	60:28+	62:23+	64:17+	67:25+	73:00+	82:32+	88:00+	99:17+	105:37+	108:47+	112:43+	117:03+	120:12+	121:14+	121:32+
09:32+	06:01+	02:30-	04:12+	04:22+	07:13+	06:40+	02:07-	02:09+	03:25+	08:19+	03:58-	01:55-	01:54-	03:08-	05:35+	09:32+	05:28+	11:17+	06:20+	03:10+	03:56+	04:20+	03:09+	01:02+	00:18+
06:19@	03:12@	00:52-	02:42@	01:45&	05:21@	02:33&	00:06-	00:56&	01:40&	05:54@	01:05-	03:31-	01:08-	01:38-	00:54#	04:19&	02:57@	09:12@	04:44@	02:23@	03:39@	04:20+	03:09+	01:02+	00:18+

Class Navn Klasse Tid

10 John Rasmussen Silkeborg OK 2:27:28
82:47+ 91:53+ 93:48+ 96:53+ 98:55+ 103:10+ 105:46+ 107:17+ 108:59+ 110:39+ 114:47+ 121:33+ 125:30+ 131:18+ 134:27+ 136:55+ 140:00+ 143:43+ 146:25+ 147:10+ 147:28+
82:47+ 09:06+ 01:55- 03:05+ 02:02- 04:15+ 02:36- 01:31- 01:42+ 01:40- 04:08+ 06:46+ 03:57- 05:48+ 03:09- 02:28- 03:05- 03:43+ 02:42+ 00:45- 00:18-
79:34@ 06:17@ 01:27- 01:35@ 00:35- 02:23@ 01:31- 00:42- 00:29& 00:05- 01:43& 01:43& 01:29- 02:46& 01:37- 02:13- 02:08- 01:12& 00:37& 00:51- 00:29-

Beste stræktid for klassen
03:03 02:49 01:25 01:30 02:02 01:52 02:12 01:23 01:13 01:33 02:16 01:22 01:55 01:54 01:34 01:58 01:14 02:16 01:22 00:45 00:12 00:17

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

MTB-H70

1 Herluf Jensen Svendborg OK 1:44:36
04:46= 09:53= 18:35= 26:06= 37:10= 44:30= 52:34= 60:47= 66:45= 79:43= 84:11= 89:07= 96:34= 100:18= 103:09= 104:16= 104:36=
04:46= 05:07= 08:42= 07:31= 11:04= 07:20= 08:04= 08:13= 05:58= 12:58= 04:28= 04:56= 07:27= 03:44= 02:51= 01:07= 00:20=
00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

Beste stræktid for klassen
04:46 05:07 08:42 07:31 11:04 07:20 08:04 08:13 05:58 12:58 04:28 04:56 07:27 03:44 02:51 01:07 00:20

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

NOCLAS

1 Jonas Olesen Bundgaard OK Pan Århus 28:59
01:03= 03:56= 05:35= 08:31= 10:01= 11:50= 14:15= 17:50= 20:15= 21:40= 23:55= 25:47= 27:37= 28:45= 28:59=
01:03= 02:53= 01:39= 02:56= 01:30= 01:49= 02:25= 03:35= 02:25= 01:25= 02:15= 01:52= 01:50= 01:08= 00:14=
00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Anton Vingborg Hansen OK Pan Århus 30:25
01:15+ 04:39+ 07:10+ 08:24- 10:45+ 16:21+ 27:39+ 29:14+ 30:03+ 30:25+
01:15+ 03:24+ 02:31+ 01:14- 02:21+ 05:36+ 11:18+ 01:35- 00:49- 00:22-
00:12# 00:31# 00:52& 01:42- 00:51& 03:47@ 08:53@ 02:00- 01:36- 01:03-

3 Maria Enevold Dahl OK Pan Århus 43:33
01:34+ 04:23+ 08:47+ 10:58+ 18:38+ 23:10+ 27:38+ 32:52+ 35:25+ 37:51+ 40:17+ 41:57+ 42:34+ 43:19+ 43:33+
01:34+ 02:49- 04:24+ 02:11- 07:40+ 04:32+ 04:28+ 05:14+ 02:33+ 02:26+ 02:26+ 01:40- 00:37- 00:45- 00:14=
00:31& 00:04- 02:45@ 00:45- 06:10@ 02:43@ 02:03& 01:39& 00:08+ 01:01& 00:11+ 00:12- 01:13- 00:23- 00:00=

4 Michael Fischer Aalborg OK 45:02
01:41+ 04:46+ 10:54+ 13:07+ 14:18+ 15:21+ 18:25+ 19:03+ 22:42+ 23:59+ 25:49+ 27:53+ 33:01+ 35:08+ 37:05+ 38:49+ 40:43+ 41:38+ 43:06+ 44:18+ 44:48+ 45:02+
01:41+ 03:05+ 06:08+ 02:13- 01:11- 01:03- 03:04+ 00:38- 03:39+ 01:17- 01:50- 02:04+ 05:08+ 02:07+ 01:57+ 01:44+ 01:54+ 00:55+ 01:28+ 01:12+ 00:30+ 00:14+
00:38& 00:12+ 04:29@ 00:43- 00:19- 00:46- 00:39& 02:57- 01:14& 00:08- 00:25- 00:12# 03:18@ 00:59& 01:43@ 01:44+ 01:54+ 00:55+ 01:28+ 01:12+ 00:30+ 00:14+

5 Jens Børsting Silkeborg OK 46:08
45:51+ 46:08+
45:51+ 00:17-
44:48@ 02:36-

6 Bernt Myrvold Sarpsborg 53:26
02:00+ 06:28+ 11:38+ 15:12+ 16:53+ 18:14+ 22:02+ 22:53+ 27:04+ 28:47+ 30:33+ 33:19+ 37:39+ 41:06+ 43:14+ 45:46+ 48:15+ 49:13+ 50:57+ 52:17+ 53:06+ 53:26+
02:00+ 04:28+ 05:10+ 03:34+ 01:41+ 01:21- 03:48+ 00:51- 04:11+ 01:43+ 01:46- 02:46+ 04:20+ 03:27+ 02:08+ 02:32+ 02:29+ 00:58+ 01:44+ 01:20+ 00:49+ 00:20+
00:57& 01:35& 03:31@ 00:38# 00:11# 00:28- 01:23& 02:44- 01:46& 00:18# 00:29- 00:54& 02:30@ 02:19@ 01:54@ 02:32+ 02:29+ 00:58+ 01:44+ 01:20+ 00:49+ 00:20+

7 Tine Rasmussen Silkeborg OK 54:17
54:02+ 54:17+
54:02+ 00:15-
52:59@ 02:38-

8 Poul Egander Grøn OK Pan Århus 58:01
03:10+ 09:18+ 13:33+ 16:36+ 18:25+ 19:39+ 23:32+ 24:21+ 28:33+ 30:49+ 32:24+ 35:17+ 43:21+ 46:21+ 48:10+ 50:46+ 53:01+ 53:45+ 55:46+ 57:10+ 57:47+ 58:01+
03:10+ 06:08+ 04:15+ 03:03+ 01:49+ 01:14- 03:53+ 00:49- 04:12+ 02:16+ 01:35- 02:53+ 08:04+ 03:00+ 01:49+ 02:36+ 02:15+ 00:44+ 02:01+ 01:24+ 00:37+ 00:14+
02:07@ 03:15@ 02:36@ 00:07+ 00:19# 00:35- 01:28& 02:46- 01:47& 00:51& 00:40- 01:01& 06:14@ 01:52@ 01:35@ 02:36+ 02:15+ 00:44+ 02:01+ 01:24+ 00:37+ 00:14+

9 Troels Folmer Andersen Rold Skov OK 1:01:08
02:34+ 05:52+ 12:03+ 16:06+ 17:54+ 20:11+ 30:03+ 34:48+ 42:26+ 46:12+ 49:16+ 52:22+ 53:33+ 55:39+ 57:56+ 59:47+ 60:44+ 61:08+
02:34+ 03:18+ 06:11+ 04:03+ 01:48+ 02:17+ 09:52+ 04:45+ 07:38+ 03:46+ 03:04+ 03:06+ 01:11- 02:06+ 02:17+ 01:51+ 00:57+ 00:24+
01:31@ 00:25# 04:32@ 01:07& 00:18# 00:28& 07:27@ 01:10& 05:13@ 02:21@ 00:49& 01:14& 00:39- 00:58& 02:03@ 01:51+ 00:57+ 00:24+

Class	Navn	Klasse														Tid
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10	Birgitte Bach	Viborg OK														1:05:50	
03:42+	08:28+	16:36+	19:40+	21:29+	24:25+	32:12+	36:59+	45:16+	49:18+	53:05+	56:40+	58:08+	60:16+	62:50+	64:39+	65:32+	65:50+
03:42+	04:46+	08:08+	03:04+	01:49+	02:56+	07:47+	04:47+	08:17+	04:02+	03:47+	03:35+	01:28-	02:08+	02:34+	01:49+	00:53+	00:18+
02:39@	01:53&	06:29@	00:08+	00:19#	01:07&	05:22@	01:12&	05:52@	02:37@	01:32&	01:43&	00:22-	01:00&	02:20@	01:49+	00:53+	00:18+

11	Finn Arildsen	OK Pan Århus														1:06:22					
02:25+	06:43+	11:30+	15:24+	18:10+	20:02+	25:13+	26:18+	31:25+	33:29+	35:42+	39:13+	47:04+	50:27+	52:53+	56:00+	59:45+	60:49+	63:06+	65:05+	66:03+	66:22+
02:25+	04:18+	04:47+	03:54+	02:46+	01:52+	05:11+	01:05-	05:07+	02:04+	02:13-	03:31+	07:51+	03:23+	02:26+	03:07+	03:45+	01:04+	02:17+	01:59+	00:58+	00:19+
01:22@	01:25&	03:08@	00:58&	01:16&	00:03+	02:46@	02:30-	02:42@	00:39&	00:02-	01:39&	06:01@	02:15@	02:12@	03:07+	03:45+	01:04+	02:17+	01:59+	00:58+	00:19+

12	Thomas Sørensen	Melfar														1:09:23				
69:10+	69:23+																			
69:10+	00:13-																			
68:07@	02:40-																			

13	Rebecca Hoffmann	OK Pan Århus														1:43:37					
06:28+	09:19+	14:20+	21:31+	26:45+	34:04+	43:54+	54:09+	65:47+	73:42+	78:14+	84:48+	95:00+	98:35+	101:55+	103:02+	103:37+					
06:28+	02:51-	05:01+	07:11+	05:14+	07:19+	09:50+	10:15+	11:38+	07:55+	04:32+	06:34+	10:12+	03:35+	03:20+	01:07+	00:35+					
05:25@	00:02-	03:22@	04:15@	03:44@	05:30@	07:25@	06:40@	09:13@	06:30@	02:17@	04:42@	08:22@	02:27@	03:06@	01:07+	00:35+					

Beste stræktid for klassen																					
01:03	00:13	01:39	01:14	01:11	01:03	02:25	00:38	00:49	00:22	01:35	01:40	00:37	00:45	00:14							

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.