

## 2 og 3 divisions match

## Stræktider

Rold Skov Mosskov-16-09-2018

Plads	Navn	Klasse	Tid														
<b>Beg</b>																	
<b>1</b>	<b>Andreas Lund Majland</b>	<b>8</b>	<b>39:17</b>														
00:25=	01:22=	05:37=	07:15=	08:32=	11:49=	15:39=	16:51=	17:45=	23:28=	27:39=	30:16=	33:47=	35:00=	37:08=	38:17=	39:03=	39:17=
00:25=	00:57=	04:15=	01:38=	00:57=	03:37=	03:50=	01:12=	00:54=	05:43=	04:11=	02:37=	03:31=	01:13=	02:08=	01:09=	00:46=	00:14=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Gustav Ziethen</b>	<b>6</b>	<b>39:23</b>														
00:21-	01:26+	03:44-	06:00-	06:51-	10:09-	12:48-	14:04-	14:58-	20:54-	25:43-	28:55-	32:41-	34:05-	36:18-	38:01-	39:07+	39:23+
00:21-	01:05+	02:18-	02:16+	00:51-	03:18-	02:39-	01:16+	00:54=	05:56+	04:49+	03:12+	03:46+	01:24+	02:13+	01:43+	01:06+	00:16+
00:04-	00:08#	01:57-	00:38&	00:06-	00:19-	01:11-	00:04+	00:00=	00:13+	00:38#	00:35#	00:15+	00:11#	00:05+	00:34&	00:20&	00:02#
<b>3</b>	<b>Lucas Stenhøj Baun Mcgrail</b>	<b>Ok Pan</b>	<b>39:26</b>														
00:16-	01:01-	02:46-	05:53-	07:25-	11:17-	17:04+	19:09+	20:50+	24:55+	26:47-	29:39-	33:03-	34:31-	36:36-	38:22+	39:13+	39:26+
00:16-	00:45-	01:45-	03:07+	01:32+	03:52+	05:47+	02:05+	01:41+	04:05-	01:52-	02:52+	03:24-	01:28+	02:05-	01:46+	00:51+	00:13-
00:09-	00:12-	02:30-	01:29&	00:35&	00:15+	01:57&	00:53&	00:47&	01:38-	02:19-	00:15+	00:07-	00:15#	00:03-	00:37&	00:05#	00:01-
<b>4</b>	<b>Signe Jørgensen</b>	<b>7</b>	<b>39:31</b>														
00:28+	01:27+	03:11-	05:36-	06:40-	11:07-	14:51-	16:11-	17:41-	20:10-	24:22-	27:06-	30:40-	34:09-	36:29-	38:12-	39:10+	39:31+
00:28+	00:59+	01:44-	02:25+	01:04+	04:27+	03:44-	01:20+	01:30+	02:29-	04:12+	02:44+	03:34+	03:29+	02:20+	01:43+	00:58+	00:21+
00:03#	00:02+	02:31-	00:47&	00:07#	00:50#	00:06-	00:08#	00:36&	03:14-	00:01+	00:07+	00:03+	02:16@	00:12+	00:34&	00:12&	00:07&
<b>5</b>	<b>Kirsten J. Nielsen</b>	<b>2</b>	<b>44:08</b>														
00:29+	01:32+	03:21-	06:10-	07:22-	13:27+	17:25+	18:42+	19:52+	22:38-	25:03-	34:08+	37:51+	40:37+	42:46+	43:50+	44:08+	
00:29+	01:03+	01:49-	02:49+	01:12+	06:05+	03:58+	01:17+	01:10+	02:46-	02:25-	09:05+	03:43+	02:46+	02:09+	01:04-	00:18-	
00:04#	00:06#	02:26-	01:11&	00:15&	02:28&	00:08+	00:05+	00:16&	02:57-	01:46-	06:28@	00:12+	01:33@	00:01+	00:05-	00:28-	
<b>6</b>	<b>Erik B. Nielsen</b>	<b>2</b>	<b>45:58</b>														
00:27+	01:30+	03:25-	06:14-	07:20-	13:24+	17:22+	18:52+	19:59+	22:48-	25:12-	34:13+	38:01+	41:05+	42:55+	45:24+	45:58+	
00:27+	01:03+	01:55-	02:49+	01:06+	06:04+	03:58+	01:30+	01:07+	02:49-	02:24-	09:01+	03:48+	03:04+	01:50-	02:29+	00:34-	
00:02+	00:06#	02:20-	01:11&	00:09#	02:27&	00:08+	00:18#	00:13#	02:54-	01:47-	06:24@	00:17+	01:51@	00:18-	01:20@	00:12-	
<b>7</b>	<b>Lilli Munkholm Byrdal</b>	<b>7</b>	<b>1:03:07</b>														
00:43+	03:22+	05:51+	09:04+	10:24+	17:22+	22:38+	24:54+	28:30+	33:29+	37:28+	43:22+	49:33+	54:36+	58:54+	61:06+	62:42+	63:07+
00:43+	02:39+	02:29-	03:13+	01:20+	06:58+	05:16+	02:16+	03:36+	04:59-	03:59-	05:54+	06:11+	05:03+	04:18+	02:12+	01:36+	00:25+
00:18&	01:42@	01:46-	01:35&	00:23&	03:21&	01:26&	01:04&	02:42@	00:44-	00:12-	03:17@	02:40&	03:50@	02:10@	01:03&	00:50@	00:11&
<b>8</b>	<b>Nanna Munkholm Byrdal</b>	<b>7</b>	<b>1:03:11</b>														
00:51+	03:40+	05:59+	09:17+	10:28+	17:28+	22:53+	24:56+	28:36+	33:39+	37:34+	43:40+	49:36+	54:47+	59:02+	61:16+	62:49+	63:11+
00:51+	02:49+	02:19-	03:18+	01:11+	07:00+	05:25+	02:03+	03:40+	05:03-	03:55-	06:06+	05:56+	05:11+	04:15+	02:14+	01:33+	00:22+
00:26@	01:52@	01:56-	01:40@	03:23&	01:35&	00:51&	02:46@	00:40-	00:16-	03:29@	02:25&	03:58@	02:07&	01:05&	00:47@	00:08&	
<b>9</b>	<b>Lone Munkholm Jørgensen</b>	<b>7</b>	<b>1:03:12</b>														
00:56+	03:34+	06:05+	09:10+	10:32+	17:32+	22:47+	25:02+	28:42+	33:43+	37:43+	43:43+	49:40+	54:41+	58:58+	61:13+	62:51+	63:12+
00:56+	02:38+	02:31-	03:05+	01:22+	07:00+	05:15+	02:15+	03:40+	05:01-	04:00-	06:00+	05:57+	05:01+	04:17+	02:15+	01:38+	00:21+
00:31@	01:41@	01:44-	01:27&	00:25&	03:23&	01:25&	01:03&	02:46@	00:42-	00:11-	03:23@	02:26&	03:48@	02:09@	01:06&	00:52@	00:07&
<b>Beste stræktid for klassen</b>																	
00:16	00:45	01:44	01:38	00:51	03:18	02:39	01:12	00:54	02:29	01:52	02:37	03:24	01:13	01:50	01:04	00:18	00:13

= Som klassevinner , - raskere, + senere, # 10% tab, &amp; 25% tab, @ 100% tab.

## D10

<b>1</b>	<b>Ida Søe Christiansen</b>	<b>6</b>	<b>24:02</b>														
00:14=	00:49=	01:56=	03:33=	04:15=	06:38=	10:54=	11:43=	12:18=	13:46=	15:02=	17:08=	19:59=	20:51=	22:00=	23:08=	23:51=	24:02=
00:14=	00:35=	01:07=	01:37=	00:42=	02:23=	04:16=	00:49=	00:35=	01:28=	01:16=	02:06=	02:51=	00:52=	01:09=	01:08=	00:43=	00:11=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Kristine Skouboe</b>	<b>12</b>	<b>26:46</b>														
00:17+	01:00+	02:10+	04:08+	04:55+	07:26+	10:10-	11:12-	11:52-	13:27-	14:48-	17:09+	19:58-	22:48+	24:17+	25:47+	26:32+	26:46+
00:17+	00:43+	01:10+	01:58+	00:47+	02:31+	02:44-	01:02+	00:40+	01:35+	01:21+	02:21+	02:49-	02:50+	01:29+	01:30+	00:45+	00:14+
00:03#	00:08#	00:03+	00:21#	00:05#	00:08+	01:32-	00:13&	00:05#	00:07+	00:05+	00:15#	00:02-	01:58@	00:20&	00:22&	00:02+	00:03&
<b>3</b>	<b>Karla Blicher</b>	<b>17</b>	<b>27:28</b>														
00:14=	00:51+	02:07+	04:07+	05:11+	08:35+	11:00+	12:26+	13:10+	14:50+	16:11+	19:08+	21:57+	23:12+	25:07+	26:24+	27:16+	27:28+
00:14=	00:37+	01:16+	02:00+	01:04+	03:24+	02:25-	01:26+	00:44+	01:40+	01:21+	02:57+	02:49-	01:15+	01:55+	01:17+	00:52+	00:12+
00:00=	00:02+	00:09#	00:23#	00:22&	01:01&	01:51-	00:37&	00:09&	00:12#	00:05+	00:51&	00:02-	00:23&	00:46&	00:09#	00:09#	00:01+

Class	Navn	Klasse	Tid
<b>4</b>	<b>Julie Torp-Lupnaav</b>	<b>11</b>	<b>29:25</b>
00:14=	01:00+ 02:06+ 03:54+ 04:41+ 07:14+ 09:58- 11:00- 11:46- 13:14- 14:46- 17:05- 20:03+ 25:00+		26:58+ 28:10+ 29:14+ 29:25+
00:14=	00:46+ 01:06- 01:48+ 00:47+ 02:33+ 02:44- 01:02+ 00:46+ 01:28= 01:32+ 02:19+ 02:58+ 04:57+		01:58+ 01:12+ 01:04+ 00:11=
00:00=	00:11& 00:01- 00:11# 00:05# 00:10+ 01:32- 00:13& 00:11& 00:00= 00:16# 00:13# 00:07+ 04:05@		00:49& 00:04+ 00:21& 00:00=
<b>5</b>	<b>Gry Gammelmark</b>	<b>6</b>	<b>36:27</b>
00:13-	00:42- 01:48- 04:11+ 04:52+ 07:35+ 14:36+ 15:19+ 15:52+ 19:04+ 20:58+ 24:42+ 29:18+ 31:54+		34:00+ 35:36+ 36:16+ 36:27+
00:13-	00:29- 01:06- 02:23+ 00:41- 02:43+ 07:01+ 00:43- 00:33- 03:12+ 01:54+ 03:44+ 04:36+ 02:36+		02:06+ 01:36+ 00:40- 00:11=
00:01-	00:06- 00:01- 00:46& 00:01- 00:20# 02:45& 00:06- 00:02- 01:44@ 00:38& 01:38& 01:45& 01:44@		00:57& 00:28& 00:03- 00:00=
<b>6</b>	<b>Selma Gammelmark</b>	<b>6</b>	<b>36:59</b>
00:24+	01:19+ 02:43+ 04:54+ 05:47+ 10:23+ 13:36+ 15:05+ 16:12+ 18:30+ 21:08+ 24:57+ 29:27+ 31:41+		34:10+ 35:40+ 36:42+ 36:59+
00:24+	00:55+ 01:24+ 02:11+ 00:53+ 04:36+ 03:13- 01:29+ 01:07+ 02:18+ 02:38+ 03:49+ 04:30+ 02:14+		02:29+ 01:30+ 01:02+ 00:17+
00:10&	00:20& 00:17& 00:34& 00:11& 02:13& 01:03- 00:40& 00:32& 00:50& 01:22@ 01:43& 01:39& 01:22@		01:20@ 00:22& 00:19& 00:06&
<b>7</b>	<b>Thea Nørskov Sandberg Svenssof7</b>		<b>42:38</b>
00:24+	01:18+ 02:53+ 05:14+ 06:21+ 09:13+ 12:57+ 14:33+ 15:36+ 18:17+ 21:00+ 24:22+ 30:25+ 37:00+		39:26+ 41:14+ 42:22+ 42:38+
00:24+	00:54+ 01:35+ 02:21+ 01:07+ 02:52+ 03:44- 01:36+ 01:03+ 02:41+ 02:43+ 03:22+ 06:03+ 06:35+		02:26+ 01:48+ 01:08+ 00:16+
00:10&	00:19& 00:28& 00:44& 00:25& 00:29# 00:32- 00:47& 00:28& 01:13& 01:27@ 01:16& 03:12@ 05:43@		01:17@ 00:40& 00:25& 00:05&
<b>8</b>	<b>Liv Gammelmark</b>	<b>6</b>	<b>50:07</b>
00:52+	02:14+ 04:57+ 08:26+ 10:16+ 16:46+ 21:03+ 23:28+ 24:38+ 30:10+ 33:14+ 37:15+ 41:14+ 43:14+		46:37+ 48:51+ 49:47+ 50:07+
00:52+	01:22+ 02:43+ 03:29+ 01:50+ 06:30+ 04:17+ 02:25+ 01:10+ 05:32+ 03:04+ 04:01+ 03:59+ 02:00+		03:23+ 02:14+ 00:56+ 00:20+
00:38@	00:47@ 01:36@ 01:52@ 01:08@ 04:07@ 00:01+ 01:36@ 00:35& 04:04@ 01:48@ 01:55& 01:08& 01:08@		02:14@ 01:06& 00:13& 00:09&
<b>Beste stræktid for klassen</b>			
00:13	00:29	01:06	01:37
00:41	02:23	02:25	00:43
00:33	01:28	01:16	02:06
02:49	00:52	01:09	01:08
00:40	00:11		

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D12

<b>1</b>	<b>Andrea Ebert Svenningsen</b>	<b>6</b>	<b>20:44</b>
00:11=	00:38= 01:31= 02:50= 03:23= 05:11= 07:07= 08:16= 09:15= 10:28= 11:48= 13:27= 15:52= 16:27=		17:18= 18:26= 19:11= 20:05= 20:34= 20:44=
00:11=	00:27= 00:53= 01:19= 00:33= 01:48= 01:56= 01:09= 00:59= 01:13= 01:20= 01:39= 02:25= 00:35=		00:51= 01:08= 00:45= 00:54= 00:29= 00:10=
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		00:00= 00:00= 00:00= 00:00= 00:00= 00:00=
<b>2</b>	<b>Signe Torp-Lupnaav</b>	<b>11</b>	<b>34:36</b>
00:16+	00:56+ 02:09+ 04:03+ 04:45+ 07:36+ 10:26+ 12:12+ 14:23+ 16:35+ 19:33+ 22:39+ 26:06+ 27:20+		29:44+ 31:22+ 32:20+ 33:45+ 34:25+ 34:36+
00:16+	00:40+ 01:13+ 01:54+ 00:42+ 02:51+ 02:50+ 01:46+ 02:11+ 02:12+ 02:58+ 03:06+ 03:27+ 01:14+		02:24+ 01:38+ 00:58+ 01:25+ 00:40+ 00:11+
00:05&	00:13& 00:20& 00:35& 00:09& 01:03& 00:54& 00:37& 01:12@ 00:59& 01:38@ 01:27& 01:02& 00:39@		01:33@ 00:30& 00:13& 00:31& 00:11& 00:01#
<b>3</b>	<b>Asta Kappel Jensen</b>	<b>6</b>	<b>40:25</b>
00:20+	01:04+ 02:31+ 04:36+ 05:19+ 08:54+ 12:40+ 15:11+ 17:21+ 19:26+ 22:10+ 25:18+ 28:43+ 32:51+		34:58+ 36:44+ 37:46+ 39:25+ 40:11+ 40:25+
00:20+	00:44+ 01:27+ 02:05+ 00:43+ 03:35+ 03:46+ 02:31+ 02:10+ 02:05+ 02:44+ 03:08+ 03:25+ 04:08+		02:07+ 01:46+ 01:02+ 01:39+ 00:46+ 00:14+
00:09&	00:17& 00:34& 00:46& 00:10& 01:47& 01:50& 01:22@ 01:11@ 00:52& 01:24@ 01:29& 01:00& 03:33@		01:16@ 00:38& 00:17& 00:45& 00:17& 00:04&
<b>4</b>	<b>Johanna K. Madsen</b>	<b>17</b>	<b>41:09</b>
00:14+	00:58+ 02:08+ 03:53+ 04:33+ 07:21+ 10:06+ 11:34+ 13:17+ 15:01+ 17:17+ 20:35+ 24:28+ 34:30+		36:03+ 37:54+ 38:57+ 40:03+ 40:56+ 41:09+
00:14+	00:44+ 01:10+ 01:45+ 00:40+ 02:48+ 02:45+ 01:28+ 01:43+ 01:44+ 02:16+ 03:18+ 03:53+ 10:02+		01:33+ 01:51+ 01:03+ 01:06+ 00:53+ 00:13+
00:03&	00:17& 00:17& 00:26& 00:07# 01:00& 00:49& 00:19& 00:44& 00:31& 00:56& 01:39& 01:28& 09:27@		00:42& 00:43& 00:18& 00:12# 00:24& 00:03&
<b>5</b>	<b>Katrine Lyhne Kristiansen</b>	<b>4</b>	<b>46:33</b>
00:19+	00:58+ 02:18+ 04:46+ 05:54+ 09:14+ 13:26+ 16:56+ 19:34+ 22:26+ 25:54+ 30:15+ 35:51+ 37:22+		39:24+ 42:33+ 44:00+ 45:30+ 46:19+ 46:33+
00:19+	00:39+ 01:20+ 02:28+ 01:08+ 03:20+ 04:12+ 03:30+ 02:38+ 02:52+ 03:28+ 04:21+ 05:36+ 01:31+		02:02+ 03:09+ 01:27+ 01:30+ 00:49+ 00:14+
00:08&	00:12& 00:27& 01:09& 00:35@ 01:32& 02:16@ 02:21@ 01:39@ 01:39@ 02:08@ 02:42@ 03:11@ 00:56@		01:11@ 02:01@ 00:42& 00:36& 00:20& 00:04&
<b>Beste stræktid for klassen</b>			
00:11	00:27	00:53	01:19
00:33	01:48	01:56	01:09
00:59	01:13	01:20	01:39
02:25	00:35	00:51	01:08
00:45	00:54	00:29	00:10

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D12B

<b>1</b>	<b>Ester Birket Nyholm Kristensen</b>	<b>4</b>	<b>33:25</b>
00:23=	01:24= 02:57= 05:09= 05:55= 09:32= 12:11= 13:56= 14:35= 17:05= 20:36= 23:00= 26:46= 28:01=		30:10= 32:14= 33:14= 33:25=
00:23=	01:01= 01:33= 02:12= 00:46= 03:37= 02:39= 01:45= 00:39= 02:30= 03:31= 02:24= 03:46= 01:15=		02:09= 02:04= 01:00= 00:11=
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		00:00= 00:00= 00:00= 00:00=

Class	Navn	Klasse	Tid														
<b>2</b>	<b>Ida Tornby Stender</b>	<b>6</b>	<b>47:51</b>														
00:18-	01:26+	02:58+	05:28+	06:54+	12:08+	15:59+	17:57+	19:25+	22:36+	29:26+	32:48+	38:34+	41:33+	44:22+	46:23+	47:38+	47:51+
00:18-	01:08+	01:32-	02:30+	01:26+	05:14+	03:51+	01:58+	01:28+	03:11+	06:50+	03:22+	05:46+	02:59+	02:49+	02:01-	01:15+	00:13+
00:05-	00:07#	00:01-	00:18#	00:40&	01:37&	01:12&	00:13#	00:49@	00:41&	03:19&	00:58&	02:00&	01:44@	00:40&	00:03-	00:15#	00:02#
<b>3</b>	<b>Sofie Stender</b>	<b>6</b>	<b>48:23</b>														
00:23=	01:29+	03:08+	06:13+	07:27+	12:35+	16:19+	18:20+	19:36+	22:53+	29:32+	33:28+	38:41+	41:53+	45:13+	46:39+	48:05+	48:23+
00:23=	01:06+	01:39+	03:05+	01:14+	05:08+	03:44+	02:01+	01:16+	03:17+	06:39+	03:56+	05:13+	03:12+	03:20+	01:26-	01:26+	00:18+
00:00=	00:05+	00:06+	00:53&	00:28&	01:31&	01:05&	00:16#	00:37&	00:47&	03:08&	01:32&	01:27&	01:57@	01:11&	00:38-	00:26&	00:07&
<b>Beste stræktid for klassen</b>																	
00:18	01:01	01:32	02:12	00:46	03:37	02:39	01:45	00:39	02:30	03:31	02:24	03:46	01:15	02:09	01:26	01:00	00:11

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D14

<b>1</b>	<b>Anna Harbo Flyvbjerg</b>	<b>6</b>	<b>33:38</b>																
00:44=	01:08=	02:19=	03:23=	05:02=	07:00=	09:00=	10:37=	11:46=	14:38=	16:33=	18:32=	20:35=	23:46=	26:31=	27:51=	30:51=	32:34=	33:29=	33:38=
00:44=	00:24=	01:11=	01:04=	01:39=	01:58=	02:00=	01:37=	01:09=	02:52=	01:55=	01:59=	02:03=	03:11=	02:45=	01:20=	03:00=	01:43=	00:55=	00:09=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Sara Clausen</b>	<b>4</b>	<b>36:05</b>																
00:44=	01:05-	02:21+	03:20-	04:44-	06:57-	09:06+	10:49+	11:59+	15:11+	18:24+	20:29+	23:14+	26:40+	29:06+	30:17+	33:18+	34:56+	35:56+	36:05+
00:44=	00:21-	01:16+	00:59-	01:24-	02:13+	02:09+	01:43+	01:10+	03:12+	03:13+	02:05+	02:45+	03:26+	02:26-	01:11-	03:01+	01:38-	01:00+	00:09=
00:00=	00:03-	00:05+	00:05-	00:15-	00:15#	00:09+	00:06+	00:01+	00:20#	01:18&	00:06+	00:42&	00:15+	00:19-	00:09-	00:01+	00:05-	00:05+	00:00=
<b>3</b>	<b>Matilde Andersen-Otte</b>	<b>6</b>	<b>37:34</b>																
00:45+	01:07-	03:10+	04:08+	05:12+	07:06+	09:17+	10:53+	12:02+	15:26+	17:48+	19:53+	22:06+	25:29+	31:15+	32:14+	34:58+	36:28+	37:22+	37:34+
00:45+	00:22-	02:03+	00:58-	01:04-	01:54-	02:11+	01:36-	01:09=	03:24+	02:22+	02:05+	02:13+	03:23+	05:46+	00:59-	02:44-	01:30-	00:54-	00:12+
00:01+	00:02-	00:52&	00:06-	00:35-	00:04-	00:11+	00:01-	00:00=	00:32#	00:27#	00:06+	00:10+	00:12+	03:01@	00:21-	00:16-	00:13-	00:01-	00:03&
<b>Beste stræktid for klassen</b>																			
00:44	00:21	01:11	00:58	01:04	01:54	02:00	01:36	01:09	02:52	01:55	01:59	02:03	03:11	02:26	00:59	02:44	01:30	00:54	00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D14B

<b>1</b>	<b>Flora Fogh</b>	<b>17</b>	<b>34:20</b>																
00:26=	01:07=	02:06=	03:35=	04:10=	06:20=	08:48=	10:26=	12:03=	13:33=	15:38=	17:31=	20:06=	28:26=	29:53=	31:32=	32:22=	33:30=	34:07=	34:20=
00:26=	00:41=	00:59=	01:29=	00:35=	02:10=	02:28=	01:38=	01:37=	01:30=	02:05=	01:53=	02:35=	08:20=	01:27=	01:39=	00:50=	01:08=	00:37=	00:13=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>Beste stræktid for klassen</b>																			
00:26	00:41	00:59	01:29	00:35	02:10	02:28	01:38	01:37	01:30	02:05	01:53	02:35	08:20	01:27	01:39	00:50	01:08	00:37	00:13

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D16

<b>1</b>	<b>Theresa Skouboe</b>	<b>12</b>	<b>51:45</b>															
01:52=	03:22=	07:24=	09:34=	12:26=	15:58=	17:48=	20:02=	21:48=	27:46=	30:17=	35:57=	38:17=	41:29=	45:15=	49:46=	50:41=	51:32=	51:45=
01:52=	01:30=	04:02=	02:10=	02:52=	03:32=	01:50=	02:14=	01:46=	05:58=	02:31=	05:40=	02:20=	03:12=	03:46=	04:31=	00:55=	00:51=	00:13=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Line Skousen</b>	<b>17</b>	<b>54:30</b>															
01:07-	02:34-	06:37-	08:47-	12:08-	16:32+	18:46+	21:04+	23:05+	31:09+	33:35+	39:23+	40:55+	46:35+	49:45+	52:27+	53:30+	54:21+	54:30+
01:07-	01:27-	04:03+	02:10=	03:21+	04:24+	02:14+	02:18+	02:01+	08:04+	02:26-	05:48+	01:32-	05:40+	03:10-	02:42-	01:03+	00:51=	00:09-
00:45-	00:03-	00:01+	00:00=	00:29#	00:52#	00:24#	00:04+	00:15#	02:06&	00:05-	00:08+	00:48-	02:28&	00:36-	01:49-	00:08#	00:00=	00:04-
<b>3</b>	<b>Signe Veggerby Jensen</b>	<b>6</b>	<b>1:10:26</b>															
01:10-	02:51-	07:37+	11:18+	14:25+	21:38+	23:32+	25:43+	27:43+	38:50+	44:36+	53:30+	55:20+	59:17+	64:19+	68:27+	69:23+	70:16+	70:26+
01:10-	01:41+	04:46+	03:41+	03:07+	07:13+	01:54+	02:11-	02:00+	11:07+	05:46+	08:54+	01:50-	03:57+	05:02+	04:08-	00:56+	00:53+	00:10-
00:42-	00:11#	00:44#	01:31&	00:15+	03:41@	00:04+	00:03-	00:14#	05:09&	03:15@	03:14&	00:30-	00:45#	01:16&	00:23-	00:01+	00:02+	00:03-

Class	Navn	Klasse	Tid
-------	------	--------	-----

<b>4</b>	<b>Astrid Ammitzbøll Helgeland</b>	<b>17</b>	<b>1:19:38</b>															
01:44-	03:54+	08:47+	11:41+	15:09+	19:39+	26:21+	29:58+	34:42+	43:11+	50:02+	55:29+	57:59+	70:30+	74:24+	77:34+	78:23+	79:25+	79:38+
01:44-	02:10+	04:53+	02:54+	03:28+	04:30+	06:42+	03:37+	04:44+	08:29+	06:51+	05:27-	02:30+	12:31+	03:54+	03:10-	00:49-	01:02+	00:13=
00:08-	00:40&	00:51#	00:44&	00:36#	00:58&	04:52@	01:23&	02:58@	02:31&	04:20@	00:13-	00:10+	09:19@	00:08+	01:21-	00:06-	00:11#	00:00=

**Beste stræktid for klassen**  
 01:07 01:27 04:02 02:10 02:52 03:32 01:50 02:11 01:46 05:58 02:26 05:27 01:32 03:12 03:10 02:42 00:49 00:51 00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D20

<b>1</b>	<b>Ida Riis Madsen</b>	<b>6</b>	<b>1:04:35</b>																			
01:05=	03:06=	04:22=	08:51=	11:14=	16:36=	20:46=	24:16=	25:18=	29:16=	31:15=	36:30=	44:08=	46:52=	50:18=	52:24=	54:53=	56:22=	60:06=	61:29=	63:49=	64:25=	64:35=
01:05=	02:01=	01:16=	04:29=	02:23=	05:22=	04:10=	03:30=	01:02=	03:58=	01:59=	05:15=	07:38=	02:44=	03:26=	02:06=	02:29=	01:29=	03:44=	01:23=	02:20=	00:36=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Laura Bobach</b>	<b>6</b>	<b>1:08:37</b>																			
01:05=	03:17+	04:59+	09:24+	12:18+	20:39+	25:00+	28:04+	29:23+	33:55+	35:24+	39:33+	44:16+	47:22+	51:02+	53:32+	55:31+	57:07+	63:27+	64:57+	67:40+	68:26+	68:37+
01:05=	02:12+	01:42+	04:25-	02:54+	08:21+	04:21+	03:04-	01:19+	04:32+	01:29-	04:09-	04:43-	03:06+	03:40+	02:30+	01:59-	01:36+	06:20+	01:30+	02:43+	00:46+	00:11+
00:00=	00:11+	00:26&	00:04-	00:31#	02:59&	00:11+	00:26-	00:17&	00:34#	00:30-	01:06-	02:55-	00:22#	00:14+	00:24#	00:30-	00:07+	02:36&	00:07+	00:23#	00:10&	00:01#

<b>3</b>	<b>Karen Abildgård Poulsen</b>	<b>9</b>	<b>1:09:41</b>																			
01:05=	03:15+	04:24+	09:21+	12:14+	21:40+	24:23+	28:14+	29:25+	34:37+	36:16+	41:14+	46:01+	49:04+	52:53+	55:15+	57:15+	58:59+	63:53+	65:09+	68:46+	69:32+	69:41+
01:05=	02:10+	01:09-	04:57+	02:53+	09:26+	02:43-	03:51+	01:11+	05:12+	01:39-	04:58-	04:47-	03:03+	03:49+	02:22+	02:00-	01:44+	04:54+	01:16-	03:37+	00:46+	00:09-
00:00=	00:09+	00:07-	00:28#	00:30#	04:04&	01:27-	00:21#	00:09#	01:14&	00:20-	00:17-	02:51-	00:19#	00:23#	00:16#	00:29-	00:15#	01:10&	00:07-	01:17&	00:10&	00:01-

<b>4</b>	<b>Gertrud Riis Madsen</b>	<b>6</b>	<b>1:10:21</b>																			
00:58-	03:02-	04:15-	08:58+	12:01+	17:16+	21:34+	28:50+	30:33+	36:53+	38:54+	43:08+	47:56+	50:53+	54:50+	57:12+	59:05+	60:50+	65:14+	66:45+	69:22+	70:12+	70:21+
00:58-	02:04+	01:13-	04:43+	03:03+	05:15-	04:18+	07:16+	01:43+	06:20+	02:01+	04:14-	04:48-	02:57+	03:57+	02:22+	01:53-	01:45+	04:24+	01:31+	02:37+	00:50+	00:09-
00:07-	00:03+	00:03-	00:14+	00:40&	00:07-	00:08+	03:46@	00:41&	02:22&	00:02+	01:01-	02:50-	00:13+	00:31#	00:16#	00:36-	00:16#	00:40#	00:08+	00:17#	00:14&	00:01-

<b>5</b>	<b>Maria Bo Kølbæk</b>	<b>9</b>	<b>1:27:23</b>																			
01:43+	04:02+	05:46+	10:46+	13:39+	21:23+	25:19+	31:31+	32:49+	40:54+	43:11+	47:59+	59:15+	62:29+	67:13+	70:18+	72:44+	74:40+	80:48+	82:53+	86:07+	87:11+	87:23+
01:43+	02:19+	01:44+	05:00+	02:53+	07:44+	03:56-	06:12+	01:18+	08:05+	02:17+	04:48-	11:16+	03:14+	04:44+	03:05+	02:26-	01:56+	06:08+	02:05+	03:14+	01:04+	00:12+
00:38&	00:18#	00:28&	00:31#	00:30#	02:22&	00:14-	02:42&	00:16&	04:07@	00:18#	00:27-	03:38&	00:30#	01:18&	00:59&	00:03-	00:27&	02:24&	00:42&	00:54&	00:28&	00:02#

**Beste stræktid for klassen**  
 00:58 02:01 01:09 04:25 02:23 05:15 02:43 03:04 01:02 03:58 01:29 04:09 04:43 02:44 03:26 02:06 01:53 01:29 03:44 01:16 02:20 00:36 00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D20B

<b>1</b>	<b>Marianne Albertsen</b>	<b>7</b>	<b>51:22</b>																
06:08=	06:39=	08:06=	09:23=	10:38=	13:27=	16:04=	18:49=	19:58=	24:33=	28:35=	30:55=	33:20=	36:50=	42:00=	43:53=	47:32=	49:53=	51:09=	51:22=
06:08=	00:31=	01:27=	01:17=	01:15=	02:49=	02:37=	02:45=	01:09=	04:35=	04:02=	02:20=	02:25=	03:30=	05:10=	01:53=	03:39=	02:21=	01:16=	00:13=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

**Beste stræktid for klassen**  
 06:08 00:31 01:27 01:17 01:15 02:49 02:37 02:45 01:09 04:35 04:02 02:20 02:25 03:30 05:10 01:53 03:39 02:21 01:16 00:13

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D21

<b>1</b>	<b>Signe Just Olsen</b>	<b>4</b>	<b>1:01:35</b>																			
01:08=	03:11=	04:17=	08:50=	11:38=	16:43=	19:19=	22:11=	23:29=	27:27=	28:58=	32:49=	37:58=	41:00=	44:54=	47:23=	49:22=	51:10=	56:28=	58:04=	60:37=	61:25=	61:35=
01:08=	02:03=	01:06=	04:33=	02:48=	05:05=	02:36=	02:52=	01:18=	03:58=	01:31=	03:51=	05:09=	03:02=	03:54=	02:29=	01:59=	01:48=	05:18=	01:36=	02:33=	00:48=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Pernille Bøch Gylling</b>	<b>9</b>	<b>1:04:00</b>																			
01:08=	03:20+	04:30+	09:15+	12:07+	17:10+	19:49+	21:56-	23:01-	27:36+	29:12+	33:28+	38:00+	41:08+	44:47-	47:17-	50:13+	51:46+	58:41+	60:05+	62:50+	63:49+	64:00+
01:08=	02:12+	01:10+	04:45+	02:52+	05:03-	02:39+	02:07-	01:05-	04:35+	01:36+	04:16+	04:32-	03:08+	03:39-	02:30+	02:56+	01:33-	06:55+	01:24-	02:45+	00:59+	00:11+
00:00=	00:09+	00:04+	00:12+	00:04+	00:02-	00:03+	00:45-	00:13-	00:37#	00:05+	00:25#	00:37-	00:06+	00:15-	00:01+	00:57&	00:15-	01:37&	00:12-	00:12+	00:11#	00:01#

Class	Navn	Klasse	Tid
-------	------	--------	-----

<b>3</b>	<b>Camilla Bertel Andersen</b>	<b>9</b>	<b>1:07:59</b>																			
01:20+	03:39+	04:58+	09:34+	12:22+	21:27+	23:57+	26:40+	28:14+	32:21+	33:51+	38:06+	43:17+	46:12+	50:39+	52:49+	54:55+	56:40+	63:12+	64:20+	66:53+	67:49+	67:59+
01:20+	02:19+	01:19+	04:36+	02:48+	09:05+	02:30-	02:43-	01:34+	04:07+	01:30-	04:15+	05:11+	02:55-	04:27+	02:10-	02:06+	01:45-	06:32+	01:08-	02:33+	00:56+	00:10+
00:12#	00:16#	00:13#	00:03+	00:00=	04:00#	00:06-	00:09-	00:16#	00:09+	00:01-	00:24#	00:02+	00:07-	00:33#	00:19-	00:07+	00:03-	01:14#	00:28-	00:00=	00:08#	00:00=

<b>4</b>	<b>Line J. B. Nielsen</b>	<b>2</b>	<b>1:11:42</b>																			
01:18+	03:45+	04:58+	10:06+	13:16+	22:35+	25:05+	26:36+	31:11+	33:01+	38:10+	44:53+	48:14+	52:56+	55:42+	58:05+	59:55+	65:42+	67:07+	70:36+	71:30+	71:42+	
01:18+	02:27+	01:13+	05:08+	03:10+	06:00+	03:19+	02:30-	01:31+	04:35+	01:50+	05:09+	06:43+	03:21+	04:42+	02:46+	02:23+	01:50+	05:47+	01:25-	03:29+	00:54+	00:12+
00:10#	00:24#	00:07#	00:35#	00:22#	00:55#	00:43#	00:22-	00:13#	00:37#	00:19#	01:18#	01:34#	00:19#	00:48#	00:17#	00:24#	00:02+	00:29+	00:11-	00:56#	00:06#	00:02#

<b>5</b>	<b>Mette Høiberg Ozol</b>	<b>9</b>	<b>1:12:31</b>																			
01:03-	03:18+	04:31+	09:31+	17:43+	20:24+	23:38+	24:57+	30:07+	32:16+	36:16+	43:06+	46:20+	51:25+	55:11+	57:37+	59:44+	67:15+	68:45+	71:23+	72:22+	72:31+	
01:03-	02:15+	01:13+	05:00+	02:52+	05:20+	02:41+	03:14+	01:19+	05:10+	02:09+	04:00+	06:50+	03:14+	05:05+	03:46+	02:26+	02:07+	07:31+	01:30-	02:38+	00:59+	00:09-
00:05-	00:12+	00:07#	00:27+	00:04+	00:15+	00:05+	00:22#	00:01+	01:12#	00:38#	00:09+	01:41#	00:12+	01:11#	01:17#	00:27#	00:19#	02:13#	00:06-	00:05+	00:11#	00:01-

<b>6</b>	<b>Anne Blom</b>	<b>2</b>	<b>1:18:04</b>																		
01:42+	04:01+	05:12+	10:02+	12:59+	19:46+	22:30+	25:38+	26:59+	33:52+	35:50+	39:59+	47:25+	50:34+	56:00+	58:39+	65:56+	72:14+	73:51+	76:56+	77:52+	78:04+
01:42+	02:19+	01:11+	04:50+	02:57+	06:47+	02:44+	03:08+	01:21+	06:53+	01:58+	04:09+	07:26+	03:09+	05:26+	02:39+	07:17+	06:18+	01:37-	03:05+	00:56-	00:12-
00:34#	00:16#	00:05+	00:17+	00:09+	01:42#	00:08+	00:16+	00:03+	02:55#	00:27#	00:18+	02:17#	00:07+	01:32#	00:10+	05:18@	04:30@	03:41-	01:29#	01:37-	00:36-

<b>7</b>	<b>Rikke Winther Vangsgaard</b>	<b>6</b>	<b>1:26:50</b>																			
01:45+	04:13+	05:48+	10:47+	14:01+	19:41+	22:06+	24:40+	26:27+	33:45+	36:06+	41:32+	48:04+	51:25+	56:22+	59:10+	61:51+	64:06+	73:43+	80:55+	84:41+	86:37+	86:50+
01:45+	02:28+	01:35+	04:59+	03:14+	05:40+	02:25-	02:34-	01:47+	07:18+	02:21+	05:26+	06:32+	03:21+	04:57+	02:48+	02:41+	02:15+	09:37+	07:12+	03:46+	01:56+	00:13+
00:37#	00:25#	00:29#	00:26#	00:35#	00:11-	00:18-	00:29#	03:20#	00:50#	01:35#	01:23#	03:58#	00:19#	01:03#	00:19#	00:42#	00:27#	04:19#	05:36@	01:13#	01:08@	00:03#

<b>8</b>	<b>Tine Juul Gade</b>	<b>7</b>	<b>1:30:54</b>																			
01:23+	03:50+	05:08+	10:10+	13:08+	19:30+	23:39+	29:34+	31:04+	40:38+	42:44+	47:59+	57:06+	61:06+	66:14+	69:33+	73:34+	76:07+	83:49+	85:33+	89:58+	90:45+	90:54+
01:23+	02:27+	01:18+	05:02+	02:58+	06:22+	04:09+	05:55+	01:30+	09:34+	02:06+	05:15+	09:07+	04:00+	05:08+	03:19+	04:01+	02:33+	07:42+	01:44+	04:25+	00:47-	00:09-
00:15#	00:24#	00:12#	00:29#	00:10+	01:17#	01:33#	03:03@	00:12#	05:36@	00:35#	01:24#	03:58#	00:14#	00:50#	02:02@	00:45#	02:24#	00:08+	01:52#	00:01-	00:01-	

<b>9</b>	<b>Mette Reiche Sørensen</b>	<b>4</b>	<b>1:57:20</b>																		
02:03+	05:08+	06:51+	12:28+	16:19+	31:47+	35:58+	40:20+	42:27+	49:04+	51:53+	57:09+	66:20+	74:09+	87:11+	91:10+	100:47+	109:34+	111:31+	115:59+	117:08+	117:20+
02:03+	03:05+	01:43+	05:37+	03:51+	15:28+	04:11+	04:22+	02:07+	06:37+	02:49+	05:16+	09:11+	07:49+	13:02+	03:59+	09:37+	08:47+	01:57-	04:28+	01:09-	00:12-
00:55#	01:02#	00:37#	01:04#	01:03#	10:23@	01:35#	01:30#	00:49#	02:39#	01:18#	01:25#	04:02#	04:47@	09:08@	01:30#	07:38@	06:59@	03:21-	02:52@	01:24-	00:36-

**Beste stræktid for klassen**  
 01:03 02:03 01:06 04:33 02:48 05:03 02:25 02:07 01:05 03:58 01:30 03:51 04:32 02:55 03:39 02:10 01:59 01:33 01:37 01:08 00:56 00:12 00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D21B

<b>1</b>	<b>Sofie Eg Jørgensen</b>	<b>9</b>	<b>43:24</b>																
01:13=	01:48=	03:09=	04:11=	05:45=	08:12=	10:24=	12:14=	13:31=	17:44=	20:21=	23:03=	25:28=	29:13=	33:46=	35:43=	39:43=	41:46=	43:08=	43:24=
01:13=	00:35=	01:21=	01:02=	01:34=	02:27=	02:12=	01:50=	01:17=	04:13=	02:37=	02:42=	02:25=	03:45=	04:33=	01:57=	04:00=	02:03=	01:22=	00:16=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Sara Konstantin Nissen</b>	<b>9</b>	<b>43:50</b>																
01:14+	02:13+	03:50+	05:30+	06:50+	11:00+	13:21+	15:13+	16:25+	19:48+	22:25+	25:11+	27:45+	31:13+	34:38+	36:31+	40:20+	42:28+	43:36+	43:50+
01:14+	00:59+	01:37+	01:40+	01:20-	04:10+	02:21+	01:52+	01:12-	03:23-	02:37=	02:46+	02:34+	03:28-	03:25-	01:53-	03:49-	02:08+	01:08-	00:14-
00:01+	00:24#	00:16#	00:14-	01:43#	00:09+	00:02+	00:05-	00:50-	00:00=	00:04+	00:09+	00:17-	01:08-	00:04-	00:11-	00:05+	00:14-	00:02-	

<b>3</b>	<b>Johanne Winther</b>	<b>8</b>	<b>46:09</b>																
01:08-	01:40-	03:16+	04:39+	06:12+	09:20+	11:52+	13:53+	15:25+	19:20+	22:25+	25:14+	28:08+	32:46+	36:26+	38:23+	42:14+	44:37+	45:53+	46:09+
01:08-	00:32-	01:36+	01:23+	01:33-	03:08+	02:32+	02:01+	01:32+	03:55-	03:05+	02:49+	02:54+	04:38+	03:40-	01:57=	03:51-	02:23+	01:16-	00:16=
00:05-	00:03-	00:15#	00:21#	00:01-	00:41#	00:20#	00:11#	00:15#	00:18-	00:28#	00:07+	00:29#	00:53#	00:53-	00:00=	00:09-	00:20#	00:06-	00:00=

**Beste stræktid for klassen**  
 01:08 00:32 01:21 01:02 01:20 02:27 02:12 01:50 01:12 03:23 02:37 02:42 02:25 03:28 03:25 01:53 03:49 02:03 01:08 00:14

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D21C

<b>1</b>	<b>Marie Beukel Bak</b>	<b>8</b>	<b>24:29</b>																
00:12=	00:41=	01:32=	02:55=	03:28=	05:48=	08:00=	09:20=	10:32=	12:23=	13:59=	16:05=	18:30=	19:10=	20:24=	21:53=	22:50=	23:47=	24:19=	24:29=
00:12=	00:29=	00:51=	01:23=	00:33=	02:20=	02:12=	01:20=	01:12=	01:51=	01:36=	02:06=	02:25=	00:40=	01:14=	01:29=	00:57=	00:57=	00:32=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse	Tid																
<b>2</b>	<b>Betina Aarestrup</b>	<b>1</b>	<b>32:26</b>																
00:19+	01:00+	02:15+	04:18+	05:04+	08:04+	10:51+	12:38+	14:07+	16:09+	18:50+	21:18+	24:20+	25:29+	27:22+	29:10+	30:10+	31:30+	32:13+	32:26+
00:19+	00:41+	01:15+	02:03+	00:46+	03:00+	02:47+	01:47+	01:29+	02:02+	02:41+	02:28+	03:02+	01:09+	01:53+	01:48+	01:00+	01:20+	00:43+	00:13+
00:07&	00:12&	00:24&	00:40&	00:13&	00:40&	00:35&	00:27&	00:17#	00:11+	01:05&	00:22#	00:37&	00:29&	00:39&	00:19#	00:03+	00:23&	00:11&	00:03&
<b>3</b>	<b>Tina Birket Kristensen</b>	<b>4</b>	<b>36:06</b>																
00:29+	01:11+	02:29+	04:10+	04:52+	06:55+	09:16+	11:46+	13:27+	15:09+	17:12+	22:57+	24:32+	27:01+	28:40+	29:45+	31:11+	35:51+	36:06+	
00:29+	00:42+	01:18+	01:41+	00:42+	02:03-	02:21+	02:30+	01:41+	01:42-	02:03+	05:45+	01:35-	02:29+	01:39+	01:05-	01:26+	04:40+	00:15-	
00:17@	00:13&	00:27&	00:18#	00:09&	00:17-	00:09+	01:10&	00:29&	00:09-	00:27&	03:39@	00:50-	01:49@	00:25&	00:24-	00:29&	03:43@	00:17-	
<b>4</b>	<b>Lene Conley</b>	<b>5</b>	<b>39:26</b>																
00:25+	01:16+	02:37+	04:29+	05:18+	08:33+	11:24+	13:29+	15:17+	17:26+	20:33+	23:17+	27:14+	30:09+	32:31+	35:07+	36:19+	38:00+	39:00+	39:26+
00:25+	00:51+	01:21+	01:52+	00:49+	03:15+	02:51+	02:05+	01:48+	02:09+	03:07+	02:44+	03:57+	02:55+	02:22+	02:36+	01:12+	01:41+	01:00+	00:26+
00:13@	00:22&	00:30&	00:29&	00:16&	00:55&	00:39&	00:45&	00:36&	00:18#	01:31&	00:38&	01:32&	02:15@	01:08&	01:07&	00:15&	00:44&	00:28&	00:16@
<b>5</b>	<b>Rikke Petersen</b>	<b>4</b>	<b>40:38</b>																
00:21+	03:26+	10:47+	12:40+	13:34+	16:31+	19:14+	21:09+	22:35+	24:30+	26:34+	32:18+	34:01+	35:41+	37:25+	38:39+	39:50+	40:24+	40:38+	
00:21+	03:05+	07:21+	01:53+	00:54+	02:57+	02:43+	01:55+	01:26+	01:55+	02:04+	05:44+	01:43-	01:40+	01:44+	01:14-	01:11+	00:34-	00:14-	
00:09&	02:36@	06:30@	00:30&	00:21&	00:37&	00:31#	00:35&	00:14#	00:04+	00:28&	03:38@	00:42-	01:00@	00:30&	00:15-	00:14#	00:23-	00:18-	
<b>6</b>	<b>Karin Balle</b>	<b>1</b>	<b>41:01</b>																
00:32+	01:19+	02:49+	04:51+	05:47+	09:07+	12:04+	14:11+	16:47+	18:56+	21:10+	24:00+	27:53+	30:26+	33:07+	39:18+	40:39+	41:01+		
00:32+	00:47+	01:30+	02:02+	00:56+	03:20+	02:57+	02:07+	02:36+	02:09+	02:14+	02:50+	03:53+	02:33+	02:41+	06:11+	01:21+	00:22-		
00:20@	00:18&	00:39&	00:39&	00:23&	01:00&	00:45&	00:47&	01:24@	00:18#	00:38&	00:44&	01:28&	01:53@	01:27@	04:42@	00:24&	00:35-		
<b>7</b>	<b>Steinunn Magnusdottir</b>	<b>17</b>	<b>42:35</b>																
00:19+	01:03+	02:24+	04:26+	05:25+	09:15+	12:16+	15:04+	16:53+	19:01+	21:54+	25:15+	30:39+	32:34+	35:49+	37:51+	39:27+	41:11+	42:20+	42:35+
00:19+	00:44+	01:21+	02:02+	00:59+	03:50+	03:01+	02:48+	01:49+	02:08+	02:53+	03:21+	05:24+	01:55+	03:15+	02:02+	01:36+	01:44+	01:09+	00:15+
00:07&	00:15&	00:30&	00:39&	00:26&	01:30&	00:49&	01:28@	00:37&	00:17#	01:17&	01:15&	02:59@	01:15@	02:01@	00:33&	00:39&	00:47&	00:37@	00:05&
<b>8</b>	<b>Ann Fogh</b>	<b>17</b>	<b>43:27</b>																
00:20+	01:11+	03:19+	05:18+	06:17+	10:03+	13:12+	16:06+	17:46+	19:56+	22:47+	26:03+	31:30+	33:28+	36:27+	38:44+	40:18+	42:05+	43:13+	43:27+
00:20+	00:51+	02:08+	01:59+	00:59+	03:46+	03:09+	02:54+	01:40+	02:10+	02:51+	03:16+	05:27+	01:58+	02:59+	02:17+	01:34+	01:47+	01:08+	00:14+
00:08&	00:22&	01:17@	00:36&	00:26&	01:26&	00:57&	01:34@	00:28&	00:19#	01:15&	01:10&	03:02@	01:18@	01:45@	00:48&	00:37&	00:50&	00:36@	00:04&
<b>9</b>	<b>Grete Eriksen</b>	<b>19</b>	<b>51:54</b>																
00:33+	01:50+	03:32+	06:18+	07:25+	11:35+	16:17+	18:49+	25:57+	28:47+	37:05+	40:16+	43:52+	46:19+	47:55+	50:14+	51:34+	51:54+		
00:33+	01:17+	01:42+	02:46+	01:07+	04:10+	04:42+	02:32+	07:08+	02:50+	08:18+	03:11+	03:36+	02:27+	01:36+	02:19+	01:20+	00:20-		
00:21@	00:48@	00:51&	01:23&	00:34@	01:50&	02:30@	01:12&	05:56@	00:59&	06:42@	01:05&	01:11&	01:47@	00:22&	00:50&	00:23&	00:37-		
<b>10</b>	<b>Kirsten Blomseth</b>	<b>4</b>	<b>1:03:53</b>																
00:36+	02:44+	05:13+	08:44+	10:31+	17:17+	21:47+	25:04+	28:02+	30:59+	34:30+	38:45+	44:54+	49:19+	52:00+	56:10+	58:13+	61:40+	63:24+	63:53+
00:36+	02:08+	02:29+	03:31+	01:47+	06:46+	04:30+	03:17+	02:58+	02:57+	03:31+	04:15+	06:09+	04:25+	02:41+	04:10+	02:03+	03:27+	01:44+	00:29+
00:24@	01:39@	01:38@	02:08@	01:14@	04:26@	02:18@	01:57@	01:46@	01:06&	01:55@	02:09@	03:44@	03:45@	01:27@	02:41@	01:06@	02:30@	01:12@	00:19@
<b>Beste stræktid for klassen</b>																			
00:12	00:29	00:51	01:23	00:33	02:03	02:12	01:20	01:12	01:42	01:36	02:06	01:35	00:40	01:14	01:05	00:57	00:20	00:14	00:10

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D35

<b>1</b>	<b>Rie Stenhøj Baun Mcgrail</b>	<b>Ok Pan</b>	<b>54:23</b>																			
00:54=	02:56=	03:51=	07:40=	09:37=	13:34=	15:38=	17:49=	18:48=	24:44=	25:57=	29:18=	33:42=	36:38=	40:02=	42:14=	44:19=	45:56=	50:03=	51:05=	53:27=	54:12=	54:23=
00:54=	02:02=	00:55=	03:49=	01:57=	03:57=	02:04=	02:11=	00:59=	05:56=	01:13=	03:21=	04:24=	02:56=	03:24=	02:12=	02:05=	01:37=	04:07=	01:02=	02:22=	00:45=	00:11=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Helle Bobach</b>	<b>8</b>	<b>1:03:03</b>																			
00:56+	03:05+	04:11+	08:33+	11:12+	17:38+	19:45+	22:32+	23:42+	27:40+	29:06+	33:04+	37:41+	40:42+	46:46+	49:01+	51:28+	53:15+	57:49+	59:20+	61:59+	62:52+	63:03+
00:56+	02:09+	01:06+	04:22+	02:39+	06:26+	02:07+	02:47+	01:10+	03:58-	01:26+	03:58+	04:37+	03:01+	06:04+	02:15+	02:27+	01:47+	04:34+	01:31+	02:39+	00:53+	00:11=
00:02+	00:07+	00:11#	00:33#	00:42&	02:29&	00:03+	00:36&	00:11#	01:58-	00:13#	00:37#	00:13+	00:05+	02:40&	00:03+	00:22#	00:10#	00:27#	00:29&	00:17#	00:08#	00:00=
<b>3</b>	<b>Anna Vang Bobach</b>	<b>8</b>	<b>1:12:12</b>																			
01:15+	03:37+	04:50+	09:38+	12:20+	17:57+	21:03+	25:19+	26:47+	31:30+	33:26+	38:06+	43:46+	46:55+	51:28+	54:05+	56:22+	58:22+	66:48+	68:07+	70:58+	72:00+	72:12+
01:15+	02:22+	01:13+	04:48+	02:42+	05:37+	03:06+	04:16+	01:28+	04:43-	01:56+	04:40+	05:40+	03:09+	04:33+	02:37+	02:17+	02:00+	08:26+	01:19+	02:51+	01:02+	00:12+
00:21&	00:20#	00:18&	00:59&	00:45&	01:40&	01:02&	02:05&	00:29&	01:13-	00:43&	01:19&	01:16&	00:13+	01:09&	00:25#	00:12+	00:23#	04:19@	00:17&	00:29#	00:17&	00:01+
<b>Beste stræktid for klassen</b>																						
00:54	02:02	00:55	03:49	01:57	03:57	02:04	02:11	00:59	03:58	01:13	03:21	04:24	02:56	03:24	02:12	02:05	01:37	04:07	01:02	02:22	00:45	00:11

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

### D35B

<b>1</b>	<b>Mette Kappel Jensen</b>	<b>6</b>	<b>42:07</b>																
00:55=	01:20=	02:58=	04:10=	05:21=	07:43=	10:29=	12:19=	13:38=	17:12=	20:20=	22:50=	25:26=	29:15=	32:35=	34:37=	38:21=	40:55=	41:55=	42:07=
00:55=	00:25=	01:38=	01:12=	01:11=	02:22=	02:46=	01:50=	01:19=	03:34=	03:08=	02:30=	02:36=	03:49=	03:20=	02:02=	03:44=	02:34=	01:00=	00:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Kirsten Kjør Andersen</b>	<b>6</b>	<b>46:48</b>																
01:19+	01:50+	03:50+	05:14+	06:30+	08:59+	11:26+	13:43+	15:15+	19:12+	22:53+	25:33+	28:23+	32:19+	36:31+	38:40+	42:34+	45:10+	46:36+	46:48+
01:19+	00:31+	02:00+	01:24+	01:16+	02:29+	02:27-	02:17+	01:32+	03:57+	03:41+	02:40+	02:50+	03:56+	04:12+	02:09+	03:54+	02:36+	01:26+	00:12=
00:24&	00:06#	00:22#	00:12#	00:05+	00:07+	00:19-	00:27#	00:13#	00:23#	00:33#	00:10+	00:14+	00:07+	00:52&	00:07+	00:10+	00:02+	00:26&	00:00=
<b>3</b>	<b>Inge Løvig Pedersen</b>	<b>1</b>	<b>50:42</b>																
03:04+	03:52+	05:52+	06:59+	08:17+	16:22+	18:32+	20:35+	21:44+	24:56+	28:12+	30:46+	32:45+	37:15+	40:23+	42:02+	46:05+	49:04+	50:29+	50:42+
03:04+	00:48+	02:00+	01:07-	01:18+	08:05+	02:10-	02:03+	01:09-	03:12-	03:16+	02:34+	01:59-	04:30+	03:08-	01:39-	04:03+	02:59+	01:25+	00:13+
02:09@	00:23&	00:22#	00:05-	00:07+	05:43@	00:36-	00:13#	00:10-	00:22-	00:08+	00:04+	00:37-	00:41#	00:12-	00:23-	00:19+	00:25#	00:25&	00:01+
<b>4</b>	<b>Birgitte Bach</b>	<b>7</b>	<b>51:10</b>																
01:25+	02:04+	03:41+	05:03+	06:49+	09:54+	12:26+	14:39+	16:30+	20:51+	24:22+	27:16+	30:08+	36:33+	40:50+	42:48+	46:56+	49:38+	50:56+	51:10+
01:25+	00:39+	01:37-	01:22+	01:46+	03:05+	02:32-	02:13+	01:51+	04:21+	03:31+	02:54+	02:52+	06:25+	04:17+	01:58-	04:08+	02:42+	01:18+	00:14+
00:30&	00:14&	00:01-	00:10#	00:35&	00:43&	00:14-	00:23#	00:32&	00:47#	00:23#	00:24#	00:16#	02:36&	00:57&	00:04-	00:24#	00:08+	00:18&	00:02#
<b>5</b>	<b>Dorte Bruun</b>	<b>8</b>	<b>1:00:16</b>																
03:45+	06:22+	07:34+	10:18+	13:05+	15:06+	16:58+	18:20+	28:32+	32:36+	35:05+	39:22+	44:02+	48:23+	50:56+	55:40+	59:06+	60:05+	60:16+	
03:45+	02:37+	01:12-	02:44+	02:47+	02:01-	01:52-	01:22-	10:12+	04:04+	02:29-	04:17+	04:40+	04:21+	02:33-	04:44+	03:26-	00:59-	00:11-	
02:50@	02:12@	00:26-	01:32@	01:36@	00:21-	00:54-	00:28-	08:53@	00:30#	00:39-	01:47&	02:04&	00:32#	00:47-	02:42@	00:18-	01:35-	00:49-	
<b>6</b>	<b>Ellen Kjærgaard Brydsø</b>	<b>1</b>	<b>1:01:09</b>																
01:48+	02:44+	04:32+	06:22+	08:18+	12:40+	15:21+	18:02+	19:38+	24:19+	28:18+	32:23+	36:19+	42:09+	46:27+	49:47+	55:05+	59:04+	60:54+	61:09+
01:48+	00:56+	01:48+	01:50+	01:56+	04:22+	02:41-	02:41+	01:36+	04:41+	03:59+	04:05+	03:56+	05:50+	04:18+	03:20+	05:18+	03:59+	01:50+	00:15+
00:53&	00:31@	00:10#	00:38&	00:45&	02:00&	00:05-	00:51&	00:17#	01:07&	00:51&	01:35&	01:20&	02:01&	00:58&	01:18&	01:34&	01:25&	00:50&	00:03#
<b>7</b>	<b>Lone Jørgensen</b>	<b>5</b>	<b>1:06:07</b>																
01:08+	01:41+	03:45+	06:25+	08:01+	11:24+	14:49+	18:58+	21:04+	27:58+	32:35+	36:40+	40:34+	48:39+	53:24+	55:56+	61:10+	64:09+	65:49+	66:07+
01:08+	00:33+	02:04+	02:40+	01:36+	03:23+	03:25+	04:09+	02:06+	06:54+	04:37+	04:05+	03:54+	08:05+	04:45+	02:32+	05:14+	02:59+	01:40+	00:18+
00:13#	00:08&	00:26&	01:28@	00:25&	01:01&	00:39#	02:19@	00:47&	03:20&	01:29&	01:35&	01:18&	04:16@	01:25&	00:30#	01:30&	00:25#	00:40&	00:06&
<b>8</b>	<b>Ulrikka Sletten</b>	<b>6</b>	<b>1:10:44</b>																
32:05+	35:20+	38:20+	42:52+	47:24+	50:09+	63:39+	63:46+	70:27+	70:44+										
32:05+	03:15+	03:00+	04:32+	04:32+	02:45+	13:30+	00:07-	06:41+	00:17-										
31:10@	02:50@	01:22&	03:20@	03:21@	00:23#	10:44@	01:43-	05:22@	03:17-										
<b>9</b>	<b>Birgit Dalgaard</b>	<b>2</b>	<b>1:11:13</b>																
01:45+	02:30+	04:59+	06:46+	08:35+	12:46+	16:36+	22:53+	24:36+	29:21+	34:05+	37:57+	46:17+	51:35+	57:06+	59:50+	65:58+	69:13+	70:54+	71:13+
01:45+	00:45+	02:29+	01:47+	01:49+	04:11+	03:50+	06:17+	01:43+	04:45+	04:44+	03:52+	08:20+	05:18+	05:31+	02:44+	06:08+	03:15+	01:41+	00:19+
00:50&	00:20&	00:51&	00:35&	00:38&	01:49&	01:04&	04:27@	00:24&	01:11&	01:36&	01:22&	05:44@	01:29&	02:11&	00:42&	02:24&	00:41&	00:41&	00:07&
<b>10</b>	<b>Inge Mogensen</b>	<b>8</b>	<b>1:16:23</b>																
01:45+	02:32+	04:49+	06:42+	09:13+	13:19+	17:11+	20:16+	22:27+	28:12+	35:30+	39:51+	44:04+	54:53+	61:01+	63:53+	70:44+	74:08+	76:00+	76:23+
01:45+	00:47+	02:17+	01:53+	02:31+	04:06+	03:52+	03:05+	02:11+	05:45+	07:18+	04:21+	04:13+	10:49+	06:08+	02:52+	06:51+	03:24+	01:52+	00:23+
00:50&	00:22&	00:39&	00:41&	01:20@	01:44&	01:06&	01:15&	00:52&	02:11&	04:10@	01:51&	01:37&	07:00@	02:48&	00:50&	03:07&	00:50&	00:52&	00:11&
<b>Beste stræktid for klassen</b>																			
00:55	00:25	01:12	01:07	01:11	02:01	01:52	00:07	01:09	00:17	02:29	02:30	01:59	03:49	02:33	01:39	03:26	00:59	00:11	00:12

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

### D40

<b>1</b>	<b>Hanne Veggerby</b>	<b>6</b>	<b>1:14:18</b>																
02:42=	07:00=	12:38=	13:31=	16:15=	19:56=	24:41=	26:16=	36:15=	38:22=	44:26=	45:31=	47:49=	58:56=	66:40=	68:39=	71:30=	73:12=	74:06=	74:18=
02:42=	04:18=	05:38=	00:53=	02:44=	03:41=	04:45=	01:35=	09:59=	02:07=	06:04=	01:05=	02:18=	11:07=	07:44=	01:59=	02:51=	01:42=	00:54=	00:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Trine Friedrich</b>	<b>6</b>	<b>1:14:24</b>																
02:38-	14:50+	19:10+	21:00+	24:31+	28:24+	32:50+	34:13+	40:31+	43:04+	46:21+	52:02+	54:45+	62:47+	66:37-	69:29+	72:09+	73:20+	74:11+	74:24+
02:38-	12:12+	04:20-	01:50+	03:31+	03:53+	04:26-	01:23-	06:18-	02:33+	03:17-	05:41+	02:43+	08:02-	03:50-	02:52+	02:40-	01:11-	00:51-	00:13+
00:04-	07:54@	01:18-	00:57@	00:47&	00:12+	00:19-	00:12-	03:41-	00:26#	02:47-	04:36@	00:25#	03:05-	03:54-	00:53&	00:11-	00:31-	00:03-	00:01+

Class	Navn	Klasse	Tid																
<b>3</b>	<b>Iben Bloch Nielsen</b>	<b>2</b>	<b>1:16:58</b>																
02:40-	08:41+	13:19+	15:23+	19:32+	24:17+	29:38+	31:23+	38:58+	40:44+	44:44+	46:33+	50:32+	61:40+	67:03+	70:12+	74:20+	75:29+	76:44+	76:58+
02:40-	06:01+	04:38-	02:04+	04:09+	04:45+	05:21+	01:45+	07:35-	01:46-	04:00-	01:49+	03:59+	11:08+	05:23-	03:09+	04:08+	01:09-	01:15+	00:14+
00:02-	01:43&	01:00-	01:11@	01:25&	01:04&	00:36#	00:10#	02:24-	00:21-	02:04-	00:44&	01:41&	00:01+	02:21-	01:10&	01:17&	00:33-	00:21&	00:02#
<b>4</b>	<b>Jane Clausen</b>	<b>4</b>	<b>1:21:12</b>																
02:52+	09:29+	14:57+	17:26+	20:41+	24:59+	32:53+	34:41+	47:18+	49:35+	53:41+	54:44+	57:46+	65:41+	71:01+	74:58+	78:34+	79:57+	80:59+	81:12+
02:52+	06:37+	05:28-	02:29+	03:15+	04:18+	07:54+	01:48+	12:37+	02:17+	04:06-	01:03-	03:02+	07:55-	05:20-	03:57+	03:36+	01:23-	01:02+	00:13+
00:10+	02:19&	00:10-	01:36@	00:31#	00:37#	03:09&	00:13#	02:38&	00:10+	01:58-	00:02-	00:44&	03:12-	02:24-	01:58&	00:45&	00:19-	00:08#	00:01+
<b>5</b>	<b>Mette Lindahl</b>	<b>17</b>	<b>1:21:27</b>																
04:32+	14:01+	18:40+	20:04+	23:42+	27:46+	32:53+	34:35+	46:40+	49:53+	54:12+	55:28+	57:58+	67:29+	71:52+	75:36+	79:16+	80:10+	81:17+	81:27+
04:32+	09:29+	04:39-	01:24+	03:38+	04:04+	05:07+	01:42+	12:05+	03:13+	04:19-	01:16+	02:30+	09:31-	04:23-	03:44+	03:40+	00:54-	01:07+	00:10-
01:50&	05:11@	00:59-	00:31&	00:54&	00:23#	00:22+	00:07+	02:06#	01:06&	01:45-	00:11#	00:12+	01:36-	03:21-	01:45&	00:49&	00:48-	00:13#	00:02-
<b>6</b>	<b>Charlotte Vibeke Olesen</b>	<b>1</b>	<b>1:25:53</b>																
03:18+	12:15+	17:23+	18:46+	23:03+	29:36+	36:25+	38:41+	51:42+	53:27+	57:55+	59:09+	63:01+	71:02+	76:48+	78:34+	82:51+	84:13+	85:39+	85:53+
03:18+	08:57+	05:08-	01:23+	04:17+	06:33+	06:49+	02:16+	13:01+	01:45-	04:28-	01:14+	03:52+	08:01-	05:46-	01:46-	04:17+	01:22-	01:26+	00:14+
00:36#	04:39@	00:30-	00:30&	01:33&	02:52&	02:04&	00:41&	03:02&	00:22-	01:36-	00:09#	01:34&	03:06-	01:58-	00:13-	01:26&	00:20-	00:32&	00:02#
<b>7</b>	<b>Hanne Kidmose</b>	<b>9</b>	<b>1:31:17</b>																
07:23+	14:07+	21:14+	23:08+	31:17+	37:03+	44:44+	46:21+	53:52+	58:04+	62:28+	63:56+	67:35+	74:14+	80:01+	84:59+	88:38+	90:07+	91:05+	91:17+
07:23+	06:44+	07:07+	01:54+	08:09+	05:46+	07:41+	01:37+	07:31-	04:12+	04:24-	01:28+	03:39+	06:39-	05:47-	04:58+	03:39+	01:29-	00:58+	00:12=
04:41@	02:26&	01:29&	01:01@	05:25@	02:05&	02:56&	00:02+	02:28-	02:05&	01:40-	00:23&	01:21&	04:28-	01:57-	02:59@	00:48&	00:13-	00:04+	00:00=
<b>Beste stræktid for klassen</b>																			
02:38	04:18	04:20	00:53	02:44	03:41	04:26	01:23	06:18	01:45	03:17	01:03	02:18	06:39	03:50	01:46	02:40	00:54	00:51	00:10
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																			
<b>D45</b>																			
<b>1</b>	<b>Britta Ank Pedersen</b>	<b>12</b>	<b>1:01:05</b>																
02:21=	06:42=	11:07=	12:13=	14:43=	18:14=	22:36=	23:54=	32:45=	34:04=	37:01=	38:04=	40:41=	47:46=	52:45=	54:53=	58:54=	59:57=	60:55=	61:05=
02:21=	04:21=	04:25=	01:06=	02:30=	03:31=	04:22=	01:18=	08:51=	01:19=	02:57=	01:03=	02:37=	07:05=	04:59=	02:08=	04:01=	01:03=	00:58=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Lene Stick Nielsen</b>	<b>7</b>	<b>1:02:34</b>																
02:20-	06:31-	12:38+	13:34+	16:27+	21:05+	25:25+	26:40+	35:50+	36:59+	41:34+	42:27+	44:50+	51:54+	55:34+	57:13+	60:32+	61:37+	62:25+	62:34+
02:20-	04:11-	06:07+	00:56-	02:53+	04:38+	04:20-	01:15-	09:10+	01:09-	04:35+	00:53-	02:23-	07:04-	03:40-	01:39-	03:19-	01:05+	00:48-	00:09-
00:01-	00:10-	01:42&	00:10-	00:23#	01:07&	00:02-	00:03-	00:19+	00:10-	01:38&	00:10-	00:14-	00:01-	01:19-	00:29-	00:42-	00:02+	00:10-	00:01-
<b>3</b>	<b>Mette Harbo Flyvbjerg</b>	<b>6</b>	<b>1:14:00</b>																
07:13+	13:34+	15:35+	18:25+	22:21+	27:36+	29:19+	39:04+	40:31+	44:21+	48:24+	57:53+	62:39+	66:18+	71:54+	72:57+	73:47+	74:00+		
07:13+	06:21+	02:01-	02:50+	03:56+	05:15+	01:43-	09:45+	01:27-	03:50+	04:03+	09:29+	04:46+	03:39-	05:36+	01:03-	00:50-	00:13-		
04:52@	02:00&	02:24-	01:44@	01:26&	01:44&	02:39-	08:27@	07:24-	02:31@	01:06&	08:26@	02:09&	03:26-	00:37#	01:05-	03:11-	00:50-		
<b>4</b>	<b>Dorte Filskov</b>	<b>8</b>	<b>1:15:18</b>																
04:03+	08:28+	12:47+	13:53+	20:22+	26:37+	28:00+	39:05+	40:25+	43:47+	46:59+	54:32+	63:28+	70:17+	73:15+	74:08+	75:06+	75:18+		
04:03+	04:25+	04:19-	01:06=	06:29+	06:15+	01:23-	11:05+	01:20-	03:22+	03:12+	07:33+	08:56+	06:49-	02:58-	00:53-	00:58-	00:12-		
01:42&	00:04+	00:06-	00:00=	03:59@	02:44&	02:59-	09:47@	07:31-	02:03@	00:15+	06:30@	06:19@	00:16-	02:01-	01:15-	03:03-	00:51-		
<b>5</b>	<b>Sannie Ebert Jacobsen</b>	<b>6</b>	<b>1:25:47</b>																
02:19-	08:07+	23:23+	27:01+	30:38+	35:05+	41:55+	43:26+	50:53+	54:22+	63:57+	65:08+	68:13+	73:57+	78:02+	80:33+	83:24+	84:30+	85:37+	85:47+
02:19-	05:48+	15:16+	03:38+	03:37+	04:27+	06:50+	01:31+	07:27-	03:29+	09:35+	01:11+	03:05+	05:44-	04:05-	02:31+	02:51-	01:06+	01:07+	00:10=
00:02-	01:27&	10:51@	02:32@	01:07&	00:56&	02:28&	00:13#	01:24-	02:10@	06:38@	00:08#	00:28#	01:21-	00:54-	00:23#	01:10-	00:03+	00:09#	00:00=
<b>6</b>	<b>Marianne Skousen</b>	<b>17</b>	<b>1:27:39</b>																
03:21+	09:43+	16:41+	18:02+	26:28+	31:52+	38:27+	40:30+	49:01+	50:43+	54:37+	56:06+	59:37+	68:42+	77:00+	80:37+	84:56+	86:17+	87:27+	87:39+
03:21+	06:22+	06:58+	01:21+	08:26+	05:24+	06:35+	02:03+	08:31-	01:42+	03:54+	01:29+	03:31+	09:05+	08:18+	03:37+	04:19+	01:21+	01:20+	00:12+
01:00&	02:01&	02:33&	00:15#	05:56@	01:53&	02:13&	00:45&	00:20-	00:23&	00:57&	00:26&	00:54&	02:00&	03:19&	01:29&	00:18+	00:18&	00:12#	00:02#
<b>7</b>	<b>Hanne Gylling</b>	<b>9</b>	<b>1:31:41</b>																
04:40+	09:46+	14:19+	16:04+	19:13+	22:58+	28:07+	29:47+	37:47+	39:06+	42:35+	43:42+	53:21+	75:04+	80:19+	83:29+	87:11+	90:25+	91:31+	91:41+
04:40+	05:06+	04:33+	01:45+	03:09+	03:45+	05:09+	01:40+	08:00-	01:19+	03:29+	01:07+	09:39+	21:43+	05:15+	03:10+	03:42-	03:14+	01:06+	00:10=
02:19&	00:45#	00:08+	00:39&	00:39&	00:14+	00:47#	00:22&	00:51-	00:00=	00:32#	00:04+	07:02@	14:38@	00:16+	01:02&	00:19-	02:11@	00:08#	00:00=
<b>8</b>	<b>Helle Nikkel</b>	<b>7</b>	<b>1:38:20</b>																
02:48+	11:43+	16:01+	17:54+	21:53+	27:29+	35:13+	37:12+	52:59+	54:47+	58:35+	60:45+	64:06+	76:53+	88:54+	90:15+	94:06+	97:00+	98:09+	98:20+
02:48+	08:55+	04:18-	01:53+	03:59+	05:36+	07:44+	01:59+	15:47+	01:48+	03:48+	02:10+	03:21+	12:47+	12:01+	01:21-	03:51-	02:54+	01:09+	00:11+
00:27#	04:34@	00:07-	00:47&	01:29&	02:05&	03:22&	00:41&	06:56&	00:29&	00:51&	01:07@	00:44&	05:42&	07:02@	00:47-	00:10-	01:51@	00:11#	00:01#

Class	Navn	Klasse	Tid
-------	------	--------	-----

**Beste stræktid for klassen**

02:19 04:11 02:01 00:56 02:30 03:31 01:23 01:15 01:20 01:09 02:57 00:53 02:23 03:39 02:58 00:53 00:50 00:12 00:48 00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**D50**

**1 Susanne Gjedvig Thomsen 22**

**57:27**

01:38= 03:27= 08:36= 11:04= 14:54= 20:51= 23:05= 25:32= 27:27= 33:01= 35:19= 44:11= 46:13= 49:45= 52:28= 55:06= 56:12= 57:14= 57:27=  
 01:38= 01:49= 05:09= 02:28= 03:50= 05:57= 02:14= 02:27= 01:55= 05:34= 02:18= 08:52= 02:02= 03:32= 02:43= 02:38= 01:06= 01:02= 00:13=  
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

**2 Lene Bejer Damgaard 7**

**58:41**

01:13- 03:09- 09:15+ 11:26+ 15:33+ 20:28- 22:44- 25:01- 28:40+ 35:54+ 38:23+ 45:55+ 47:16+ 51:04+ 53:52+ 56:36+ 57:39+ 58:29+ 58:41+  
 01:13- 01:56+ 06:06+ 02:11- 04:07+ 04:55- 02:16+ 02:17- 03:39+ 07:14+ 02:29+ 07:32- 01:21- 03:48+ 02:48+ 02:44+ 01:03- 00:50- 00:12-  
 00:25- 00:07+ 00:57# 00:17- 00:17+ 01:02- 00:02+ 00:10- 01:44& 01:40& 00:11+ 01:20- 00:41- 00:16+ 00:05+ 00:06+ 00:03- 00:12- 00:01-

**3 Birgitte Halle 9**

**1:04:30**

01:14- 03:15- 07:16- 09:50- 13:24- 17:46- 20:55- 23:39- 25:41- 29:51- 40:32+ 50:25+ 52:05+ 62:37+ 63:32+ 64:18+ 64:30+  
 01:14- 02:01+ 04:01- 02:34+ 03:34- 04:22- 03:09+ 02:44+ 02:02+ 04:10- 10:41+ 09:53+ 01:40- 10:32+ 00:55- 00:46- 00:12-  
 00:24- 00:12# 01:08- 00:06+ 00:16- 01:35- 00:55& 00:17# 00:07+ 01:24- 08:23@ 01:01# 00:22- 07:00@ 01:48- 01:52- 00:54-

**4 Minna Hald Andersen 6**

**1:08:54**

01:14- 03:24- 09:50+ 12:22+ 16:20+ 21:26+ 25:53+ 29:00+ 31:26+ 37:46+ 40:45+ 48:48+ 51:08+ 60:08+ 63:22+ 66:25+ 67:32+ 68:36+ 68:54+  
 01:14- 02:10+ 06:26+ 02:32+ 03:58+ 05:06- 04:27+ 03:07+ 02:26+ 06:20+ 02:59+ 08:03- 02:20+ 09:00+ 03:14+ 03:03+ 01:07+ 01:04+ 00:18+  
 00:24- 00:21# 01:17# 00:04+ 00:08+ 00:51- 02:13& 00:40& 00:31& 00:46# 00:41& 00:49- 00:18# 05:28@ 00:31# 00:25# 00:01+ 00:02+ 00:05&

**5 Inger Andreassen 17**

**1:09:54**

01:32- 03:55+ 09:52+ 12:42+ 17:04+ 24:28+ 27:04+ 31:25+ 33:48+ 45:56+ 48:59+ 55:53+ 57:51+ 61:12+ 64:42+ 67:39+ 68:42+ 69:41+ 69:54+  
 01:32- 02:23+ 05:57+ 02:50+ 04:22+ 07:24+ 02:36+ 04:21+ 02:23+ 12:08+ 03:03+ 06:54- 01:58- 03:21- 03:30+ 02:57+ 01:03- 00:59- 00:13=  
 00:06- 00:34& 00:48# 00:22# 00:32# 01:27# 00:22# 01:54& 00:28# 06:34@ 00:45& 01:58- 00:04- 00:11- 00:47& 00:19# 00:03- 00:03- 00:00=

**6 Ann Dissing 4**

**1:12:35**

16:46+ 22:04+ 24:47+ 29:35+ 31:54+ 49:15+ 57:48+ 69:44+ 72:23+ 72:35+  
 16:46+ 05:18+ 02:43- 04:48+ 02:19- 17:21+ 08:33+ 11:56+ 02:39+ 00:12-  
 15:08@ 03:29@ 02:26- 02:20& 01:31- 11:24@ 06:19@ 09:29@ 00:44& 05:22-

**7 Susanne Knudsen 17**

**1:31:11**

01:46+ 06:01+ 11:36+ 15:22+ 20:36+ 26:35+ 30:26+ 35:09+ 37:54+ 45:10+ 48:00+ 58:53+ 60:56+ 78:36+ 84:31+ 87:57+ 89:20+ 90:55+ 91:11+  
 01:46+ 04:15+ 05:35+ 03:46+ 05:14+ 05:59+ 03:51+ 04:43+ 02:45+ 07:16+ 02:50+ 10:53+ 02:03+ 17:40+ 05:55+ 03:26+ 01:23+ 01:35+ 00:16+  
 00:08+ 02:26@ 00:26+ 01:18& 01:24& 00:02+ 01:37& 02:16& 00:50& 01:42& 00:32# 02:01# 00:01+ 14:08@ 03:12@ 00:48& 00:17& 00:33& 00:03#

**8 Lone Højbak 3**

**1:31:56**

17:06+ 46:57+ 51:47+ 62:54+ 78:39+ 91:56+  
 17:06+ 29:51+ 04:50- 11:07+ 15:45+ 13:17+  
 15:28@ 28:02@ 00:19- 08:39@ 11:55@ 07:20@

**9 Gitte Fallesen 7**

**1:38:08**

02:56+ 05:20+ 10:18+ 13:06+ 17:48+ 23:10+ 27:01+ 29:59+ 32:04+ 42:23+ 46:25+ 58:18+ 60:57+ 79:07+ 86:03+ 95:10+ 96:43+ 97:57+ 98:08+  
 02:56+ 02:24+ 04:58- 02:48+ 04:42+ 05:22- 03:51+ 02:58+ 02:05+ 10:19+ 04:02+ 11:53+ 02:39+ 18:10+ 06:56+ 09:07+ 01:33+ 01:14+ 00:11-  
 01:18& 00:35& 00:11- 00:20# 00:52# 00:35- 01:37& 00:31# 00:10+ 04:45& 01:44& 03:01& 00:37& 14:38@ 04:13@ 06:29@ 00:27& 00:12# 00:02-

**10 Helle Svenningsen 9**

**1:39:34**

02:04+ 05:40+ 12:09+ 17:39+ 23:59+ 30:26+ 34:01+ 41:56+ 45:33+ 59:00+ 62:42+ 72:53+ 75:51+ 80:48+ 86:51+ 96:20+ 98:02+ 99:19+ 99:34+  
 02:04+ 03:36+ 06:29+ 05:30+ 06:20+ 06:27+ 03:35+ 07:55+ 03:37+ 13:27+ 03:42+ 10:11+ 02:58+ 04:57+ 06:03+ 09:29+ 01:42+ 01:17+ 00:15+  
 00:26& 01:47& 01:20& 03:02@ 02:30& 00:30+ 01:21& 05:28@ 01:42& 07:53@ 01:24& 01:19# 00:56& 01:25& 03:20@ 06:51@ 00:36& 00:15# 00:02#

**11 Anna Marie Søborg 4**

**1:46:33**

02:55+ 05:19+ 09:56+ 14:45+ 19:21+ 28:05+ 32:22+ 36:07+ 41:01+ 60:07+ 63:32+ 79:23+ 84:48+ 95:46+ 100:56+ 103:55+ 105:10+ 106:22+ 106:33+  
 02:55+ 02:24+ 04:37- 04:49+ 04:36+ 08:44+ 04:17+ 03:45+ 03:25+ 19:06+ 03:25+ 15:51+ 05:25+ 10:58+ 05:10+ 02:59+ 01:15+ 01:12+ 00:11-  
 01:17& 00:35& 00:32- 02:21& 00:46# 02:47& 02:03& 01:18& 02:59@ 13:32@ 01:07& 06:59& 03:23@ 07:26@ 02:27& 00:21# 00:09# 00:10# 00:02-

**12 Lotte Jensen 17**

**1:47:19**

01:34- 10:52+ 16:39+ 20:39+ 26:50+ 35:40+ 39:00+ 46:25+ 51:24+ 62:11+ 66:57+ 83:45+ 86:40+ 94:35+ 99:55+ 104:02+ 105:42+ 107:05+ 107:19+  
 01:34- 09:18+ 05:47+ 04:00+ 06:11+ 08:50+ 03:20+ 07:25+ 04:59+ 10:47+ 04:46+ 16:48+ 02:55+ 07:55+ 05:20+ 04:07+ 01:40+ 01:23+ 00:14+  
 00:04- 07:29@ 00:38# 01:32& 02:21& 02:53& 01:06& 04:58@ 03:04@ 05:13& 02:28@ 07:56& 00:53& 04:23@ 02:37& 01:29& 00:34& 00:21& 00:01+

**Beste stræktid for klassen**

01:13 01:49 02:43 02:11 02:19 04:22 02:14 02:17 01:55 00:12 02:18 06:54 01:21 03:21 00:55 00:46 00:12 00:50 00:11

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

### D55

<b>1</b>	<b>Kristin Helgeland</b>	<b>17</b>	<b>1:01:48</b>																
02:04=	04:28=	09:00=	11:31=	16:31=	21:25=	25:46=	28:21=	30:21=	37:27=	40:47=	42:31=	48:21=	50:15=	53:24=	56:33=	59:28=	60:32=	61:34=	61:48=
02:04=	02:24=	04:32=	02:31=	05:00=	04:54=	04:21=	02:35=	02:00=	07:06=	03:20=	01:44=	05:50=	01:54=	03:09=	03:09=	02:55=	01:04=	01:02=	00:14=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Dorte Jenny Bak</b>	<b>8</b>	<b>1:03:07</b>																
01:41-	04:02-	09:01+	11:40+	16:03-	21:01-	23:20-	26:14-	28:52-	35:43-	38:40-	46:28+	48:28+	52:15+	56:19+	60:09+	61:43+	62:55+	63:07+	
01:41-	02:21-	04:59+	02:39+	04:23-	04:58+	02:19-	02:54+	02:38+	06:51-	02:57-	07:48+	02:00-	03:47+	04:04+	03:50+	01:34-	01:12+	00:12-	
00:23-	00:03-	00:27+	00:08+	00:37-	00:04+	02:02-	00:19#	00:38&	00:15-	00:23-	06:04@	03:50-	01:53&	00:55&	00:41#	01:21-	00:08#	00:50-	
<b>3</b>	<b>Bettina Gjedde</b>	<b>2</b>	<b>1:08:06</b>																
17:41+	23:36+	26:15+	29:15+	34:09+	41:18+	44:10+	50:56+	65:15+	67:47+	68:06+									
17:41+	05:55+	02:39-	03:00+	04:54-	07:09+	02:52-	06:46+	14:19+	02:32-	00:19-									
15:37@	03:31@	01:53-	00:29#	00:06-	02:15&	01:29-	04:11@	12:19@	04:34-	03:01-									
<b>4</b>	<b>Pia Hejlskov Mogensen</b>	<b>20</b>	<b>1:19:00</b>																
09:51+	17:20+	28:06+	30:48+	33:41+	36:12+	41:56+	52:58+	55:33+	62:56+	64:48+	75:57+	78:42+	79:00+						
09:51+	07:29+	10:46+	02:42+	02:53-	02:31-	05:44+	11:02+	02:35+	07:23+	01:52-	11:09+	02:45-	00:18-						
07:47@	05:05@	06:14@	00:11+	02:07-	02:23-	01:23&	08:27@	00:35&	00:17+	01:28-	09:25@	03:05-	01:36-						
<b>5</b>	<b>Kirsten Hald Holdensen</b>	<b>4</b>	<b>1:19:21</b>																
01:22-	05:05+	14:11+	17:08+	21:53+	27:09+	29:38+	32:18+	34:09+	42:01+	49:42+	63:16+	65:18+	70:10+	73:44+	76:27+	78:13+	79:11+	79:21+	
01:22-	03:43+	09:06+	02:57+	04:45-	05:16+	02:29-	02:40+	01:51-	07:52+	07:41+	13:34+	02:02-	04:52+	03:34+	02:43-	01:46-	00:58-	00:10-	
00:42-	01:19&	04:34@	00:26#	00:15-	00:22+	01:52-	00:05+	00:09-	00:46#	04:21@	11:50@	03:48-	02:58@	00:25#	00:26-	01:09-	00:06-	00:52-	
<b>6</b>	<b>Susanne Karlshøj</b>	<b>3</b>	<b>1:19:56</b>																
01:47-	08:56+	16:20+	23:04+	26:30+	31:56+	34:51+	46:05+	48:29+	57:11+	59:06+	77:08+	79:44+	79:56+						
01:47-	07:09+	07:24+	06:44+	03:26-	05:26+	02:55-	11:14+	02:24+	08:42+	01:55-	18:02+	02:36-	00:12-						
00:17-	04:45@	02:52&	04:13@	01:34-	00:32#	01:26-	08:39@	00:24#	01:36#	01:25-	16:18@	03:14-	01:42-						
<b>7</b>	<b>Hanne Mohapeloa</b>	<b>8</b>	<b>1:20:52</b>																
01:27-	04:12-	10:25+	14:02+	19:41+	27:34+	31:03+	35:28+	38:02+	48:13+	50:59+	62:16+	64:48+	77:58+	79:32+	80:39+	80:52+			
01:27-	02:45+	06:13+	03:37+	05:39+	07:53+	03:29-	04:25+	02:34+	10:11+	02:46-	11:17+	02:32-	13:10+	01:34-	01:07-	00:13-			
00:37-	00:21#	01:41&	01:06&	00:39#	02:59&	00:52-	01:50&	00:34&	03:05&	00:34-	09:33@	03:18-	11:16@	01:35-	02:02-	02:42-			
<b>8</b>	<b>Solveig Topp</b>	<b>5</b>	<b>1:28:58</b>																
02:09+	05:16+	12:09+	17:09+	23:44+	31:30+	35:51+	39:42+	43:32+	52:48+	57:15+	65:54+	69:10+	74:54+	80:31+	85:14+	87:05+	88:41+	88:58+	
02:09+	03:07+	06:53+	05:00+	06:35+	07:46+	04:21=	03:51+	03:50+	09:16+	04:27+	08:39+	03:16-	05:44+	05:37+	04:43+	01:51-	01:36+	00:17-	
00:05+	00:43&	02:21&	02:29&	01:35&	02:52&	00:00=	01:16&	01:50&	02:10&	01:07&	06:55@	02:34-	03:50@	02:28&	01:34&	01:04-	00:32&	00:45-	
<b>9</b>	<b>Annette Møller</b>	<b>3</b>	<b>1:40:55</b>																
14:11+	31:39+	38:57+	41:51+	45:09+	47:59+	58:34+	61:45+	74:14+	82:46+	97:45+	100:41+	100:55+							
14:11+	17:28+	07:18+	02:54+	03:18-	02:50-	10:35+	03:11+	12:29+	08:32+	14:59+	02:56+	00:14-							
12:07@	15:04@	02:46&	00:23#	01:42-	02:04-	06:14@	00:36#	10:29@	01:26#	11:39@	01:12&	05:36-							
<b>10</b>	<b>Gerda Henriksen</b>	<b>9</b>	<b>1:41:03</b>																
02:22+	05:00+	15:56+	20:08+	27:13+	35:27+	42:45+	53:15+	56:01+	64:42+	72:43+	81:22+	83:49+	88:46+	93:08+	97:45+	99:23+	100:47+	101:03+	
02:22+	02:38+	10:56+	04:12+	07:05+	08:14+	07:18+	10:30+	02:46+	08:41+	08:01+	08:39+	02:27-	04:57+	04:22+	04:37+	01:38-	01:24+	00:16-	
00:18#	00:14+	06:24@	01:41&	02:05&	03:20&	02:57&	07:55@	00:46&	01:35#	04:41@	06:55@	03:23-	03:03@	01:13&	01:28&	01:17-	00:20&	00:46-	
<b>11</b>	<b>Margith Koch</b>	<b>6</b>	<b>2:16:00</b>																
03:19+	10:03+	15:52+	20:14+	29:14+	39:04+	47:22+	54:09+	58:55+	73:52+	78:56+	106:07+	108:50+	116:48+	123:29+	132:05+	134:28+	135:45+	136:00+	
03:19+	06:44+	05:49+	04:22+	09:00+	09:50+	08:18+	06:47+	04:46+	14:57+	05:04+	27:11+	02:43-	07:58+	06:41+	08:36+	02:23-	01:17+	00:15-	
01:15&	04:20@	01:17&	01:51&	04:00&	04:56@	03:57&	04:12@	02:46@	07:51@	01:44&	25:27@	03:07-	06:04@	03:32@	05:27@	00:32-	00:13#	00:47-	

### Beste stræktid for klassen

01:22 02:21 02:39 02:53 02:31 02:19 02:35 01:51 02:32 00:19 01:44 00:14 00:12 01:34 01:07 00:13 00:58 00:10 00:14

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

### D60

<b>1</b>	<b>Kirsten Elisabet Andersen</b>	<b>1</b>	<b>43:58</b>												
02:44=	06:24=	10:06=	11:53=	16:11=	21:59=	25:55=	28:33=	30:29=	32:30=	35:52=	39:16=	41:04=	42:45=	43:47=	43:58=
02:44=	03:40=	03:42=	01:47=	04:18=	05:48=	03:56=	02:38=	01:56=	02:01=	03:22=	03:24=	01:48=	01:41=	01:02=	00:11=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse	Tid
<b>2</b>	<b>Vibeke Jørgensen</b>	<b>Ok Pan</b>	<b>49:34</b>
03:16+	07:55+ 11:36+ 13:28+ 16:52+	26:17+ 29:40+ 32:39+ 35:35+ 40:21+	43:46+ 46:05+ 48:11+ 49:19+ 49:34+
03:16+	04:39+ 03:41- 01:52+ 03:24-	05:40- 03:45- 03:23+ 02:59+ 02:56+	04:46+ 03:25+ 02:19+ 02:06+ 01:08+ 00:15+
00:32#	00:59& 00:01- 00:05+ 00:54-	00:08- 00:11- 00:45& 01:03& 00:55&	01:24& 00:01+ 00:31& 00:25# 00:06+ 00:04&
<b>3</b>	<b>Karin Wæhrens</b>	<b>4</b>	<b>51:01</b>
04:31+	08:37+ 13:47+ 17:26+ 21:50+	24:22+ 27:18+ 29:44+ 33:34+	49:51+ 50:50+ 51:01+
04:31+	04:06+ 05:10+ 03:39+ 04:24+	02:32- 02:56- 02:26- 03:50+	16:17+ 00:59- 00:11-
01:47&	00:26# 01:28& 01:52@ 00:06+	03:16- 01:00- 00:12- 01:54&	14:16@ 02:23- 03:13-
<b>4</b>	<b>Lone Marianne Jensen</b>	<b>3</b>	<b>57:31</b>
02:59+	10:20+ 16:44+ 21:06+ 27:33+	30:44+ 34:11+ 38:06+	40:47+ 57:17+ 57:31+
02:59+	07:21+ 06:24+ 04:22+ 06:27+	03:11- 03:27- 03:55+	02:41+ 16:30+ 00:14-
00:15+	03:41@ 02:42& 02:35@ 02:09&	02:37- 00:29- 01:17& 00:45&	14:29@ 03:08-
<b>5</b>	<b>Lilli Hansen</b>	<b>16</b>	<b>1:03:41</b>
03:27+	10:19+ 14:45+ 17:09+ 22:27+	29:04+ 32:14+ 35:55+	38:24+ 42:33+ 53:54+ 58:02+
03:27+	06:52+ 04:26+ 02:24+ 05:18+	06:37+ 03:10- 03:41+ 02:29+	04:09+ 11:21+ 04:08+ 02:03+
00:43&	03:12& 00:44# 00:37& 01:00#	00:49# 00:46- 01:03& 00:33&	02:08@ 07:59@ 00:44# 00:15#
<b>6</b>	<b>Pia Grønberg Hansen</b>	<b>13</b>	<b>1:07:36</b>
03:44+	09:31+ 14:57+ 17:19+ 22:11+	29:34+ 33:24+ 37:15+	41:06+ 45:13+ 54:47+ 59:57+
03:44+	05:47+ 05:26+ 02:22+ 04:52+	07:23+ 03:50- 03:51+ 03:51+	04:07+ 09:34+ 05:10+ 02:44+
01:00&	02:07& 01:44& 00:35& 00:34#	01:35& 00:06- 01:13& 01:55&	02:06@ 06:12@ 01:46& 00:56&
<b>7</b>	<b>Bente Østergaard</b>	<b>2</b>	<b>1:20:06</b>
04:18+	11:57+ 19:52+ 24:50+ 44:47+	51:39+ 55:25+ 58:13+	60:49+ 79:51+ 80:06+
04:18+	07:39+ 07:55+ 04:58+ 19:57+	06:52+ 03:46- 02:48+	02:36+ 19:02+ 00:15-
01:34&	03:59@ 04:13@ 03:11@ 15:39@	01:04# 00:10- 00:10+	00:40& 17:01@ 03:07-
<b>8</b>	<b>Randi Jensen</b>	<b>9</b>	<b>1:29:02</b>
03:26+	15:44+ 20:42+ 22:39+ 28:29+	37:49+ 42:20+ 51:38+	55:40+ 63:22+ 77:30+ 81:59+
03:26+	12:18+ 04:58+ 01:57+ 05:50+	09:20+ 04:31+ 09:18+	04:02+ 07:42+ 14:08+ 04:29+
00:42&	08:38@ 01:16& 00:10+ 01:32&	03:32& 00:35# 06:40@	02:06@ 05:41@ 10:46@ 01:05&
<b>9</b>	<b>Kitte Brodal</b>	<b>17</b>	<b>1:43:43</b>
05:07+	15:01+ 21:01+ 23:44+ 30:36+	43:36+ 47:40+ 54:02+	61:48+ 65:17+ 88:30+ 94:49+
05:07+	09:54+ 06:00+ 02:43+ 06:52+	13:00+ 04:04+ 06:22+	07:46+ 03:29+ 23:13+ 06:19+
02:23&	06:14@ 02:18& 00:56& 02:34&	07:12@ 00:08+ 03:44@	05:50@ 01:28& 19:51@ 02:55&
<b>10</b>	<b>Inge Iversen</b>	<b>2</b>	<b>1:47:54</b>
04:39+	13:08+ 24:25+ 36:11+ 59:02+	63:48+ 69:15+ 75:16+	79:38+ 101:32+ 107:31+ 107:54+
04:39+	08:29+ 11:17+ 11:46+ 22:51+	04:46- 05:27+ 06:01+	04:22+ 21:54+ 05:59+ 00:23-
01:55&	04:49@ 07:35@ 09:59@ 18:33@	01:02- 01:31& 03:23@	02:26@ 19:53@ 02:37& 03:01-

### Beste stræktid for klassen

02:44 03:40 03:41 01:47 03:24 02:32 02:56 02:26 01:56 02:01 00:14 00:11 01:48 01:41 01:02 00:11

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D65

<b>1</b>	<b>Elizabeth Borchorst</b>	<b>6</b>	<b>50:30</b>
03:36=	08:14= 12:10= 14:06= 18:03=	24:26= 27:30= 30:37=	33:20= 35:55= 41:14= 44:47=
03:36=	04:38= 03:56= 01:56= 03:57=	06:23= 03:04= 03:07=	02:43= 02:35= 05:19= 03:33=
00:00=	00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00=	00:00= 00:00= 00:00=
<b>2</b>	<b>Inger Johansen</b>	<b>1</b>	<b>51:16</b>
03:54+	08:13- 11:34- 13:48- 16:57-	23:23- 26:37-	29:29- 31:39-
03:54+	04:19- 03:21- 02:14+ 03:09-	06:26+ 03:14+	02:52- 02:10-
00:18+	00:19- 00:35- 00:18#	00:48- 00:03+	00:10+ 00:15-
<b>3</b>	<b>Kirsten Bobach</b>	<b>8</b>	<b>53:57</b>
02:47-	11:39+ 15:20+ 17:02+	21:17+ 27:17+	30:56+
02:47-	08:52+ 03:41- 01:42-	04:15+ 06:00-	03:39+ 03:29+
00:49-	04:14& 00:15- 00:14-	00:18+ 00:23-	00:35# 00:22#
<b>4</b>	<b>Pia Gade</b>	<b>7</b>	<b>58:36</b>
02:59-	07:25- 11:37- 13:34-	17:17- 27:51+	31:49+ 34:56+
02:59-	04:26- 04:12+ 01:57+	03:43- 10:34+	03:58+ 03:07=
00:37-	00:12- 00:16+ 00:01+	00:14- 04:11&	00:54& 00:00=

Class	Navn	Klasse	Tid
-------	------	--------	-----

<b>5</b>	<b>Ann Dorrit Hansen</b>	<b>5</b>	<b>1:03:27</b>												
03:15-	08:25+	12:54+	15:04+	20:14+	26:19+	29:52+	33:19+	36:33+	40:19+	52:35+	56:50+	59:03+	61:34+	63:12+	63:27+
03:15-	05:10+	04:29+	02:10+	05:10+	06:05-	03:33+	03:27+	03:14+	03:46+	12:16+	04:15+	02:13+	02:31+	01:38+	00:15=
00:21-	00:32#	00:33#	00:14#	01:13&	00:18-	00:29#	00:20#	00:31#	01:11&	06:57@	00:42#	00:06+	00:29#	00:19#	00:00=
<b>6</b>	<b>Lisbet Nielsen</b>	<b>4</b>	<b>1:05:07</b>												
02:46-	12:09+	15:29+	17:45+	20:50+	29:16+	37:00+	40:50+	44:12+	47:18+	54:48+	60:06+	61:55+	63:54+	64:54+	65:07+
02:46-	09:23+	03:20-	02:16+	03:05-	08:26+	07:44+	03:50+	03:22+	03:06+	07:30+	05:18+	01:49-	01:59-	01:00-	00:13-
00:50-	04:45@	00:36-	00:20#	00:52-	02:03&	04:40@	00:43#	00:39#	00:31#	02:11&	01:45&	00:18-	00:03-	00:19-	00:02-
<b>7</b>	<b>Ansa Maclassen</b>	<b>6</b>	<b>1:14:39</b>												
04:09+	10:06+	16:17+	19:11+	24:55+	32:03+	36:31+	40:14+	45:35+	49:09+	63:40+	68:15+	70:47+	73:12+	74:25+	74:39+
04:09+	05:57+	06:11+	02:54+	05:44+	07:08+	04:28+	03:43+	05:21+	03:34+	14:31+	04:35+	02:32+	02:25+	01:13-	00:14-
00:33#	01:19&	02:15&	00:58&	01:47&	00:45#	01:24&	00:36#	02:38&	00:59&	09:12@	01:02&	00:25#	00:23#	00:06-	00:01-
<b>8</b>	<b>Dagmar Tange</b>	<b>3</b>	<b>1:16:26</b>												
03:59+	11:11+	18:21+	23:55+	31:35+	34:58+	38:44+	44:32+	50:23+	72:20+	74:50+	76:10+	76:26+			
03:59+	07:12+	07:10+	05:34+	07:40+	03:23-	03:46+	05:48+	05:51+	21:57+	02:30-	01:20-	00:16-			
00:23#	02:34&	03:14&	03:38@	03:43&	03:00-	00:42#	02:41&	03:08@	19:22@	02:49-	02:13-	01:51-			
<b>9</b>	<b>Britta Bobach</b>	<b>8</b>	<b>1:18:43</b>												
04:01+	09:57+	15:04+	17:19+	24:05+	33:07+	37:19+	41:17+	47:11+	51:07+	66:51+	71:52+	74:59+	77:08+	78:25+	78:43+
04:01+	05:56+	05:07+	02:15+	06:46+	09:02+	04:12+	03:58+	05:54+	03:56+	15:44+	05:01+	03:07+	02:09+	01:17-	00:18+
00:25#	01:18&	01:11&	00:19#	02:49&	02:39&	01:08&	00:51&	03:11@	01:21&	10:25@	01:28&	01:00&	00:07+	00:02-	00:03#
<b>10</b>	<b>Lone Christensen</b>	<b>9</b>	<b>1:20:39</b>												
03:31-	11:46+	17:38+	19:51+	26:15+	36:09+	39:49+	43:37+	47:52+	52:45+	69:02+	74:02+	76:49+	79:04+	80:21+	80:39+
03:31-	08:15+	05:52+	02:13+	06:24+	09:54+	03:40+	03:48+	04:15+	04:53+	16:17+	05:00+	02:47+	02:15+	01:17-	00:18+
00:05-	03:37&	01:56&	00:17#	02:27&	03:31&	00:36#	00:41#	01:32&	02:18&	10:58@	01:27&	00:40&	00:13#	00:02-	00:03#
<b>11</b>	<b>Birgit Rasmussen</b>	<b>9</b>	<b>1:37:47</b>												
04:56+	14:14+	23:00+	26:43+	33:12+	48:22+	53:54+	57:57+	61:44+	66:23+	89:17+	92:16+	95:15+	97:15+	97:47+	
04:56+	09:18+	08:46+	03:43+	06:29+	15:10+	05:32+	04:03+	03:47+	04:39+	22:54+	02:59-	02:59+	02:00-	00:32-	
01:20&	04:40@	04:50@	01:47&	02:32&	08:47@	02:28&	00:56&	01:04&	02:04&	17:35@	00:34-	00:52&	00:02-	00:47-	

**Beste stræktid for klassen**

02:46	04:19	03:20	01:42	03:05	03:23	03:04	02:52	02:10	02:24	02:30	01:20	00:16	01:48	00:32	00:12
-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**D70**

<b>1</b>	<b>Edith Sørensen</b>	<b>8</b>	<b>49:44</b>												
02:45=	04:25=	12:26=	17:17=	21:17=	29:50=	33:14=	40:04=	43:56=	46:15=	49:26=	49:44=				
02:45=	01:40=	08:01=	04:51=	04:00=	08:33=	03:24=	06:50=	03:52=	02:19=	03:11=	00:18=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				
<b>2</b>	<b>Birthe Worm</b>	<b>9</b>	<b>57:05</b>												
02:42-	04:39+	14:19+	18:34+	22:47+	36:32+	39:34+	50:40+	52:55+	56:48+	57:05+					
02:42-	01:57+	09:40+	04:15-	04:13+	13:45+	03:02-	11:06+	02:15-	03:53+	00:17-					
00:03-	00:17#	01:39#	00:36-	00:13+	05:12&	00:22-	04:16&	01:37-	01:34&	02:54-					
<b>3</b>	<b>Ellen Thomsen</b>	<b>4</b>	<b>1:03:47</b>												
02:29-	04:05-	11:38-	23:03+	28:18+	40:16+	43:35+	52:07+	56:38+	59:15+	63:28+	63:47+				
02:29-	01:36-	07:33-	11:25+	05:15+	11:58+	03:19-	08:32+	04:31+	02:37+	04:13+	00:19+				
00:16-	00:04-	00:28-	06:34@	01:15&	03:25&	00:05-	01:42#	00:39#	00:18#	01:02&	00:01+				
<b>4</b>	<b>Lilian Netteberg</b>	<b>8</b>	<b>1:04:24</b>												
02:22-	04:02-	10:25-	14:53-	18:38-	26:29-	29:20-	52:10+	56:52+	59:30+	64:10+	64:24+				
02:22-	01:40=	06:23-	04:28-	03:45-	07:51-	02:51-	22:50+	04:42+	02:38+	04:40+	00:14-				
00:23-	00:00=	01:38-	00:23-	00:15-	00:42-	00:33-	16:00@	00:50#	00:19#	01:29&	00:04-				
<b>5</b>	<b>Musse Brage</b>	<b>17</b>	<b>1:16:06</b>												
03:21+	05:04+	12:18-	19:03+	24:13+	37:14+	41:00+	60:26+	68:52+	71:36+	75:42+	76:06+				
03:21+	01:43+	07:14-	06:45+	05:10+	13:01+	03:46+	19:26+	08:26+	02:44+	04:06+	00:24+				
00:36#	00:03+	00:47-	01:54&	01:10&	04:28&	00:22#	12:36@	04:34@	00:25#	00:55&	00:06&				
<b>6</b>	<b>Jane H. Håkansson</b>	<b>6</b>	<b>1:27:40</b>												
02:57+	10:59+	17:56+	24:53+	30:09+	42:01+	46:48+	58:58+	73:42+	79:08+	82:16+	87:22+	87:40+			
02:57+	08:02+	06:57-	06:57+	05:16+	11:52+	04:47+	12:10+	14:44+	05:26+	03:08-	05:06+	00:18+			
00:12+	06:22@	01:04-	02:06&	01:16&	03:19&	01:23&	05:20&	10:52@	03:07@	00:03-	04:48@	00:18+			

Class	Navn	Klasse	Tid								
<b>7</b>	<b>Annelise Elin</b>	<b>6</b>	<b>1:42:38</b>								
03:44+	08:14+	23:35+	35:17+	43:10+	59:10+	64:46+	78:51+	90:21+	95:18+	102:01+	102:38+
03:44+	04:30+	15:21+	11:42+	07:53+	16:00+	05:36+	14:05+	11:30+	04:57+	06:43+	00:37+
00:59&	02:50@	07:20&	06:51@	03:53&	07:27&	02:12&	07:15@	07:38@	02:38@	03:32@	00:19@

<b>8</b>	<b>Else Roesgaard</b>	<b>3</b>	<b>1:47:33</b>						
13:13+	15:39+	24:37+	37:37+	57:02+	61:17+	90:11+	100:28+	107:05+	107:33+
13:13+	02:26+	08:58+	13:00+	19:25+	04:15-	28:54+	10:17+	06:37+	00:28-
10:28@	00:46&	00:57#	08:09@	15:25@	04:18-	25:30@	03:27&	02:45&	01:51-

### Beste stræktid for klassen

02:22 01:36 06:23 04:15 03:45 04:15 02:51 06:50 02:15 00:28 00:17 00:14

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H10

<b>1</b>	<b>Aksel Kappel Jensen</b>	<b>6</b>	<b>23:14</b>														
00:15=	00:51=	02:17=	04:01=	04:52=	07:06=	09:30=	10:25=	10:55=	12:35=	15:11=	17:16=	19:57=	20:42=	21:39=	22:33=	23:04=	23:14=
00:15=	00:36=	01:26=	01:44=	00:51=	02:14=	02:24=	00:55=	00:30=	01:40=	02:36=	02:05=	02:41=	00:45=	00:57=	00:54=	00:31=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Emil Lindahl</b>	<b>17</b>	<b>23:58</b>														
00:11-	00:48-	01:42-	03:07-	03:41-	05:56-	07:53-	10:13-	10:41-	12:13-	13:16-	15:37-	18:04-	20:56+	22:13+	23:13+	23:47+	23:58+
00:11-	00:37+	00:54-	01:25-	00:34-	02:15+	01:57-	02:20+	00:28-	01:32-	01:03-	02:21+	02:27-	02:52+	01:17+	01:00+	00:34+	00:11+
00:04-	00:01+	00:32-	00:19-	00:17-	00:01+	00:27-	01:25@	00:02-	00:08-	01:33-	00:16#	00:14-	02:07@	00:20&	00:06#	00:03+	00:01#

<b>3</b>	<b>William Stenhøj Baun Mcgrail</b>	<b>Ok Pan</b>	<b>30:45</b>														
00:16+	00:56+	02:32+	04:02+	04:47-	07:00-	09:28-	10:18-	10:45-	12:14-	13:34-	16:14-	21:37+	23:39+	26:55+	28:47+	30:11+	30:45+
00:16+	00:40+	01:36+	01:30-	00:45-	02:13-	02:28+	00:50-	00:27-	01:20-	02:40+	05:23+	02:02+	03:16+	01:52+	01:24+	00:34+	
00:01+	00:04#	00:10#	00:14-	00:06-	00:01-	00:04+	00:05-	00:03-	00:11-	01:16-	00:35&	02:42@	01:17@	02:19@	00:58@	00:53@	00:24@

<b>4</b>	<b>Noah Aarnio</b>	<b>4</b>	<b>32:36</b>														
01:53+	02:40+	03:58+	06:01+	06:56+	09:23+	12:56+	14:12+	14:55+	16:52+	19:52+	22:15+	26:55+	28:07+	30:07+	31:29+	32:22+	32:36+
01:53+	00:47+	01:18-	02:03+	00:55+	02:27+	03:33+	01:16+	00:43+	01:57+	03:00+	02:23+	04:40+	01:12+	02:00+	01:22+	00:53+	00:14+
01:38@	00:11&	00:08-	00:19#	00:04+	00:13+	01:09&	00:21&	00:13&	00:17#	00:24#	00:18#	01:59&	00:27&	01:03@	00:28&	00:22&	00:04&

<b>5</b>	<b>Storm Schmidt Tofterup</b>	<b>17</b>	<b>36:43</b>														
00:24+	01:28+	02:57+	05:37+	06:42+	09:53+	13:12+	14:59+	15:56+	18:00+	20:29+	23:35+	27:57+	31:53+	33:38+	35:05+	36:23+	36:43+
00:24+	01:04+	01:29+	02:40+	01:05+	03:11+	03:19+	01:47+	00:57+	02:04+	02:29-	03:06+	04:22+	03:56+	01:45+	01:27+	01:18+	00:20+
00:09&	00:28&	00:03+	00:56&	00:14&	00:57&	00:55&	00:52&	00:27&	00:24#	00:07-	01:01&	01:41&	03:11@	00:48&	00:33&	00:47@	00:10&

<b>6</b>	<b>Mathias Reiche Sørensen</b>	<b>4</b>	<b>36:46</b>														
00:19+	01:12+	02:43+	04:40+	05:32+	09:04+	12:00+	13:17+	14:14+	17:00+	21:40+	25:34+	30:34+	31:39+	33:30+	34:40+	36:35+	36:46+
00:19+	00:53+	01:31+	01:57+	00:52+	03:32+	02:56+	01:17+	00:57+	02:46+	04:40+	03:54+	05:00+	01:05+	01:51+	01:10+	01:55+	00:11+
00:04&	00:17&	00:05+	00:13#	00:01+	01:18&	00:32#	00:22&	00:27&	01:06&	02:04&	01:49&	02:19&	00:20&	00:54&	00:16&	01:24@	00:01#

<b>7</b>	<b>Lukas Elias Lund Majland</b>	<b>8</b>	<b>50:21</b>														
00:33+	02:35+	05:12+	08:19+	09:27+	15:29+	19:50+	22:23+	23:19+	26:01+	29:21+	32:37+	38:29+	42:31+	46:42+	49:18+	50:06+	50:21+
00:33+	02:02+	02:37+	03:07+	01:08+	06:02+	04:21+	02:33+	00:56+	02:42+	03:20+	03:16+	05:52+	04:02+	04:11+	02:36+	00:48+	00:15+
00:18@	01:26@	01:11&	01:23&	00:17&	03:48@	01:57&	01:38@	00:26&	01:02&	00:44&	01:11&	03:11@	03:17@	03:14@	01:42@	00:17&	00:05&

<b>8</b>	<b>Mikkel Popp Bobach</b>	<b>8</b>	<b>50:42</b>														
00:18+	01:25+	03:35+	06:55+	07:51+	11:30+	14:18+	16:16+	17:05+	19:16+	21:33+	33:35+	37:22+	43:22+	46:50+	49:20+	50:22+	50:42+
00:18+	01:07+	02:10+	03:20+	00:56+	03:39+	02:48+	01:58+	00:49+	02:11+	02:17-	12:02+	03:47+	06:00+	03:28+	02:30+	01:02+	00:20+
00:03#	00:31&	00:44&	01:36&	00:05+	01:25&	00:24#	01:03@	00:19&	00:31&	00:19-	09:57@	01:06&	05:15@	02:31@	01:36@	00:31&	00:10&

### Beste stræktid for klassen

00:11 00:36 00:54 01:25 00:34 02:13 01:57 00:50 00:27 01:29 01:03 02:05 02:27 00:45 00:57 00:54 00:31 00:10

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H12

<b>1</b>	<b>Magnus Lindahl</b>	<b>17</b>	<b>19:35</b>																
00:11=	00:38=	01:26=	02:38=	03:08=	04:39=	06:25=	07:31=	08:24=	09:29=	10:45=	12:13=	14:48=	15:26=	16:22=	17:27=	18:07=	18:56=	19:24=	19:35=
00:11=	00:27=	00:48=	01:12=	00:30=	01:31=	01:46=	01:06=	00:53=	01:05=	01:16=	01:28=	02:35=	00:38=	00:56=	01:05=	00:40=	00:49=	00:28=	00:11=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse	Tid
<b>2</b>	<b>Asger Ziethen</b>	<b>6</b>	<b>27:33</b>
00:14+	00:48+	01:40+	03:03+
00:14+	00:34+	00:52+	01:23+
00:03&	00:07&	00:04+	00:11#
<b>3</b>	<b>Kristian Veggerby Jensen</b>	<b>6</b>	<b>31:38</b>
00:14+	00:48+	02:57+	04:49+
00:14+	00:34+	02:09+	01:52+
00:03&	00:07&	01:21@	00:40&
<b>4</b>	<b>Noah Nørskov Sandberg Svenssøf7</b>	<b>6</b>	<b>35:15</b>
00:14+	01:04+	02:21+	04:11+
00:14+	00:50+	01:17+	01:50+
00:03&	00:23&	00:29&	00:38&
<b>5</b>	<b>Christian Kruse</b>	<b>Ok Pan</b>	<b>36:44</b>
00:15+	01:01+	02:37+	04:26+
00:15+	00:46+	01:36+	01:49+
00:04&	00:19&	00:48&	00:37&
<b>6</b>	<b>Philip Aanio</b>	<b>4</b>	<b>38:36</b>
00:13+	00:52+	02:07+	03:36+
00:13+	00:39+	01:15+	01:29+
00:02#	00:12&	00:27&	00:17#
<b>7</b>	<b>Gustav Birket Nyholm</b>	<b>4</b>	<b>38:36</b>
00:18+	02:00+	03:14+	05:06+
00:18+	01:42+	01:14+	01:52+
00:07&	01:15@	00:26&	00:40&

**Beste stræktid for klassen**

00:11 00:27 00:48 01:12 00:30 01:31 01:46 01:06 00:53 01:05 01:16 01:28 02:27 00:38 00:56 01:05 00:31 00:11 00:28 00:11

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**H14**

<b>1</b>	<b>Laurits Egdal Kortegård</b>	<b>17</b>	<b>59:40</b>
01:12=	03:25=	04:07=	08:41=
01:12=	02:13=	00:42=	04:34=
00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Christoffer Vang Bobach</b>	<b>8</b>	<b>1:00:40</b>
01:08-	03:13-	03:49-	10:15+
01:08-	02:05-	00:36-	06:26+
00:04-	00:08-	00:06-	01:52&
<b>3</b>	<b>Daniel Mikkelsen</b>	<b>17</b>	<b>1:14:27</b>
01:07-	02:47-	04:27+	09:12+
01:07-	01:40-	01:40+	04:45+
00:05-	00:33-	00:58@	00:11+
<b>4</b>	<b>Magnus Fannar Madsen</b>	<b>17</b>	<b>1:15:28</b>
01:30+	03:29+	05:26+	10:15+
01:30+	01:59-	01:57+	04:49+
00:18#	00:14-	01:15@	00:15+
<b>5</b>	<b>Anders Haugsted</b>	<b>4</b>	<b>1:37:58</b>
04:45+	11:16+	26:34+	29:41+
04:45+	06:31+	15:18+	03:07-
03:33@	04:18@	14:36@	01:27-

**Beste stræktid for klassen**

01:07 01:40 00:36 03:07 01:15 02:15 01:54 01:19 01:35 01:12 01:51 01:57 02:10 02:51 02:51 02:28 01:54 01:34 01:13 00:11 00:46 00:08 00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**H14B**

Class	Navn	Klasse	Tid																
<b>1</b>	<b>Rasmus Meldgaard Jensen</b>	<b>7</b>	<b>26:07</b>																
00:17=	00:51=	01:53=	03:12=	03:45=	06:04=	07:58=	09:22=	10:53=	12:03=	13:38=	15:16=	17:18=	19:47=	22:07=	23:19=	24:14=	25:11=	25:56=	26:07=
00:17=	00:34=	01:02=	01:19=	00:33=	02:19=	01:54=	01:24=	01:31=	01:10=	01:35=	01:38=	02:02=	02:29=	02:20=	01:12=	00:55=	00:57=	00:45=	00:11=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

### Beste stræktid for klassen

00:17 00:34 01:02 01:19 00:33 02:19 01:54 01:24 01:31 01:10 01:35 01:38 02:02 02:29 02:20 01:12 00:55 00:57 00:45 00:11

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H16

<b>1</b>	<b>Jonathan Birk Nielsen</b>	<b>8</b>	<b>56:00</b>																
01:34=	04:11=	07:24=	08:04=	10:37=	13:18=	16:48=	17:52=	31:02=	31:57=	34:16=	35:15=	37:42=	46:39=	49:56=	51:17=	54:15=	55:03=	55:50=	56:00=
01:34=	02:37=	03:13=	00:40=	02:33=	02:41=	03:30=	01:04=	13:10=	00:55=	02:19=	00:59=	02:27=	08:57=	03:17=	01:21=	02:58=	00:48=	00:47=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

### Beste stræktid for klassen

01:34 02:37 03:13 00:40 02:33 02:41 03:30 01:04 13:10 00:55 02:19 00:59 02:27 08:57 03:17 01:21 02:58 00:48 00:47 00:10

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H20

<b>1</b>	<b>Marko Birk Nielsen</b>	<b>8</b>	<b>50:09</b>																					
00:58=	01:51=	03:20=	04:16=	07:46=	09:04=	13:01=	13:52=	16:05=	19:11=	20:28=	23:05=	23:41=	25:27=	28:09=	34:39=	37:41=	40:36=	42:22=	43:32=	46:46=	47:27=	48:38=	50:01=	50:09=
00:58=	00:53=	01:29=	00:56=	03:30=	01:18=	03:57=	00:51=	02:13=	03:06=	01:17=	02:37=	00:36=	01:46=	02:42=	06:30=	03:02=	02:55=	01:46=	01:10=	03:14=	00:41=	01:11=	01:23=	00:08=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

### 2 Morten Rindom Knudsen

**17**

**59:14**

01:04+ 02:04+ 03:37+ 04:35+ 08:04+ 09:14+ 12:31- 13:22- 15:06- 17:03- 18:40- 22:00- 22:38- 27:59+ 31:14+ 38:49+ 42:24+ 46:06+ 48:02+ 50:56+ 54:43+ 55:51+ 57:37+ 59:03+ 59:14+  
01:04+ 01:00+ 01:33+ 00:58+ 03:29- 01:10- 03:17- 00:51= 01:44- 01:57- 01:37+ 03:20+ 00:38+ 05:21+ 03:15+ 07:35+ 03:35+ 03:42+ 01:56+ 02:54+ 03:47+ 01:08+ 01:46+ 01:26+ 00:11+  
00:06# 00:07# 00:04+ 00:02+ 00:01- 00:08- 00:40- 00:00= 00:29- 01:09- 00:20& 00:43& 00:02+ 03:35@ 00:33# 01:05# 00:33# 00:47& 00:10+ 01:44@ 00:33# 00:27& 00:35& 00:03+ 00:03&

### Beste stræktid for klassen

00:58 00:53 01:29 00:56 03:29 01:10 03:17 00:51 01:44 01:57 01:17 02:37 00:36 01:46 02:42 06:30 03:02 02:55 01:46 01:10 03:14 00:41 01:11 01:23 00:08

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H20C

<b>1</b>	<b>Tobias Vigen Albertsen</b>	<b>7</b>	<b>26:42</b>																
00:12=	00:41=	01:49=	03:27=	03:56=	06:48=	08:58=	10:13=	11:30=	12:53=	14:35=	16:56=	19:49=	20:36=	22:06=	23:46=	24:50=	25:52=	26:28=	26:42=
00:12=	00:29=	01:08=	01:38=	00:29=	02:52=	02:10=	01:15=	01:17=	01:23=	01:42=	02:21=	02:53=	00:47=	01:30=	01:40=	01:04=	01:02=	00:36=	00:14=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

### 2 Benjamin Birk Nielsen

**6**

**28:56**

00:17+ 00:53+ 02:47+ 04:22+ 05:00+ 07:02+ 09:07+ 11:12+ 13:31+ 15:07+ 16:59+ 18:52+ 21:35+ 23:06+ 24:27+ 25:48+ 26:38+ 28:12+ 28:46+ 28:56+  
00:17+ 00:36+ 01:54+ 01:35- 00:38+ 02:02- 02:05- 02:05+ 02:19+ 01:36+ 01:52+ 01:53- 02:43- 01:31+ 01:21- 01:21- 00:50- 01:34+ 00:34- 00:10-  
00:05& 00:07# 00:46& 00:03- 00:09& 00:50- 00:05- 00:50& 01:02& 00:13# 00:10+ 00:28- 00:10- 00:44& 00:09- 00:19- 00:14- 00:32& 00:02- 00:04-

### Beste stræktid for klassen

00:12 00:29 01:08 01:35 00:29 02:02 02:05 01:15 01:17 01:23 01:42 01:53 02:43 00:47 01:21 01:21 00:50 01:02 00:34 00:10

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H21

<b>1</b>	<b>Rico Hejlskov Mogensen</b>	<b>20</b>	<b>47:06</b>																	
01:09=	01:59=	03:30=	04:24=	07:37=	08:46=	12:06=	13:04=	16:30=	20:32=	21:07=	24:18=	34:31=	37:20=	39:00=	40:03=	43:16=	44:13=	45:30=	46:56=	47:06=
01:09=	00:50=	01:31=	00:54=	03:13=	01:09=	03:20=	00:58=	03:26=	04:02=	00:35=	03:11=	10:13=	02:49=	01:40=	01:03=	03:13=	00:57=	01:17=	01:26=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse	Tid																					
<b>2</b>	<b>Søren Vestergaard Christensen</b>	<b>9</b>	<b>58:32</b>																					
01:12+	02:12+	03:50+	04:53+	08:38+	10:08+	13:37+	16:41+	18:27+	21:39+	23:01+	26:05+	26:41-	28:00-	30:51-	38:30-	41:54-	44:50+	48:10+	49:49+	54:46+	55:42+	56:52+	58:23+	58:32+
01:12+	01:00+	01:38+	01:03+	03:45+	01:30+	03:29+	03:04+	01:46-	03:12-	01:22+	03:04-	00:36-	01:19-	02:51+	07:39+	03:24+	02:56+	03:20+	01:39+	04:57+	00:56+	01:10+	01:31+	00:09+
00:03+	00:10#	00:07+	00:09#	00:32#	00:21&	00:09+	02:06@	01:40-	00:50-	00:47@	00:07-	09:37-	01:30-	01:11&	06:36@	00:11+	01:59@	02:03@	00:13#	04:47@	00:56+	01:10+	01:31+	00:09+
<b>3</b>	<b>Jens Jørgen Hansen</b>	<b>18</b>	<b>1:03:40</b>																					
01:29+	02:47+	04:56+	06:15+	10:56+	13:26+	17:25+	19:05+	21:16+	23:20+	25:02+	29:02+	29:43-	32:19-	35:01-	43:00+	46:55+	50:48+	53:11+	54:29+	58:49+	60:13+	61:58+	63:29+	63:40+
01:29+	01:18+	02:09+	01:19+	04:41+	02:30+	03:59+	01:40+	02:11-	02:04-	01:42+	04:00+	00:41-	02:36-	02:42+	07:59+	03:55+	03:53+	02:23+	01:18-	04:20+	01:24+	01:45+	01:31+	00:11+
00:20&	00:28&	00:38&	00:25&	01:28&	01:21@	00:39#	00:42&	01:15-	01:58-	01:07@	00:49&	09:32-	00:13-	01:02&	06:56@	00:42#	02:56@	01:06&	00:08-	04:10@	01:24+	01:45+	01:31+	00:11+
<b>4</b>	<b>Morten Schou</b>	<b>8</b>	<b>1:04:31</b>																					
01:07-	02:10+	03:56+	05:04+	09:13+	10:28+	14:58+	17:55+	21:28+	23:38+	25:14+	28:33+	29:18-	30:54-	35:29-	43:18+	47:06+	50:32+	52:43+	54:25+	59:05+	61:25+	62:47+	64:21+	64:31+
01:07-	01:03+	01:46+	01:08+	04:09+	01:15+	04:30+	02:57+	03:33+	02:10-	01:36+	03:19+	00:45-	01:36-	04:35+	07:49+	03:48+	03:26+	02:11+	01:42+	04:40+	02:20+	01:22+	01:34+	00:10+
00:02-	00:13&	00:15#	00:14&	00:56&	00:06+	01:10&	01:59@	00:07+	01:52-	01:01@	00:08+	09:28-	01:13-	02:55@	06:46@	00:35#	02:29@	00:54&	00:16#	04:30@	02:20+	01:22+	01:34+	00:10+
<b>5</b>	<b>Sune Salicath</b>	<b>7</b>	<b>1:08:06</b>																					
01:27+	02:29+	04:19+	10:36+	14:37+	16:12+	19:54+	20:58+	23:06+	25:01+	26:39+	31:13+	31:47-	34:09-	37:29-	44:30+	48:59+	52:34+	54:27+	57:25+	62:29+	64:38+	66:06+	67:55+	68:06+
01:27+	01:02+	01:50+	06:17+	04:01+	01:35+	03:42+	01:04+	02:08-	01:55-	01:38+	04:34+	00:34-	02:22-	03:20+	07:01+	04:29+	03:35+	01:53+	02:58+	05:04+	02:09+	01:28+	01:49+	00:11+
00:18&	00:12#	00:19#	05:23@	00:48#	00:26&	00:22#	00:06#	01:18-	02:07-	01:03@	01:23&	09:39-	00:27-	01:40&	05:58@	01:16&	02:38@	00:36&	01:32@	04:54@	02:09+	01:28+	01:49+	00:11+
<b>6</b>	<b>Malte Jensen</b>	<b>17</b>	<b>1:08:48</b>																					
01:16+	02:32+	04:20+	05:28+	09:41+	11:07+	17:06+	18:05+	21:11+	23:27+	25:07+	28:27+	29:05-	31:38-	34:10-	44:20+	47:59+	55:20+	57:27+	59:20+	63:19+	65:23+	67:02+	68:39+	68:48+
01:16+	01:16+	01:48+	01:08+	04:13+	01:26+	05:59+	00:59+	03:06-	02:16-	01:40+	03:20+	00:38-	02:33-	02:32+	10:10+	03:39+	07:21+	02:07+	01:53+	03:59+	02:04+	01:39+	01:37+	00:09+
00:07#	00:26&	00:17#	00:14&	01:00&	00:17#	02:39&	00:01+	00:20-	01:46-	01:05@	00:09+	09:35-	00:16-	00:52&	09:07@	00:26#	06:24@	00:50&	00:27&	03:49@	02:04+	01:39+	01:37+	00:09+
<b>7</b>	<b>Allan Reiche</b>	<b>4</b>	<b>1:08:53</b>																					
01:54+	03:01+	05:25+	06:43+	11:03+	12:38+	17:10+	18:59+	22:05+	25:08+	26:39+	30:47+	31:30-	33:16-	36:33-	46:17+	50:20+	55:41+	58:17+	59:54+	63:49+	65:13+	67:12+	68:42+	68:53+
01:54+	01:07+	02:24+	01:18+	04:20+	01:35+	04:32+	01:49+	03:06-	03:03-	01:31+	04:08+	00:43-	01:46-	03:17+	09:44+	04:03+	05:21+	02:36+	01:37+	03:55+	01:24+	01:59+	01:30+	00:11+
00:45&	00:17&	00:53&	00:24&	01:07&	00:26&	01:12&	00:51&	00:20-	00:59-	00:56@	00:57&	09:30-	01:03-	01:37&	08:41@	00:50&	04:24@	01:19@	00:11#	03:45@	01:24+	01:59+	01:30+	00:11+
<b>8</b>	<b>Anders Gammelmark</b>	<b>6</b>	<b>1:13:35</b>																					
01:21+	04:24+	05:47+	10:30+	12:01+	17:17+	20:06+	23:26+	26:05+	34:33+	35:18+	42:00+	50:21+	54:27+	59:00+	62:01+	63:46+	68:11+	69:11+	71:44+	73:26+	73:35+			
01:21+	03:03+	01:23-	04:43+	01:31-	05:16+	02:49-	03:20+	02:39-	08:28+	00:45+	06:42+	08:21-	04:06+	04:33+	03:01+	01:45-	04:25+	01:00-	02:33+	01:42+	00:09+			
00:12#	02:13@	00:08-	03:49@	01:42-	04:07@	00:31-	02:22@	00:47-	04:26@	00:10&	03:31@	01:52-	01:17&	02:53@	01:58@	01:28-	03:28@	00:17-	01:07&	01:32@	00:09+			
<b>9</b>	<b>Michael Niss</b>	<b>6</b>	<b>1:14:09</b>																					
01:29+	02:54+	05:02+	06:32+	11:49+	13:55+	19:15+	20:44+	23:53+	26:31+	28:26+	33:04+	33:54-	39:18+	48:25+	53:28+	58:20+	60:47+	62:52+	69:11+	70:18+	72:07+	73:58+	74:09+	
01:29+	01:25+	02:08+	01:30+	05:17+	02:06+	05:20+	01:29+	03:09-	02:38-	01:55+	04:38+	00:50-	05:24+	09:07+	05:03+	04:52+	02:27+	02:05+	06:19+	01:07+	01:49+	01:51+	00:11+	
00:20&	00:35&	00:37&	00:36&	02:04&	00:57&	02:00&	00:31&	00:17-	01:24-	01:20@	01:27&	09:23-	02:35&	07:27@	04:00@	01:39&	01:30@	00:48&	04:53@	00:57@	01:49+	01:51+	00:11+	
<b>10</b>	<b>Jonathan Muff</b>	<b>9</b>	<b>1:16:05</b>																					
01:40+	03:08+	05:40+	06:53+	11:11+	12:52+	18:01+	20:39+	23:00+	25:49+	27:17+	30:54+	31:51-	33:37-	36:58-	45:25+	49:47+	55:44+	61:40+	66:15+	70:18+	71:59+	73:34+	75:53+	76:05+
01:40+	01:28+	02:32+	01:13+	04:18+	01:41+	05:09+	02:38+	02:21-	02:49-	01:28+	03:37+	00:57-	01:46-	03:21+	08:27+	04:22+	05:57+	05:56+	04:35+	04:03+	01:41+	01:35+	02:19+	00:12+
00:31&	00:38&	01:01&	00:19&	01:05&	00:32&	01:49&	01:40@	01:05-	01:13-	00:53@	00:26#	09:16-	01:03-	01:41@	07:24@	01:09&	05:00@	04:39@	03:09@	03:53@	01:41+	01:35+	02:19+	00:12+
<b>11</b>	<b>Nicolai Vangsgaard</b>	<b>6</b>	<b>1:19:37</b>																					
01:21+	02:25+	04:14+	05:22+	09:41+	11:13+	15:30+	16:42+	18:46+	21:12+	22:45+	27:26+	28:04-	33:52-	39:09+	47:52+	54:00+	65:15+	68:19+	70:19+	74:55+	76:12+	77:41+	79:25+	79:37+
01:21+	01:04+	01:49+	01:08+	04:19+	01:32+	04:17+	01:12+	02:04-	02:26-	01:33+	04:41+	00:38-	05:48+	05:17+	08:43+	06:08+	11:15+	03:04+	02:00+	04:36+	01:17+	01:29+	01:44+	00:12+
00:12#	00:14&	00:18#	00:14&	01:06&	00:23&	00:57&	00:14#	01:22-	01:36-	00:58@	01:30&	09:35-	02:59@	03:37@	07:40@	02:55&	10:18@	01:47@	00:34&	04:26@	01:17+	01:29+	01:44+	00:12+
<b>12</b>	<b>Peter Friis Østergaard</b>	<b>9</b>	<b>1:23:38</b>																					
01:47+	03:32+	06:41+	08:02+	13:15+	14:40+	19:12+	21:58+	25:08+	28:34+	30:53+	38:12+	39:05+	45:20+	48:53+	57:09+	61:44+	66:47+	69:57+	71:45+	77:31+	78:42+	80:48+	83:27+	83:38+
01:47+	01:45+	03:09+	01:21+	05:13+	01:25+	04:32+	02:46+	03:10-	03:26-	02:19+	07:19+	00:53-	06:15+	03:33+	08:16+	04:35+	05:03+	03:10+	01:48+	05:46+	01:11+	02:06+	02:39+	00:11+
00:38&	00:55@	01:38@	00:27&	02:00&	00:16#	01:12&	01:48@	00:16-	00:36-	01:44@	04:08@	09:20-	03:26@	01:53@	07:13@	01:22&	04:06@	01:53@	00:22&	05:36@	01:11+	02:06+	02:39+	00:11+
<b>13</b>	<b>Jacob Andersen</b>	<b>8</b>	<b>1:28:13</b>																					
01:24+	03:03+	05:29+	07:01+	11:58+	14:00+	21:36+	23:03+	28:05+	31:06+	32:50+	37:24+	38:12+	40:13+	44:34+	56:25+	61:03+	69:06+	73:43+	76:02+	81:47+	84:01+	86:01+	88:04+	88:13+
01:24+	01:39+	02:26+	01:32+	04:57+	02:02+	07:36+	01:27+	05:02+	03:01-	01:44+	04:34+	00:48-	02:01-	04:21+	11:51+	04:38+	08:03+	04:37+	02:19+	05:45+	02:14+	02:00+	02:03+	00:09+
00:15#	00:49&	00:55&	00:38&	01:44&	00:53&	04:16@	00:29&	01:36&	01:01-	01:09@	01:23&	09:25-	00:48-	02:41@	10:48@	01:25&	07:06@	03:20@	00:53&	05:35@	02:14+	02:00+	02:03+	00:09+
<b>14</b>	<b>Simon Bisgaard Olsen</b>	<b>4</b>	<b>1:40:07</b>																					
01:47+	03:20+	05:22+	06:46+	11:02+	12:44+	19:45+	21:29+	24:43+	27:23+	29:26+	38:39+	39:30+	42:04+	50:33+	59:43+	64:11+	77:17+	83:40+	89:51+	94:31+	95:47+	97:29+	99:55+	100:07+
01:47+	01:33+	02:02+	01:24+	04:16+	01:42+	07:01+	01:44+	03:14-	02:40-	02:03+	09:13+	00:51-	02:34-	08:29+	09:10+	04:28+	13:06+	06:23+	06:11+	04:40+	01:16+	01:42+	02:26+	00:12+
00:38&	00:43&	00:31&	00:30&	01:03&	00:33&	03:41@	00:46&	00:12-	01:22-	01:28@	06:02@	09:22-	00:15-	06:49@	08:07@	01:15&	12:09@	05:06@	04:45@	04:30@	01:16+	01:42+	02:26+	00:12+
<b>Beste stræktid for klassen</b>																								
01:07	00:50	01:23	00:54	01:31	01:09	02:49	00:58	01:46	01:55	00:35	03:04	00:34	01:19	01:40	01:03	01:45	00:57	01:00	01:18	00:10				

= Som klassevinner , - raskere , + senere , # 10% tab , & 25% tab , @ 100% tab.

Class	Navn	Klasse	Tid
-------	------	--------	-----

<b>1</b>	<b>Rasmus Boelstoff Andersen</b>	<b>9</b>	<b>57:22</b>																			
01:07=	02:54=	03:49=	08:04=	09:21=	11:45=	18:10=	19:56=	24:54=	26:12=	28:08=	30:05=	31:50=	35:37=	39:28=	42:13=	48:53=	52:08=	54:16=	55:31=	56:24=	57:11=	57:22=
01:07=	01:47=	00:55=	04:15=	01:17=	02:24=	06:25=	01:46=	04:58=	01:18=	01:56=	01:57=	01:45=	03:47=	03:51=	02:45=	06:40=	03:15=	02:08=	01:15=	00:53=	00:47=	00:11=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Niels Moeslund</b>	<b>9</b>	<b>59:59</b>																			
00:59-	02:34-	04:03+	07:53-	09:51+	12:02+	15:17-	16:40-	21:24-	23:16-	24:57-	27:03-	29:25-	37:42+	46:25+	48:33+	50:40+	53:44+	55:29+	56:49+	58:50+	59:48+	59:59+
00:59-	01:35-	01:29+	03:50-	01:58+	02:11-	03:15-	01:23-	04:44-	01:52+	01:41-	02:06+	02:22+	08:17+	08:43+	02:08-	02:07-	03:04-	01:45-	01:20+	02:01+	00:58+	00:11=
00:08-	00:12-	00:34&	00:25-	00:41&	00:13-	03:10-	00:23-	00:14-	00:34&	00:15-	00:09+	00:37&	04:30@	04:52@	00:37-	04:33-	00:11-	00:23-	00:05+	01:08@	00:11#	00:00=
<b>3</b>	<b>Rasmus K. B. Skovsgaard</b>	<b>7</b>	<b>1:01:55</b>																			
01:03-	02:58+	03:32-	08:11+	10:14+	12:44+	17:21-	18:45-	24:34-	26:01-	29:44+	32:43+	35:58+	41:36+	48:37+	51:08+	53:00+	56:00+	57:38+	58:52+	60:54+	61:47+	61:55+
01:03-	01:55+	00:34-	04:39+	02:03+	02:30+	04:37-	01:24-	05:49+	01:27+	03:43+	02:59+	03:15+	05:38+	07:01+	02:31-	01:52-	03:00-	01:38-	01:14-	02:02+	00:53+	00:08-
00:04-	00:08+	00:21-	00:24+	00:46&	00:06+	01:48-	00:22-	00:51#	00:09#	01:47&	01:02&	01:30&	01:51&	03:10&	00:14-	04:48-	00:15-	00:30-	00:01-	01:09@	00:06#	00:03-
<b>4</b>	<b>Ole Blomseth</b>	<b>4</b>	<b>1:27:08</b>																			
01:29+	04:14+	05:05+	15:43+	17:57+	21:35+	28:02+	30:46+	36:52+	44:39+	47:51+	50:32+	55:19+	58:36+	62:39+	66:24+	71:56+	77:27+	80:59+	83:31+	85:27+	86:50+	87:08+
01:29+	02:45+	00:51-	10:38+	02:14+	03:38+	06:27+	02:44+	06:06+	07:47+	03:12+	02:41+	04:47+	03:17-	04:03+	03:45+	05:32-	05:31+	03:32+	02:32+	01:56+	01:23+	00:18+
00:22&	00:58&	00:04-	06:23@	00:57&	01:14&	00:02+	00:58&	01:08#	06:29@	01:16&	00:44&	03:02@	00:30-	00:12+	01:00&	01:08-	02:16&	01:24&	01:17@	01:03@	00:36&	00:07&

**Beste stræktid for klassen**

00:59	01:35	00:34	03:50	01:17	02:11	03:15	01:23	04:44	01:18	01:41	01:57	01:45	03:17	03:51	02:08	01:52	03:00	01:38	01:14	00:53	00:47	00:08
-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H21C

<b>1</b>	<b>Jørn Blom</b>	<b>2</b>	<b>38:39</b>																			
00:18=	01:03=	02:18=	04:25=	05:19=	09:30=	12:43=	14:43=	16:19=	18:37=	20:54=	23:45=	27:54=	29:38=	31:32=	33:51=	35:22=	37:00=	38:20=	38:39=			
00:18=	00:45=	01:15=	02:07=	00:54=	04:11=	03:13=	02:00=	01:36=	02:18=	02:17=	02:51=	04:09=	01:44=	01:54=	02:19=	01:31=	01:38=	01:20=	00:19=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
<b>2</b>	<b>Hans Chr. Sønderriis</b>	<b>7</b>	<b>41:11</b>																			
00:17-	00:57-	02:25+	04:46+	05:37+	09:07-	12:18-	14:28-	16:26+	18:55+	21:18+	25:51+	30:12+	31:29+	33:26+	36:24+	37:47+	39:33+	40:52+	41:11+			
00:17-	00:40-	01:28+	02:21+	00:51-	03:30-	03:11-	02:10+	01:58+	02:29+	02:23+	04:33+	04:21+	01:17-	01:57+	02:58+	01:23-	01:46+	01:19-	00:19=			
00:01-	00:05-	00:13#	00:14#	00:03-	00:41-	00:02-	00:10+	00:22#	00:11+	00:06+	01:42&	00:12+	00:27-	00:03+	00:39&	00:08-	00:08+	00:01-	00:00=			
<b>3</b>	<b>Jens Jørgen Madsen</b>	<b>4</b>	<b>43:09</b>																			
01:06+	02:13+	04:09+	06:22+	07:10+	11:07+	13:42+	16:39+	18:23+	21:15+	23:19+	30:27+	31:49+	34:04+	36:16+	37:35+	40:35+	42:49+	43:09+				
01:06+	01:07+	01:56+	02:13+	00:48-	03:57-	02:35-	02:57+	01:44+	02:52+	02:04-	07:08+	01:22-	02:15+	02:12+	01:19-	03:00+	02:14+	00:20-				
00:48@	00:22&	00:41&	00:06+	00:06-	00:14-	00:38-	00:57&	00:08+	00:34#	00:13-	04:17@	02:47-	00:31&	00:18#	01:00-	01:29&	00:36&	01:00-				
<b>4</b>	<b>Kim Thomsen</b>	<b>25</b>	<b>1:29:44</b>																			
00:28+	01:32+	89:26+	89:44+																			
00:28+	01:04+	87:54+	00:18-																			
00:10&	00:19&	86:39@	01:49-																			

**Beste stræktid for klassen**

00:17	00:40	01:15	00:18	00:48	03:30	02:35	02:00	01:36	02:18	02:04	02:51	01:22	01:17	01:54	01:19	01:23	01:38	00:20	00:19		
-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	--	--

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H35

<b>1</b>	<b>Tue Strøm</b>	<b>8</b>	<b>59:04</b>																					
01:17=	02:24=	04:39=	05:50=	10:11=	11:46=	15:36=	16:39=	19:36=	21:52=	23:23=	26:55=	27:37=	29:08=	31:42=	38:32=	43:03=	46:25=	48:21=	50:13=	54:50=	56:08=	57:25=	58:53=	59:04=
01:17=	01:07=	02:15=	01:11=	04:21=	01:35=	03:50=	01:03=	02:57=	02:16=	01:31=	03:32=	00:42=	01:31=	02:34=	06:50=	04:31=	03:22=	01:56=	01:52=	04:37=	01:18=	01:17=	01:28=	00:11=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Anders Byrdal</b>	<b>7</b>	<b>1:02:19</b>																					
01:31+	04:25+	05:40+	10:01+	11:25+	16:48+	18:11+	21:01+	23:09+	28:59+	29:44+	35:25+	47:16+	52:40+	54:15+	58:12+	59:12+	60:39+	62:10+	62:19+					
01:31+	02:54+	01:15-	04:21+	01:24-	05:23+	01:23-	02:50+	02:08+	05:50+	00:45+	05:41+	11:51+	05:24+	01:35-	03:57-	01:00-	01:27-	01:31-	00:09-					
00:14#	01:47@	01:00-	03:10@	02:57-	03:48@	02:27-	01:47@	00:49-	03:34@	00:46-	02:09&	11:09@	03:53@	00:59-	02:53-	03:31-	01:55-	00:25-	01:43-					
<b>3</b>	<b>Jess Rasmussen</b>	<b>7</b>	<b>1:06:59</b>																					
01:13-	02:15-	04:10-	05:26-	09:55-	11:34-	18:19+	19:32+	21:51+	24:12+	25:59+	29:56+	30:41+	32:22+	35:30+	43:42+	47:48+	52:30+	54:45+	56:27+	62:35+	63:43+	65:08+	66:50+	66:59+
01:13-	01:02-	01:55-	01:16+	04:29+	01:39+	06:45+	01:13+	02:19-	02:21+	01:47+	03:57+	00:45+	01:41+	03:08+	08:12+	04:06-	04:42+	02:15+	01:42-	06:08+	01:08-	01:25+	01:42+	00:09-
00:04-	00:05-	00:20-	00:05+	00:08+	00:04+	02:55&	00:10#	00:38-	00:05+	00:16#	00:25#	00:03+	00:10#	00:34#	01:22#	00:25-	01:20&	00:19#	00:10-	01:31&	00:10-	00:08#	00:14#	00:02-



Class	Navn	Klasse	Tid																			
<b>6</b>	<b>Flemming Futtrup</b>	<b>7</b>	<b>1:15:50</b>																			
01:25+	03:12+	04:11+	08:48+	10:01+	12:34+	16:46+	18:19+	23:49+	25:45+	27:26+	29:37+	31:45+	34:54+	37:37+	40:02-	62:44+	65:32+	68:10+	73:21+	74:25+	75:38+	75:50+
01:25+	01:47-	00:59+	04:37+	01:13-	02:33+	04:12+	01:33+	05:30-	01:56+	01:41-	02:11+	02:08-	03:09-	02:43+	02:25-	22:42+	02:48-	02:38+	05:11+	01:04+	01:13+	00:12-
00:08#	00:06-	00:16&	00:49#	00:09-	00:03+	00:32#	00:04+	00:41-	00:33&	00:21-	00:09+	00:49-	00:21-	00:03+	00:23-	20:31@	02:04-	00:15#	03:42@	00:06#	00:16&	00:02-
<b>7</b>	<b>Morten Ziethen</b>	<b>6</b>	<b>1:16:08</b>																			
01:28+	06:02+	09:31+	13:24+	17:33+	22:53+	24:34+	30:41+	31:59+	33:46+	36:11+	45:18+	49:09+	55:29+	58:33+	64:55+	67:28+	70:09+	73:50+	74:48+	75:55+	76:08+	
01:28+	04:34+	03:29+	03:53+	04:09+	05:20+	01:41-	06:07+	01:18-	01:47+	02:25+	09:07+	03:51+	06:20+	03:04+	06:22+	02:33+	02:41-	03:41+	00:58-	01:07+	00:13-	
00:11#	02:41@	02:46@	00:05+	02:47@	02:50@	01:59-	04:38@	04:53-	00:24&	00:23#	07:05@	00:54&	02:50&	00:24#	03:34@	00:22#	02:11-	01:18&	00:31-	00:09#	00:44-	
<b>8</b>	<b>Rene Aarestrup</b>	<b>1</b>	<b>1:25:24</b>																			
01:06-	02:55-	04:54+	09:20+	10:57+	14:04+	28:46+	30:33+	36:37+	38:17+	40:39+	43:23+	46:52+	49:57+	52:50+	55:28+	75:27+	78:00+	80:06+	83:24+	84:08+	85:09+	85:24+
01:06-	01:49-	01:59+	04:26+	01:37+	03:07+	14:42+	01:47+	06:04-	01:40+	02:22+	02:44+	03:29+	03:05-	02:53+	02:38-	19:59+	02:33-	02:06-	03:18+	00:44-	01:01+	00:15+
00:11-	00:04-	01:16@	00:38#	00:15#	00:37#	11:02@	00:18#	00:07-	00:17#	00:20#	00:42&	00:32#	00:25-	00:13+	00:10-	17:48@	02:19-	00:17-	01:49@	00:14-	00:04+	00:01+
<b>9</b>	<b>Erik Balle</b>	<b>1</b>	<b>1:29:47</b>																			
01:46+	04:29+	05:22+	16:43+	19:35+	23:20+	39:32+	41:31+	47:44+	50:10+	53:05+	56:10+	59:19+	63:57+	70:29+	73:45+	77:11+	81:23+	84:48+	87:15+	88:43+	89:35+	89:47+
01:46+	02:43+	00:53+	11:21+	02:52+	03:45+	16:12+	01:59+	06:13+	02:26+	02:55+	03:05+	03:09+	04:38+	06:32+	03:16+	03:26+	04:12-	03:25+	02:27+	01:28+	00:52-	00:12-
00:29&	00:50&	00:10#	07:33@	01:30@	01:15&	12:32@	00:30&	00:02+	01:03&	00:53&	01:03&	00:12+	01:08&	03:52@	00:28#	01:15&	00:40-	01:02&	00:58&	00:30&	00:05-	00:02-
<b>10</b>	<b>Karsten Christiansen</b>	<b>7</b>	<b>1:30:33</b>																			
01:25+	03:53+	04:44+	10:34+	11:55+	15:25+	19:55+	21:26+	28:44+	31:08+	35:01+	37:29+	43:49+	47:29+	61:33+	65:00+	79:33+	82:48+	85:33+	87:47+	89:02+	90:18+	90:33+
01:25+	02:28+	00:51+	05:50+	01:21-	03:30+	04:30+	01:31+	07:18+	02:24+	03:53+	02:28+	06:20+	03:40+	14:04+	03:27+	14:33+	03:15-	02:45+	02:14+	01:15+	01:16+	00:15+
00:08#	00:35&	00:08#	02:02&	00:01-	01:00&	00:50#	00:02+	01:07#	01:01&	01:51&	00:26#	03:23@	00:10+	11:24@	00:39#	12:22@	01:37-	00:22#	00:45&	00:17&	00:19&	00:01+
<b>11</b>	<b>Sami Aarnio</b>	<b>4</b>	<b>1:34:52</b>																			
01:17=	03:12+	06:12+	09:36+	11:06+	13:46+	32:59+	34:35+	40:32+	42:29+	54:26+	57:05+	66:00+	69:58+	73:41+	76:34+	84:17+	87:50+	89:53+	93:00+	93:50+	94:40+	94:52+
01:17=	01:55+	03:00+	03:24-	01:30+	02:40+	19:13+	01:36+	05:57-	01:57+	11:57+	02:39+	08:55+	03:58+	03:43+	02:53+	07:43+	03:33-	02:03-	03:07+	00:50-	00:50-	00:12-
00:00=	00:02+	02:17@	00:24-	00:08+	00:10+	15:33@	00:07&	00:14-	00:34&	09:55@	00:37&	05:58@	00:28#	01:03&	00:05+	05:32@	01:19-	00:20-	01:38@	00:08-	00:07-	00:02-
<b>12</b>	<b>Anders Ladefoged</b>	<b>5</b>	<b>1:41:39</b>																			
07:43+	11:17+	12:24+	19:30+	22:18+	27:09+	35:29+	37:53+	50:18+	52:43+	58:41+	62:16+	68:43+	73:51+	80:54+	85:04+	89:08+	93:19+	96:07+	98:22+	100:00+	101:25+	101:39+
07:43+	03:34+	01:07+	07:06+	02:48+	04:51+	08:20+	02:24+	12:05+	02:35+	05:58+	03:35+	06:27+	05:08+	07:03+	04:10+	04:04+	04:11-	02:48+	02:15+	01:38+	01:25+	00:14=
06:26@	01:41&	00:24&	03:18&	01:26@	02:21&	04:40@	00:55&	06:04&	01:12&	03:56@	01:33&	03:30@	01:38&	04:23@	01:22&	01:53&	00:41-	00:25#	00:46&	00:40&	00:28&	00:00=
<b>13</b>	<b>Olaf Christensen</b>	<b>9</b>	<b>1:48:30</b>																			
02:16+	05:30+	06:57+	13:12+	15:44+	19:59+	35:50+	38:49+	48:00+	50:31+	54:34+	58:35+	67:42+	72:19+	78:15+	83:32+	90:16+	97:37+	101:14+	104:18+	106:00+	108:12+	108:30+
02:16+	03:14+	01:27+	06:15+	02:32+	04:15+	15:51+	02:59+	09:11+	02:31+	04:03+	04:01+	09:07+	04:37+	05:56+	05:17+	06:44+	07:21+	03:37+	03:04+	01:42+	02:12+	00:18+
00:59&	01:21&	00:44@	02:27&	01:10&	01:45&	12:11@	01:30@	03:00&	01:08&	02:01&	01:59&	06:10@	01:07&	03:16@	02:29&	04:33@	02:29&	01:14&	01:35@	00:44&	01:15@	00:04&
<b>14</b>	<b>Jens Rasmussen</b>	<b>4</b>	<b>1:50:34</b>																			
02:45+	07:14+	11:28+	17:54+	21:35+	26:56+	38:05+	40:56+	50:08+	52:37+	56:42+	60:42+	70:02+	74:15+	80:17+	85:35+	92:21+	99:50+	103:17+	106:25+	107:58+	110:14+	110:34+
02:45+	04:29+	04:14+	06:26+	03:41+	05:21+	11:09+	02:51+	09:12+	02:29+	04:05+	04:00+	09:20+	04:13+	06:02+	05:18+	06:46+	07:29+	03:27+	03:08+	01:33+	02:16+	00:20+
01:28@	02:36@	03:31@	02:38&	02:19@	02:51@	07:29@	01:22&	03:01&	01:06&	02:03@	01:58&	06:23@	00:43#	03:22@	02:30&	04:35@	02:37&	01:04&	01:39@	00:35&	01:19@	00:06&
<b>15</b>	<b>Morten Vinther</b>	<b>7</b>	<b>2:02:06</b>																			
07:29+	10:04+	11:04+	18:05+	20:37+	24:43+	31:38+	34:09+	42:21+	44:31+	73:38+	77:22+	83:58+	88:16+	93:45+	99:14+	104:49+	113:28+	115:53+	119:25+	120:45+	121:55+	122:06+
07:29+	02:35+	01:00+	07:01+	02:32+	04:06+	06:55+	02:31+	08:12+	02:10+	29:07+	03:44+	06:36+	04:18+	05:29+	05:29+	05:35+	08:39+	02:25+	03:32+	01:20+	01:10+	00:11-
06:12@	00:42&	00:17&	03:13&	01:10&	01:36&	03:15&	01:02&	02:01&	00:47&	27:05@	01:42&	03:39@	00:48#	02:49@	02:41&	03:24@	03:47&	00:02+	02:03@	00:22&	00:13#	00:03-
<b>16</b>	<b>Torben Petersen</b>	<b>7</b>	<b>2:10:26</b>																			
02:06+	05:06+	07:02+	21:53+	23:15+	27:18+	32:22+	34:36+	49:59+	51:55+	54:55+	59:20+	64:37+	77:12+	89:17+	101:27+	118:22+	122:40+	125:51+	127:53+	129:06+	130:14+	130:26+
02:06+	03:00+	01:56+	14:51+	01:22=	04:03+	05:04+	02:14+	15:23+	01:56+	03:00+	04:25+	05:17+	12:35+	12:05+	12:10+	16:55+	04:18-	03:11+	02:02+	01:13+	01:08+	00:12-
00:49&	01:07&	01:13@	11:03@	00:00=	01:33&	01:24&	00:45&	09:12@	00:33&	00:58&	02:23@	02:20&	09:05@	09:25@	09:22@	14:44@	00:34-	00:48&	00:33&	00:15&	00:11#	00:02-
<b>17</b>	<b>Asbjørn Maintz Andersen</b>	<b>9</b>	<b>2:15:44</b>																			
02:21+	06:32+	10:27+	20:00+	22:41+	28:43+	45:51+	49:37+	61:15+	64:39+	70:26+	76:03+	86:54+	92:18+	98:54+	106:32+	116:03+	123:20+	127:48+	130:19+	132:55+	135:13+	135:44+
02:21+	04:11+	03:55+	09:33+	02:41+	06:02+	17:08+	03:46+	11:38+	03:24+	05:47+	05:37+	10:51+	05:24+	06:36+	07:38+	09:31+	07:17+	04:28+	02:31+	02:36+	02:18+	00:31+
01:04&	02:18@	03:12@	01:19&	03:32@	13:28@	02:17@	05:27&	02:01@	03:45@	03:35@	07:54@	01:54&	03:56@	04:50@	07:20@	02:25&	02:05&	01:02&	01:38@	01:21@	00:17@	
<b>Beste stræktid for klassen</b>																						
01:06	01:47	00:40	01:22	01:13	01:53	01:41	01:18	01:18	01:21	01:39	02:02	01:47	02:15	02:14	01:18	01:07	01:02	00:12	00:58	00:44	00:13	00:11

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H40

1	Peter Knudsen	17	50:06																			
00:50=	02:25=	03:19=	06:49=	08:50=	12:23=	14:30=	16:19=	17:19=	21:18=	22:35=	25:58=	29:26=	31:46=	35:58=	37:48=	40:00=	41:18=	46:19=	47:10=	49:17=	49:57=	50:06=
00:50=	01:35=	00:54=	03:30=	02:01=	03:33=	02:07=	01:49=	01:00=	03:59=	01:17=	03:23=	03:28=	02:20=	04:12=	01:50=	02:12=	01:18=	05:01=	00:51=	02:07=	00:40=	00:09=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse										Tid										
<b>2</b>	<b>Bo Birk Nielsen</b>	<b>8</b>										<b>55:03</b>										
00:52+	02:50+	03:44+	07:11+	09:29+	14:14+	15:49+	17:45+	19:43+	23:49+	25:03+	28:40+	33:45+	36:21+	40:43+	43:22+	45:11+	46:55+	50:58+	51:53+	54:07+	54:52+	55:03+
00:52+	01:58+	00:54=	03:27-	02:18+	04:45+	01:35-	01:56+	01:58+	04:06+	01:14-	03:37+	05:05+	02:36+	04:22+	02:39+	01:49-	01:44+	04:03-	00:55+	02:14+	00:45+	00:11+
00:02+	00:23#	00:00=	00:03-	00:17#	01:12&	00:32-	00:07+	00:58&	00:07+	00:03-	00:14+	01:37&	00:16#	00:10+	00:49&	00:23-	00:26&	00:58-	00:04+	00:07+	00:05#	00:02#
<b>3</b>	<b>Søren Flyvbjerg</b>	<b>6</b>										<b>1:00:58</b>										
00:49-	02:43+	03:42+	07:52+	11:19+	15:42+	17:48+	19:58+	21:53+	26:57+	28:20+	32:04+	36:30+	39:49+	43:30+	47:52+	49:36+	51:07+	56:11+	57:21+	59:49+	60:49+	60:58+
00:49-	01:54+	00:59+	04:10+	03:27+	04:23+	02:06-	02:10+	01:55+	05:04+	01:23+	03:44+	04:26+	03:19+	03:41-	04:22+	01:44-	01:31+	05:04+	01:10+	02:28+	01:00+	00:09=
00:01-	00:19#	00:05+	00:40#	01:26&	00:50#	00:01-	00:21#	00:55&	01:05&	00:06+	00:21#	00:58&	00:59&	00:31-	02:32@	00:28-	00:13#	00:03+	00:19&	00:21#	00:20&	00:00=
<b>4</b>	<b>Morten Kappel Jensen</b>	<b>6</b>										<b>1:02:33</b>										
01:01+	03:11+	04:22+	09:03+	12:12+	17:24+	19:47+	21:48+	23:35+	27:30+	29:13+	33:14+	37:44+	40:50+	45:30+	48:26+	51:24+	53:01+	57:39+	59:02+	61:36+	62:24+	62:33+
01:01+	02:10+	01:11+	04:41+	03:09+	05:12+	02:23+	02:01+	01:47+	03:55-	01:43+	04:01+	04:30+	03:06+	04:40+	02:56+	02:58+	01:37+	04:38-	01:23+	02:34+	00:48+	00:09=
00:11#	00:35&	00:17&	01:11&	01:08&	01:39&	00:16#	00:12#	00:47&	00:04-	00:26&	00:38#	01:02&	00:46&	00:28#	01:06&	00:46&	00:19#	00:23-	00:32&	00:27#	00:08#	00:00=
<b>5</b>	<b>Claus Bobach</b>	<b>8</b>										<b>1:03:24</b>										
01:11+	03:36+	04:39+	09:26+	12:13+	17:06+	19:54+	22:22+	23:46+	28:23+	30:06+	34:29+	39:38+	42:59+	46:58+	49:36+	52:21+	54:00+	58:29+	59:42+	62:21+	63:10+	63:24+
01:11+	02:25+	01:03+	04:47+	02:47+	04:53+	02:48+	02:28+	01:24+	04:37+	01:43+	04:23+	05:09+	03:21+	03:59-	02:38+	02:45+	01:39+	04:29-	01:13+	02:39+	00:49+	00:14+
00:21&	00:50&	00:09#	01:17&	00:46&	01:20&	00:41&	00:39&	00:24&	00:38#	00:26&	01:00&	01:41&	01:01&	00:13-	00:48&	00:33#	00:21&	00:32-	00:22&	00:32&	00:09#	00:05&
<b>6</b>	<b>Per O. Espegren</b>	<b>9</b>										<b>1:05:01</b>										
00:49-	02:39+	03:38+	07:13+	09:39+	14:22+	17:08+	20:19+	22:52+	26:51+	30:19+	34:07+	38:17+	41:32+	44:50+	49:39+	51:32+	54:13+	58:08+	59:21+	64:05+	64:50+	65:01+
00:49-	01:50+	00:59+	03:35+	02:26+	04:43+	02:46+	03:11+	02:33+	03:59=	03:28+	03:48+	04:10+	03:15+	03:18-	04:49+	01:53-	02:41+	03:55-	01:13+	04:44+	00:45+	00:11+
00:01-	00:15#	00:05+	00:05+	00:25#	01:10&	00:39&	01:22&	01:33@	00:00=	02:11@	00:25#	00:42#	00:55&	00:54-	02:59@	00:19-	01:23@	01:06-	00:22&	02:37@	00:05#	00:02#
<b>7</b>	<b>Mads Kappel Jensen</b>	<b>6</b>										<b>1:06:43</b>										
00:57+	03:14+	05:15+	10:06+	12:47+	17:30+	20:02+	22:29+	23:38+	27:54+	29:30+	34:44+	39:47+	42:59+	47:10+	50:48+	52:45+	54:47+	59:26+	62:54+	65:48+	66:32+	66:43+
00:57+	02:17+	02:01+	04:51+	02:41+	04:43+	02:32+	02:27+	01:09+	04:16+	01:36+	05:14+	05:03+	03:12+	04:11-	03:38+	01:57+	02:02+	04:39-	03:28+	02:54+	00:44+	00:11+
00:07#	00:42&	01:07@	01:21&	00:40&	01:10&	00:25#	00:38&	00:09#	00:17+	00:19#	01:51&	01:35&	00:52&	00:01-	01:48&	00:15-	00:44&	00:22-	02:37@	00:47&	00:04#	00:02#
<b>8</b>	<b>Esben Blicher</b>	<b>17</b>										<b>1:07:07</b>										
01:03+	03:11+	04:32+	08:58+	12:43+	18:45+	21:31+	24:47+	26:03+	30:33+	32:30+	36:21+	40:57+	44:01+	48:19+	50:50+	53:08+	56:45+	62:16+	63:35+	66:07+	66:54+	67:07+
01:03+	02:08+	01:21+	04:26+	03:45+	06:02+	02:46+	03:16+	01:16+	04:30+	01:57+	03:51+	04:36+	03:04+	04:18+	02:31+	02:18+	03:37+	05:31+	01:19+	02:32+	00:47+	00:13+
00:13&	00:33&	00:27&	00:56&	01:44&	02:29&	00:39&	01:27&	00:16&	00:31#	00:40&	00:28#	01:08&	00:44&	00:06+	00:41&	00:06+	02:19@	00:30+	00:28&	00:25#	00:07#	00:04&
<b>9</b>	<b>Jimmi Olsen</b>	<b>7</b>										<b>1:11:25</b>										
01:01+	02:46+	03:45+	07:40+	10:12+	14:33+	16:51+	23:01+	24:01+	27:44+	29:17+	32:39+	39:29+	42:34+	47:35+	56:37+	58:30+	60:12+	66:19+	67:42+	70:16+	71:11+	71:25+
01:01+	01:45+	00:59+	03:55+	02:32+	04:21+	02:18+	06:10+	01:00=	03:43-	01:33+	03:22-	06:50+	03:05+	05:01+	09:02+	01:53-	01:42+	06:07+	01:23+	02:34+	00:55+	00:14+
00:11#	00:10#	00:05+	00:25#	00:31&	00:48#	00:11+	04:21@	00:00=	00:16-	00:16#	00:01-	03:22&	00:45&	00:49#	07:12@	00:19-	00:24&	01:06#	00:32&	00:27#	00:15&	00:05&
<b>10</b>	<b>Jens Ozol</b>	<b>19</b>										<b>1:13:02</b>										
01:04+	03:25+	04:41+	09:24+	12:19+	18:07+	20:45+	23:37+	24:59+	29:43+	31:27+	35:38+	46:35+	49:44+	53:31+	56:25+	59:05+	60:44+	67:52+	69:16+	72:05+	72:52+	73:02+
01:04+	02:21+	01:16+	04:43+	02:55+	05:48+	02:38+	02:52+	01:22+	04:44+	01:44+	04:11+	10:57+	03:09+	03:47-	02:54+	02:40+	01:39+	07:08+	01:24+	02:49+	00:47+	00:10+
00:14&	00:46&	00:22&	01:13&	00:54&	02:15&	00:31#	01:03&	00:22&	00:45#	00:27&	00:48#	07:29@	00:49&	00:25-	01:04&	00:28#	00:21&	02:07&	00:33&	00:42&	00:07#	00:01#
<b>11</b>	<b>Jens Lyhne Kristiansen</b>	<b>4</b>										<b>1:14:54</b>										
01:54+	04:09+	05:39+	10:19+	13:16+	22:20+	26:10+	29:23+	31:03+	37:25+	39:21+	43:03+	48:26+	51:42+	56:17+	58:56+	61:18+	63:25+	68:44+	70:40+	73:52+	74:42+	74:54+
01:54+	02:15+	01:30+	04:40+	02:57+	09:04+	03:50+	03:13+	01:40+	06:22+	01:56+	03:42+	05:23+	03:16+	04:35+	02:39+	02:22+	02:07+	05:19+	01:56+	03:12+	00:50+	00:12+
01:04@	00:40&	00:36&	01:10&	00:56&	05:31@	01:43&	01:24&	00:40&	02:23&	00:39&	00:19+	01:55&	00:56&	00:23+	00:49&	00:10+	00:49&	00:18+	01:05@	01:05&	00:10#	00:03&
<b>12</b>	<b>Jonas Bo Kirk Egdal</b>	<b>17</b>										<b>1:16:12</b>										
01:26+	03:22+	04:29+	09:05+	11:34+	17:28+	20:43+	26:30+	27:43+	32:05+	33:55+	39:21+	44:04+	47:04+	58:57+	61:16+	64:26+	66:27+	70:46+	72:02+	75:13+	76:01+	76:12+
01:26+	01:56+	01:07+	04:36+	02:29+	05:54+	03:15+	05:47+	01:13+	04:22+	01:50+	05:26+	04:43+	03:00+	11:53+	02:19+	03:10+	02:01+	04:19-	01:16+	03:11+	00:48+	00:11+
00:36&	00:21#	00:13#	00:06&	00:28#	02:21&	01:08&	03:58@	00:13#	00:23+	00:33&	02:03&	01:15&	03:59@	00:40&	07:41@	00:29&	00:58&	00:43&	00:42-	00:25&	01:04&	00:08#
<b>13</b>	<b>Søren Mikkelsen</b>	<b>17</b>										<b>1:16:45</b>										
01:18+	03:26+	04:43+	09:19+	12:23+	24:00+	27:34+	30:09+	31:36+	36:02+	38:04+	43:08+	50:35+	53:31+	57:53+	60:15+	62:19+	64:05+	70:39+	72:03+	75:40+	76:34+	76:45+
01:18+	02:08+	01:17+	04:36+	03:04+	11:37+	03:34+	02:35+	01:27+	04:26+	02:02+	05:04+	07:27+	02:56+	04:22+	02:22+	02:04+	01:46+	06:34+	01:24+	03:37+	00:54+	00:11+
00:28&	00:33&	00:23&	01:03&	00:08&	08:04@	01:27&	00:46&	00:12&	00:27#	00:45&	01:41&	03:59@	00:36&	00:10+	00:32&	00:08-	00:28&	01:33&	00:33&	01:30&	00:14&	00:02#
<b>14</b>	<b>Hans Ingemann Petersen</b>	<b>4</b>										<b>1:25:58</b>										
02:37+	05:32+	07:44+	13:01+	16:20+	23:40+	27:29+	30:29+	32:24+	41:22+	43:38+	48:41+	54:58+	58:48+	64:46+	67:45+	70:22+	73:29+	79:30+	81:16+	84:39+	85:43+	85:58+
02:37+	02:55+	02:12+	05:17+	03:19+	07:20+	03:49+	03:00+	01:55+	08:58+	02:16+	05:03+	06:17+	03:50+	05:58+	02:59+	02:37+	03:07+	06:01+	01:46+	03:23+	01:04+	00:15+
01:47@	01:20&	01:18@	01:47&	01:18&	03:47@	01:42&	01:11&	00:55&	04:59@	00:59&	01:40&	02:49&	01:30&	01:46&	01:09&	00:25#	01:49@	01:00#	00:55@	01:16&	00:24&	00:06&
<b>15</b>	<b>Benny Lund Majland</b>	<b>8</b>										<b>1:27:26</b>										
02:58+	04:00+	08:29+	11:13+	16:08+	21:27+	22:45+	30:07+	31:46+	35:51+	47:16+	50:10+	54:41+	57:03+	69:24+	73:59+	81:01+	82:42+	86:08+	87:11+	87:26+		
02:58+	01:02-	04:29+	02:44-	04:55+	02:36-	02:43+	01:18-	07:22+	01:39-	04:05+	11:25+	02:54-	02:22-	12:21+	04:35+	07:02+	01:41-	03:26+	01:03-	00:15-		
02:08@	00:33-	03:35@	00:46-	02:54@	00:57-	00:36&	00:31-	06:22@	02:20-	02:48@	08:02@	00:34-	02:11&	01:50-	10:31@	02:23@	05:44@	03:20-	02:35@	01:04-	00:25-	
<b>16</b>	<b>Mogens Stender</b>	<b>6</b>										<b>2:49:52</b>										
07:13+	09:27+	11:35+	16:13+	19:46+	30:44+	34:49+	39:00+	41:51+														

Class	Navn	Klasse	Tid
-------	------	--------	-----

### Beste stræktid for klassen

00:49 01:02 00:54 02:44 02:01 02:36 01:35 01:18 01:00 01:39 01:14 03:22 02:54 02:20 02:22 01:50 01:44 01:18 01:41 00:51 01:03 00:15 00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H45

<b>1</b>	<b>Jesper Thy</b>	<b>6</b>	<b>57:48</b>
01:11=	02:51= 04:00= 07:31= 09:39= 13:42= 15:43=	19:06= 21:15= 25:02= 26:23= 30:49= 35:09=	37:35= 41:33= 43:44= 46:36= 48:18= 52:47=
01:11=	01:40= 01:09= 03:31= 02:08= 04:03= 02:01=	03:23= 02:09= 03:47= 01:21= 04:26= 04:20=	02:26= 03:58= 02:11= 02:52= 01:42= 04:29=
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

<b>2</b>	<b>Søren Flytkjær</b>	<b>8</b>	<b>59:43</b>
03:28+	04:28+ 08:35+ 10:52+ 15:09+ 20:57+ 26:02+	28:10+ 32:21+ 36:43+ 39:26+ 43:27+ 45:49+	48:32+ 50:22+ 54:46+ 58:39+ 59:32+ 59:43+
03:28+	01:00- 04:07+ 02:17- 04:17+ 05:48+ 05:05+	02:08- 04:11+ 04:22+ 02:43+ 04:01- 02:22-	02:43+ 01:50- 04:24+ 03:53+ 00:53- 00:11-
02:17@	00:40- 02:58@ 01:14- 02:09@ 01:45& 03:04@	01:15- 02:02& 00:35# 01:22@ 00:25- 01:58-	00:17# 02:08- 02:13@ 01:01& 00:49- 04:18-

<b>3</b>	<b>Christian L Rasmussen</b>	<b>1</b>	<b>1:06:40</b>
01:09-	03:23+ 04:33+ 09:21+ 12:03+ 17:28+ 20:00+	22:51+ 24:14+ 29:52+ 31:30+ 35:30+ 42:10+	44:50+ 50:09+ 52:19+ 54:10+ 55:43+ 60:46+
01:09-	02:14+ 01:10+ 04:48+ 02:42+ 05:25+ 02:32+	02:51- 01:23- 05:38+ 01:38+ 04:00- 06:40+	02:40+ 05:19+ 02:10- 01:51- 01:33- 05:03+
00:02-	00:34& 00:01+ 01:17& 00:34& 01:22& 00:31&	00:32- 00:46- 01:51& 00:17# 00:26- 02:20&	00:14+ 01:21& 00:01- 01:01- 00:09- 00:34#

<b>4</b>	<b>Jakob Madsen</b>	<b>6</b>	<b>1:08:59</b>
01:03-	03:16+ 04:25+ 09:01+ 11:56+ 16:44+ 19:46+	22:49+ 24:15+ 29:24+ 31:27+ 35:51+ 41:11+	44:08+ 49:26+ 52:28+ 55:40+ 58:09+ 63:06+
01:03-	02:13+ 01:09+ 04:36+ 02:55+ 04:48+ 03:02+	03:03- 01:26- 05:09+ 02:03+ 04:24- 05:20+	02:57+ 05:18+ 03:02+ 03:12+ 02:29+ 04:57+
00:08-	00:33& 00:00= 01:05& 00:47& 00:45# 01:01&	00:20- 00:43- 01:22& 00:42& 00:02- 01:00#	00:33# 01:20& 00:51& 00:20# 00:47& 00:28#

<b>5</b>	<b>Søren Meldgaard Jensen</b>	<b>7</b>	<b>1:14:44</b>
01:03-	02:52+ 03:56- 07:43+ 10:00+ 15:11+ 19:24+	25:17+ 28:35+ 32:46+ 34:24+ 38:00+ 42:42+	45:38+ 54:15+ 56:08+ 58:13+ 59:42+ 65:10+
01:03-	01:49+ 01:04- 03:47+ 02:17+ 05:11+ 04:13+	05:53+ 03:18+ 04:11+ 01:38+ 03:36- 04:42+	02:56+ 08:37+ 01:53- 02:05- 01:29- 05:28+
00:08-	00:09+ 00:05- 00:16+ 00:09+ 01:08& 02:12@	02:30& 01:09& 00:24# 00:17# 00:50- 00:22+	00:30# 04:39@ 00:18- 00:47- 00:13- 00:59#

<b>6</b>	<b>Ricki Laursen</b>	<b>7</b>	<b>1:15:40</b>
01:11=	03:16+ 04:49+ 08:50+ 11:43+ 16:48+ 19:12+	23:01+ 24:19+ 29:00+ 33:40+ 37:46+ 44:20+	47:07+ 52:34+ 55:31+ 58:48+ 61:13+ 68:04+
01:11=	02:05+ 01:33+ 04:01+ 02:53+ 05:05+ 02:24+	03:49+ 01:18- 04:41+ 04:40+ 04:06- 06:34+	02:47+ 05:27+ 02:57+ 03:17+ 02:25+ 06:51+
00:00=	00:25# 00:24& 00:30# 00:45& 01:02& 00:23#	00:26# 00:51- 00:54# 03:19@ 00:20- 02:14&	00:21# 01:29& 00:46& 00:25# 00:43& 02:22&

<b>7</b>	<b>Kent René Simonsen</b>	<b>7</b>	<b>1:17:02</b>
02:00+	04:05+ 05:27+ 09:55+ 12:48+ 17:47+ 20:12+	24:30+ 25:58+ 31:12+ 33:12+ 39:25+ 45:42+	50:29+ 57:49+ 62:01+ 64:11+ 66:07+ 71:50+
02:00+	02:05+ 01:22+ 04:28+ 02:53+ 04:59+ 02:25+	04:18+ 01:28- 05:14+ 02:00+ 06:13+ 06:17+	04:47+ 07:20+ 04:12+ 02:10- 01:56+ 05:43+
00:49&	00:25# 00:13# 00:57& 00:45& 00:56# 00:24#	00:55& 00:41- 01:27& 00:39& 01:47& 01:57&	02:21& 03:22& 02:01& 00:42- 00:14# 01:14&

<b>8</b>	<b>Kim Poulsen</b>	<b>9</b>	<b>1:17:59</b>
01:02-	02:58+ 04:04+ 08:48+ 11:43+ 16:56+ 19:49+	24:16+ 29:41+ 35:31+ 38:15+ 42:28+ 48:31+	51:33+ 55:32+ 58:04+ 60:34+ 62:12+ 67:25+
01:02-	01:56+ 01:06- 04:44+ 02:55+ 05:13+ 02:53+	04:27+ 05:25+ 05:50+ 02:44+ 04:13- 06:03+	03:02+ 03:59+ 02:32+ 02:30- 01:38- 05:13+
00:09-	00:16# 00:03- 01:13& 00:47& 01:10& 00:52&	01:04& 03:16@ 02:03& 01:23@ 00:13- 01:43&	00:36# 00:01+ 00:21# 00:22- 00:04- 00:44#

<b>9</b>	<b>Jan Kølback</b>	<b>9</b>	<b>1:21:35</b>
01:08-	03:39+ 04:57+ 10:05+ 16:05+ 21:31+ 24:54+	30:48+ 32:18+ 37:59+ 40:11+ 44:52+ 50:46+	54:10+ 58:42+ 61:21+ 66:39+ 68:47+ 74:01+
01:08-	02:31+ 01:18+ 05:08+ 06:00+ 05:26+ 03:23+	05:54+ 01:30- 05:41+ 02:12+ 04:41+ 05:54+	03:24+ 04:32+ 02:39+ 05:18+ 02:08+ 05:14+
00:03-	00:51& 00:09# 01:37& 02:52@ 01:23& 01:22&	02:31& 00:39- 01:54& 00:51& 00:15+ 01:34&	00:58& 00:34# 00:28# 02:26& 00:26& 00:45#

<b>10</b>	<b>Bjarke Rasmussen</b>	<b>2</b>	<b>1:27:09</b>
01:05-	03:23+ 04:29+ 09:47+ 12:51+ 18:17+ 21:21+	27:21+ 30:24+ 35:11+ 36:58+ 41:27+ 46:36+	50:26+ 58:23+ 61:17+ 63:50+ 70:26+ 78:32+
01:05-	02:18+ 01:06- 05:18+ 03:04+ 05:26+ 03:04+	06:00+ 03:03+ 04:47+ 01:47+ 04:29+ 05:09+	03:50+ 07:57+ 02:54+ 02:33- 06:36+ 08:06+
00:06-	00:38& 00:03- 01:47& 00:56& 01:23& 01:03&	02:37& 00:54& 01:00& 00:26& 00:03+ 00:49#	00:24& 03:59@ 00:43& 00:19- 04:54@ 03:37&

<b>11</b>	<b>Brian Nyholm Kristensen</b>	<b>4</b>	<b>1:54:26</b>
03:25+	04:55+ 09:38+ 12:46+ 20:04+ 25:28+ 39:11+	46:02+ 55:58+ 91:32+ 94:54+	97:20+ 103:03+ 112:32+ 114:15+ 114:26+
03:25+	01:30- 04:43+ 03:08- 07:18+ 05:24+ 13:43+	06:51+ 09:56+ 35:34+ 03:22+	02:26- 05:43+ 09:29+ 01:43- 00:11-
02:14@	00:10- 03:34@ 00:23- 05:10@ 01:21& 11:42@	03:28@ 07:47@ 31:47@ 02:01@	02:00- 01:23& 07:03@ 02:15- 02:00-

### Beste stræktid for klassen

01:02 01:00 01:04 02:17 02:08 04:03 02:01 02:08 01:18 03:47 01:21 02:26 02:22 02:26 01:43 00:11 01:51 00:53 00:11 01:18 02:42 00:39 00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H50

Class	Navn	Klasse										Tid									
<b>1</b>	<b>Keld Gade</b>	<b>7</b>										<b>47:52</b>									
04:20=	08:14=	10:51=	11:48=	14:00=	17:07=	21:32=	22:41=	27:53=	28:31=	31:13=	32:10=	34:03=	37:32=	41:52=	43:57=	46:16=	47:05=	47:43=	47:52=		
04:20=	03:54=	02:37=	00:57=	02:12=	03:07=	04:25=	01:09=	05:12=	00:38=	02:42=	00:57=	01:53=	03:29=	04:20=	02:05=	02:19=	00:49=	00:38=	00:09=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
<b>2</b>	<b>Kell Sonnichsen</b>	<b>Ok Pan</b>										<b>50:10</b>									
02:27-	07:36-	10:51=	11:33-	13:40-	16:53-	20:47-	21:58-	26:38-	27:57-	32:31+	33:18+	35:07+	38:39+	44:24+	45:55+	48:26+	49:17+	50:00+	50:10+		
02:27-	05:09+	03:15+	00:42-	02:07-	03:13+	03:54-	01:11+	04:40-	01:19+	04:34+	00:47-	01:49-	03:32+	05:45+	01:31-	02:31+	00:51+	00:43+	00:10+		
01:53-	01:15&	00:38#	00:15-	00:05-	00:06+	00:31-	00:02+	00:32-	00:41@	01:52&	00:10-	00:04-	00:03+	01:25&	00:34-	00:12+	00:02+	00:05#	00:01#		
<b>3</b>	<b>Anders Edsen</b>	<b>9</b>										<b>53:34</b>									
01:49-	05:14-	08:44-	09:41-	11:39-	14:48-	18:49-	19:58-	29:17+	33:28+	36:00+	36:41+	38:24+	42:29+	48:00+	49:17+	51:38+	52:25+	53:21+	53:34+		
01:49-	03:25-	03:30+	00:57=	01:58-	03:09+	04:01-	01:09=	09:19+	04:11+	02:32-	00:41-	01:43-	04:05+	05:31+	01:17-	02:21+	00:47-	00:56+	00:13+		
02:31-	00:29-	00:53&	00:00=	00:14-	00:02+	00:24-	00:00=	04:07&	03:33@	00:10-	00:16-	00:10-	00:36#	01:11&	00:48-	00:02+	00:02-	00:18&	00:04&		
<b>4</b>	<b>Thomas Lindschow</b>	<b>8</b>										<b>55:45</b>									
06:33+	10:47+	11:45+	17:58+	22:49+	24:14+	31:27+	36:18+	39:35+	43:52+	47:56+	50:33+	53:28+	55:30+	55:45+							
06:33+	04:14+	00:58-	06:13+	04:51+	01:25-	07:13+	04:51+	03:17-	04:17+	04:04+	02:37+	02:55+	02:02-	00:15-							
02:13&	00:20+	01:39-	05:16@	02:39@	01:42-	02:48&	03:42@	01:55-	03:39@	01:22&	01:40@	01:02&	01:27-	04:05-							
<b>5</b>	<b>Jan Nielsen</b>	<b>1</b>										<b>1:05:51</b>									
02:00-	05:22-	09:07-	10:01-	12:40-	15:45-	20:39-	21:48-	38:37+	39:43+	43:12+	44:13+	48:23+	54:44+	58:29+	59:45+	63:54+	64:36+	65:40+	65:51+		
02:00-	03:22-	03:45+	00:54-	02:39+	03:05-	04:54+	01:09=	16:49+	01:06+	03:29+	01:01+	04:10+	06:21+	03:45-	01:16-	04:09+	00:42-	01:04+	00:11+		
02:20-	00:32-	01:08&	00:03-	00:27#	00:02-	00:29#	00:00=	11:37@	00:28&	00:47&	00:04+	02:17@	02:52&	00:35-	00:49-	01:50&	00:07-	00:26&	00:02#		
<b>6</b>	<b>Frank Dabelstein</b>	<b>9</b>										<b>1:09:48</b>									
02:05-	05:34-	11:51+	12:43+	15:07+	19:13+	24:20+	25:39+	46:19+	47:08+	49:59+	50:45+	53:21+	58:30+	62:19+	63:34+	67:51+	68:42+	69:34+	69:48+		
02:05-	03:29-	06:17+	00:52-	02:24+	04:06+	05:07+	01:19+	20:40+	00:49+	02:51+	00:46-	02:36+	05:09+	03:49-	01:15-	04:17+	00:51+	00:52+	00:14+		
02:15-	00:25-	03:40@	00:05-	00:12+	00:59&	00:42#	00:10#	15:28@	00:11&	00:09+	00:11-	00:43&	01:40&	00:31-	00:50-	01:58&	00:02+	00:14&	00:05&		
<b>7</b>	<b>Thomas Sørensen</b>	<b>17</b>										<b>1:11:56</b>									
02:24-	07:07-	12:31+	13:23+	16:32+	19:54+	31:55+	33:11+	41:46+	43:07+	46:58+	47:55+	51:41+	61:16+	65:30+	66:38+	69:37+	70:43+	71:44+	71:56+		
02:24-	04:43+	05:24+	00:52-	03:09+	03:22+	12:01+	01:16+	08:35+	01:21+	03:51+	00:57=	03:46+	09:35+	04:14-	01:08-	02:59+	01:06+	01:01+	00:12+		
01:56-	00:49#	02:47@	00:05-	00:57&	00:15+	07:36@	00:07#	03:23&	00:43@	01:09&	00:00=	01:53&	06:06@	00:06-	00:57-	00:40&	00:17&	00:23&	00:03&		
<b>8</b>	<b>Morten Frederiksen</b>	<b>1</b>										<b>1:12:49</b>									
02:52-	06:17-	11:34+	12:39+	18:41+	24:00+	25:14+	31:43+	41:29+	55:50+	63:11+	67:35+	70:44+	71:47+	72:38+	72:49+						
02:52-	03:25-	05:17+	01:05+	06:02+	05:19+	01:14-	06:29+	05:50+	03:56+	14:21+	07:21+	04:24+	03:09-	01:03-	00:51-	00:11-					
01:28-	00:29-	02:40@	00:08#	03:50@	02:12&	03:11-	05:20@	00:38#	03:18@	11:39@	06:24@	02:31@	00:20-	03:17-	01:14-	02:08-					
<b>9</b>	<b>Kim Topp</b>	<b>5</b>										<b>1:16:55</b>									
04:35+	10:46+	15:20+	16:40+	19:38+	23:58+	29:42+	31:36+	39:54+	41:31+	45:27+	46:40+	50:05+	63:28+	68:14+	71:11+	74:25+	75:46+	76:43+	76:55+		
04:35+	06:11+	04:34+	01:20+	02:58+	04:20+	05:44+	01:54+	08:18+	01:37+	03:56+	01:13+	03:25+	13:23+	04:46+	02:57+	03:14+	01:21+	00:57+	00:12+		
00:15+	02:17&	01:57&	00:23&	00:46&	01:13&	01:19&	00:45&	03:06&	00:59@	01:14&	00:16&	01:32&	09:54@	00:26#	00:52&	00:55&	00:32&	00:19&	00:03&		
<b>10</b>	<b>Niels Anker Kristensen</b>	<b>4</b>										<b>1:25:29</b>									
08:36+	14:15+	15:16+	22:16+	33:32+	35:09+	42:52+	47:54+	52:04+	66:06+	77:13+	79:08+	82:55+	85:14+	85:29+							
08:36+	05:39+	01:01-	07:00+	11:16+	01:37-	07:43+	05:02+	04:10-	14:02+	11:07+	01:55+	03:47+	02:19-	00:15-							
04:16&	01:45&	01:36-	06:03@	09:04@	01:30-	03:18&	03:53@	01:02-	13:24@	08:25@	00:58@	01:54@	01:10-	04:05-							
<b>11</b>	<b>Stig Hansen</b>	<b>17</b>										<b>1:39:45</b>									
02:43-	12:29+	30:18+	31:15+	35:40+	40:19+	46:09+	47:43+	59:03+	60:30+	72:07+	73:16+	76:19+	84:55+	90:25+	93:02+	97:26+	98:35+	99:31+	99:45+		
02:43-	09:46+	17:49+	00:57=	04:25+	04:39+	05:50+	01:34+	11:20+	01:27+	11:37+	01:09+	03:03+	08:36+	05:30+	02:37+	04:24+	01:09+	00:56+	00:14+		
01:37-	05:52@	15:12@	00:00=	02:13@	01:32&	01:25&	00:25&	06:08@	00:49@	08:55@	00:12#	01:10&	05:07@	01:10&	00:32&	02:05&	00:20&	00:18&	00:05&		
<b>12</b>	<b>Jørn Bachmann</b>	<b>4</b>										<b>1:48:29</b>									
11:42+	17:00+	21:55+	32:56+	41:24+	43:41+	53:04+	55:15+	72:55+	77:32+	83:57+	96:45+	98:35+	103:41+	105:22+	106:52+	108:29+					
11:42+	05:18+	04:55+	11:01+	08:28+	02:17-	09:23+	02:11+	17:40+	04:37+	06:25+	12:48+	01:50-	05:06+	01:41-	01:30-	01:37-					
07:22@	01:24&	02:18&	10:04@	06:16@	00:50-	04:58@	01:02&	12:28@	03:59@	03:43@	11:51@	00:03-	01:37&	02:39-	00:35-	00:42-					
<b>Beste stræktid for klassen</b>																					
01:49	03:22	00:58	00:42	01:58	01:25	01:14	01:09	03:17	00:38	02:32	00:41	01:43	02:02	00:15	00:51	00:11	00:42	00:38	00:09		

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H55

<b>1</b>	<b>Jan Møller</b>	<b>8</b>										<b>44:51</b>									
02:07=	05:16=	08:02=	08:51=	10:44=	13:37=	18:30=	19:43=	25:57=	26:52=	29:34=	30:17=	32:08=	35:50=	39:10=	40:19=	43:01=	43:47=	44:36=	44:51=		
02:07=	03:09=	02:46=	00:49=	01:53=	02:53=	04:53=	01:13=	06:14=	00:55=	02:42=	00:43=	01:51=	03:42=	03:20=	01:09=	02:42=	00:46=	00:49=	00:15=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		

Class	Navn	Klasse										Tid							
<b>2</b>	<b>Michael Fischer</b>	<b>8</b>										<b>46:43</b>							
06:37+	10:44+	11:32+	17:11+	21:26+	22:29+	26:56+	30:11+	32:38+	36:12+	39:37+	42:19+	45:08+	46:34+	46:43+	00:09-				
06:37+	04:07+	00:48-	05:39+	04:15+	01:03-	04:27-	03:15+	02:27-	03:34+	03:25+	02:42+	02:49+	01:26-	00:09-					
04:30@	00:58&	01:58-	04:50@	02:22@	01:50-	00:26-	02:02@	03:47-	02:39@	00:43&	01:59@	00:58&	02:16-	03:11-					
<b>3</b>	<b>Henrik Albahn</b>	<b>14</b>										<b>46:50</b>							
02:09+	05:22+	09:02+	10:05+	12:06+	15:27+	19:51+	21:01+	26:27+	28:07+	30:50+	31:38+	33:35+	37:28+	40:55+	41:55+	44:31+	45:48+	46:37+	46:50+
02:09+	03:13+	03:40+	01:03+	02:01+	03:21+	04:24-	01:10-	05:26-	01:40+	02:43+	00:48+	01:57+	03:53+	03:27+	01:00-	02:36-	01:17+	00:49=	00:13-
00:02+	00:04+	00:54&	00:14&	00:08+	00:28#	00:29-	00:03-	00:48-	00:45&	00:01+	00:05#	00:06+	00:11+	00:07+	00:09-	00:06-	00:31&	00:00=	00:02-
<b>4</b>	<b>Steffen Alm</b>	<b>3</b>										<b>47:18</b>							
05:27+	10:12+	11:05+	16:08+	19:48+	21:03+	25:55+	30:00+	32:47+	37:36+	41:27+	42:35+	45:20+	47:06+	47:18+					
05:27+	04:45+	00:53-	05:03+	03:40+	01:15-	04:52-	04:05+	02:47-	04:49+	03:51+	01:08+	02:45+	01:46-	00:12-					
03:20@	01:36&	01:53-	04:14@	01:47&	01:38-	00:01-	02:52@	03:27-	03:54@	01:09&	00:25&	00:54&	01:56-	03:08-					
<b>5</b>	<b>Bo L. Andersen</b>	<b>8</b>										<b>49:34</b>							
01:50-	05:17+	08:21+	09:16+	11:43+	15:17+	20:12+	21:25+	27:13+	28:47+	31:46+	34:37+	38:34+	42:14+	43:13+	45:57+	48:26+	49:23+	49:34+	
01:50-	03:27+	03:04+	00:55+	02:27+	03:34+	04:55+	01:13=	05:48-	01:34+	02:59+	02:51+	03:57+	03:40-	00:59-	02:44+	02:29-	00:57+	00:11-	
00:17-	00:18+	00:18#	00:06#	00:34&	00:41#	00:02+	00:00=	00:26-	00:39&	00:17#	02:08@	02:06@	00:02-	02:21-	01:35@	00:13-	00:11#	00:38-	
<b>6</b>	<b>Klaus Wolsing</b>	<b>2</b>										<b>53:41</b>							
06:50+	11:07+	12:16+	18:38+	23:13+	24:31+	30:38+	34:49+	38:26+	43:57+	47:26+	48:47+	51:48+	52:43+	53:28+	53:41+				
06:50+	04:17+	01:09-	06:22+	04:35+	01:18-	06:07+	04:11+	03:37-	05:31+	03:29+	01:21+	03:01+	00:55-	00:45-	00:13-				
04:43@	01:08&	01:37-	05:33@	02:42@	01:35-	01:14&	02:58@	02:37-	04:36@	00:47&	00:38&	01:10&	02:47-	02:35-	00:56-				
<b>7</b>	<b>Vagn Pedersen</b>	<b>9</b>										<b>56:32</b>							
02:13+	07:01+	10:36+	11:38+	14:04+	18:01+	23:20+	24:46+	31:46+	33:10+	36:16+	37:08+	39:38+	44:22+	48:37+	50:59+	54:32+	55:29+	56:21+	56:32+
02:13+	04:48+	03:35+	01:02+	02:26+	03:57+	05:19+	01:26+	07:00+	01:24+	03:06+	00:52+	02:30+	04:44+	04:15+	02:22+	03:33+	00:57+	00:52+	00:11-
00:06+	01:39&	00:49&	00:13&	00:33&	01:04&	00:26+	00:13#	00:46#	00:29&	00:24#	00:09#	00:39&	01:02&	00:55&	01:13@	00:51&	00:11#	00:03+	00:04-
<b>8</b>	<b>Hans Jørgen Vad</b>	<b>12</b>										<b>1:01:35</b>							
02:10+	05:52+	13:41+	14:48+	18:05+	21:38+	26:00+	27:20+	33:02+	38:39+	41:28+	42:13+	44:24+	51:48+	55:39+	56:52+	59:39+	60:35+	61:23+	61:35+
02:10+	03:42+	07:49+	01:07+	03:17+	03:33+	04:22-	01:20+	05:42-	05:37+	02:49+	00:45+	02:11+	07:24+	03:51+	01:13+	02:47+	00:56+	00:48-	00:12-
00:03+	00:33#	05:03@	00:18&	01:24&	00:40#	00:31-	00:07+	00:32-	04:42@	00:07+	00:02+	00:20#	03:42&	00:31#	00:04+	00:05+	00:10#	00:01-	00:03-
<b>9</b>	<b>Ole Jensen</b>	<b>2</b>										<b>1:02:06</b>							
01:45-	04:31-	08:28+	09:31+	12:55+	17:36+	22:15+	23:15+	30:36+	31:48+	40:46+	41:53+	45:04+	53:36+	56:55+	58:11+	60:32+	61:18+	61:57+	62:06+
01:45-	02:46-	03:57+	01:03+	03:24+	04:41+	04:39-	01:00-	07:21+	01:12+	08:58+	01:07+	03:11+	08:32+	03:19-	01:16+	02:21-	00:46=	00:39-	00:09-
00:22-	00:23-	01:11&	00:14&	01:31&	01:48&	00:14-	00:13-	01:07#	00:17&	06:16@	00:24&	01:20&	04:50@	00:01-	00:07#	00:21-	00:00=	00:10-	00:06-
<b>10</b>	<b>Per Clemensen</b>	<b>9</b>										<b>1:03:17</b>							
05:43+	09:59+	13:58+	14:46+	19:07+	23:08+	28:43+	30:03+	37:54+	41:29+	44:19+	45:01+	46:45+	50:40+	57:34+	59:08+	61:38+	62:28+	63:06+	63:17+
05:43+	04:16+	03:59+	00:48-	04:21+	04:01+	05:35+	01:20+	07:51+	03:35+	02:50+	00:42-	01:44-	03:55+	06:54+	01:34+	02:30-	00:50+	00:38-	00:11-
03:36@	01:07&	01:13&	00:01-	02:28@	01:08&	00:42#	00:07+	01:37&	02:40@	00:08+	00:01-	00:07-	00:13+	03:34@	00:25&	00:12-	00:04+	00:11-	00:04-
<b>11</b>	<b>Carsten Helligsø</b>	<b>1</b>										<b>1:04:51</b>							
02:36+	07:18+	12:52+	13:57+	16:38+	20:55+	25:23+	26:48+	34:17+	35:33+	43:58+	45:14+	47:31+	51:51+	56:27+	58:59+	62:25+	63:29+	64:38+	64:51+
02:36+	04:42+	05:34+	01:05+	02:41+	04:17+	04:28-	01:25+	07:29+	01:16+	08:25+	01:16+	02:17+	04:20+	04:36+	02:32+	03:26+	01:04+	01:09+	00:13-
00:29#	01:33&	02:48@	00:16&	00:48&	01:24&	00:25-	00:12#	01:15#	00:21&	05:43@	00:33&	00:26#	00:38#	01:16&	01:23@	00:44&	00:18&	00:20&	00:02-
<b>12</b>	<b>Stig Barrett</b>	<b>7</b>										<b>1:06:48</b>							
03:14+	08:56+	13:57+	14:55+	17:10+	21:13+	26:29+	27:57+	34:28+	36:10+	39:17+	41:45+	44:39+	54:59+	58:53+	60:55+	64:14+	65:40+	66:34+	66:48+
03:14+	05:42+	05:01+	00:58+	02:15+	04:03+	05:16+	01:28+	06:31+	01:42+	03:07+	02:28+	02:54+	10:20+	03:54+	02:02+	03:19+	01:26+	00:54+	00:14-
01:07&	02:33&	02:15&	00:09#	00:22#	01:10&	00:23+	00:15#	00:17+	00:47&	00:25#	01:45@	01:03&	06:38@	00:34#	00:53&	00:37#	00:40&	00:05#	00:01-
<b>13</b>	<b>Carl Malling</b>	<b>5</b>										<b>1:06:54</b>							
05:15+	08:58+	14:02+	14:59+	17:27+	20:45+	25:14+	26:28+	32:50+	34:23+	37:24+	38:32+	45:44+	55:00+	59:45+	61:09+	64:40+	65:45+	66:41+	66:54+
05:15+	03:43+	05:04+	00:57+	02:28+	03:18+	04:29-	01:14+	06:22+	01:33+	03:01+	01:08+	07:12+	09:16+	04:45+	01:24+	03:31+	01:05+	00:56+	00:13-
03:08@	00:34#	02:18&	00:08#	00:35&	00:25#	00:24-	00:01+	00:02+	00:38&	00:19#	00:25&	05:21@	05:34@	01:25&	00:15#	00:49&	00:19&	00:07#	00:02-
<b>14</b>	<b>Lars Otte</b>	<b>6</b>										<b>1:07:03</b>							
02:29+	06:27+	11:21+	12:24+	15:08+	19:30+	25:03+	26:47+	33:42+	35:06+	39:03+	40:14+	43:25+	50:03+	58:36+	60:19+	64:11+	65:43+	66:46+	67:03+
02:29+	03:58+	04:54+	01:03+	02:44+	04:22+	05:33+	01:44+	06:55+	01:24+	03:57+	01:11+	03:11+	06:38+	08:33+	01:43+	03:52+	01:32+	01:03+	00:17+
00:22#	00:49&	02:08&	00:14&	00:51&	01:29&	00:40#	00:31&	00:41#	00:29&	01:15&	00:28&	01:20&	02:56&	05:13@	00:34&	01:10&	00:46&	00:14&	00:02#
<b>15</b>	<b>Gert Kristensen</b>	<b>5</b>										<b>1:10:29</b>							
02:29+	06:26+	10:33+	11:29+	14:41+	20:35+	26:26+	27:54+	38:25+	39:54+	43:06+	44:14+	46:49+	57:41+	62:10+	64:22+	67:53+	69:24+	70:16+	70:29+
02:29+	03:57+	04:07+	00:56+	03:12+	05:54+	05:51+	01:28+	10:31+	01:29+	03:12+	01:08+	02:35+	10:52+	04:29+	02:12+	03:31+	01:31+	00:52+	00:13-
00:22#	00:48&	01:21&	00:07#	01:19&	03:01@	00:58#	00:15#	04:17&	00:34&	00:30#	00:25&	00:44&	07:10@	01:09&	01:03&	00:49&	00:45&	00:03+	00:02-
<b>16</b>	<b>Lennart Bo Kristiansen</b>	<b>7</b>										<b>1:10:31</b>							
02:31+	05:59+	09:33+	11:01+	13:31+	18:49+	23:02+	24:15+	36:56+	39:16+	42:47+	43:47+	46:39+	53:50+	58:13+	62:30+	67:49+	69:17+	70:17+	70:31+
02:31+	03:28+	03:34+	01:28+	02:30+	05:18+	04:13-	01:13=	12:41+	02:20+	03:31+	01:00+	02:52+	07:11+	04:23+	04:17+	05:19+	01:28+	01:00+	00:14-
00:24#	00:19#	00:48&	00:39&	00:37&	02:25&	00:40-	00:00=	06:27@	01:25@	00:49&	00:17&	01:01&	03:29&	01:03&	03:08@	02:37&	00:42&	00:11#	00:01-

Class	Navn	Klasse										Tid							
<b>17</b>	<b>Finn Hørup Nielsen</b>	<b>4</b>										<b>1:22:22</b>							
02:40+	07:10+	12:36+	13:48+	27:21+	31:21+	35:41+	37:29+	54:36+	55:54+	61:52+	62:49+	65:39+	71:02+	75:37+	76:51+	80:03+	81:14+	82:10+	82:22+
02:40+	04:30+	05:26+	01:12+	13:33+	04:00+	04:20-	01:48+	17:07+	01:18+	05:58+	00:57+	02:50+	05:23+	04:35+	01:14+	03:12+	01:11+	00:56+	00:12-
00:33&	01:21&	02:40&	00:23&	11:40@	01:07&	00:33-	00:35&	10:53@	00:23&	03:16@	00:14&	00:59&	01:41&	01:15&	00:05+	00:30#	00:25&	00:07#	00:03-
<b>18</b>	<b>Åge Lillethorup</b>	<b>5</b>										<b>1:25:59</b>							
03:11+	08:45+	13:34+	15:42+	19:50+	25:52+	32:59+	34:38+	46:43+	48:00+	52:21+	53:56+	57:05+	67:49+	72:56+	77:55+	82:20+	84:37+	85:43+	85:59+
03:11+	05:34+	04:49+	02:08+	04:08+	06:02+	07:07+	01:39+	12:05+	01:17+	04:21+	01:35+	03:09+	10:44+	05:07+	04:59+	04:25+	02:17+	01:06+	00:16+
01:04&	02:25&	02:03&	01:19@	02:15@	03:09@	02:14&	00:26&	05:51&	00:22&	01:39&	00:52@	01:18&	07:02@	01:47&	03:50@	01:43&	01:31@	00:17&	00:01+
<b>19</b>	<b>Jens Søndergaard</b>	<b>6</b>										<b>1:33:05</b>							
03:33+	09:12+	14:11+	15:23+	24:34+	37:49+	42:57+	45:00+	60:01+	61:35+	66:00+	67:38+	71:05+	77:34+	83:49+	85:58+	89:36+	91:12+	92:49+	93:05+
03:33+	05:39+	04:59+	01:12+	09:11+	13:15+	05:08+	02:03+	15:01+	01:34+	04:25+	01:38+	03:27+	06:29+	06:15+	02:09+	03:38+	01:36+	01:37+	00:16+
01:26&	02:30&	02:13&	00:23&	07:18@	10:22@	00:15+	00:50&	08:47@	00:39&	01:43&	00:55@	01:36&	02:47&	02:55&	01:00&	00:56&	00:50@	00:48&	00:01+
<b>Beste stræktid for klassen</b>																			
01:45	02:46	00:48	00:48	01:53	01:03	04:13	01:00	02:27	00:55	02:42	00:42	01:44	00:55	00:09	00:13	02:21	00:46	00:11	00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H60

<b>1</b>	<b>Gert Pedersen</b>	<b>17</b>										<b>51:32</b>							
01:09=	02:53=	07:35=	09:42=	12:56=	18:27=	20:59=	23:23=	25:52=	32:40=	34:24=	37:42=	39:28=	41:12=	44:20=	47:01=	49:23=	50:29=	51:19=	51:32=
01:09=	01:44=	04:42=	02:07=	03:14=	05:31=	02:32=	02:24=	02:29=	06:48=	01:44=	03:18=	01:46=	01:44=	03:08=	02:41=	02:22=	01:06=	00:50=	00:13=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Gert Bertel</b>	<b>1</b>										<b>58:22</b>							
01:12+	03:18+	07:50+	10:38+	14:25+	19:04+	21:32+	23:44+	25:29-	31:10-	35:11+	45:01+	46:20+	49:32+	52:45+	56:02+	57:07+	58:11+	58:22+	
01:12+	02:06+	04:32-	02:48+	03:47+	04:39-	02:28-	02:12-	01:45-	05:41-	04:01+	09:50+	01:19-	03:12+	03:13+	03:17+	01:05-	01:04-	00:11-	
00:03+	00:22#	00:10-	00:41&	00:33#	00:52-	00:04-	00:12-	00:44-	01:07-	02:17@	06:32@	00:27-	01:28&	00:05+	00:36#	01:17-	00:02-	00:39-	
<b>3</b>	<b>Ole Gjøderum</b>	<b>9</b>										<b>1:02:00</b>							
01:41+	03:43+	08:07+	10:34+	14:11+	18:56+	21:15+	23:47+	26:29+	38:48+	40:56+	48:31+	50:15+	53:51+	57:02+	59:53+	60:51+	61:46+	62:00+	
01:41+	02:02+	04:24-	02:27+	03:37+	04:45-	02:19-	02:32+	02:42+	12:19+	02:08+	07:35+	01:44-	03:36+	03:11+	02:51+	00:58-	00:55-	00:14-	
00:32&	00:18#	00:18-	00:20#	00:23#	00:46-	00:13-	00:08+	00:13+	05:31&	00:24#	04:17@	00:02-	01:52@	00:03+	00:10+	01:24-	00:11-	00:36-	
<b>4</b>	<b>Lars Hoffmann</b>	<b>1</b>										<b>1:02:32</b>							
01:27+	03:18+	08:45+	11:21+	16:29+	22:56+	25:25+	28:56+	31:26+	37:07+	39:30+	47:13+	50:09+	53:52+	57:11+	59:55+	61:20+	62:20+	62:32+	
01:27+	01:51+	05:27+	02:36+	05:08+	06:27+	02:29-	03:31+	02:30+	05:41-	02:23+	07:43+	02:56+	03:43+	03:19+	02:44+	01:25-	01:00-	00:12-	
00:18&	00:07+	00:45#	00:29#	01:54&	00:56#	00:03-	01:07&	00:01+	01:07-	00:39&	04:25@	01:10&	01:59@	00:11+	00:03+	00:57-	00:06-	00:38-	
<b>5</b>	<b>Jean Pierre Kellens</b>	<b>24</b>										<b>1:02:39</b>							
01:00-	07:01+	11:09+	14:08+	18:06+	27:17+	29:47+	32:19+	34:18+	40:53+	43:12+	48:24+	50:06+	52:58+	57:25+	60:46+	61:39+	62:28+	62:39+	
01:00-	06:01+	04:08-	02:59+	03:58+	09:11+	02:30-	02:32+	01:59-	06:35-	02:19+	05:12+	01:42-	02:52+	04:27+	03:21+	00:53-	00:49-	00:11-	
00:09-	04:17@	00:34-	00:52&	00:44#	03:40&	00:02-	00:08+	00:30-	00:13-	00:35&	01:54&	00:04-	01:08&	01:19&	00:40#	01:29-	00:17-	00:39-	
<b>6</b>	<b>Helmut Hilden</b>	<b>6</b>										<b>1:02:44</b>							
01:25+	03:46+	08:39+	11:15+	15:21+	20:29+	22:57+	25:40+	27:57+	35:13+	37:30+	44:02+	45:57+	52:32+	56:35+	59:31+	61:00+	62:23+	62:44+	
01:25+	02:21+	04:53+	02:36+	04:06+	05:08-	02:28-	02:43+	02:17-	07:16+	02:17+	06:32+	01:55+	06:35+	04:03+	02:56+	01:29-	01:23+	00:21-	
00:16#	00:37&	00:11+	00:29#	00:52&	00:23-	00:04-	00:19#	00:12-	00:28+	00:33&	03:14&	00:09+	04:51@	00:55&	00:15+	00:53-	00:17&	00:29-	
<b>7</b>	<b>John Hansen</b>	<b>17</b>										<b>1:04:23</b>							
01:31+	04:17+	08:46+	11:49+	15:53+	20:41+	23:12+	26:20+	30:08+	40:58+	43:51+	50:43+	52:45+	56:13+	59:15+	61:57+	63:04+	64:09+	64:23+	
01:31+	02:46+	04:29-	03:03+	04:04+	04:48-	02:31-	03:08+	03:48+	10:50+	02:53+	06:52+	02:02+	03:28+	03:02-	02:42+	01:07-	01:05-	00:14-	
00:22&	01:02&	00:13-	00:56&	00:50&	00:43-	00:01-	00:44&	01:19&	04:02&	01:09&	03:34@	00:16#	01:44&	00:06-	00:01+	01:15-	00:01-	00:36-	
<b>8</b>	<b>Finn Boserup</b>	<b>8</b>										<b>1:04:44</b>							
01:09=	03:19+	11:22+	13:51+	18:48+	24:35+	27:02+	29:28+	31:06+	37:22+	41:08+	48:04+	50:08+	54:58+	59:23+	62:29+	63:31+	64:32+	64:44+	
01:09=	02:10+	08:03+	02:29+	04:57+	02:29+	02:27-	02:26+	01:38-	06:16-	03:46+	06:56+	02:04+	04:50+	04:25+	03:06+	01:02-	01:01-	00:12-	
00:00=	00:26#	03:21&	00:22#	01:43&	00:16+	00:05-	00:02+	00:51-	00:32-	02:02@	03:38@	00:18#	03:06@	01:17&	00:25#	01:20-	00:05-	00:38-	
<b>9</b>	<b>Jacob Madsen</b>	<b>4</b>										<b>1:06:30</b>							
16:16+	22:01+	24:36+	27:23+	31:47+	38:30+	42:47+	50:36+	52:27+	64:05+	65:12+	66:18+	66:30+							
16:16+	05:45+	02:35-	02:47+	04:24+	06:43+	04:17+	07:49+	01:51-	11:38+	01:07-	01:06-	00:12-							
15:07@	04:01@	02:07-	00:40&	01:10&	01:12#	01:45&	05:25@	00:38-	04:50&	00:37-	02:12-	01:34-							
<b>10</b>	<b>Keld Østergaard</b>	<b>2</b>										<b>1:07:54</b>							
08:40+	15:09+	20:30+	22:43+	26:05+	27:43+	34:14+	45:16+	50:26+	62:26+	67:41+	67:54+								
08:40+	06:29+	05:21+	02:13+	03:22+	01:38-	06:31+	11:02+	05:10+	12:00+	05:15+	00:13-								
07:31@	04:45@	00:39#	00:06+	00:08+	03:53-	03:59@	08:38@	02:41@	05:12&	03:31@	03:05-								

Class	Navn	Klasse										Tid									
-------	------	--------	--	--	--	--	--	--	--	--	--	-----	--	--	--	--	--	--	--	--	--

<b>11</b>	<b>Kaj Jansson</b>	<b>5</b>										<b>1:08:04</b>									
01:15+	03:34+	09:37+	12:43+	17:09+	24:06+	27:11+	30:32+	32:55+	41:11+	44:31+	50:54+	52:55+	57:15+	61:45+	65:29+	66:46+	67:50+	68:04+			
01:15+	02:19+	06:03+	03:06+	04:26+	06:57+	03:05+	03:21+	02:23-	08:16+	03:20+	06:23+	02:01+	04:20+	04:30+	03:44+	01:17-	01:04-	00:14-			
00:06+	00:35&	01:21&	00:59&	01:12&	01:26&	00:33#	00:57&	00:06-	01:28#	01:36&	03:05&	00:15#	02:36@	01:22&	01:03&	01:05-	00:02-	00:36-			
<b>12</b>	<b>Ole Bernth Jensen</b>	<b>3</b>										<b>1:09:57</b>									
01:29+	03:37+	08:23+	11:00+	17:40+	24:07+	28:40+	31:10+	33:28+	43:20+	46:10+	52:50+	54:30+	64:45+	67:34+	68:50+	69:44+	69:57+				
01:29+	02:08+	04:46+	02:37+	06:40+	06:27+	04:33+	02:30+	02:18-	09:52+	02:50+	06:40+	01:40-	10:15+	02:49-	01:16-	00:54-	00:13-				
00:20&	00:24#	00:04+	00:30#	03:26@	00:56#	02:01&	00:06+	00:11-	03:04&	01:06&	03:22@	00:06-	08:31@	00:19-	01:25-	01:28-	00:53-				
<b>13</b>	<b>Bjarne Krogh</b>	<b>3</b>										<b>1:15:41</b>									
09:33+	18:16+	24:10+	27:37+	31:51+	34:55+	45:52+	50:09+	58:38+	61:53+	72:36+	74:28+	75:28+	75:41+								
09:33+	08:43+	05:54+	03:27+	04:14+	03:04-	10:57+	04:17+	08:29+	03:15-	10:43+	01:52-	01:00-	00:13-								
08:24@	06:59@	01:12&	01:20&	01:00&	02:27-	08:25@	01:53&	06:00@	03:33-	08:59@	01:26-	00:46-	01:31-								
<b>14</b>	<b>Jan Lauge Kristensen</b>	<b>1</b>										<b>1:17:41</b>									
01:09=	03:05+	07:53+	10:27+	17:11+	34:06+	36:24+	38:42+	40:20+	45:56+	49:35+	51:33+	63:33+	64:53+	68:55+	72:19+	75:23+	76:30+	77:29+	77:41+		
01:09=	01:56+	04:48+	02:34+	06:44+	16:55+	02:18-	02:18-	01:38-	05:36-	03:39+	01:58-	12:00+	01:20-	04:02+	03:24+	03:04+	01:07+	00:59+	00:12-		
00:00=	00:12#	00:06+	00:27#	03:30@	00:14-	00:06-	00:51-	01:12-	01:55@	01:20-	10:14@	00:24-	00:54&	00:43&	00:42&	00:01+	00:09#	00:01-			
<b>15</b>	<b>Svend Erik Skovsgaard</b>	<b>7</b>										<b>1:18:46</b>									
02:35+	05:14+	10:36+	13:51+	18:51+	24:52+	27:36+	31:07+	33:26+	43:31+	49:41+	60:10+	62:30+	67:59+	72:29+	76:00+	77:22+	78:35+	78:46+			
02:35+	02:39+	05:22+	03:15+	05:00+	06:01+	02:44+	03:31+	02:19-	10:05+	06:10+	10:29+	02:20+	05:29+	04:30+	03:31+	01:22-	01:13+	00:11-			
01:26@	00:55&	00:40#	01:08&	01:46&	00:30+	00:12+	01:07&	00:10-	03:17&	04:26@	07:11@	00:34&	03:45@	01:22&	00:50&	01:00-	00:07#	00:39-			
<b>16</b>	<b>Claus Madsen</b>	<b>1</b>										<b>1:22:14</b>									
01:46+	04:14+	10:15+	13:14+	19:44+	25:56+	28:29+	31:39+	34:22+	45:09+	49:20+	56:33+	59:15+	68:15+	72:45+	76:40+	80:43+	81:57+	82:14+			
01:46+	02:28+	06:01+	02:59+	06:30+	06:12+	02:33+	03:10+	02:43+	10:47+	04:11+	07:13+	02:42+	09:00+	04:30+	03:55+	04:03+	01:14+	00:17-			
00:37&	00:44&	01:19&	00:52&	03:16@	00:41#	00:01+	00:46&	00:14+	03:59&	02:27@	03:55@	00:56&	07:16@	01:22&	01:14&	01:41&	00:08#	00:33-			
<b>17</b>	<b>Benny Johansen</b>	<b>1</b>										<b>1:53:42</b>									
01:58+	04:14+	10:49+	14:52+	21:28+	30:55+	35:10+	40:10+	43:18+	61:37+	77:23+	81:14+	91:58+	96:00+	101:23+	105:50+	110:23+	112:06+	113:26+	113:42+		
01:58+	02:16+	06:35+	04:03+	06:36+	09:27+	04:15+	05:00+	03:08+	18:19+	15:46+	03:51+	10:44+	04:02+	05:23+	04:27+	04:33+	01:43+	01:20+	00:16+		
00:49&	00:32&	01:53&	01:56&	03:22@	03:56&	01:43&	02:36@	00:39&	11:31@	14:02@	00:33#	08:58@	02:18@	02:15&	01:46&	02:11&	00:37&	00:30&	00:03#		
<b>18</b>	<b>Arne Mortensen</b>	<b>6</b>										<b>2:02:46</b>									
03:13+	07:01+	13:27+	17:38+	24:47+	42:17+	47:31+	54:05+	59:27+	70:41+	74:35+	82:27+	85:18+	104:46+	111:13+	117:58+	121:21+	122:27+	122:46+			
03:13+	03:48+	06:26+	04:11+	07:09+	17:30+	05:14+	06:34+	05:22+	11:14+	03:54+	07:52+	02:51+	19:28+	06:27+	06:45+	03:23+	01:06=	00:19-			
02:04@	02:04@	01:44&	02:04&	03:55@	11:59@	02:42@	04:10@	02:53@	04:26&	02:10@	04:34@	01:05&	17:44@	03:19@	04:04@	01:01&	00:00=	00:31-			

**Beste stræktid for klassen**  
 01:00 01:44 02:35 02:07 03:14 01:38 02:18 02:12 01:38 03:15 01:07 00:13 00:12 00:13 02:49 01:16 00:53 00:13 00:11 00:12

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

### H65

<b>1</b>	<b>Frank Linde</b>	<b>Ok Pan</b>										<b>57:03</b>									
01:20=	03:45=	09:28=	12:11=	17:23=	22:13=	25:00=	27:21=	29:40=	35:30=	38:10=	43:08=	45:27=	49:00=	51:51=	54:59=	55:56=	56:50=	57:03=			
01:20=	02:25=	05:43=	02:43=	05:12=	04:50=	02:47=	02:21=	02:19=	05:50=	02:40=	04:58=	02:19=	03:33=	02:51=	03:08=	00:57=	00:54=	00:13=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			
<b>2</b>	<b>Frode Hartz</b>	<b>1</b>										<b>58:59</b>									
01:14-	03:42-	08:59-	12:07-	16:41-	22:47+	24:51-	27:22+	29:15-	35:24-	40:56+	46:15+	47:58+	51:03+	54:12+	56:53+	57:53+	58:50+	58:59+			
01:14-	02:28+	05:17-	03:08+	04:34-	06:06+	02:04-	02:31+	01:53-	06:09+	05:32+	05:19+	01:43-	03:05-	03:09+	02:41-	01:00+	00:57+	00:09-			
00:06-	00:03+	00:26-	00:25#	00:38-	01:16&	00:43-	00:10+	00:26-	00:19+	02:52@	00:21+	00:36-	00:28-	00:18#	00:27-	00:03+	00:03+	00:04-			
<b>3</b>	<b>Max Hansen</b>	<b>5</b>										<b>1:01:13</b>									
01:27+	03:22-	08:26-	11:27-	15:21-	20:35-	24:03-	26:27-	29:09-	59:59+	61:00+	61:13+										
01:27+	01:55-	05:04-	03:01+	03:54-	05:14+	03:28+	02:24+	02:42+	30:50+	01:01-	00:13-										
00:07+	00:30-	00:39-	00:18#	01:18-	00:24+	00:41#	00:03+	00:23#	25:00@	01:39-	04:45-										
<b>4</b>	<b>Jørgen Jørgensen</b>	<b>19</b>										<b>1:02:43</b>									
00:59-	02:49-	07:29-	09:59-	14:17-	20:00-	22:17-	24:42-	27:16-	32:47-	35:23-	49:55+	51:36+	54:58+	57:55+	60:38+	61:38+	62:31+	62:43+			
00:59-	01:50-	04:40-	02:30-	04:18-	05:43+	02:17-	02:25+	02:34+	05:31-	02:36-	14:32+	01:41-	03:22-	02:57+	02:43-	01:00+	00:53-	00:12-			
00:21-	00:35-	01:03-	00:13-	00:54-	00:53#	00:30-	00:04+	00:15#	00:19-	00:04-	09:34@	00:38-	00:11-	00:06+	00:25-	00:03+	00:01-	00:01-			
<b>5</b>	<b>Niels Bobach</b>	<b>8</b>										<b>1:03:15</b>									
01:13-	03:08-	08:28-	10:53-	15:25-	21:16-	23:20-	25:34-	27:17-	39:23+	41:26+	47:54+	50:25+	54:34+	58:06+	61:01+	62:10+	63:04+	63:15+			
01:13-	01:55-	05:20-	02:25-	04:32-	05:51+	02:04-	02:14-	01:43-	12:06+	02:03-	06:28+	02:31+	04:09+	03:32+	02:55-	01:09+	00:54=	00:11-			
00:07-	00:30-	00:23-	00:18-	00:40-	01:01#	00:43-	00:07-	00:36-	06:16@	00:37-	01:30&	00:12+	00:36#	00:41#	00:13-	00:12#	00:00=	00:02-			



Class	Navn	Klasse	Tid
<b>2</b>	<b>Poul Bobach</b>	<b>8</b>	<b>41:47</b>
02:36+	06:55+	10:02+	11:29+
02:36+	04:19+	03:07+	01:27+
00:33&	01:27&	00:18#	00:17#
	15:22+	20:03+	22:21+
	04:19+	03:07+	01:27+
	03:53+	04:41+	02:11+
	00:33&	00:18#	00:17#
	01:57@	00:38#	00:03-
	00:50&	00:15#	00:28&
	00:15#	00:28&	00:48-
	01:20&	00:23&	00:11#
	00:03+	00:01+	
	00:01+		
<b>3</b>	<b>Per Jørgensen</b>	<b>8</b>	<b>43:03</b>
02:37+	06:23+	09:28+	11:17+
02:37+	03:46+	03:05+	01:49+
00:34&	00:54&	00:16+	00:39&
	14:47+	20:28+	23:01+
	05:41+	02:33+	02:32+
	01:34&	01:38&	00:12+
	00:24#	00:35&	00:28&
	00:56-	01:33&	00:40&
	00:20&	00:13&	00:02#
	00:02#		
<b>4</b>	<b>Flemming Nørgaard</b>	<b>Ok Pan</b>	<b>45:42</b>
17:14+	33:39+	45:42+	
17:14+	16:25+	12:03+	
15:11@	13:33@	09:14@	
<b>5</b>	<b>Finn Høther Madsen</b>	<b>Ok Pan</b>	<b>47:47</b>
02:34+	06:24+	10:14+	11:46+
02:34+	03:50+	03:50+	01:32+
00:31&	00:58&	01:01&	00:22&
	15:07+	25:10+	28:24+
	03:14+	03:49+	02:27+
	04:39+	03:14-	01:57-
	01:14+	00:01+	00:13-
	00:33-		
<b>6</b>	<b>Gert Odgaard</b>	<b>4</b>	<b>51:50</b>
03:06+	08:15+	12:58+	14:40+
03:06+	05:09+	04:43+	01:42+
01:03&	02:17&	01:54&	00:32&
	18:37+	25:09+	28:25+
	06:32+	03:16+	03:04+
	03:08+	02:56+	04:15-
	04:14+	02:08+	02:09+
	01:15+	00:16+	
	00:04&		
<b>7</b>	<b>Kai Ø. Laursen</b>	<b>8</b>	<b>53:25</b>
02:25+	06:17+	10:09+	11:41+
02:25+	03:52+	03:52+	01:32+
00:22#	01:00&	01:03&	00:22&
	14:55+	20:13+	22:54+
	08:23+	02:13+	09:35+
	03:12+	01:54+	01:50+
	01:09+	00:15+	
	00:03#		
<b>8</b>	<b>Ole F. Thomsen</b>	<b>4</b>	<b>54:19</b>
03:36+	09:48+	15:33+	19:16+
03:36+	06:12+	05:45+	03:43+
01:33&	03:20@	02:56@	02:33@
	27:40+	30:54+	34:00+
	36:42+	39:30+	50:38+
	54:01+	54:19+	
	03:06+	02:42+	11:08+
	03:23-	00:18-	
	02:22-		
<b>9</b>	<b>Henrik Houmøller</b>	<b>6</b>	<b>56:00</b>
03:30+	11:24+	15:51+	18:01+
03:30+	07:54+	04:27+	02:10+
01:27&	05:02@	01:38&	01:00&
	22:05+	29:23+	32:15+
	35:44+	38:22+	41:20+
	45:27+	50:24+	52:31+
	54:35+	55:47+	56:00+
	01:12+	00:13+	
	00:01+		
<b>10</b>	<b>Arne Brage</b>	<b>17</b>	<b>57:12</b>
02:45+	07:34+	11:39+	13:21+
02:45+	04:49+	04:05+	01:42+
00:42&	01:57&	01:16&	00:32&
	19:05+	27:27+	30:12+
	33:42+	37:48+	40:35+
	46:03+	51:21+	53:27+
	55:49+	57:00+	57:12+
	00:00=		
<b>11</b>	<b>Ole Jensen</b>	<b>6</b>	<b>57:19</b>
03:29+	08:05+	12:30+	14:53+
03:29+	04:36+	04:25+	02:23+
01:26&	01:44&	01:36&	01:13@
	20:28+	27:01+	30:13+
	34:04+	36:48+	40:22+
	45:42+	50:06+	53:25+
	55:39+	57:04+	57:19+
	00:03#		
<b>12</b>	<b>Thomas Jørgensen</b>	<b>1</b>	<b>57:49</b>
03:17+	07:26+	11:18+	12:57+
03:17+	04:09+	03:52+	01:39+
01:14&	01:17&	01:03&	00:29&
	23:13+	26:44+	29:38+
	33:36+	36:32+	47:48+
	52:32+	54:38+	56:26+
	57:34+	57:49+	
	00:15+	00:03#	
<b>13</b>	<b>Finn Søndergaard</b>	<b>5</b>	<b>58:00</b>
04:12+	09:15+	14:01+	16:03+
04:12+	05:03+	04:46+	02:02+
02:09@	02:11&	01:57&	00:52&
	28:22+	31:39+	35:25+
	41:14+	43:51+	49:14+
	53:00+	55:04+	56:44+
	57:46+	58:00+	
	00:14+	00:02#	
<b>14</b>	<b>Palle Møller Nielsen</b>	<b>15</b>	<b>58:19</b>
03:21+	07:53+	12:25+	14:26+
03:21+	04:32+	04:32+	02:01+
01:18&	01:40&	01:43&	00:51&
	24:57+	28:15+	31:38+
	34:05+	40:34+	46:59+
	52:28+	54:44+	56:47+
	58:06+	58:19+	
	00:13+		
<b>15</b>	<b>Hans Christiansen</b>	<b>Ok Pan</b>	<b>1:00:26</b>
03:20+	11:50+	16:25+	20:15+
03:20+	08:30+	04:35+	03:50+
01:17&	05:38@	01:46&	02:40@
	38:50+	43:36+	47:38+
	58:33+	60:06+	60:26+
	00:20-		
<b>16</b>	<b>Kai Hansen</b>	<b>5</b>	<b>1:01:16</b>
03:14+	08:00+	14:02+	20:05+
03:14+	04:46+	06:02+	06:03+
01:11&	01:54&	03:13@	04:53@
	24:43+	32:31+	35:19+
	38:28+	42:26+	46:07+
	51:23+	55:25+	57:26+
	60:59+	61:16+	
	00:05&		

Class	Navn	Klasse										Tid			
<b>17</b>	<b>Henning Olesen</b>	<b>3</b>										<b>1:01:58</b>			
02:47+	07:25+	14:49+	18:38+	36:04+	39:45+	43:08+	46:02+	49:01+	53:24+	56:55+	59:01+	60:41+	61:45+	61:58+	
02:47+	04:38+	07:24+	03:49+	17:26+	03:41-	03:23+	02:54+	02:59+	04:23+	03:31-	02:06-	01:40+	01:04-	00:13-	
00:44&	01:46&	04:35@	02:39@	15:30@	00:22-	01:02&	00:46&	01:03&	02:32@	00:55-	00:34-	00:09+	00:09-	00:33-	
<b>18</b>	<b>Erik Libak Hansen</b>	<b>1</b>										<b>1:02:16</b>			
05:49+	10:50+	19:41+	21:18+	25:10+	30:46+	33:40+	36:47+	39:10+	44:21+	51:15+	56:40+	58:36+	60:40+	62:01+	
05:49+	05:01+	08:51+	01:37+	03:52+	05:36+	02:54+	03:07+	02:23+	05:11+	06:54+	05:25+	01:56+	02:04+	01:21+	
03:46@	02:09&	06:02@	00:27&	01:56&	01:33&	00:33#	00:59&	00:27#	03:20@	02:28&	02:45@	00:25&	00:51&	00:35&	
<b>19</b>	<b>Bent Nielsen</b>	<b>Ok Pan</b>										<b>1:03:10</b>			
03:50+	09:36+	14:44+	16:48+	21:20+	29:13+	33:28+	37:06+	40:07+	44:12+	56:13+	58:45+	61:30+	62:54+	63:10+	
03:50+	05:46+	05:08+	02:04+	04:32+	07:53+	04:15+	03:38+	03:01+	04:05+	12:01+	02:32-	02:45+	01:24+	00:16-	
01:47&	02:54@	02:19&	00:54&	02:36@	03:50&	01:54&	01:30&	01:05&	02:14@	07:35@	00:08-	01:14&	00:11#	00:30-	
<b>20</b>	<b>Lars Ole Larsen</b>	<b>19</b>										<b>1:05:07</b>			
03:00+	09:25+	12:57+	14:42+	18:14+	29:57+	33:33+	37:26+	40:04+	43:23+	52:57+	58:09+	61:14+	63:30+	64:54+	
03:00+	06:25+	03:32+	01:45+	03:32+	11:43+	03:36+	03:53+	02:38+	03:19+	09:34+	05:12+	03:05+	02:16+	01:24+	
00:57&	03:33@	00:43&	00:35&	01:36&	07:40@	01:15&	01:45&	00:42&	01:28&	05:08@	02:32&	01:34@	01:03&	00:38&	
<b>21</b>	<b>Christian Als</b>	<b>7</b>										<b>1:07:16</b>			
03:24+	08:28+	13:06+	15:07+	20:13+	29:19+	32:55+	36:43+	40:19+	43:19+	54:07+	59:42+	62:12+	65:20+	66:59+	
03:24+	05:04+	04:38+	02:01+	05:06+	09:06+	03:36+	03:48+	03:36+	03:00+	10:48+	05:35+	02:30+	03:08+	01:39+	
01:21&	02:12&	01:49&	00:51&	03:10@	05:03@	01:15&	01:40&	01:40&	01:09&	06:22@	02:55@	00:59&	01:55@	00:53@	
<b>22</b>	<b>Preben Eriksen</b>	<b>7</b>										<b>1:07:47</b>			
03:54+	09:40+	15:21+	17:45+	23:22+	32:07+	35:20+	39:07+	46:38+	49:40+	56:58+	61:53+	64:15+	66:19+	67:30+	
03:54+	05:46+	05:41+	02:24+	05:37+	08:45+	03:13+	03:47+	07:31+	03:02+	07:18+	04:55+	02:22+	02:04+	01:11+	
01:51&	02:54@	02:52@	01:14@	03:41@	04:42@	00:52&	01:39&	05:35@	01:11&	02:52&	02:15&	00:51&	00:51&	00:05&	
<b>23</b>	<b>Villy Sørensen</b>	<b>5</b>										<b>1:10:49</b>			
04:02+	10:18+	15:50+	18:02+	24:08+	31:19+	35:57+	40:29+	45:59+	49:29+	57:23+	64:03+	66:55+	69:08+	70:28+	
04:02+	06:16+	05:32+	02:12+	06:06+	07:11+	04:38+	04:32+	05:30+	03:30+	07:54+	06:40+	02:52+	02:13+	01:20+	
01:59&	03:24@	02:43&	01:02&	04:10@	03:08&	02:17&	02:24@	03:34@	01:39&	03:28&	04:00@	01:21&	01:00&	00:34&	
<b>24</b>	<b>Hans Jørgen Simonsen</b>	<b>Ok Pan</b>										<b>1:11:13</b>			
04:17+	11:52+	16:14+	18:24+	23:43+	35:49+	38:59+	42:58+	46:06+	49:16+	58:58+	63:46+	66:32+	69:24+	70:50+	
04:17+	07:35+	04:22+	02:10+	05:19+	12:06+	03:10+	03:59+	03:08+	03:10+	09:42+	04:48+	02:46+	02:52+	01:26+	
02:14@	04:43@	01:33&	01:00&	03:23@	08:03@	00:49&	01:51&	01:12&	01:19&	05:16@	02:08&	01:15&	01:39@	00:40&	
<b>25</b>	<b>Jens Roesgaard</b>	<b>3</b>										<b>1:11:23</b>			
03:37+	09:31+	16:48+	21:43+	32:39+	36:10+	40:26+	44:41+	48:32+	59:16+	67:09+	69:37+	71:05+	71:23+		
03:37+	05:54+	07:17+	04:55+	10:56+	03:31-	04:16+	04:15+	03:51+	10:44+	07:53+	02:28-	01:28-	00:18-		
01:34&	03:02@	04:28@	03:45@	09:00@	00:32-	01:55&	02:07&	01:55&	08:53@	03:27&	00:12-	00:03-	00:55-		
<b>26</b>	<b>Erling G. Jensen</b>	<b>8</b>										<b>1:12:22</b>			
03:04+	08:11+	12:33+	14:35+	19:52+	27:27+	31:07+	34:41+	40:25+	44:30+	61:31+	65:40+	67:53+	70:44+	72:08+	
03:04+	05:07+	04:22+	02:02+	05:17+	07:35+	03:40+	03:34+	05:44+	04:05+	17:01+	04:09+	02:13+	02:51+	01:24+	
01:01&	02:15&	01:33&	00:52&	03:21@	03:32&	01:19&	01:26&	03:48@	02:14@	12:35@	01:29&	00:42&	01:38@	00:38&	
<b>27</b>	<b>Arne Pedersen</b>	<b>2</b>										<b>1:13:20</b>			
03:21+	08:37+	18:46+	21:07+	25:45+	35:25+	38:41+	42:19+	47:26+	54:12+	60:02+	65:16+	68:33+	71:08+	72:58+	
03:21+	05:16+	10:09+	02:21+	04:38+	09:40+	03:16+	03:38+	05:07+	06:46+	05:50+	05:14+	03:17+	02:35+	01:50+	
01:18&	02:24&	07:20@	01:11@	02:42@	05:37@	00:55&	01:30&	03:11@	04:55@	01:24&	02:34&	01:46@	01:22@	01:04@	
<b>28</b>	<b>Herluf Jensen</b>	<b>21</b>										<b>1:15:21</b>			
04:52+	12:35+	18:29+	20:58+	28:49+	37:16+	41:15+	45:13+	48:01+	51:24+	67:54+	70:30+	73:12+	74:57+	75:21+	
04:52+	07:43+	05:54+	02:29+	07:51+	08:27+	03:59+	03:58+	02:48+	03:23+	16:30+	02:36-	02:42+	01:45+	00:24-	
02:49@	04:51@	03:05@	01:19@	05:55@	04:24@	01:38&	01:50&	00:52&	01:32&	12:04@	00:04-	01:11&	00:32&	00:22-	
<b>29</b>	<b>Vagn Lidegaard</b>	<b>2</b>										<b>1:27:12</b>			
04:28+	09:47+	14:30+	16:52+	21:44+	28:51+	32:22+	37:04+	39:36+	43:09+	74:44+	79:40+	82:51+	85:31+	86:55+	
04:28+	05:19+	04:43+	02:22+	04:52+	07:07+	03:31+	04:42+	02:32+	03:33+	31:35+	04:56+	03:11+	02:40+	01:17+	
02:25@	02:27&	01:54&	01:12@	02:56@	03:04&	01:10&	02:34@	00:36&	01:42&	27:09@	02:16&	01:40@	01:27@	00:38&	
<b>Beste stræktid for klassen</b>															
02:03	02:52	02:49	01:10	01:56	03:14	02:18	02:08	01:56	01:33	00:20	00:18	01:28	00:18	00:13	

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.